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This e-newsletter is produced by the South East Asia Regional Anti-Doping Organization (SEARADO). The regular publication of the e-newsletter aims to serve as another platform to share anti-doping information and activities among member countries, as well as, other stakeholders and anti-doping community at large.

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Vision

Value and foster doping free sport in Southeast Asia **Mission**

To promote and co-ordinate the fight against doping in sports in all its forms in Southeast Asia

Core Values

Independence Ethical approach Accountability Professionalism Best Practice Proactive

SEARADO was established by the National Olympic Committees(NOCs) and Government representatives from Brunei Darussalam, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand, Timor-Leste and Vietnam with the assistance of the World Anti-Doping Agency (WADA) on 30 November 2006 in Doha, Qatar.

SEARADO's primary responsibilities include assisting countries in the region develop anti-doping programs that are compliant with the World Anti-Doping Code; educating athletes and support personnel in the region on antidoping; and working with the Governments and NOCs in the region to become WADA Code Compliant .

FROM WADA OFFICE



Dear SEARADO Community,

2014 is an important year for all of us involved in the fight against doping in sport. Following the extensive 18-month stakeholder consultation period in the lead up to the adoption of the revised World Anti-Doping Code at the <u>World Conference on</u> <u>Doping in Sport</u> last November, we are now underway with the practical implementation of the Code in time for 1 January 2015.

Before this crucial date, all SEARADO members are required to update their national anti-doping rules in order to reflect the changes of the revised Code. To facilitate this, WADA has published "model rules" to be followed by each NADO.

WADA also provided clear instructions at the recent February SEARADO Board Meeting in Hanoi on the different options available to each country in order to implement revised rules. One option available to member countries is to adopt the RADO Rules. Indeed, the SEARADO adopted RADO Rules to facilitate the implementation of the Code in countries that are members of the RADO. These anti-doping rules conform to the responsibilities of National Anti-Doping Organizations under the Code, and are an extension of the RADO-Member Signatories' continuing effort to eradicate doping in sport. The review of your rules will be part of WADA's Code compliance monitoring. In order to allow a smooth process, and in order for WADA to assist you in achieving compliance in the area of anti-doping rules, we strongly encourage you to submit your rules for review by WADA the earliest opportunity prior to the formal adoption of these rules by your organization. The SEARADO also offers its members to delegate certain anti-doping responsibilities, such as the coordination of testing, Therapeutic Use Exemptions (TUE), Results Management and/or education programs.

Please note that each of your Board Members, as well as one legal expert per country, has been trained in Vietnam on the main changes to the 2015 Revised Code, so do not hesitate to reach to them for more detailed information. Don't forget that once the revised rules are adopted, the most important task begins: ensuring that all national sports federations and athletes are informed and educated about their existence and that they abide by these rules.

Education is one of the key elements that have been reinforced in the revised Code, with the aim of focusing on values-based prevention programs. I want to take this opportunity to underline the efforts of many SEARADO members in their information and education campaigns, namely during their National Games, in particular those who joined WADA's *Say NO! to Doping* Campaign. Don't forget that the UNESCO Voluntary Fund against Doping in Sports allows State Parties to the Convention to receive substantial funding to assist them with their efforts. With this support, the SEARADO office successfully ran the very first SEA Outreach Program in Myanmar last year – congrats to your DG! – and has assisted many member countries in submitting their own national project to UNESCO. A new project has been submitted and will help develop an elite group of DCO Trainers within your region. Don't hesitate to liaise with WADA or the SEARADO office if you're interested in supporting your education efforts with the UNESCO Fund.

Wishing you all the best in your future endeavors!

Dr Da<mark>víð</mark> Julían SEARA<mark>DO Advíso</mark>r WADA

<u>1st Athlete Outreach Programme at 28th SEA Games,</u> <u>Myanmar 2013</u>



Mr. Lawrence Wong, Singapore's Minister for Culture, Community and Youth at the Outreach booth.



The Athlete Outreach Team

The 1st Athlete Outreach Programme (with the support of UNESCO and in partnership with WADA) in the history of the SEA Games was held from the 11th to the 18th December 2013 at the main venue at NyaPyiTaw, Myanmar. The organizers of the Games were magnanimous in providing a large furnished room decorated with posters, laptop computers etc. at the Social Zone - a site for athletes to interact. The Outreach was supported by anti-doping experts from Brunei, Laos, Myanmar, Singapore, Thailand and Vietnam.



In preparation for the Outreach programme, the Play True Quiz, as well as, brochures on the Athlete Guide and Dangers of Doping were translated into the following regional languages: Bahasa, Khmer, Myanmar, Thai and Vietnamese.

Athletes successfully doing the Quiz were given a cap and those who tried the Quiz a second time were given a pin. In addition, they were encourage to take a photo shoot of a standee depicting a sports personality of their country supporting Play True. Athletes and support personnel were also encourage to sign on a country-specific collage in support of Play True which was later handed over to the NADO of each country as a souvenir and legacy of the first Athlete Outreach for the Games. For athletes, who have never been tested, urine sample bottles and other instructional aids were displayed to explain the process.

In addition, SEARADO designed 'Say No to Doping' banners were placed at the various competition sites to deliver the message to the competitors, as well as, the public. A briefing was also given to the press on anti-doping and the efforts in the fight against doping.

In addition, small teams of the Outreach staff decided to be 'mobile' and reached out to the athletes and support personnel of the various countries at their respective dining halls. The Outreach was able to reach more than half of the athletes at Nyapyitaw and the support from the heads of delegation and medical support personnel was commendable.

On the whole, it was a very successful Outreach programme and SEARADO would like to thank all member countries and their staff for their untiring support and special thanks go to Myanmar - the various Ministries, support staff and the people of Myanmar for their fullest support for anti-doping.

ALPHA: "Athlete Learning Program about Health and Anti-Doping"

Contributed by WADA

Welcome to the latest educational tool from WADA – ALPHA! This interesting and interactive tool for athletes was developed with the inputs of e-learning specialists, athletes, anti-doping specialists and anti-doping social scientists. It was officially launched at the ADO Symposium, in Lausanne on 25-26 March 2014.

Based on the latest findings in Social Science Research and learning technology, the aim of this tool is to change attitudes and therefore have an impact on those who intend to dope. Therefore, if effective, the tool will potentially reduce doping behavior amongst athletes who are already doping or prevent other athletes from doing so. If the intention of the learner was not to dope, the tool provides all the necessary information for an athlete and reinforces the protective factors.

The uniqueness of this tool lies in its ability to provide positive solutions to athletes to stay clean. By studying all the performance-related areas, such as rest and recovery, training, nutrition and helping athletes to identify where they could do better, the tool shifts the focus away from what athletes are not allowed to do to instead providing athletes with solutions to allow continued progression in a clean way. The tool also allows athletes to recognize when they are in situations which put them at risk of doping, and provides them with ready-made solutions to resist pressures to dope.

ALPHA's effectiveness can be measured through the provision of information, whereby knowledge is measured through pre- and post-tests, and pre- and post-tests that measure all predictions of doping intention. This includes self-efficacy, subjective norms, perceived control, beliefs and willingness. The measurement of effectiveness will allow for evaluation and, therefore, the program's continuous improvement.

Once a pre-test is complete, the learner is then taken through a short introduction explaining the learning process. The first six sessions included in the program are based on the same structure. A motivational scenario is presented, placing the learner in a position where he/she has to help a teammate solve a problem. The learner is then provided with materials such as a tutorial and other information/resources, and a moral reasoning activity. This allows the learner to help his/her teammates, by explaining the "how" and "why" of the solution. The six sessions include: Ethical Reasons not to Dope; Medical Reasons not to Dope; The Doping Control Process; Rights and Responsibilities; TUEs; and Whereabouts.

The final two sessions of the program concentrate on providing athletes with positive solutions to enhance performance, and ways to identify risk factors. The use of video messages from the WADA Athlete Committee members is expected to have a strong impact, involving peer-to-peer education. The message does not emanate from authorities, but from fellow experienced athletes.

With follow –up booster sessions proven to increase effectiveness, a reminder will be sent by email six months after the completion of the program.

WADA is also exploring possibilities to allow for easy translation of the ALPHA - so SEARADO members, look out for it! So for now, ALPHA is accessible through SEARADO website at <u>www.searado.com</u> or WADA website at <u>alpha.wada-ama.org</u>



Signing of Memorandum of Understanding between SEARADO and JADA



In a major milestone, SEARADO and JADA signed a Memorandum of Understanding (MOU) in Tokyo on 28th January 2014. The main aim of the MOU is to enhance the cooperation and collaboration between both organizations to assist member countries in the Southeast Asian region in the areas of anti-doping policy, education and capacity building. With the signing of the MOU, we look forward to having a regular exchange of ideas and staff as part of capacity building and in the promotion and implementation of various anti-doping activities.

Since 2007, JADA has been of assistance to the South East Asian region in various capacities: prior to Singapore hosting the first Youth Olympic Games, JADA worked with Singapore leading up to the formation of its National Anti-Doping Agency, Anti-Doping Singapore; at the 28th SEA Games (2013) in Myanmar, senior JADA members oversee the Games doping control operations, as well as the training of DCOs ; and assisting Vietnam in training of DCOs. (2014)



Dr. Patrick Goh (left) and Prof. Hidenori Suzuki

Prof. Hidenori Suzuki, JADA President, was delighted to formalise the existing collaboration with SEARADO and stressed that: "With this MOU, I hope that our partnership can be of further assistance and promote more effective anti-doping activities in Southeast Asian region and we can mutually develop the anti-doping community for the protection of sport."

Dr. Patrick Goh, SEARADO Chair, echoed that: "We are grateful for JADA's commitment to anti-doping development in the South East Asian Region. Going forward, this MOU will enable us to coordinate and maximise the efficient usage of JADA's support to benefit not only individual countries, but the region as a whole".

SEARADO is presently working closely with JADA in the collaboration at various fronts. In addition, with the Tokyo 2020 Olympics and Paralympic Games in Japan, it is expected that there will be a plenty of opportunities to work closely with SEARADO countries.



SEARADO, JADA and WADA representatives at the signing of MOU in Tokyo

2014 SEARADO BOARD MEETING AND RESULTS MANAGEMENT TRAINING, HANOI, VIETNAM

The 2014 Southeast Asia Regional Anti-Doping Organization's Board meeting was held on 25 February in Hanoi, Vietnam hosted by the Vietnam Sports Administration (VSA) and Vietnam Anti-Doping Agency (VADA) and attended by delegates from 11 Southeast Asian countries, WADA and OCA. The delegates were welcomed by the Guest of Honour, Prof. Dr. Lam Quang Thanh, Vice General Director of Vietnam Sports Administration, Vice Chairman of Vietnam Olympic Committee and Dr. NguyenVan Ly, Head of VADA. In his opening address, Prof Dr. Lam said:

"The SEA RADO 2014 board meeting has an important role in strengthening cooperation and sharing skills, as well as providing experience in the field of Anti -Doping activities in 2014 and the years ahead "



The meeting focused on the following for 2014:

- a) Member countries to update their Anti-Doping rules and to implement in 2015.
- b) Collaborate with SEA Games Federation to establish anti-doping rules and improve partnership in areas of Testing, RM and TUE
- c) WADA's direction to provide a Testing Grant to SEARADO to run the Out-of-Competition Testing;
- d) A reflection of member country's anti-doping status based on a questionnaire developed by SEARADO and prioritizing their goals

In addition, OCA was thanked for providing the various opportunities at Major Games for anti-doping staff of SEARADO member countries.

Following the Board Meeting, a Results Management (RM) course was conducted with experts from UK Anti-Doping (UKAD) and Japan Anti-Doping Agency (JADA) facilitating the session and attended mostly by legal representatives of Member Countries. Apart from the theoretical content, a practical mock-up session of a hearing was also carried out.

2014 Antí Dopíng Semínar ín Asía, Seoul, Korea

by Ms Nazima Kasim, ADAMAS, Malaysia

The Korea Anti Doping Agency (KADA) with the support of their Ministry of Culture, Sports and Tourism organized the Anti Doping Seminar in Asia with the theme 'Practical Implementation of Revised Anti-Doping Code and Effective Testing.' The main objectives of the seminar were:

• To Provide the vision and strategy for implementation and practice of the revised code and the associates International Standards.

• To assist participating countries in the capacity building of effective testing and planning an efficient TDP/RTP

• To share advanced NADO's experience in testing, as well as, in anti-doping intelligence and investigation.

The topics covered in the seminar provided a broad perspective, as well as, some good insights on specific topics. Mr. Joseph de Pencier, CEO iNADO shared on the major changes in the 2015 Code and also covered on how testing can be conducted more effectively during Major Games, especially with Paralympic athletes.

Ms Molly Tomlonovic, Doping Control Manager, US Anti Doping Agency (USADA) shared on Smart Testing and Investigations, as well as, how USADA developed their 2014 Test Distribution Plan (TDP) and Registered Testing Pool (RTP). Similarly, Mr Kenny Lee, Director, Doping Control, KADA presented on the development of KADA's TDP and RTP. Both presentations were very useful as it provided us the 'ingredients' to look out for in planning a TDP and RTP.

Testing can only be effective and smooth with the co-operation of all stakeholders and Dr. Patrick Goh, Chairman SEARADO provided practical tips in engaging stakeholders. Following the presentations, participants from SEARADO shared their present status on testing. This sure provided a good insight of testing in the region and what we should be aiming for next.

On the whole, it was very informative and application based seminar and on behalf of all participants, our sincere thanks to KADA and the Ministry of Culture, Sports and Tourism, Korea for the invitation to all SEARADO countries, as well as, the great hospitality and cultural experience.







VADA's First UNESCO National Project on Anti-Doping Awareness and Education with support from JADA and SEA RADO

The Vietnam Anti-Doping Agency (VADA) completed the first ever anti-doing education and awareness-raising session with the Southeast Asia Regional Anti-Doping Organization (SEA RADO) and the Japan Anti-Doping Agency (JADA).

Two Education workshops were held each for two days in both Ho Chi Minh City (South) and Hanoi (North) respectively and attended by a total of 70 participants from the national training centres, sport universities and provincial sport centres. The VADA's education workshop was funded by the UNESCO Fund for Elimination of Doping in Sport, which was the first national project to be implemented in the Southeast Asian region.

The Seminar was opened by Prof Dr Phuong, Vice President of Vietnam Olympic Committee and Director of HoChiMinh City Sports University, and he remarked: "The training workshops provide a great opportunity not only for the participants but also for those working in the sports field to get more ideas in planning educational programmes in the near future. We hope that there will be more courses in the future to improve awareness on anti-doping".

The Seminar began with Dr. Nguyen Van Ly, Director of VADA, outlining the development of anti-doping programme in Vietnam, followed by Dr. Ninh who explained the overview of the anti-doping programme.

Mr. Gobi Nair, Director General of SEA RADO, spoke on the current issues, development and challenges in anti-doping and also introduced the available resources on anti-doping. Dr. Mayumi YaYa Yamamoto, Senior Manager of Education & Planning then stressed the development of programme for education and information delivery and shared the experiences from Japan. SEARADO and JADA will be working closely with VADA to further develop their programmes.









Participants also had chances to work in groups and discussed the following: their target groups; their roles in sport and with athletes and athletes support personnel; and the possible programme areas that they envisage to develop in short, mid, and long-term. The participants then gave presentations

from the discussion sessions and also highlighted the needs and challenges. Participants were very enthusiastic and highlighted the need to have more such sessions and also to work with VADA to ensure their athletes and support personnel are aware of doping issues and on what it takes to have clean athletes

Dr. Ly mentioned that "We are delighted to have the first education workshop in Vietnam along with JADA and SEA RADO. Although this is the first time for Vietnam to hold the education session, we hope to continue developing the programme by keeping the momentum of the participants."

VADA plans to extend its capacity for education programme and to hold an Outreach Programme at the National Sport Games in December.









Member Country Update: BRUNEI

by Mr Sukardí Kaderí, Brunei Darussalam Anti Doping Committee

2013 has been a very busy year for Brunei Darussalam Anti-Doping Committee, especially in the area of anti-doping education. Various education and outreach programmes were held targeting athletes from youth to international level, as well as, the public. Education and Outreach programmes were held for the following events: Inter-Ministry Sports Festival; 8th ASIAN Youth Netball Championship; ASEAN Youth Sports Camp; Brunei National Run; and for athletes representing Brunei at the 5th ASEAN Schools Games and for student-athletes from Brunei Polytechnic.

In our efforts to reach the young, BDADC created a Darussalam Anti Doping Committee Facebook page which is accessible at https://www.facebook.com/BruneiDarussalamAntiDopingCommittee The Facebook page provides the latest information and updates not only from BDADC but also from WADA, SEARADO and other NADO's. BDADC look forward to continue to promote Play True! and Say No! To Doping to further educate the sports communities and also the public by giving more talks and outreach to National Sports

Federation, Coaches, Athletes and the public. For 2014, BDADC kick-start its program with the support of International Rugby Board and Brunei Rugby Football Union in the IRB Get into Rugby Program. The event attracted a total of 600 participants comprising mainly of school children 7-14 years of age and their coaches and trainers. All participants were given a t-shirt with the phrase 'Say No! To Doping, Keep Rugby Clean' with the BDADC logo.



Bruneian athletes taking the Anti-Doping Pledge



His Royal Highness Prince Haji Sufri Bolkiah at the Outreach booth



One of the participants is the grandson of His Majesty the Sultan of Brunei - Yang Teramat Mulia Pengirin Muda' Abdul Muntaqim Ibni Duli Yang Teramat Mulia Paduka Seri Pengirin Muda Mahkota Pengirin Muda Haji Al-Muhtadee Billah. The event was well publicized in the local press, Brunei Times, for almost a week promoting the event, as well as, the antidoping message loud and clear to the young and future athletes of Brunei Darussalam.

Brunei had the opportunity to have the Fun Run Learn event and His Royal Highness Prince Haji Sufri Bolkiah, President of Brunei Darussalam NOC, officiated the event attended by close to 800 participants. BDADC held an interactive antidoping education programme for the youth and was well received by the participants of the event.

Member Country Update: MALAYSIA

by Mr Muralí Parasívam, ADAMAS

PRA SUKMA (Pre – National Games)

ADAMAS (Anti Doping Agency Malaysia) decided to reach out through talks and Outreach programmes to students of educational institutions of higher learning, as well as, athletes and support personnel gearing for the upcoming Sukma (National) Games in the state of Perlis. Thus, the plan was to cover as many states in Malaysia spreading the message of dope-free sports.

ADAMAS manage to garner the support and assistance of Satellite Centres of Sports located in various states to ensure almost all coaches and athletes participating in the National Games do have the opportunity to list to the anti-doping awareness talk that covered various issues on anti-doping such as Health consequences etc. In addition, Permanis, the sponsors of the Games provided support by providing a Gatorade drink upon completion of the Play True Quiz. Athletes were also given a ball as a gift with the inscription 'Say No! To Doping'.



In the area of testing, we plan to carry out 300-400 tests at the Sukma (National) Games. A total of 25 DCO's and chaperones will be involved. This includes DCOs from Singapore and Brunei and we hope the DCO exchange will benefit all in sharing ideas etc.

In line to be ready for the implementation of the new Code in 2015, the NADO rules have been edited and submitted to the Policy Department for approval. Plans are also there to use the ADAMS and Legal department is now looking into the ADAMS MOU.

In the area of research, there is an ongoing study in collaboration with University Science of Malaysia titled 'The establishment of reference ranges and profile of endogenous steroids and EPO in a population of Malaysian Athletes: towards the implementation of Athlete Biological Passport.'

Meetings were also held with Director General, SEARADO to discuss the developments on various aspects of anti-doping, as well as, to plan the upcoming regional project.

With the support of all our key stakeholders, ADAMAS is moving on track to implement the revised Code in 2015



Member Country Update: THAILAND

by Mr. Thassana Traírat

Each year, there are three major games at the National level - the National Games, National Youth Games and National Games for the Disabled. The number of participating athletes ranges from around ten thousand for the National and Youth Games to just over two thousand for the National Games for the Disabled. Doping Control Testing has always been part of the Games since 2005 and about 200-300 tests are conducted for each Game with the majority of the tests been "target" testing.

Apart from testing, Sports Authority of Thailand sends out DCOs and sport scientists to conduct outreach program at all three events. The team focuses on interacting with the athletes on a personal basis, either at the venues or at the athlete's accommodation.



Pre-game seminars and workshops are also conducted on a regular basis. These are aimed at distributing Anti-Doping knowledge and key messages to the local Games organizing committee and athlete entourage.

Member Country Update: **DHILIDPINES**

by Dr Charles Corpus



Doping Control Team 2014 Asian Men's Club Volleyball Championships

The first five months of 2014 proved to be quite busy for the Philippine Anti-Doping Agency (Phil.ADA). It all started with the 2014 Asian Men's Club Volleyball Championships held in Manila from April 8 to 16. We were tasked by the Asian Volleyball Confederation to collect twenty samples throughout the tournament. This was followed closely by the 2014 Asian Powerlifting Championships held in Quezon City from April 27 to May 1. This time, we were tasked by the Asian Powerlifting Confederation to collect ten samples across the tournament. And only two days later, May 3rd, we collected four samples at the 2014 HSBC Asian 5 Nations Rubgy Championships held at the Southern Luzon province of Laguna, as commissioned by the Asian Rugby Football Union. Samples were also collected on the Philippines Rugby Team at the second leg of the competition.

Phil.ADA is happy and proud to do its bit for the fight against doping in Sport. Working in these games can only hone further our skills in achieving our goal – a clean and level playing field.

Member Country Update: SINGAPORE

Anti-Doping Singapore (ADS) under the direction of the Southeast Asian Games Federation (SEAGF) and the Singapore SEA Games Organizing Committee (SINGSOC) will implement a quality anti-doping programme during the Singapore 2015 SEA Games that will ensure the integrity of sport is upheld and the rights and health of athletes are protected. An estimated 800 tests will be conducted and blood tests will be conducted for the first time in the history of the SEA Games.



A workforce of about 250 to 300 volunteers and staff are required to make the anti-doping programme a success. Recruitment and training of Chaperones and Doping Control Officers (DCOs) commenced in January 2014. To date, 1 Chaperone and 2 DCO training courses have been conducted in March and April 2014. Volunteers who have completed the training course are required to competently and confidently carry out at least 2 actual tests for Chaperones and 3 tests for DCOs before they are accepted as a volunteer with the Anti-Doping team for the 2015 SEA Games. Recruitment and training are currently on-going. Interested and qualified Chaperones and DCOs in the region are welcome to join the team. For more information, please email <u>yeo say po@sport.gov.sg</u>. To sign up to be volunteer, check out the official games website at <u>www.seagames2015.com</u> or on Facebook at <u>seagames2015</u>.

In the area of education, ADS together with SEARADO met with officials of the Physical Education and Sports Education Branch (PESEB) of the Ministry of Education to explore the possibility of incorporating anti-doping education, as well as, collaborate on other fronts. The meeting resulted in the following:

• SEARADO in partnership with WADA provided the Ministry of Education, copies of the book 'Choose your Own Adventure – Always Picked Last' which is made available to all primary schools. In addition, schools were also advised on how the book can be used to teach values.

• PESEB agreed to incorporate anti-doping education into their values- based education in secondary schools.

• In line with the new Code and the responsibilities of support personnel such as coaches, it was agreed to incorporate the necessary into coaches contract and to work together to ensure that coaches hired are clean in the area of anti-doping.

Finally, the revised Anti-Doping rules of ADS have been accepted by WADA and is ready for implementation in 2015



Mr Lim Kok Wee, Assistant Director, Physical & Sports Education, receiving a copy of 'Choose Your Own Adventure' book from Mr. Gobinathan Nair, Director General SEARADO.

SEARADO would like to congratulate

SINGAPORE

for their successful <u>UNESCO Regional Project application</u> in collaboration with Malaysia and support from Brunei and Philippines

Congratulations!

CAMBODIA and MALAYSIA

for their successful <u>UNESCO National Project</u> <u>application</u>

Upcoming Events

Dates	Events
23 rd July – 3rd August	Commonwealth Games 2014, Glasgow
16 th August – 28 th August	2 nd Summer Youth Olympic Games 2014, Nanjing, China
20 th September	WADA Executive Committee Meeting
19 th September – 4 th October	Asian Games 2014, Incheon, Korea
23 rd October – 24 th October	WADA Therapeutic Use Exemption Symposium
14 th November – 23 rd November	Asian Beach Games 2014, Phuket, Thailand

SEARADO BOARD MEMBERS

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	1	
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Advisors:	Dr. David Julien	WADA

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Mr. Kazuhiro Hayashi

Feedback

Dear readers,

We hope you enjoyed reading our newsletter. If you wish to provide us with any feedback or if you wish to add your email address to our mailing list, do drop us a note at: <u>gobinathan_nair@sport.gov.sg</u>

Editor: Gobinathan Nair

Editorial Support: Muhammad Azeem (Intern, Republic Polytechnic)

WADA Asia Regional Office



SEA

DO

South East Asia Regional Anti-Doping ay true **Organization**

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SEA RADO CONTACT

c/o Sport SG 230, Stadium Boulevard Singapore 387799 Tel: +65 6345 7111 Fax: +65 440 9205 Email: gobinathan nair@sport.gov.sg





Website:

SEA RADO