THE 2016 MONITORING PROGRAM*

The following substances are placed on the 2016 Monitoring Program:

1. Stimulants:  **In-Competition only:** Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine.

2. Narcotics:  **In-Competition only:** Mitragynine and tramadol.

3. Glucocorticoids:  **In-competition** (by routes of administration other than oral, intravenous, intramuscular or rectal) and **Out-of-Competition** (all routes of administration)

4. Telmisartan:  **In** and **Out-of-Competition**

* The World Anti-Doping Code (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport."