



Newsletter

Issue No. 6, JULY 2015

This e-newsletter is produced by the South East Asia Regional Anti-Doping Organization (SEARADO). The regular publication of the e-newsletter aims to serve as another platform to share anti-doping information and activities among member countries, as well as, other stakeholders and anti-doping community at large.

IN THIS ISSUE	VISION
❖ 2015 SEARADO BOARD MEETING ----- 2	Value and foster doping free sport in Southeast Asia
❖ SEARADO & ADS host Anti-Doping Intelligence & Investigation Seminar ----- 3	MISSION
❖ UNESCO REGIONAL PROJECT (PHASE 2) ----- 4	To promote and co-ordinate the fight against doping in sport in all its forms in Southeast Asia
❖ A Great Partnership & Successful 28 th SEA Games ---- 5	CORE VALUES
❖ SEARADO Member Country Update: <ul style="list-style-type: none"> ○ Brunei ----- 6 ○ Cambodia ----- 7 ○ Malaysia ----- 8 ○ Philippines ----- 9-10 ○ Timor-Leste ----- 11 ○ Vietnam ----- 12 	Independence Ethical approach Accountability Professionalism Best Practice Proactive
❖ Upcoming Events ----- 13	

❖ SEARADO was established by the National Olympic Committees (NOCs) and Government representatives from Brunei Darussalam, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand, Timor-Leste and Vietnam with the assistance of the World Anti-Doping Agency (WADA) on 30 November 2006 in Doha, Qatar.

❖ SEARADO’s primary responsibilities include assisting countries in the region develop anti-doping programs that are compliant with the World Anti-Doping Code; educating athletes and support personnel in the region on anti-doping; and working with the Governments and NOCs in the region to become WADA Code Compliant.

2015 SEARADO BOARD MEETING



The South East Asia Regional Anti-Doping Organization (SEARADO) Board Meeting took place in Singapore on 10th February 2015. For the first time, SEARADO's MOU partner, JADA, represented by Dr Yaya Yamamoto attended the meeting.

The main outcomes of the meeting were as follows:

- ❖ Good relationship is been established between SEARADO and OCA. There will be continued collaboration in supporting various OCA –led events
- ❖ SEARADO has for the first time signed an MOU with SEA Games Federation (SEAGF) and will be supporting in the TUE and RM processes for the 28th SEA Games in Singapore
- ❖ SEARADO through the acquisition of the Testing Grant from WADA co-ordinated the OOCT in various SEA countries and will continue to do so in 2015 and beyond
- ❖ The collaboration between SEARADO and JADA has worked well in many fronts and includes: support and facilitation of UNESCO National Projects in Cambodia and Vietnam; support for the Train-the-Trainer course.
- ❖ All countries have adopted either the NADO or RADO rules and will work towards implementation in 2015

SEARADO & ADS host Anti-Doping Intelligence & Investigation Seminar

By Zaher Wahab – DCO, Anti-Doping Singapore



Speakers and delegates of Anti-Doping
Intelligence & Investigation Seminar

From the 11th to 12th of February 2015, SEARADO, in collaboration with Anti-Doping Singapore (ADS), organized the first ever regional Anti-Doping Intelligence and Investigation Seminar.

Held at the Furama Riverfront Hotel and attended by 60 participants from all eleven NADOs in the region and also representatives from law enforcement agencies like the Immigration & Checkpoints Authority (ICA) and Health Sciences Authority (HSA), the seminar was a rousing success and allowed the participants an insight into the application of intelligence in an anti-doping context. Over one and a half days, participants had the chance to listen to and get up close to the big names in the fight against drug use in sport.

Declared open by Mr Sam Tan, Minister of State, Prime Minister's Office & Ministry of Culture, Community & Youth, the seminar began with a keynote presentation by Travis Tygart, CEO, US Anti-Doping Agency (USADA), who spoke about the lessons, learnt from the Lance Armstrong doping scandal of 2012.

“Ultimately, Lance was held accountable for his decisions. It was not us that brought his down. It was his decisions to defraud the world. We simply did our job,” said Tygart emphatically.

Representatives from INTERPOL, WADA and the Institute of National Anti-Doping Organisations (iNADO) also spoke on matters pertaining to legislation and the manipulation of sports. Most notably, Ben McDevitt, CEO of Australian Sports Anti-Doping Authority (ASADA) shared about the challenges and lessons learnt from Operation Cobia. It is hope that the content shared during this seminar could be put into use, by the NADOs in the region.

As the future of anti-doping in the region and the world seems to include intelligence gathering as a major part of it in the near future, seminar participants voiced their hope that their NADOs would step up its efforts.

“I feel that this is an eye opener for all of us in South East Asia... I hope our [respective] NADOs can put into use, whatever we learnt today. Intel is the way forward for smarter testing,” quipped Wibowo Budi Utomo, 33, the representative from Lembaga Anti-Doping Indonesia (LADI).

UNESCO REGIONAL PROJECT (PHASE 2)

The 2nd phase of the UNESCO Regional project on ‘Developing SEARADO DCO Trainers’ took place at the 28th South East Asian Games from 8th to 14th June 2015 in Singapore. In addition, with the availability of budget and permission from UNESCO, IDCOs from countries in the region (apart from the Trainers country of origin) were invited to be part of the SEA Games DCO exchange. DCO’s from Brunei, Cambodia, Indonesia, Myanmar and Vietnam were represented

In this 2nd phase, Trainers were assigned to Doping Control Stations where various roles were assigned to them and they were evaluated by Master Trainers (Ms Chika Hirai from JADA and Ms Sarah Townsend from ASADA) based on a checklist of competencies. The DCO Trainers were also provided an insight on the organizational procedures, as well as, the expectations on taking on different roles. Ms Nazima, one of the Trainers had this to say “ It was a great learning experience taking on different lead roles, especially with a team of DCOs we are not familiar with. It has been a good platform to put into practice what we have learned under the close observation and guidance by the Master Trainers



For all the invited DCO’s, it was their first international exposure and was an eye-opener for them and during the post-mortem they express learning areas beyond the doping control test such as the way in which in-competition tests is organized; the necessary briefing to DCOs; the roles and responsibilities of the different personnel; the set up of the Doping Control station etc. Siti NurulJannah Haji Othman from Brunei remarked “It has been an honour and opportunity to serve as an IDCO for the 28th SEA Games. I was able to settle in quickly and feel at home with the warm welcome and hospitality of the local staff. Though nervous in the beginning, the team leaders guidance sure raise my confidence. Understanding the slight variations in approach of the whole process and adapting sure added to my experience.”

With the successful completion of this regional project, SEARADO will form a DCO Committee comprising the selected Trainers, as well as, encourage all member countries to use the manual and other materials developed for this project in our endeavor to have a standardized approach to DCO training in the region.

SEARADO would also like to thank the following:

- ❖ UNESCO’s Fund for the Elimination of Doping in Sports and Staff at UNESCO
- ❖ ADAMAS for the 1st phase of the project
- ❖ ADS for the 2nd phase of the project
- ❖ Ms Chika Hirai from JADA and Ms Sarah Townsend from ASADA for assisting as Master Trainers for both phases and for their professional inputs in various areas of the project



A GREAT PARTNERSHIP & SUCCESSFUL 28TH SEA GAMES

Following the signing of a MOU between SEARADO and the South East Asian Games Federation (SEAGF) last year for the 28th SEA Games, the SEA Games Medical Commission (SEAGMC) chaired by Dr Teh Kong Chuan in collaboration with SEARADO and WADA ensure the Anti-Doping Rules for the Games were in line with the 2015 Code. In addition, the TUE and RM processes for the Games were established and agreed by all stakeholders.

SEARADO TUE Committee members together with SEAGMC members handled all the TUE applications for the Games. SEARADO Results Management Committee members were called upon to serve the Games RM Committee. However, the best news we received was that all urine and blood samples totalling more than 650 were tested negative. The last time the Games had a clean bill was in 2003. This sure augurs well for the Games and the SEA region and SEARADO would like to thank all NADOs of SEA and other stakeholders for their efforts through anti-doping education and Out of Competition Testing.



Members of SEARADO, SEA Games Medical Commission
&
Ministry of Health, Singapore Officials

Brunei Darussalam Anti-Doping Committee

By: Mr. Surkadi bin Kaderi, Head, Education & Outreach, BDADC

For 2015, Brunei Darussalam Anti-Doping Committee's (BDADC) strategy in terms of anti-doping education was to reach out to as many athletes from various National Sports Associations (NSAs) and we manage to cover 15 NSAs. Our successful Outreach programs was continued in the 1st half of 2015 where we had 4 outreach sessions targeting sports events and school athletes.



In addition, BDADC implemented its 1st student-approach strategy by using the Teacher's Toolkit provided by WADA to educate elite young athletes from Brunei Sports School. This approach was to enhance the elite young athletes learning and understanding of the values of sports, as well as, provide an insight on what is doping, the dangers and health consequences of doping etc.

BDADC also stepped up its Out-of-Competition Testing (OOCT) and all Bruneian athletes bound to the 28th SEA Games Singapore 2015 were subjected to testing. BDADC DCO's conducted its first In-Competition Testing for an International event (The Run) organized by a local group.



BDADC will continue its efforts in promoting clean sports in Brunei Darussalam and are planning to get the Sports Associations in Brunei Darussalam to sign a signatory pledge to support anti-doping and its activities and also to organize National Anti-Doping Education Seminar for Physical Education Teachers. At the same time, staff of BDADC have been actively involved in seminars held in Japan and Korea.



MEMBER COUNTRY UPDATE: CAMBODIA

By Mr. Ith Leng, Chief CADA

Following the successful UNESCO project in 2014, Cambodia Anti-Doping Agency (CADA) continued the momentum by organizing an Anti-Doping Education Program Workshop in Takeo province and Kampong Speu province with about 100 participants comprising provincial sports management officers, high school directors, physical education teachers and sport trainer attending in each province. The aim of these workshops was to create Anti-Doping Awareness among students and potential elite athletes. CADA hopes to organize similar workshops in another 3 provinces in the second half of the year.

On 20-22 May 2015, CADA in cooperation with National Olympic Committee of Cambodia had a presentation session with the Cambodian national athletes who were bound to 28th SEA Game in Singapore.

In addition, CADA through SEARADO and with the support of the Testing Grant from WADA conducted an Out of Competition Testing (OOCT). 15 urines samples were collected from athletes heading to the SEA Games.



Anti-Doping Workshop in Tokeo province



Anti-Doping Workshop in Kampong Speu Province

National Summit on Anti-Doping 2015

26th May 2015

Kuala Lumpur, Malaysia

By: Mr. Muhammad Syamil bin Hillmy, ADAMAS



Opening Ceremony by Minister of Youth and Sports, Khairy Jamaluddin (R)

The National Summit on Anti-Doping in Malaysia was held on 26th May 2015 at Palace of the Golden Horses, Kuala Lumpur, Malaysia. Organised by the Anti-Doping Agency of Malaysia (ADAMAS), this Summit was the first national anti-doping event involving national sports associations, local government agencies and sports personnel.



Tan Sri Dato' Dr. M. Jegathesan

Launched by the Minister of Youth and Sports Khairy Jamaluddin, the objective of this Summit was to convey latest information on anti-doping to members of the sports associations, especially on the implementation of the 2015 World Anti-Doping Code. The 2015 Summit was aimed to practice zero tolerance in doping activities involving athletes and support personnel.

Keynote speech was delivered by Tan Sri Dato' Dr. M. Jegathesan, Chairman of Medical Committee of the Olympic Council of Asia, focusing on responsibilities of national sports associations.



Gobinathan Nair

Two speakers were invited to share information on anti-doping. Joseph De Pencier, Chief Executive Officer of iNADO, presented on "NADO and National Sports Associations' Cooperation in Anti-Doping Results Management and Information Sharing". It was then followed by Gobinathan Nair, Director-General of SEARADO, with title "Global Challenges and the 2015 Code: Implementation and Compliance."



Joseph De Pencier

The Summit also witnessed a signing ceremony of the "Acceptance of ADAMAS Anti-Doping Rules" by the President of the Olympic Council of Malaysia, Y.A.M. Tunku Tan Sri Imran Ibni Almarhum Tuanku Ja'afar, followed by all national sports associations. The signing symbolises acceptance of the rules and to encourage continuous support by national sports associations in ADAMAS anti-doping programmes.



Khairy Jamaluddin (C) during the signing ceremony by the Olympic Council of Malaysia President, Tunku Imran Tuanku Jaafar witnessed by Youth and Sports Ministry Deputy Secretary-General (Strategic) Datuk Harun Che Su



FUND FOR ELIMINATION OF DOPING IN SPORT

National Project: **“AWARENESS AND COMMITMENT CAMPAIGN ON ANTI-DOPING IN PHILIPPINE SPORTS”**

*By Dr. Alex Pineda,
Head, Doping Control, Philippines Sports Commission*

The Philippines Sports Commission (PSC), in partnership with the Philippines National Commission for UNESCO launched the National Anti-Doping Awareness and Commitment Campaign that run from April 2014 to March 2015. The main objectives of the campaign were: promote and increase the level of awareness and understanding of anti-doping among athletes, athlete support personnel, and the youth; provide information pertaining rules and policies, health and legal consequences; inculcate the values of clean, and fair play in sports and promote a drug-free culture amongst the athletes and the young population at large; contribute to the creation of a sporting environment conducive to healthy living.



One of the main events was the National Anti-Doping Summit at UNILAB Bayanihan Hall in Mandaluyong City on 04 - 05 March 2015. Dr. Virginia A. Miralao, Secretary-General of the Philippines National Commission for UNESCO delivered the welcome address at the summit. In her speech, she said “although the doping situation in our country is not as alarming as in more developed countries, we at the Philippines National Commission for UNESCO are committed to promote anti-doping education and prevention programmes at the national level, in order to inform young people on the moral, legal and health consequences of doping and inculcating in them sport values such as fair play, true game, and equitable competition.”



Other presenters include Mr Gobinathan Nair, DG, SEARADO who spoke on the Implementation and Compliance of 2015 Code and an overview of SEARADO’s support to member countries while Dr. Alejandro V. Pineda Jr. Medical Director/Doping Control Unit of Philippine Sports Commission presented on the Compliance and Implementation of Anti-doping in the Philippines.

Speakers from the different fields of sports medicine presented series of lectures to enthusiastic delegates at the summit. Dr. Randy M. Molo, PSC Orthopedic Specialist spoke on the science of winning. Ms. Karen Leslie L. Pineda, PSC Sports Nutrition Consultant presented on the sports nutrition recipe for winning. Ms. Naira Orbeta, a sports psychologist expounded on the psychology of winning. Prof Anna Lea L. Enriquez, MD, DPBA of the UST College of Rehabilitation Sciences talked about evidenced-based medicine in sports supplementation. In addition, International DCO Dr. Charles Martin F. Corpus and POC Team Physician Dr. Ferdinand S. Brawner handled the finer details of the 2015 World Anti-doping policies and regulations.



The logistic of the summit was made possible through sponsorship by United Laboratories, Inc. (UNILAB), the biggest local pharmaceutical company in the business.

A workshop was held during the second day of the summit which aimed to develop a rational plan for implementing anti-doping education programs, provide tools to implement anti-doping education programs in respective settings and strategize to localize anti-doping education messages. Around 150 delegates from the country's sporting community attended the two-day National Summit.





TIMOR-LESTE's First National Anti-Doping Seminar with the support from SEARADO and WADA



Timor-Leste had its first National Anti-Doping Seminar followed by a Doping Control Officer (DCO) course from the 8th to 10th May 2015 in Dili with the support of SEARADO and WADA. The Seminar was opened by Mr. Leovigildo Hornai da Costa, Minister for Youth and Sport. In his Opening Address, the Minister mentioned "Athletes and Officials need to be aware of anti-doping regulations although we have it the national law. It is hope that the seminar will provide a better understanding about anti-doping. It is important for Timor-Leste to take part in this global initiative and by having our partners from SEARADO with us, we hope you all can learn and avoid doping in sport." Following the opening, participants comprising coaches, managers, sports administrators and national athletes representing various National Sports Federations were given an insight on the various aspects of Anti-Doping including an overview on the fight against doping, Doping Control Process, Therapeutic Use Exemption etc by Mr Gobinathan Nair, DG, SEARADO. Participants had a strong interest to learn more about the fight against doping and Mr Vasco Ribeiro one of the participants had this to say 'this is something new and a good thing for Timor-Leste, particularly for athletes and officials. We would need to do more socialization about anti-doping to the other athletes and officials as a preventive measure.'

The seminar was followed by a two and half day Doping Control Officer (DCO) course facilitated by SEARADO's trainer from Malaysia, Ms Nazima Kassim. The DCO course was attended by six enthusiastic participants. The dedicated participants were each provided with SEARADO's DCO Manual, as well as, some materials in Portuguese that was provided by the Brazilian Anti-Doping Agency. A DCO participant, Dr Gracieth Dias Ximens commented 'With this Doping Control Officer training, it gave me an opportunity to learn and have a new experience..more importantly, the capacity to manage a doping control test and conducting the test with athletes'

All participants did well in both the theory and practical assessment of the course. Following the assessment, all participants were involved in the Out of Competition Testing supported by the Testing Grant from WADA.

The collaborative efforts by the Ministry of Youth and Sports and NOC of Timor Leste, SEARADO and WADA augurs well for Timor Leste in its fight against doping.



DCO Course



Delegates at the National Anti-Doping Seminar

MEMBER COUNTRY UPDATE: VIETNAM

By Ms. Men Nguyen Thi, VADA

2015 started on a bright note with a discussion by senior management of VADA together with SEARADO and Japan Anti-Doping Agency (JADA) on the strategic plan for VADA. The fruitful discussion resulted in an Action Plan for various key areas in anti-doping.

In line with the Action Plan, information programs on anti-doping for athletes were implemented in the 4 National Training Centers and in An Giang Province. The program contents included introduction about VADA; rights and responsibilities of athletes; Doping testing procedures; requirements in providing whereabouts information for athletes

VADA in collaboration with SEARADO carried out the Out of Competition Testing (OOCT) that were targeted at the SEA Games bound athletes.



Action plan meeting among staff from
VADA, JADA and SEARADO



Seminar in Da Nang



Seminar in Can Tho



Seminar in Hanoi

UPCOMING EVENTS



Dates	Events
July 2015	
11 th July - 13 th July	The FISU Conference Gwangju 2015 and the Launch of the FISU-GUOC-WADA Anti-Doping E-Textbook Project Gwangju, South Korea
September 2015	
16 th September	WADA Executive Committee Meeting Copenhagen, Denmark
October 2015	
2 nd October - 3 rd October	CCES in Partnership with WADA: 2015 Values-Based Education Conference Ottawa, Canada
November 2015	
17 th November	WADA Executive Committee Meeting Colorado Springs, United States
18 th November	WADA Foundation Board Meeting Colorado Springs, United States
December 2015	
3 rd December – 9 th December	

SEARADO BOARD MEMBERS

Chairman:	Dr. Patrick Goh	Singapore
Honorary Chairman:	Dr. Varin Tansuphasiri	Thailand
Members:	Dr. Haji Zafri Haji Mohammed	Brunei Darussalam
	Mr. Ith Leng	Cambodia
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	Mr. Nishel Kumar	Malaysia
	Dr. Mya Lay Sein	Myanmar
	Dr. Ferdinand Brawner	Philippines
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Director General:	Mr. Gobinathan Nair	
Advisors:	Dr. David Julien	WADA
	Mr. Kazuhiro Hayashi	WADA Asia Regional Office

Acknowledgements

SEARADO would like to thank all contributors of articles to the newsletter.

Feedback

Dear readers,

We hope you enjoyed reading our newsletter. If you wish to provide us with any feedback or if you wish to add your email address to our mailing list, do drop us a note at:

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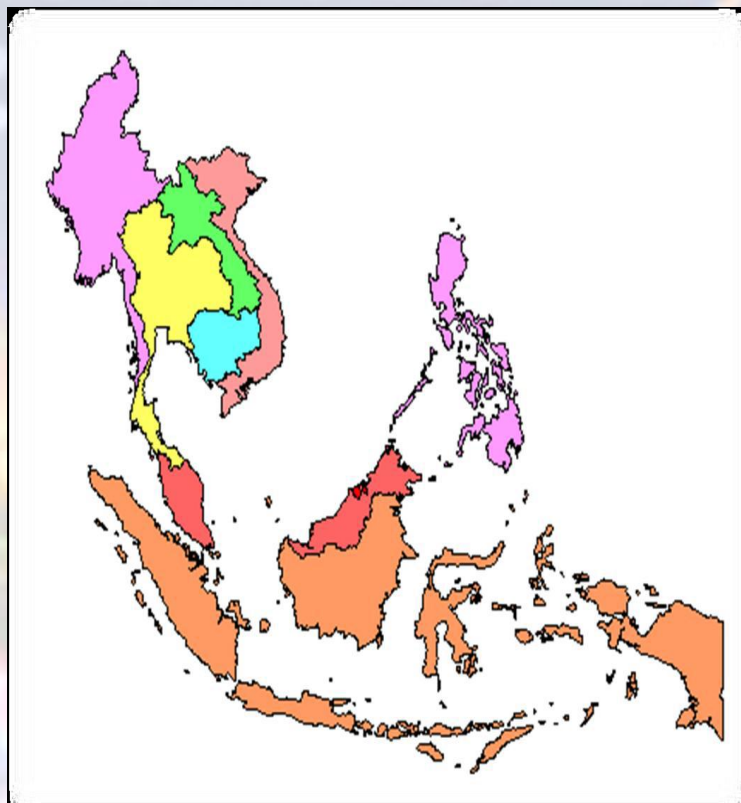


South East Asia Regional Anti-Doping Organisation

Celebrate the Extraordinary

MEMBER COUNTRIES:

- ❖ BRUNEI
- ❖ CAMBODIA
- ❖ INDONESIA
- ❖ LAOS
- ❖ MALAYSIA
- ❖ MYANMAR
- ❖ PHILIPPINES
- ❖ SINGAPORE
- ❖ THAILAND
- ❖ TIMOR-LESTE
- ❖ VIETNAM



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