

AFRICA ZONE VI RADO NEWSLETTER

March 2015

Volume 3 Issue 1

Newsletter Highlights

Welcome to the first issue of 2015

The Africa Zone VI Regional Anti-Doping Organization (RADO) comprises the countries of Angola, Botswana, Lesotho, Malawi, Mozambique, Namibia, South Africa, Swaziland, Zambia, Zimbabwe and the newest member Ghana. It is one of the communication tools that the Africa Zone VI RADO will employ to disseminate information about anti-doping projects and programmes in Southern Africa.



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Remarks by the Africa Zone VI RADO Chairman, Dr. Nicholas Munyonga

The year 2015 has already started with a bang for sport and promises to be truly entertaining, eventful and very interesting for sport lovers throughout the region with athletes at various levels representing their countries in various high profile events.

The coming into effect of the revised World Anti-Doping Code (2015) on 01 January 2015 calls for renewed commitment on all stakeholders within the Africa Zone VI Regional Anti-Doping Organization (RADO) to fight against doping in all its forms. The importance of the recognition of RADOs in the Code cannot be overemphasized. The revision of the World Anti-Doping Code by the international sport community is aimed at providing better protection to clean athletes all over the world. To this end, continued implementation of smart and intelligent Out-of Competition testing programs is another imperative for our region. I would like to urge all member states in the region to take advantage of and support the WADA Testing Grant and submit to the office their testing opportunities in time.

The establishment, with the assistance of the World Anti-Doping Agency (WADA), of the Basecamp platform, for online sharing of ideas and information on various issues pertaining to anti-doping education within Africa Zone VI RADO, is a wel-

come development. Anti-Doping Education Officers within the Member States of our organization must take advantage of this unique opportunity to improve the quality and impact of their educational and awareness initiatives. This will enable the region to produce clean athletes capable of competing fairly with the best in the world.

As the new Chairman of the Africa Zone VI RADO, I would like to reiterate the call made by my predecessor, Mr. Negroes M Kgosietsile of Botswana, to scholars and academic institutions in our region to contribute to the diversification of the anti-doping knowledge base through applying and utilizing the grants provided by WADA for Scientific and Social Science Research projects. This will enable our region to contribute effectively to the world-wide fight against doping in sport.

In conclusion, I pledge to work with my colleagues in the Africa Zone VI RADO Board to upscale collaboration with WADA, the United Nations Educational, Scientific and Cultural Organization (UNESCO) and other strategic partners to ensure zero tolerance for doping in sport in our region. Working together, we can ensure successful implementation of anti-doping programs at national and regional levels, thereby facilitating clean sport for this generation and many more to come.



Dr. Nicholas Munyonga

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Message from the Minister of Youth, Sport and Culture (Botswana) and WADA Foundation Board Member, Honourable Thapelo Olopeng

It is indeed a great honour for me to communicate with various colleagues and sport lovers through the medium of this important newsletter.

Botswana is indeed honoured and proud to be the host of the Africa Zone VI Regional Anti-Doping Organization (RADO) Offices as well as working closely with the World Anti-Doping Agency (WADA) in fighting against the scourge of doping in sport.

There is no doubt that doping poses the greatest single threat to high performance sport as we know it. Despite the increasing sophistication of those that are determined to use performance – enhancing substances in sport, our commitment to clean sport remains very strong. We must continue to work with WADA, International Federations, UNESCO and other stakeholders. Doping is not only cheating, it is a very serious threat to the health and lives of our young athletes. As the Minister Responsible for Sport, I will personally reach out to my colleagues in the region and beyond to ensure that, as Governments, we provide all the support services required to combat doping in sport. We should leave no stone unturned in working with our counterparts in the region and elsewhere to protect the integrity of sport and the clean athletes who continue to make us proud using their natural God-given talent.

My ministry will continue to provide the Africa Zone VI RADO with the necessary support for programme implementation within the various Member States. Let me therefore take this opportunity to wish athletes in our region all the very best of luck and success in all the competitions they will engage in during the 2015 sporting season. I urge all athletes and support personnel to continue to be excellent sporting ambassadors for their respective countries. **SAY NO TO DOPING!**



Africa Zone VI RADO Board Meeting - 22-23 November 2014 (Zimbabwe)



In line with the rotational policy adopted by the Africa Zone VI RADO Board for convention of meetings, the Africa Zone VI RADO Board met last year in Victoria Falls, Zimbabwe. This very important Board Meeting focused on and finalize issues pertaining to compliance of the region and its Member States with the 2015 World Anti-Doping Code, 2013 Audited Financial Statements, the 2015 Operational Plan and Budget, amongst many other important matters.

The Africa Zone VI RADO Board meets at least once a year and the meeting serves both as an evaluation and planning forum for the organization.

Africa Zone VI RADO Anti-Doping Program



The Africa Zone VI RADO is working to implement testing programs, with a focus on out-of-competition testing, for all Member States in line with the revised World Anti-Doping Code(2015).

Read more about the World Anti-Doping Code at: www.wada-ama.org

RADO Staff Training Program - 1-4 December 2014



WADA Press Release

The [RADO](#) community convened in Montreal in December 2014 for a four-day training session just weeks ahead of the introduction of the 2015 World Anti-Doping Code.

A total of 15 RADO staff representing 123 countries attended the training at WADA's global headquarters. The scope of the training ranged from a review of the changes to the 2015 Code to tips on how to develop more effective testing plans to how the Anti-Doping Administration & Management System (ADAMS) can assist and facilitate the daily management of anti-doping work. In addition, the 15 RADO staff were provided with a comprehensive overview of the Results Management and TUE processes and of the implementation of effective education programs.

The development of the RADO program worldwide has been the direct result of the strong partnerships formed with National Anti-Doping Organizations (NADOs) who provide regional training and expertise. During the four day-training, the Canadian Centre for Ethics in Sport (CCES) provided an overview of blood and urine testing collection procedures, and stressed the importance of the role of the doping control officer to protect the clean Athlete.

WADA Director General, David Howman: "This was a unique opportunity for RADO staff worldwide to congregate in Montreal and reinforce their knowledge and skills of the complex world of anti-doping.

"I'm pleased that so many committed RADO administrators were able to brace the sub-zero Canadian temperatures, to benefit from the high level expertise WADA was able to provide on matters relating to anti-doping and the revised World Anti-Doping Code, and to see first-hand WADA's operations in Montreal. For WADA, it was equally important to understand the challenges that different regions face, and to support them in advancing the excellent work that is done in their respective parts of the world."

WADA Senior Director, Education and NADO/RADO Relations, Rob Koehler: "The meeting offered a unique opportunity to engage with fellow RADO staff and develop ways to increase the engagement of 123 countries involved in the RADO community. More work is needed by member countries as we enter this next phase of anti-doping, and the full engagement of all regions will be crucial to ensure the effective implementation of the 2015 World Anti-Doping Code."

Central Asia RADO Manager, Ms. Venera Abudulla, who was awarded the Mahmoud al Khalifa award for outstanding commitment to the development of countries in her region, said: "This training has provided me with a wealth of knowledge that I will take home to improve our anti-doping programs across Central Asia."

The RADO program will continue to be strengthened throughout the course of 2015, with meetings planned in each of the regions aimed at encouraging the transfer of knowledge to member countries.

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Africa Zone VI RADO Education Programs: Well Done Team Malawi



Malawi is making great efforts to implement anti-doping education programs. Prevention is always better than cure!

RADO Board Member for Malawi , Mr Oscar Kanjala (blue shirt centre) & Frank Isaac Banda to his immediate left driving anti-doping education programs



Frank Isaac Banda (Anti-Doping Education Officer) presenting to Team Malawi Officials

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AUSC Region 5 Games —Bulawayo , Zimbabwe (5-14 December 2014)

The African Union Sports Council (AUSC) Region 5 Games brought athletes from almost all Members of the Africa Zone VI RADO. The games were held in Bulawayo, Zimbabwe. The games provided yet another platform to fight against doping in sport and raise the profile of the Africa Zone VI RADO.



Young athletes enjoying the anti-doping quiz on the laptop computers at the Outreach Booth during the Games



Africa Zone VI RADO Board Member for Lesotho, Mrs Ramotso at the Outreach booth flanked by Education Officers Stephen Mudawarima (R) and Shorai Da Silva (L)



Doping Control Officers (DCOs) having a nice time with popular games mascot, Jumbo, at the White City Athletics Stadium in Bulawayo

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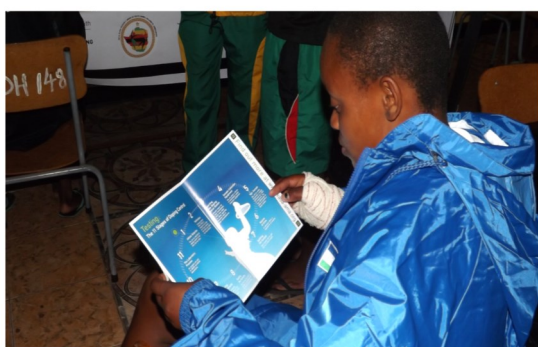
AUSC Region 5 Games —Bulawayo , Zimbabwe (5-14 December 2014)



Clear Message for the Games



RADO Doping Control Officers , Dr. George Magwende



Young athlete from Lesotho reading a WADA pamphlet



Young athlete —representing Malawi with pride



South Africa -The Rainbow Nation —well represented



DCOs Peter & Soman—ready for action

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AUSC Region 5 Under 20 Games (cont'd)- View from the Education Officer– Stephen Mudawarima



Games have come and gone and have left a lasting impression on the city of Bulawayo and Zimbabwe. This was indeed a great festival of sport and a colourful gathering of youth from all over Southern Africa. We hope we were able to increase anti-doping education and awareness to the athletes, their support personnel and the thousands of spectators who thronged the venues. The primary objective of the outreach program was to contribute to increased levels of awareness on anti-doping in Zimbabwe and the region; specifically focusing on young athletes, their entourage and the wider audience attending the event.

The Africa Zone VI Regional Anti-Doping Organization (RADO) was approached by the Local Organizing Committee (LOC) for the African Union Sports Council Region 5 Games in Bulawayo, Zimbabwe to organize and coordinate the anti-doping program for the event. The anti-doping program consisted of two aspects, the education outreach and the doping control testing aspects.

The education outreach program was based at the designated Games Village in Bulawayo. Computer-based quizzes were administered to the athletes who were then given prizes on attainment of high scores in answering the questions. Furthermore, anti-doping literature was available to the athletes as well as coaches who visited the anti-doping booth situated in the dining hall of the Games Village. Hopefully, in the future we will also have material in Braille and audio games for the visually impaired athletes so that we are not seen to be segregating or neglecting this significant group of athletes. Approximately eight hundred (800) athletes participated in the quiz during the duration of the games. Banners with anti-doping messages were also displayed at prominent places at various competition venues ensuring the visibility of the program.

In general, the education outreach program was a wonderful learning experience for all those involved. We remain indebted to the World Anti-Doping Agency (WADA), UNESCO and the Africa Zone VI RADO for their unwavering support for implementation of anti-doping programs in our region. The ball is in our court as anti-doping education officers to work hard in partnership with various stakeholders in our respective countries to ensure that the right messages get to the athletes, especially the young ones. They are the future of sport in our countries. This is very important especially taking into account the prioritization given to the protection of clean athletes in the revised World Anti-Doping Code (2015).

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Message from WADA Africa Region HQ**Dear RADO Zone VI Stakeholders;**

In September this year, Africa will gather in Brazzaville, Congo, for the Africa Games; a grand occasion to see who will reign supreme on the sports fields and courts. The World Anti-Doping Agency (WADA) is working with the Local Organizing Committee (COJA) to ensure that a relevant, comprehensive and robust anti-doping program will be in place at the event. Progress is ongoing and come September, everything will be in place to ensure that athletes can compete in an environment where they can test their mettle against others based on hard work and commitment, and not because of some or other chemical and physiological manipulation. It is our collective responsibility, as the custodians of free and fair sport, healthy competition and the well-being of athletes, that we leave no stone unturned in pursuit of a level playing field. I am therefore calling upon each and every sports leader, government official responsible for sport and those working with our athletes in whatever way, to uphold the spirit of fair play and protect our young by ensuring that they receive adequate and relevant anti-doping information and education which would allow them the space and opportunity to distinguish between what is right and what is not with regards to the ethics of sport and their health. Doping is a menace and nobody should be foolhardy to think and suggest that our African athletes are immune to this scourge. To those planning to cheat their way to a games medal and African glory, think again! The program at the Games is planned to seek out the cheats and potential cheats and those supporting and assisting them in these endeavors.

In this regard, the Zone VI RADO is perfectly placed to ensure that your country, as a member of the Zone VI RADO, receive all the support required to ensure that your participation in the event is a memorable one and not one marred by your athletes and support personnel exposed as doping cheats. Pre-games testing, information and education to all participants are paramount. Also, anti-doping procedures such as the Therapeutic Use Exemption processes, should be well understood by the relevant athlete support personnel and adhered to.

So, let us ensure that we prepare athletes well and do whatever is necessary, expected and prudent to safeguard our countries from embarrassment because of doping. Let us ensure that athletes are tested and that they understand their roles and responsibilities insofar as anti-doping is concerned. The RADO is well placed to assist you in this regard and I recommend strongly that sooner, rather than later, you contact the RADO for assistance. Of course, WADA's Africa Regional Office is also very much assisting you wherever requested and required.

See you in Brazzaville!

Rodney Swigelaar
Director- WADA Africa Region

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Forthcoming Attractions

Event	Location	Date
Zone IV Boxing Championships	Pretoria , South Africa	21-26 April 2015
AUSC Region 5 Executive Committee Meeting	Gaborone , Botswana	May 2015
ITF /CAT Junior Tennis Tournaments	Namibia & Botswana	May 2015
COSAFA Castle Cup	North-West Province	17-31 May 2015
COSSASA Ball Sports Competition	Lesotho	August 2015
African Games	Brazzaville Congo	5-19 September 2015

Important Notices

- 2015 List of Prohibited Substances is effective from 01 January 2015 It can be downloaded from the WADA website: www.wada-ama.org
- 2015 Code and International Standards <http://www.wada-ama.org/en/World-Anti-Doping-Program/Sports-and-Anti-Doping-Organizations/The-Code/Code-Review/Code-Version-4-0/>
- The Africa Zone VI RADO now has a Facebook page: Please visit our page and Like Us on www.facebook.com/africazonevirado.

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