



NEWSLETTER

VOLUME 5, DECEMBER 2014

This e-newsletter is produced by the Southeast Asia Regional Anti-Doping Organization (SEARADO). The regular publication of the e-newsletter aims to serve as another platform to share anti-doping information and activities among member countries, as well as, other stakeholders and anti-doping community at large.

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VISION

Value and foster doping free sport in Southeast Asia

MISSION

To promote and co-ordinate the fight against doping in sport in all its forms in Southeast Asia

CORE VALUES

Independence
Ethical approach
Accountability
Professionalism
Best Practice
Proactive

SEARADO was established by the National Olympic Committees (NOCs) and Government representatives from Brunei Darussalam, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Timor-Leste, Singapore, Thailand and Vietnam with the assistance of the World Anti-Doping Agency (WADA) on 30 November 2006 in Doha, Qatar.

SEARADO's primary responsibilities include assisting countries in the region develop anti-doping programs that are compliant with the World Anti-Doping Code; educating athletes and support personnel in the region on anti-doping; and working with the Governments and NOCs in the region to become WADA Code compliant.

2015 World Anti-Doping Code Implementation

Congratulations to all member countries of Southeast Asia in adopting the RADO or NADO rules in line with 2015 World Anti-Doping Code.

Now that the Rules are in place, the next step is to ensure all the required preliminary activities are in order to implement the Code.

To support the implementation, WADA has updated existing guidelines and protocols and developed new ones to help member countries further enhance the quality of their anti-doping programs.

Apart from highlighting the guidelines to member countries, SEARADO has been liaising with member countries to assist and work together in the implementation of the New Code and look forward to the successful implementation of the new Code among all member countries in 2015.

SEARADO wishes all member countries, stakeholders and their families and friends a Happy New Year and best wishes in 2015!

SEARADO would like to thank both Prof. Chea Sdoeung (Cambodia) and Dr. Alejandro Pineda Jr (Philippines) for all their contributions during their term as Board Members and we wish them all the best!

Congratulations to both Mr. Lim Chee Wee (Brunei) and Dr. Yan Lin Aung (Myanmar) for serving as IDCO for the 17th Asian Games, Incheon, and 4th Asian Beach Games, Phuket, respectively.

MOU between SEARADO and SEA Games Federation

SEARADO and Southeast Asian Games Federation (SEAGF) signed a MOU on the 14th August 2014. Through the signing of this MOU, both organizations will collaborate and co-operate in two key areas of anti-doping for the 28th SEA Games, namely in the area of Therapeutic Use Exemption (TUE) and Results Management (RM).

Prior to this MOU, SEAGF in consultation with SEARADO and WADA revised the SEA Games Anti-Doping Rules and SEA Games Charter to be aligned with the revised World Anti-Doping Code that will come into effect on the 1st January 2015.

Under the MOU, SEAGF and SEARADO will work together to establish and execute the smooth running of TUE and RM processes, using the expertise available in the SEAGF's Medical Committee, as well as, the SEARADO's regional TUE and RM expert committees.

*Signing of MOU between
SEAGF and SEARADO*



*Dr. Teh Kong Chuan, Chairman
SEA Games Medical
Committee, Mr. Gobi Nair, DG
SEARADO and Dr. Patrick Goh,
Chairman SEARADO*

DCO Train-the-Trainer Workshop & DCO Course

The 1st phase of the 2nd UNESCO Regional Project for the SEA Region was held in Kuala Lumpur, Malaysia from 4th-6th November 2014.

The main objective of the project was to develop a core group of expert DCO Trainers from the SEA region who in future can support DCO training in the region.

Prior to the workshop, planning was done together with the Australian Anti-Doping Agency (ASADA) and Japan Anti-Doping Agency (JADA). A SEARADO DCO manual, a set of DCO training slides and SEARADO Doping Control forms were developed with the hope that the region will have a standardized approach to training DCOs in the future. The selected DCO trainers were taken through the details of all the content matter, as well as, the elements of presenting and pedagogical approaches to adopt by the Master Trainers (Ms Sarah Townsend, ASADA; Ms Chika Hirai, JADA and Mr Gobi Nair, SEARADO). This was followed by the Trainers teaching the DCO course for the next 2 days under the supervision of the Master Trainers. On the whole, the workshop was very successful with the Trainers having a good insight on the expectations and the DCO participants doing very well both in theory and practical assessments.

SEARADO would like to take this opportunity to thank the following:

- Staff from ADAMAS
- Master Trainers – Ms. Sarah and Ms. Chika
- Ms. Yuko Hasegawa and Ms. Teruyo Suzuki for their assistance in the DCO course
- Mr. Tan Si Lie for all the administrative and logistic support



Trainers and Master Trainers



Trainer, Ms. Nazima, observing a DCO participant



Master Trainer, Ms. Chika, facilitating a session



DCO participants, DCO Trainers and Master Trainers

17th Asian Games

Incheon, Korea (19 September - 4 October 2014)

By: Mr. Surkadi bin Kaderi, Head, Education & Outreach, BDADC

I am grateful and honored to have been selected to be part of the World Anti-Doping Agency Outreach Team for the 17th Asian Games Incheon 2014. It was a wonderful and memorable experience to team up with other members from Singapore, Kazakhstan, Maldives, Korea, Japan and Canada headed by Stacy Spletzer-Jegen, Senior Manager, Athlete Relations & Communications, World Anti-Doping Agency.

About 5,000 athletes and officials came to the booth which showcase the Play True! Quiz, as well as, the Say NO! To Doping Ping Pong and Frisbee games. The athletes and officials were very enthusiastic and there were long queues even before we actually open our booth. It also provided me a great opportunity to meet colleagues in the area of anti-doping and to share ideas with each other.

Overall, it was a successful Outreach Program and hope that by my participation in such an event will motivate my fellow members in Brunei Darussalam Anti-Doping Committee to work hard in promoting Clean Sports and the fight against doping.



WADA Outreach Team with Officials at the Incheon Asian Games 2014

Athletes and Support personnel receiving their WADA gift upon completion of the Play True Quiz



2nd Youth Olympic Games

Nanjing, China (16 - 28 August 2014)

By: Mr. Murali Paramasivam, ADAMAS

It was a honour for me to be nominated as an Outreach staff for the 2nd Youth Olympic Games in Nanjing, China. Together with me was Ladonna Reed (USADA) and Ith Leng (CADA) and we were led by the ever energetic Lea Cleret from WADA.

Personally, I enjoyed the entire 8 days at the WADA booth as it gave me an opportunity to meet a lot of young athletes from different walks of life. It was a joy to mingle, talk to them and educate some, who for the first time in their life were handling a laptop. Here, coaxing and a personal approach was needed to explain to them what the question was all about. Extra time was needed on these athletes in order for them to understand WADA's role in the ongoing fight against doping. This was very self-satisfying and this never made us feel tired the entire time we were manning the booth.

Participants also had the chance to try their hand at the Play True Quiz in various languages which was not only informative but reinforced ideas about anti-doping in an interactive way. Souvenirs such as colourful watches, mini freebie, cups and fans with "SAY NO! TO DOPING" emblazoned on them were given out to those who passed the Play True Quiz.

In the end, we've made a lot of friends from different countries, not forgetting the wonderful volunteers who were on duty to assist us.



Murali of ADAMAS with Sir Craig Reedie, WADA President



The WADA Outreach A-Team with the volunteers

Country Update: Brunei

By: Mr. Sukardi Kaderi, BDADC

Athletes need support, guidance and education to support them in their role and responsibilities towards clean sport. BDADC believes that a long-term solution to preventing doping is through effective values-based education programs that can foster anti-doping behaviors and create a strong anti-doping culture. Therefore, BDADC continues its effort to fight doping by initiating Anti-Doping Awareness and Outreach at various sports events as part of our long term plan.

For the first time, BDADC were invited to two public sports events (UBD Green Run and RBA The Great Race) and 3 sports events organized by the Ministry of Culture Youth and Sports (ASIAN Games Fun & Learn Event, Olympic Day Run and Larian Keputeraan 68). We are also happy to have more than 20 dedicated and committed volunteers as part of our Outreach Team. Besides that, through our previous outreach, as well as, promotion in our Facebook Page, we were able to collaborate with some sports associations in Brunei Darussalam who are interested to learn more on Anti-Doping. Two sports association (Brunei Darussalam Amateur Swimming Association and Brunei Darussalam Petanque Federation) has stepped up in its efforts to support anti-doping.

In the area of Testing, BDADC conducted the first In-Competition Testing at the National Games. BDADC look forward to implementing more activities in line with the 2015 Code.



Anti-Doping Outreach at Larian Hari Keputeraan 2014



Anti-Doping Outreach during Olympic Day Run 2014



Anti-Doping presentation for Swimmers from Brunei Amateur Swimming Association



Anti-Doping Education for Brunei Darussalam Schools Badminton Scheme Players



Anti-Doping Education for 4 D BEST 4 Districts Brunei Experiencing Solidarity Training

Country Update: Cambodia

The Cambodia Anti-Doping Agency (CADA) marked the first education and information session as part of their UNESCO Anti-Doping Fund with the support of the Southeast Asia Regional Anti-Doping Organization (SEARADO) and the Japan Anti-Doping Agency (JADA).

Over 3-days, the Cambodia Anti-Doping Education Workshop in Phnom Penh was attended by a total of around 300 athletes and athlete support personnel. The workshop was delivered and facilitated by Mr. Gobi Nair, Director General of SEARADO, and Dr. Mayumi YaYa Yamamoto, Senior Manager of Education & Planning and Policy & Strategy of JADA.

In the first two days, the participants comprised of Cambodia national coaches, the staff of National Sports Training Centre and National Sport Administrators.

Day 3 was attended by around 200 national athletes training at the National Sports Training Centre. It was intended not only to bring the awareness of athletes towards anti-doping but also to the values in sport. The national athletes presented their discussion outputs on the topic of the importance of sport for themselves and for Cambodia.



Participants at the workshop



National coaches and administrators at a discussion seminar

Country Update: Cambodia

As a Taekwondo athlete put it “whether or not obtaining medals, we would like to be remembered that we show our friendship and solidarity to the competitors and spectators from other countries, as well as, building good communication with smiles, therein the Cambodian athletes can contribute through sport to the society.”

At the closing ceremony, H.E. Mr. Sean Borath, State Secretary of Education, Youth and Sport of Cambodia congratulated all the participants stressing: “it was the first time Cambodia is concerned seriously about doping issues in sport by holding this workshop. For 2023 SEA Games, we would like to improve the anti-doping activities in close collaboration with SEA RADO and JADA”.

Mr. Ponn Sok, Director of National Training Centre, summed up, “working closely with SEA RADO and JADA, this workshop was made possible. It was a significant step for Cambodia and we would like to continue collaborating to develop anti-doping programme and maintain contact with these participants.”



National Athletes presenting their discussion outputs



Participants and the Guest-of-Honor

Country Update: Malaysia

By: Mr. Murali Paramasivam, ADAMAS

During the SUKMA Perlis National Games, ADAMAS conducted the Outreach program at 14 venues overall and testing was carried out concurrently with a total of 405 urine samples collected. DCO's, Mr. Alvin Tay Soon Nghee and Ms. Janet Chew Seok Wei from Singapore and En. Mohd Sufri Mohammad from Brunei were invited to be part of the testing team. Such a DCO exchange has really benefited all parties as they learn from one another.

The response at the venues were good and it was exciting to see athletes from different states trying out the Play True Quiz. Even parents tried out the quiz to clear their curiosity on what was going on at our booth.

ADAMAS also kick started the UNESCO project with visits to various educational institutes, conducting outreach program and anti-doping talks which was targeted at their sports team.

In addition, ADAMAS is in the midst of creating a pool of volunteer education ambassadors, who will be called upon to reach out to the community within their respective States.



Students at MONASH University focusing on the Play True Quiz



Group photo after the Anti-Doping Awareness Talk at UTP

Outreach booth at INTI International University



Outreach booth during SUKMA Perlis



Country Update: Myanmar

By: Dr. Mya Lay Sein, Chairman, MADO

Myanmar Anti-Doping Organization (MADO), recently organized its first National Anti-Doping seminar. Both Minister and Deputy Minister of Sports, were there to grace this event, together with President of Myanmar Paralympics, Chief of Police department and officials from various sports federation.



1st National Anti-Doping Seminar organized by MADO



Attended by various key appointment holders, including Minister of Sports, U Tint Hsan, and Deputy Minister, U Thaung Htaik



Speakers at the 1st National Anti-Doping Seminar

Country Update: Singapore

By: Ms. Yeo Say Po, General Manager, ADS

ADS is assisting the Singapore Southeast Asian Games Organizing Committee (SINGSOC) in the planning and implementation of the Anti-Doping Program of the 28th SEA Games that will be held in Singapore from 5 to 16 June 2015.

About 7,000 athletes from 11 participating nations will compete in the Games. Close to 250 volunteer Doping Control Officers (DCOs) and Chaperones are required to conduct an estimated 600 to 800 sample collections during the Games. Apart from the existing pool of DCO and Chaperones, another 79 Chaperones and 91 DCOs have undergone the theory training course. Arrangement are also made for each trainee to complete 2-3 actual doping control tests as part of the requirement.

In the area of education, anti-doping education has been incorporated into the revised National Coaching Course (SG-Coach). Furthermore, National athletes who are on scholarships are also required to complete the ALPHA, an anti-doping education module for athletes.



Volunteers' training to prepare for the 28th SEA Games

Country Update: Vietnam

By: Ms. Men Nguyen Thi, VADA

The second half of the year has been a busy one for VADA. Apart from revising the VADA rules to be in line with the 2015 Code, the Vietnam Anti-Doping Regulations were drafted and approved by the Vietnam Sport Authority and has been submitted to the Ministry of Culture, Sports and Tourism for approval.

For the first time, Vietnam carried out ICT at the National Games. A total of 27 samples were collected during the Games in 4 Sports/Disciplines, including Swimming/Finswimming, Gymnastics, Athletics and Weightlifting. VADA also took the opportunity to distribute anti-doping material to athletes and support personnel at the Games.

In partnership with SEARADO and WADA, VADA also did OOCT for the following sports: Athletics, Gymnastics, Boxing, Swimming, Badminton, Cycling and Taekwondo.

In the area of education, VADA in partnership with Lay Tray Training Center, implemented an information program in August in Hai Phong province. Athletes from the centre attended the program, which focused on the following: Definition of Doping; Athletes Rights and Responsibilities; Whereabouts Requirements; TUE and Doping Control Procedures.



Information program in Hai Phong



In a Doping Control Station

In July 2014, Prof Nguyen Xuan Ninh, Vice Director of VADA, was invited to speak on anti-doping at a training course for referees, coaches and doctors in the army that was organized Ministry of National Defence and was well received by the participants



Training Course for Referees, Coaches and Doctors from the army was implemented by the Ministry of National Defence

Upcoming Events

- 28 January: 2nd International Conference on The Pharmaceutical Industry and the Fight Against Doping
Tokyo, Japan
- 29-30 January: 2015 International Anti-Doping Seminar in Asia
Tokyo, Japan
- 10 February: SEARADO Board Meeting
Singapore
- 11-12 February: Anti-Doping Intelligence & Investigation (I&I) Seminar
Singapore
- 24-26 March: 2015 WADA ADO Symposium
Lausanne, Switzerland
- 5-6 June: 28th SEA Games
Singapore





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SEARADO would like to thank all contributors of articles to the newsletter.

Feedback

Dear Readers,

We hope you enjoyed reading our newsletter. If you wish to provide us with any feedback or if you wish to add your email address to our mailing list, do drop us a note at: gobinathan_nair@sport.gov.sg

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