

体育精神  
基于价值观的教育  
Spirit of Sport  
Health  
Character and education  
勇气 优秀的竞技能力

China Anti-Doping  
Agency

Respect for rules and laws  
Courage  
共享  
尊重规则与法律  
人格与教育  
Fun and joy  
尊重  
公平竞赛  
Excellence in performance  
奉献与承诺  
道德

趣味  
CODE  
团队协作  
Teamwork  
The Value-Based Anti-Doping Education

Dedication and commitment  
Ethics  
快乐  
Respect for self  
预防为主  
诚实  
Community  
教育为本  
solidarity  
fair play

# Chiral separation analysis of urinary clenbuterol enantiomers in Chinese population by LC-MS-MS for doping control purpose

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## Overview

- ✓ Introduction
- ✓ Experimental
- ✓ Results and discussion
- ✓ Real cases
- ✓ Conclusion
- ✓ Future work
- ✓ Acknowledgements



The number of clenbuterol-positive case increases rapidly in our routine analysis

The concentration of most of clenbuterol-positive was less than 2ng/ml

the consumption of contaminated meat is a key factor

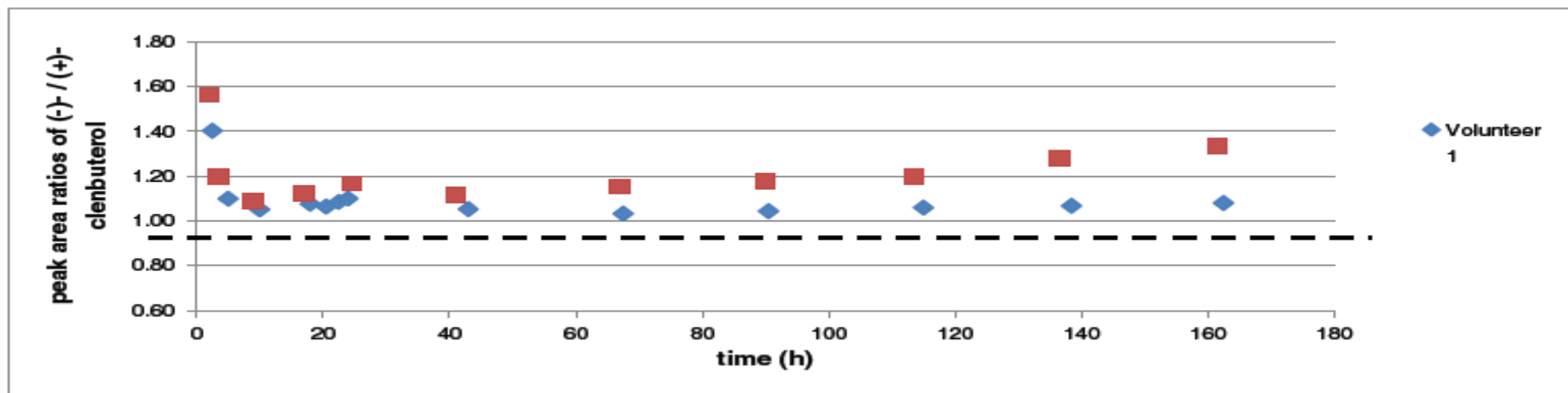


2013 RCM:

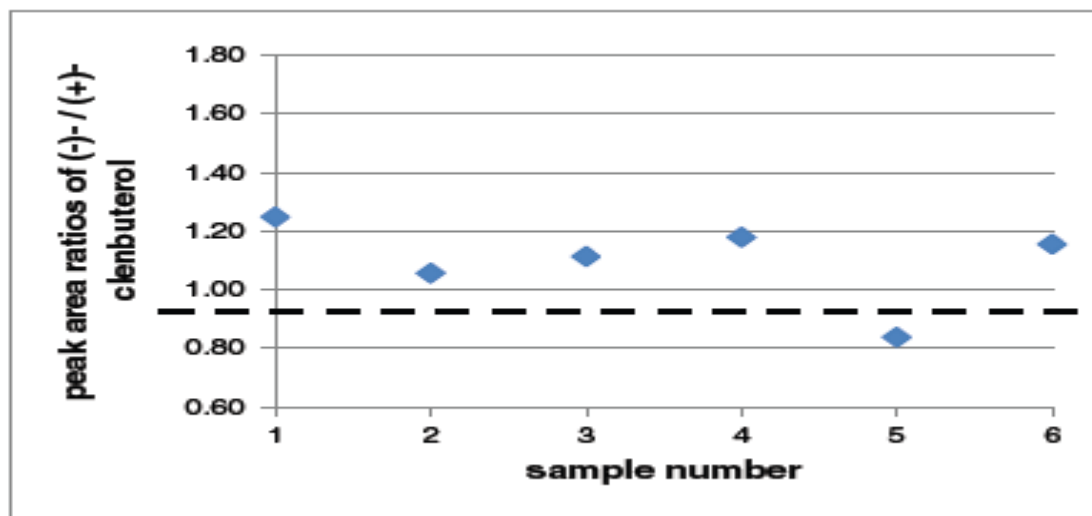
- LC-QTOF chiral separation of clenbuterol enantiomers calculation of R/S ratio
- the ratio lower than 1 is inconsistent with a drug administration, the ratio of oral intake of clenbuterol doesn't fall below 1.0
- Enantiomer composition in animal tissue is time-dependent and relative to slaughtering time



a)



b)



Fun and joy  
Dedication and commitment  
Teamwork  
Character and education  
Rules  
Respect  
Honesty  
Fairness  
Respect rules and laws  
Excellence in performance



- Other two papers have a similar opinion
- Hair analysis method by LC-MS-MS to differentiate therapeutic use from contamination
- No data in Chinese population was reported,
- the aim of this project was to investigate the R/S composition in Chinese population after ingestion of clenbuterol-contaminated pork and oral intake



- LC-MS-MS condition AB Sciex 5500Q LC-MS-MS, column: CHIROBIOTIC<sup>M</sup> T 150cmx2.1mm,5um, flow rate:0.3ml/min, isocratic condition with methanol(10um, ammonium formate), 10uL injection.
- MS parameters: MRM mode, 277.1> 168.0, 277.1>140.0 ( clenbuterol enantiomers), 286.1 >169.0, 286.1 >141.0(D<sub>9</sub>-clenbuterol)



### Animal trial:

three swines were fed and dosed with clenbuterol

- administrated 30 days, slaughter time: 3, 5, 10 day after drug withdrawal,
- meat was cooked and distributed ( 5ug/ person,26 person: 13 males and 13 females),
- urine samples were collected prior to the administration and for 7 days post administration , each urine was collected at the beginning 3 days.

Human administration: the 26 persons were also administrated with 5ug clenbuterol, urine samples were also collected in the above method.

The studies were approved by the Research Ethics Committee of the Chinada.





- Urine preparation 2mL urine, 0.5ng D<sub>9</sub>-clenbuterol, 0.5mL 12M NaOH, 4mL TBME, shaking for 10min, dried and dissolved with 200uL MP, 10ul injection.
- 38 urine samples from routine analysis which were reported clenbuterol-positive were reanalyzed by R/S ratio.

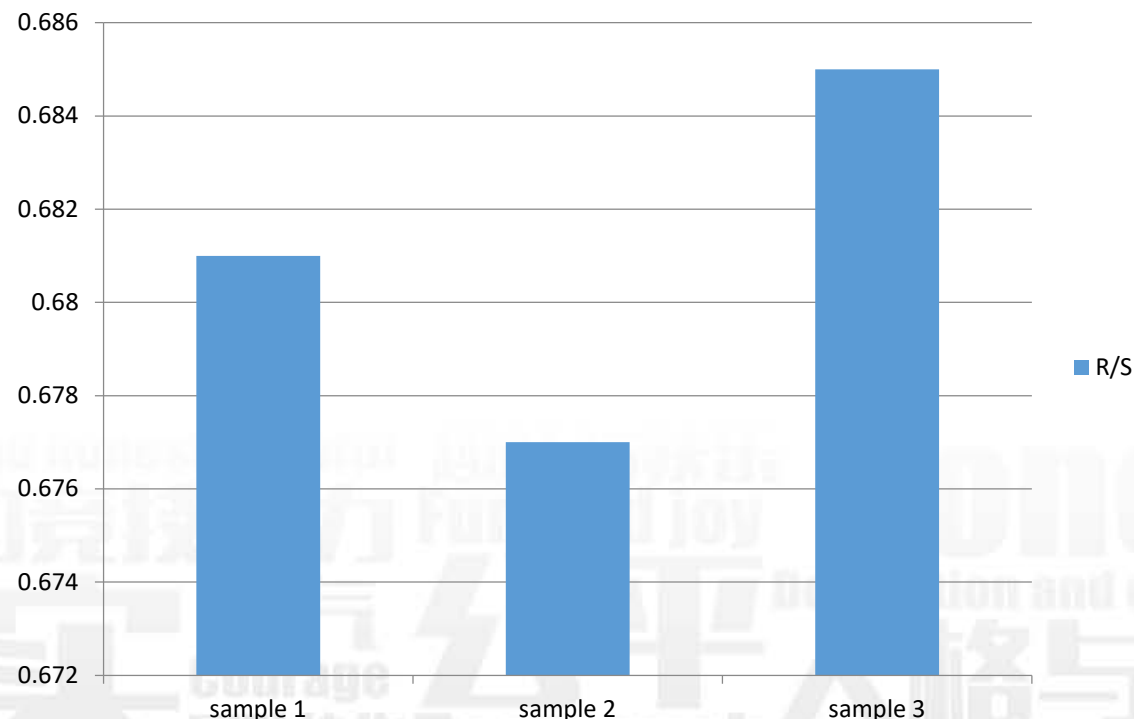


## Method evaluation

- specificity: 50 urine samples (35 from routine and 15 from the lab staff) no endogenous interfering substance
- LOD 50pg/ml
- Extraction Recovery: 86.2%
- matrix effect: R 91.5%, S 89.8%

## Clenbuterol R/S ratio in contaminated pork

R/S

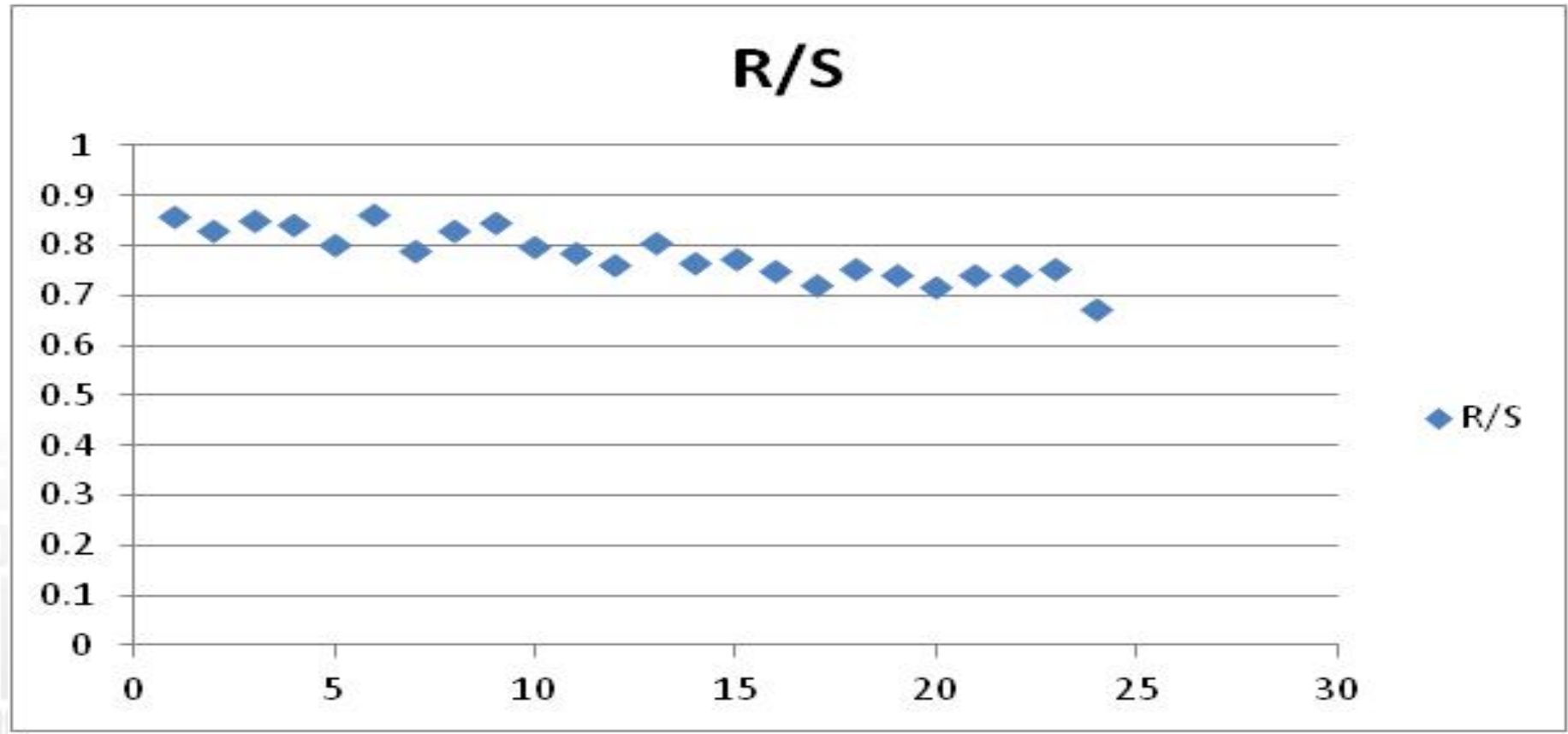


- sample1:slaughter after 3-day
- sample2:slaughter after 5-day
- sample3:slaughter after 10-day

Stable enantiomer composition (around 0.7 )after 3-day drug withdrawal until slaughtering



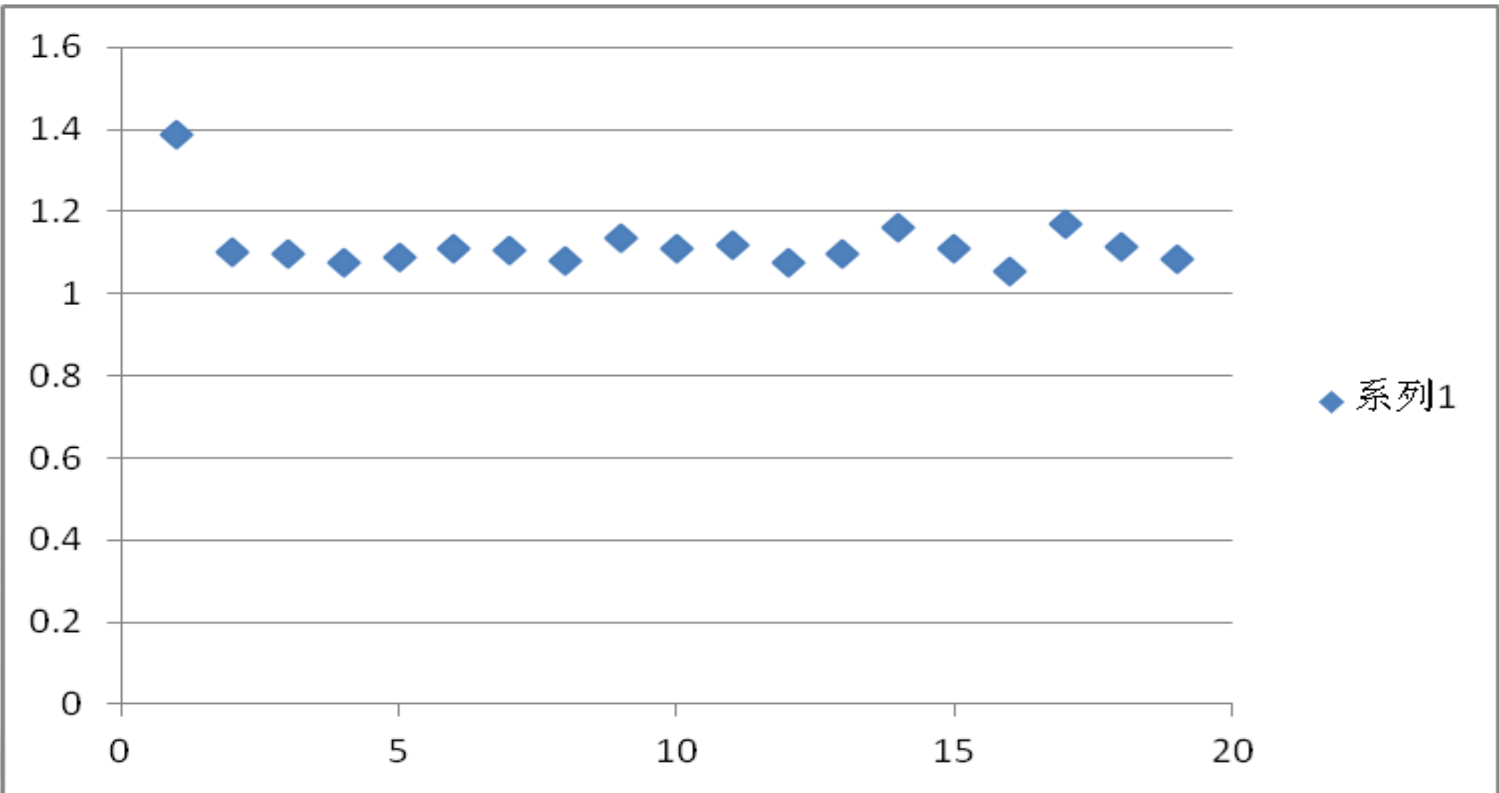
Result from the ingestion of contaminated pork by a volunteer



Sample number



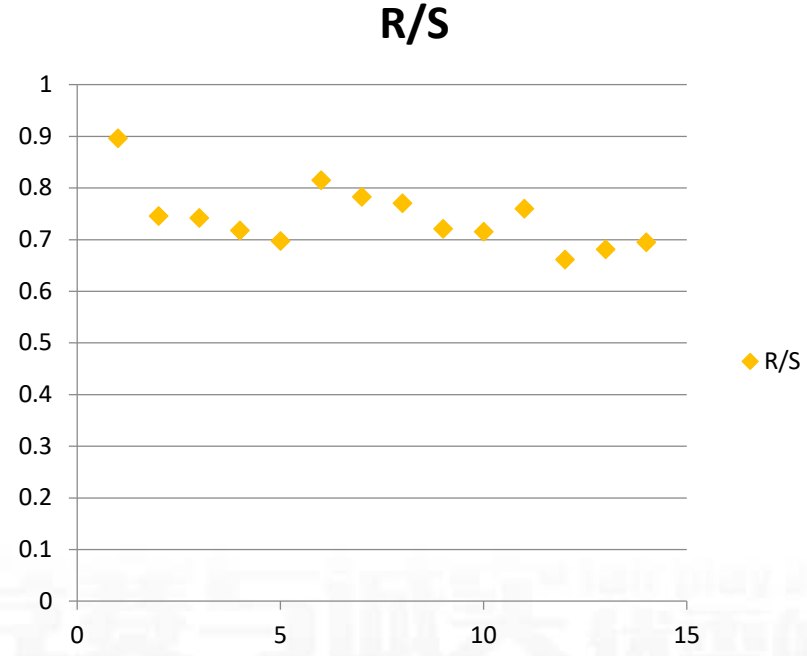
# R/S ratio after ingesting 5 ug clenbuterol by the same volunteer



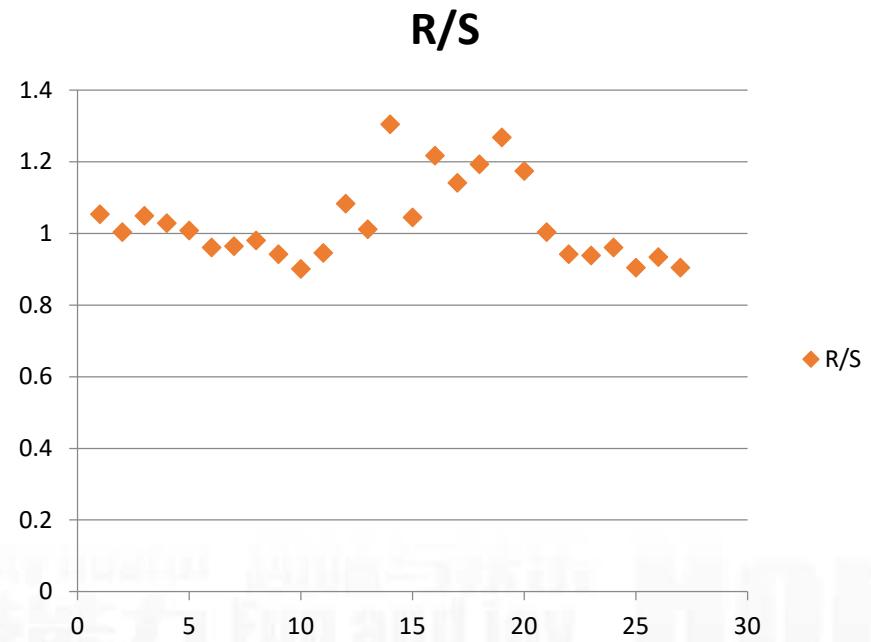
The above result is in agreement with RCM 2013, R/S ratio is below 1.0 after ingesting contaminated pork, and higher than 1.0 by oral intake.



Abnormal case studies : case1



Ingestion of contaminated pork



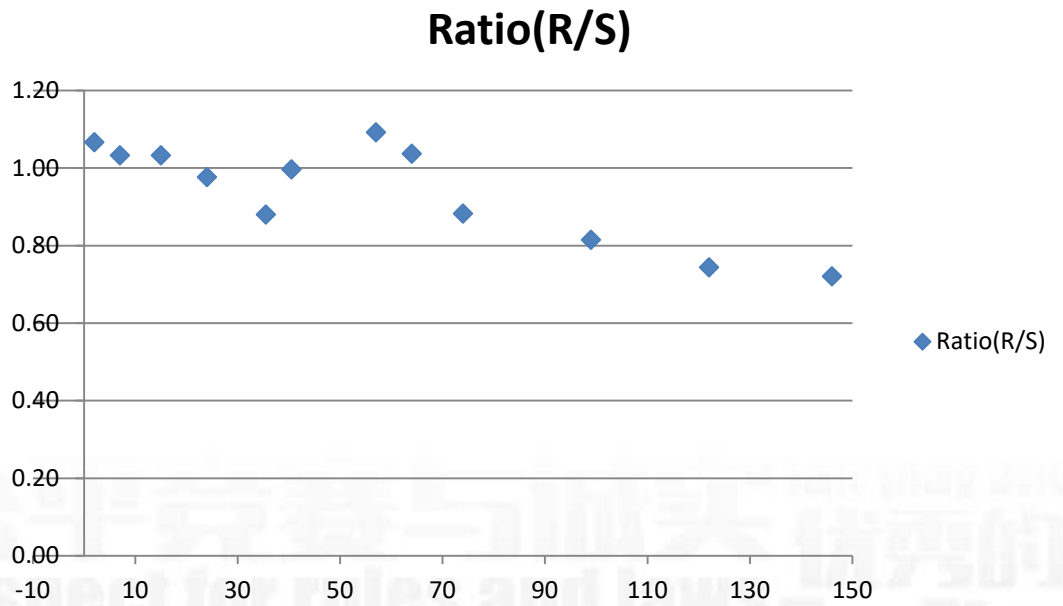
oral intake

some points were between 0.9 and 1.0 after oral intake of 5 ug clenbuterol which may be misjudged as food contamination.

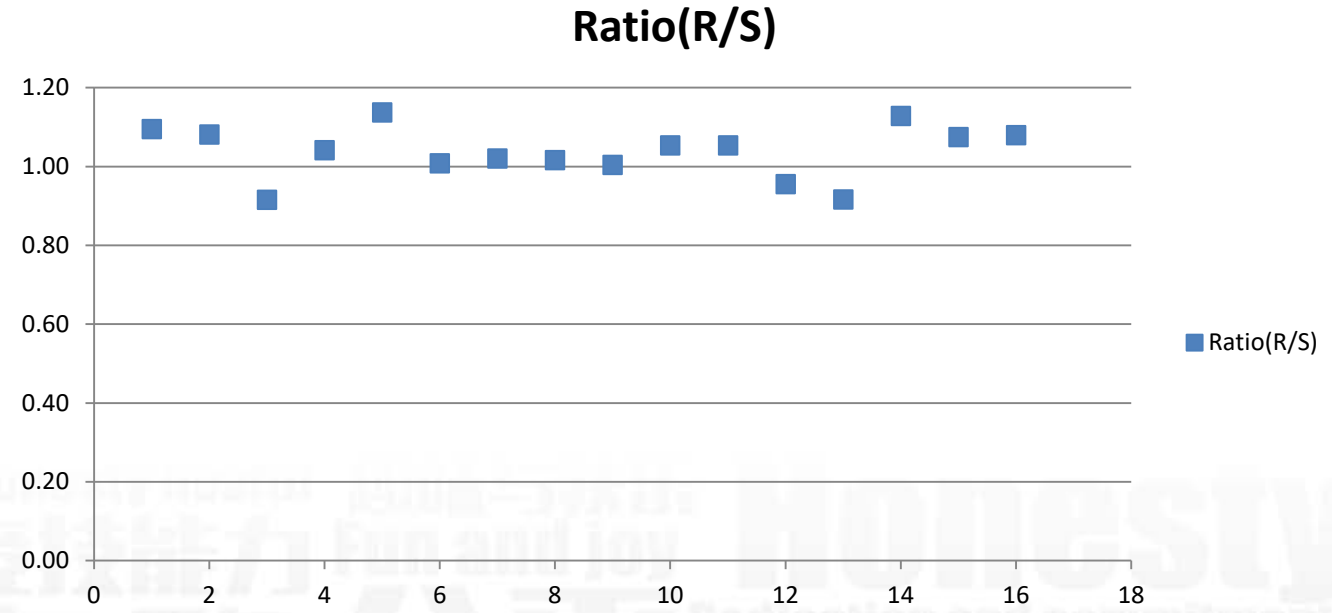
Of all 26 volunteers, 6 volunteers show R/S ratio less than 1 and more than 0.9 after ingesting 5 ug clenbuterol, all volunteers after intake of 5 ug clenbuterol are more than 0.9



- Case 2



a bad cold



recovery

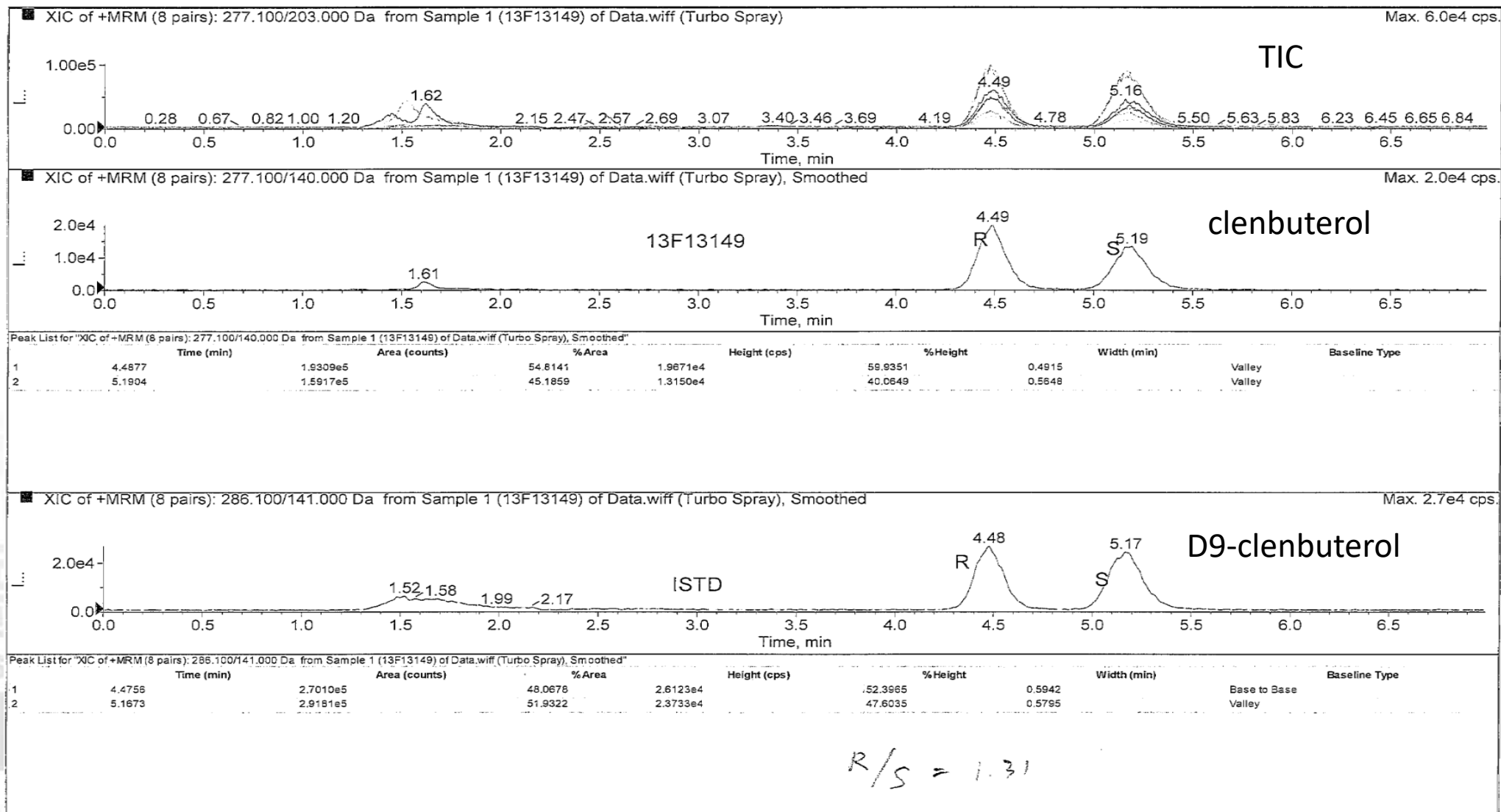
A volunteer had a bad cold during the period of ingesting 5 ug clenbuterol, R/S ratio show less than 0.9 in 3 days . after his recovery, all time points were higher than 0.9. Do the cold medication, endocrine or bacteria influence R or S depletion?



- 20 cases were in agreement with **RCM** 2013 result ,  
(contaminated pork < 1, oral intake >1)
- 6 cases, some time point samples were more than 0.9 and less than 1.
- the criteria is suggested as 0.9 in Chinese population

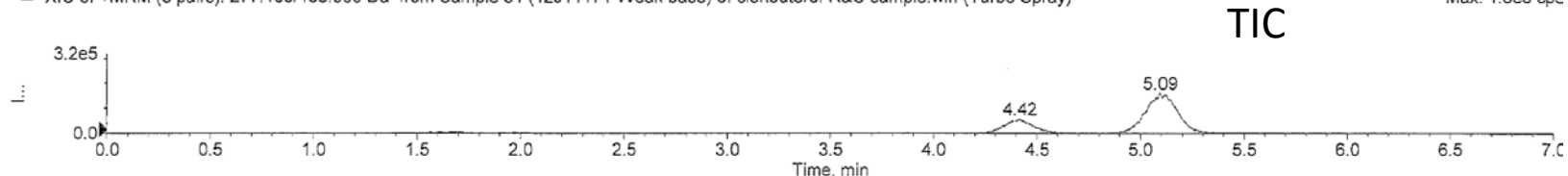


## • Case 1

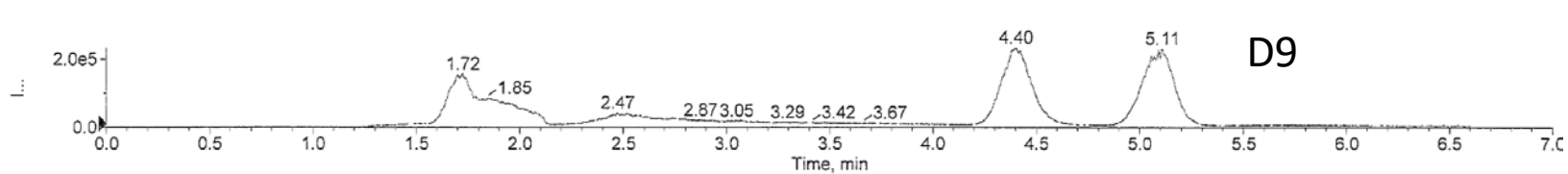


## •Case 2

XIC of +MRM (8 pairs): 277.100/168.000 Da from Sample 31 (12J11171-Weak base) of clenbuterol-R&S-sample.wiff (Turbo Spray) Max. 1.6e5 cps



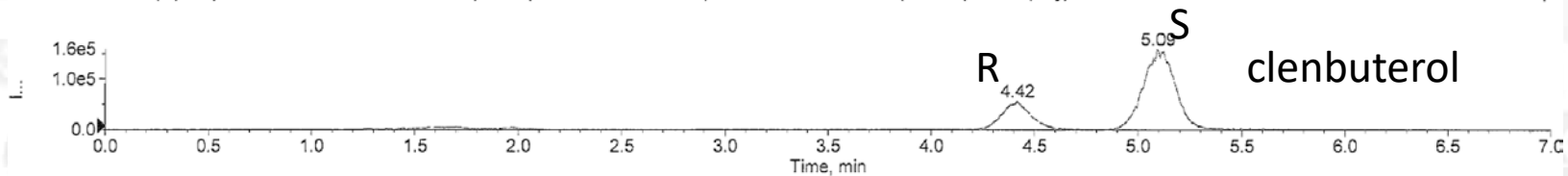
XIC of +MRM (8 pairs): 286.100/169.000 Da from Sample 31 (12J11171-Weak base) of clenbuterol-R&S-sample.wiff (Turbo Spray) Max. 2.3e5 cps



Peak List for "XIC of +MRM (8 pairs): 286.100/169.000 Da from Sample 31 (12J11171-Weak base) of clenbuterol-R&S-sample.wiff (Turbo Spray)"

Peak	Time (min)	Area (counts)	%Area	Height (cps)	%Height	Width (min)	Baseline Type
1	4.3899	2.2857e5	49.3890	2.2603e5	50.0462	0.5208	Base to Base
2	5.1064	2.3423e5	50.8110	2.2561e5	49.9538	0.5282	Base to Base

XIC of +MRM (8 pairs): 277.100/168.000 Da from Sample 31 (12J11171-Weak base) of clenbuterol-R&S-sample.wiff (Turbo Spray) Max. 1.6e5 cps



Peak List for "XIC of +MRM (8 pairs): 277.100/168.000 Da from Sample 31 (12J11171-Weak base) of clenbuterol-R&S-sample.wiff (Turbo Spray)"

Peak	Time (min)	Area (counts)	%Area	Height (cps)	%Height	Width (min)	Baseline Type
1	4.4183	5.2318e5	24.1648	5.5171e4	25.8078	0.4915	Base to Base
2	5.0937	1.6419e6	75.8352	1.8028e5	74.3922	0.6529	Valley

0.32

公平竞赛  
Respect for rules  
道德  
Respect for self and others  
规则  
奉献  
Dedication and commitment  
Respect Community and solidarity

nestlé  
and commitment  
与教育  
and education  
规则与法律  
卓越  
Excellence in performance

尊重自己 尊重其他参赛者

- 38 clenbuterol-positive urine samples obtained from routine analysis were reanalyzed by R/S ratio method, 6 urine samples were less than 0.9 (0.32, 0.55, 0.37, 0.39, 0.42, 0.3 ), 32 urine samples were higher than 1.0 (the highest: 1.82), these 6 sample could be determined as food contamination.

- A method for resolving clenbuterol enantiomers and measuring R/S ratio was developed and validated.
- Three swines were fed and dosed by clenbuterol, the R/S ratio of pork tissue was close to 0.7 and stable after at least 3-day drug withdrawal until slaughter.
- 26 volunteers participated in two experiments(oral intake of 5ug clenbuterol and ingestion of contaminated pork containing the same amount of clenbuterol

- More than 1,000 urine samples were collected and analyzed by LC-MS-MS with the R/S method
- The R/S ratio was below 0.9 to all volunteers after ingestion of contaminated pork containing 5 ug clenbuterol.
- The R/S ratio for oral intake of 5 ug clenbuterol was between 1.0 and 1.3 in 20 cases and indicated between 0.9 and 1.0 in some time points for 6 cases .
- Clenbuterol could be detected at least one week after a single 5ug-doseage intake
- The criteria is revised as 0.90 in Chinese population and different from the literature result (1.0)
- Other medications may influence clenbuterol enantiomers depletion?

- Can a bad cold influence clenbuterol enantiomers depletion?
- The R/S ratios after intake of clenbuterol-contaminated beef and mutton
- Metabolic difference between ingestion of contaminated meat and oral intake

- Many thanks for financial support from China Anti-Doping Agency and General Administration of Sport of China





# 纯洁体育

CLEAN SPORT

# 对兴奋剂说不!

SAY NO TO DOPING!

# THE END

# THANK YOU

公平竞赛与诚实  
Respect for rules and laws  
道德  
Health  
Respect for self and other Participants  
规则  
奉献与承诺  
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