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# REGIONAL NEWSLETTER AFRICA

December 2015

#### **EDITORIAL** by Rodney Swigelaar, Director, WADA Africa Regional Office

Dear colleagues,

What a year! With the revised 2015 World Anti-Doping Code coming into force on January 1, several critical RADO governance and training sessions, the Africa Games in Brazzaville, stakeholder engagement, and much more, I am sure many of us are now looking forward to some rest and rejuvenation, as 2016 is looking to provide as many challenges and also exciting developments, for which we need fresh minds and a rejuvenated body and spirit.

"In particular we will continue with the overall improvement in the quality of programs, in line with the Code"

In particular, we will continue with the overall improvement in the quality of programs, in line with the Code. RADOs, NADOs, NOCs and other interested parties will have a critical role to play in ensuring their compliance with the Code and we remain at your disposal for any assistance you may need.

Similarly, we are hoping for a very positive engagement with our governments as they pursue compliance with the UNESCO Convention against Doping in Sport. We have made quite significant strides in all these areas but much more must be done.

I wish all of you a very peaceful holiday period and a prosperous 2016. Stay safe and God Bless.

#### ANNUAL CONTRIBUTIONS TO WADA

As of November 2015, the following countries have remitted their 2015 annual contribution to WADA: Algeria, Botswana, Burkina Faso, Burundi, Cameroon, Cape Verde, Chad, Comoros, Congo, Egypt, Eritrea, Ethiopia, Gabon, Kenya, Malawi, Mauritania, Mauritius, Morocco, Mozambique, Nigeria, Senegal, Seychelles (paid also additional fund), South Africa, Tanzania (not in full), Tunisia, Uganda and Zambia.

We certainly count on your assistance in ensuring that all outstanding

contributions are remitted as soon as possible. If you require copies of the 2015 invoice for your country, please contact us.

WADA's Foundation Board confirmed that the Agency would be receiving a budgetary contribution increase of 3% for 2016. All our African governments have already received their 2016 contribution invoices which reflect this increase.

Should you require more information regarding your 2016 contribution, please contact the Regional Office.

## THE IMPORTANCE OF ATHLETES' INVOLVEMENT AND SUPPORT IN THE FIGHT AGAINST DOPING IN THE REGION

"For me, involvement in the fight against doping is very important. We have entered a new era where athletes must take responsibility of their own behavior, education and particular fate on important issues such as the fight against doping.

The IOC's current President, Mr. Thomas Bach, himself a former athlete, launched Agenda 2020, with athletes at the heart of all things within the Olympic Movement. In this regard, I've retained the following quotes: "it is better for an athlete to speak to another athlete" and also "who else if not a champion can inspire a future champion?". That's why in addition to being champions, African athletes should be role models for society and especially for future generations of athletes.



Nathalie Bakome, Coordinator, WADA Africa Regional Office; Kady K. Tounkara and Stacy Spletzer, Senior Manager, WADA at the Outreach Booth, 11<sup>th</sup> Africa Games, Brazzaville, Rep. of Congo

As a presenter of the ACP, I can attest to the enthusiasm of receiving information amongst African athletes when one of their colleagues speaks

to them, because the athlete may include in his/her message some personal experiences to which others can relate.

I salute WADA's great mission in Africa. I was very pleasantly surprised by WADA's Outreach booth at the recent Africa Games in Brazzaville, Congo. The subject of doping is still poorly mastered and even unknown to most African athletes until they reach a certain level of competition for a multitude of reasons.

First, there are the cultural, economic and educational aspects: self-medication, traditional medicine, beliefs, sale of non-authorized drugs and ignorance of the "Code". In many cases, the athlete is not even informed or aware of the products and substances that he/she is taking. Not to mention the consequences that can result on his/her career at first, but even more related to his/her own health.

I also highlight a certain gap between athletes practicing individual or team sports. I, myself, was tested during the Beijing Olympic Games without having knowledge of WADA's procedures and mission. This despite having played in France, the United States, and in Africa at a very high level of competition.

It is on the educational and awareness aspect of involving athletes that we can have the biggest influence.



Kady Kanoute Tounkara

ANOCA Athletes Commission member, Zone II representative; former Malian international basketball player, 2007 African champion; 2008 Beijing Olympian and presenter of the International Olympic Committee's Athlete Career Program (ACP)

That is why it is our responsibility, as members of the Athletes Commission of ANOCA, to be informed and educated about WADA's mission and practices in order to pass on the message to the athletes we represent.

More than anywhere else in the world, Africa has a culture of knowledge transmission by example and through mentorship by its senior leaders. We need athletes, champions, and role models of our continent to participate and be leaders in athletes' education in the fight against doping.

To achieve this, we need to work with WADA to promote their activities and participate in the development of education programs adapted for our athletes and for more actions of awareness through our NOCs, federations and during major competitions on the African continent."

## AFRICA'S REPRESENTATION ON THE WORLD ANTI-DOPING AGENCY (WADA) FOUNDATION BOARD AND EXECUTIVE COMMITTEE

The WADA Africa Regional Office would like to thank the outgoing members for their assistance, support and commitment in representing the African region on WADA's governance structures.

We had a very good collaboration with Côte d'Ivoire and Botswana and look forward to continuing this cooperation with the representatives from the African Union's Commissioner for Social Affairs and Namibia.

Executive Committee
Commissioner for Social Affairs
African Union

Foundation Board

Ethiopia, Namibia and Gabon

#### **REGIONAL ANTI-DOPING ORGANIZATIONS (RADOs)**

The six African RADOs are continuing to develop and remain key structures to progress anti-doping at the national level.

The RADOs can assist with testing, anti-doping education, results



Indian Ocean RADO – Education training in Mauritius, 14-15 October 2015

Management and Therapeutic Use Exemptions (TUEs).

WADA Regional Office encourages countries to get in touch with their respective RADO office for any assistance required.

#### **RADO OFFICES**

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#### WORLD ANTI-DOPING CODE: COMPLIANCE



In November 2015, WADA's Foundation Board approved the report on compliance with the 2015 World Anti-Doping Code (the Code).

It appears from this report that African National Anti-Doping Organizations (NADOs), and National Olympic Committees (NOCs) have implemented the Code in their legal systems.

Following this step, it is crucial that they start implementing anti-doping programs based on the new rules. We urge all African countries' NOCs and NADOs that still need to finalize aspects related to the implementation of anti-doping programs to do so as soon as possible.

WADA has been communicating with all stakeholders in this regard but for more information relating to this process; please do not hesitate to contact the WADA Regional Office.

#### UNESCO INTERNATIONAL CONVENTION AGAINST DOPING IN SPORT

#### **RATIFICATION**

The WADA Regional office is in continuous contact with the following seven countries that are yet to complete the process of ratification: Central African Republic, Guinea Bissau, Mauritania, São Tomé and Principe, Tanzania, Sierra Leone\* and South Sudan.

\*In the case of Sierra Leone, the hard copy of the official instrument of ratification must still reach the UNESCO Headquarters in Paris in order for them to be deemed as a State Party to the Convention.

#### **VOLUNTARY FUND**

Since the inception of the UNESCO Fund for the Elimination of Doping in Sport (Voluntary Fund) projects have been approved and implemented with great success in Africa.

Please contact us if you need assistance developing your project.

Please note that the next meeting of the Voluntary Fund Committee, the structure mandated to review and approve or otherwise applications, is scheduled for April or May 2016, so it is imperative that proposals are finalized by mid-February 2016 to be ready for submission to UNESCO.

Please note that there can be considerable changes required by UNESCO before a project is ready for onward submission to the Approval Committee and it is extremely important that projects are sent well in advance to allow adequate time for this process.

### IN PICTURES: WADA'S PRESENCE AT THE 11<sup>TH</sup> AFRICA GAMES IN BRAZZAVILLE, CONGO: 4-19 SEPTEMBER 2015

Many thanks to the thousands of athletes and officials who visited WADA's Outreach booth. Keep on 'Playing True'!





Amb. M. A. Stofile (WADA Vice President) and Mr. R. Swigelaar (WADA Africa Regional Office Director)





Athletes with WADA Vice President, Amb. M. A. Stofile





Minister A. Dan Mallan (Niger) signing the Pledge for clean sport



WADA Outreach team



Amb. M. A. Stofile (WADA Vice President) at the African Union Ministerial meeting, 3 September 2015, Brazzaville, Congo



#### **2015 CALENDAR**

#### **October**

- » WADA's presence at ANOCA Secretaries general's meeting: 5-7 October 2015, Maseru, Lesotho
- » Indian Ocean RADO Board meeting and training: 14-16 October 2015, Port Louis, Mauritius
- » WADA's presence at UNESCO Conference of Parties' meeting: 29-30 October 2015, Paris, France

#### November

- » RADO Zone I Board meeting and training: 4-5 November 2015, Tunis, Tunisia
- » WADA Foundation Board and Executive Committee meeting: 17-18 November 2015, Colorado Springs, USA
- » WADA's presence at the 16<sup>th</sup> session of ANOCA General Assembly: 24-25 November 2015, Port Louis, Mauritius

#### **December**

- » RADO Zone VI Board meeting: 8-9 December 2015, Mbabane, Swaziland
- » WADA in Ethiopia meeting with stakeholders: 14 December 2015, Addis Ababa, Ethiopia

#### January 2016

» 4<sup>th</sup> RADO Conference: 16-18 January 2016, Bangkok, Thailand