



2016 Prohibited List

Summary of Major Modifications and Explanatory Notes

SUBSTANCES AND METHODS PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

PROHIBITED SUBSTANCES

S2: Peptide hormones, Growth Factors, Related Substances and Mimetics

- Leuprorelin replaced triptorelin as a more universal example of a chorionic gonadotrophin and luteinizing hormone-releasing factor.

S4. Hormone and Metabolic Modulators

- Insulin-mimetics were added to the List to include all insulin-receptor agonists.
- Meldonium (Mildronate) was added because of evidence of its use by athletes with the intention of enhancing performance.

S5. Diuretics and Masking Agents

- It was clarified that the ophthalmic use of carbonic anhydrase inhibitors is permitted.

SUBSTANCES AND METHODS PROHIBITED IN-COMPETITION

S6. Stimulants:

- It was clarified that clonidine is permitted.

SUBSTANCES PROHIBITED IN PARTICULAR SPORTS

P1: Alcohol:

- After consideration of the Federation International de Motocyclisme (FIM)'s request, their Federation was removed from the list of sports prohibiting alcohol as a doping agent.
WADA understands that FIM will address the use of alcohol using their own regulations.

MONITORING PROGRAM

- Meldonium was removed from the Monitoring Program and added to the Prohibited List.
- Hydrocodone, morphine/codeine ratio and tapentadol were removed from the Monitoring Program.