Checklist: Risk Assessment (ISTI Articles 4.1-4.2)

1. **Ensure** the risk assessment covers all athletes from sports and/or disciplines and/or nations you have testing authority over.

2. **Consider** any risk assessment carried out by other Anti-Doping Organizations (ADOs) with overlapping testing authority.

3. **Make** a proper, thorough and objective assessment of the relevant risks per sport(s) and/or discipline(s), taking into account the following information (as a minimum):
   - The physical and other demands, in particular, the physiological requirements (ISTI 4.2.1a).
   - Which prohibited substances and/or prohibited methods are most likely to enhance performance (ISTI 4.2.1b).
   - The rewards and/or potential incentives for doping (ISTI 4.2.1c):
     - At the different levels in the sport(s) and/or discipline(s).
     - In the nations (where relevant).
   - The history of doping (ISTI 4.2.1d):
     - In the sport(s) and/or discipline(s).
     - In the nations (where relevant).
     - In events (where relevant).
   - Statistics and research on doping trends (ISTI 4.2.1e).
   - Information received/intelligence developed on possible doping practices (ISTI 4.2.1f).
   - The outcomes of previous test distribution planning cycles, including past testing strategies (ISTI 4.2.1g).
   - When an athlete would be most likely to benefit from prohibited substances and/or prohibited methods:
     - During his/her career (ISTI 4.2.1h).
     - During the year/cycle (structure of the season) (ISTI 4.2.1i):
       - Standard competition schedules.
       - Training patterns.

4. **Document** your risk assessment to demonstrate you have properly assessed the risks and provide this to WADA where requested.

5. **Monitor, evaluate and update** your risk assessment during the year/cycle.

Other WADA resources on risk assessment:
- Guidelines for an Effective Testing Program
- Template for NADO’s Risk Assessment & TDP
- Template for IF’s Risk Assessment & TDP
- Template for MEO’s Risk Assessment & TDP