

## WADA Technical Letter – TL02

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| Written by:         | WADA LabEG                   | Approved by:    | WADA LabEG*  |
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\*The approval by the WADA Executive Committee is applicable only to Technical Letters issued after November 2019.

## **MEBEVERINE METABOLISM**

The *World Anti-Doping Agency* wishes to draw the attention of the <u>Laboratories</u> to the following remarks and instructions on the analysis and reporting of **p-hydroxy-amphetamine** (**p-OH-A**).

At its meeting held on March 5-6, 2012, the *WADA* Laboratory Expert Group (LabEG) evaluated information on the metabolism of mebeverine, a non-prohibited, antispasmodic substance used for the treatment of irritable bowel disease (IBD). The literature available on the metabolism of this substance indicates that it can metabolize into p-OH-A, which also constitutes a *Metabolite* of the *Prohibited Substances* amphetamine, selegiline and famprofazone.

In order to avoid the incorrect reporting of an *Adverse Analytical Finding* on a *Sample* containing mebeverine-derived p-OH-A, *WADA* recommends that when p-OH-A is detected in a *Sample*, the <u>Laboratory</u> looks for the detection of additional mebeverine-specific *Metabolites* (the parent drug is not detected in urine).

In addition to p-OH-A, it has been shown that mebeverine can also metabolize into i) p-methoxyethylamphetamine (PMEA), ii) p-OH-ethylamphetamine (p-OH-EA) and iii) p-methoxy-amphetamine (PMA) [Kraemer *et al, Drug Metab Dispos* (2000) **28**: 339; Zaitsu *et al, Forensic Sci Int* (2008) **177**: 77].



Should you have any further questions, please do not hesitate to contact the WADA Science Department.