

## Protecting Clean Athletes at the Youth Olympic Games

Welcome to the Youth Olympic Games in Lillehammer!

You are fortunate to have the extraordinary experience to meet other athletes from around the world at these Games.

The purpose of this note is to remind you of your responsibility to help ensure that these Games are clean. These responsibilities are contained in the World Anti-Doping Code and the IOC Anti-Doping Rules relating to the Games. You should consult your team officials and team medical officers for further details.

In essence, however, you should be aware of the following:

1. Clean Games mean no doping.
2. It is your personal responsibility to ensure that there is no prohibited substance in your body and that you do not use any prohibited method.
3. You may be subject to testing at any time during the Games, before or after competition.
4. If you have committed an anti-doping rule violation, you will, in particular, be automatically disqualified from your competition, including the loss of any medal, and you may face further disciplinary measures from your national or international federation.

Your team officials are in possession of the relevant anti-doping rules and other necessary information. We strongly recommend that you ask them to explain to you the anti-doping rules and the consequences of any breach of those rules and also that you visit and participate in the activities of the World Anti-Doping Agency (WADA)/Anti-Doping Norway (ADN) booth.

The IOC is exercising great efforts to protect clean athletes, and we hope that you will truly enjoy these Games.

The International Olympic Committee