THE 2014 MONITORING PROGRAM*

The following substances are placed on the 2014 Monitoring Program:

1. Stimulants:  
   **In-Competition only:** Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol, pseudoephedrine (< 150 micrograms per milliliter), synephrine.

2. Narcotics:  
   **In-Competition only:** Hydrocodone, mitragynine, morphine/codeine ratio; tapentadol; tramadol.

3. Glucocorticosteroids:  
   **Out-of-Competition only**

* The *World Anti-Doping Code* (Article 4.5) states: “WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport.”