THE 2010 MONITORING PROGRAM*

The following substances are placed on the 2010 Monitoring Program:

1. **Stimulants:** *In-Competition Only:* Bupropion, caffeine, phenylephrine, phenylpropanolamine, pipradrol, pseudoephedrine (< 150 micrograms per milliliter), synephrine.

2. **Narcotics:** *In-Competition Only:* Morphine/codeine ratio.

* The *World Anti-Doping Code* (Article 4.5) states: “WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport.”