

## **PROJECT SUMMARY**

### **The relationship between goal orientation and attitudes toward doping in sport. Knowledge about and attitudes toward doping among Polish athletes.**

The project is aimed at making a diagnosis of attitudes of Polish athletes toward doping and their knowledge about this phenomenon in relation to awareness of which substances and methods are prohibited, how doping control procedures are performed, what are the rights and obligations of athletes regarding doping controls, etc.; and at examining if there are any relationships between goal orientations and attitudes toward doping.

For the study, diagnostic poll method of research will be adopted. Participants will fill in anonymous questionnaires "Attitudes toward doping in sport", "How I define success in sport" and "Knowledge about doping in sport".

Although in Poland there were surveys of knowledge on and attitudes towards doping among athletes and non-athletes, the main limitations of most of them were small groups of respondents, and considering the knowledge only in terms of recognition of what doping is and being able to name the most common doping substances and/or methods. One of the purposes of the research would be to check knowledge about doping according to the current state of desired awareness of the phenomenon (modern definition of doping, therapeutic use exemptions, substances and methods prohibited in- and out-of-competition, rights and obligations of the athlete, etc.). It could give an insight into the current state of knowledge and help identify the most important needs in anti-doping education. Another one and probably the most important purpose of research is understanding the relationships between goal orientations and attitudes toward doping (with operationalizing them in accordance with expectancy-value principle as the sum of products belief x value), which could bring about potentially valuable cues for education to free-of-drugs sport.