

Sports and Disciplines of *Athletes* with an Impairment and Minimum Levels of Analysis

SPORTS	DISCIPLINE	ESAs %	GH & GHRFs %
Aquatics	IPC Swimming Sprint 100m or less	5	10
Aquatics	IPC Swimming Middle Distance 200-400m	10	5
Aquatics	IPC Swimming Long Distance 800m+	30	5
Archery	Para-Archery	0	0
Athletics	IPC Combined Events	15	10
Athletics	IPC Jumps	5	10
Athletics	IPC Sprint 400m or less	5	10
Athletics	IPC Throws	5	10
Athletics	IPC Middle Distance 800-1500m	30	5
Athletics	IPC Long Distance 3000m+	30	5
Badminton	Para-Badminton	5	5
Basketball	Wheelchair Basketball	5	5
Biathlon	IPC Biathlon	30	10
Bobsleigh	Para-Bobsleigh	5	5
Boccia	Para-Boccia	0	0
Canoe/Kayak	Para-Canoe Sprint	10	10
Curling	Wheelchair Curling	0	0
Cycling	Para-Cycling Track Sprint	5	5
Cycling	Para-Cycling Road	30	5
Cycling	Para-Cycling Track Endurance	30	5
DanceSport	IPC Wheelchair DanceSport	0	0
Equestrian	Para-Equestrian	0	0
Fencing	Wheelchair Fencing	5	5
Field Hockey	Para-Field Hockey	5	5
Football-5-a-side	Para-Football 5-a-side	5	5
Football-7-a-side	Para-Football 7-a-side	5	5
Goalball	Goalball	5	5
Handball	Para-Handball	5	5
Ice Sledge Hockey	IPC Ice Sledge Hockey	5	5
Judo	Para-Judo	10	10
Luge	Para-Luge	0	5
Powerlifting	IPC Powerlifting	5	30
Rowing	Para-Rowing	30	10
Rugby	Wheelchair Rugby	5	5
Sailing	Para-Sailing	0	0
Skiing	Para-Snowboard	5	5
Shooting	IPC Shooting	0	0

SPORTS	DISCIPLINE	ESAs %	GH & GHRFs %
Skiing	IPC Alpine	10	5
Skiing	IPC Cross-Country Sprint/Short Distance	30	10
Skiing	IPC Cross-Country Middle/Long distance	30	10
Table Tennis	Para-Table Tennis	5	5
Taekwondo	Para-Taekwondo-Kyorugi	10	10
Tennis	Wheelchair Tennis	5	5
Triathlon	Para-Triathlon	30	10
Volleyball	Sitting Volleyball	5	5