

# Application of GC-C-IRMS in the ABP

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# Outline

- What we know so far
- Previous steps on IRMS application in doping analysis
- Longitudinal application
- Application to real passports
- Conclusions

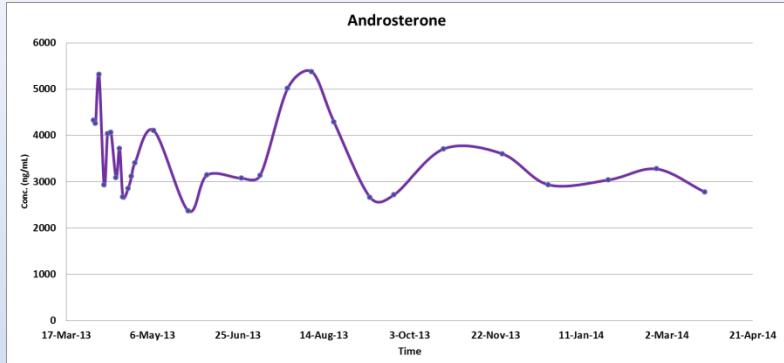
# What we know.....

- ABP needs to accumulate data before being effective
  - Difficulties on the Results Management – Interaction with APMUs
  - Delay on the final decision
  - Not fully understood by Athletes and Media
- ABP evaluation is not always effective
  - DHEA
  - T transdermal
  - Female athletes
  - Micro dosing
- The inclusion of additional parameters is not easy
  - Harmonization of new markers detection
    - ✓ Hydroxylated steroids
    - ✓ Sulphated steroids

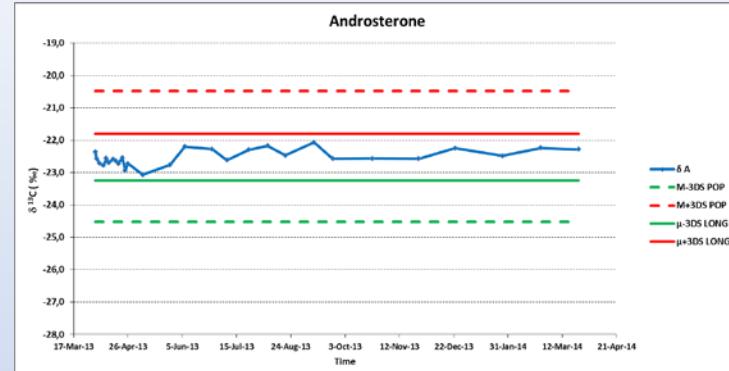
# Previous steps on IRMS application in doping analysis

- IRMS Steroids data are more stable than the corresponding concentrations
- Delta values are stable in a short, mid and long term period for a given individual
- Delta and delta-delta values are normally distributed in the population and individuals
- The individual variability is much lower than the population one
- Longitudinal evaluation of the delta values extends the detection window and an equivalent approach to steroid module of the ABP is possible

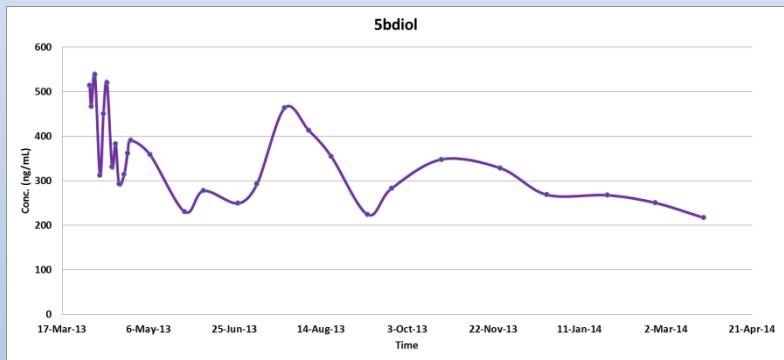
# Variability Concentrations vs Delta values (Male-M1)



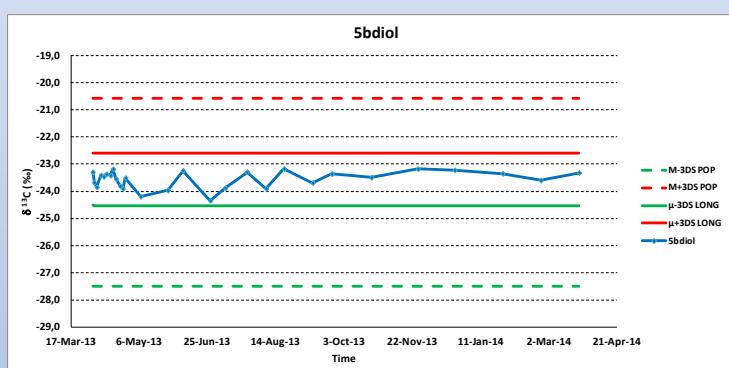
CV% = 23



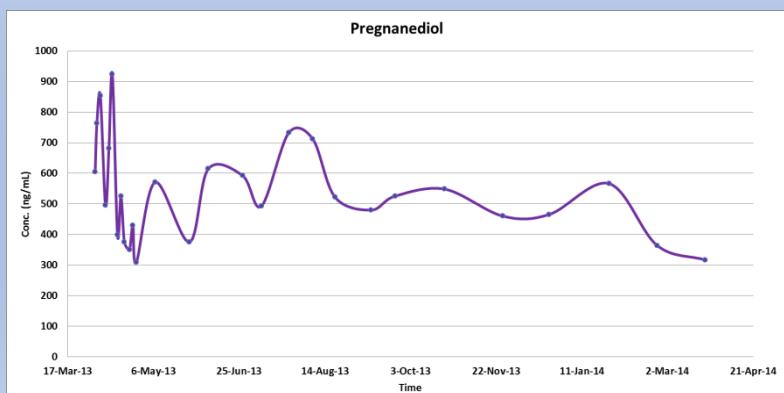
SD = 0,2



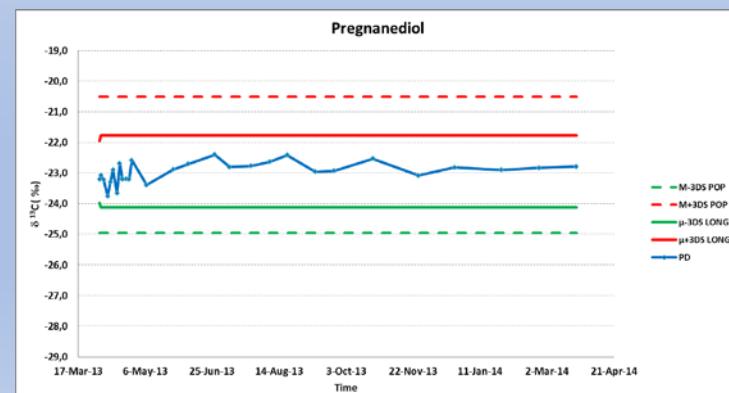
CV% = 27



SD = 0,3



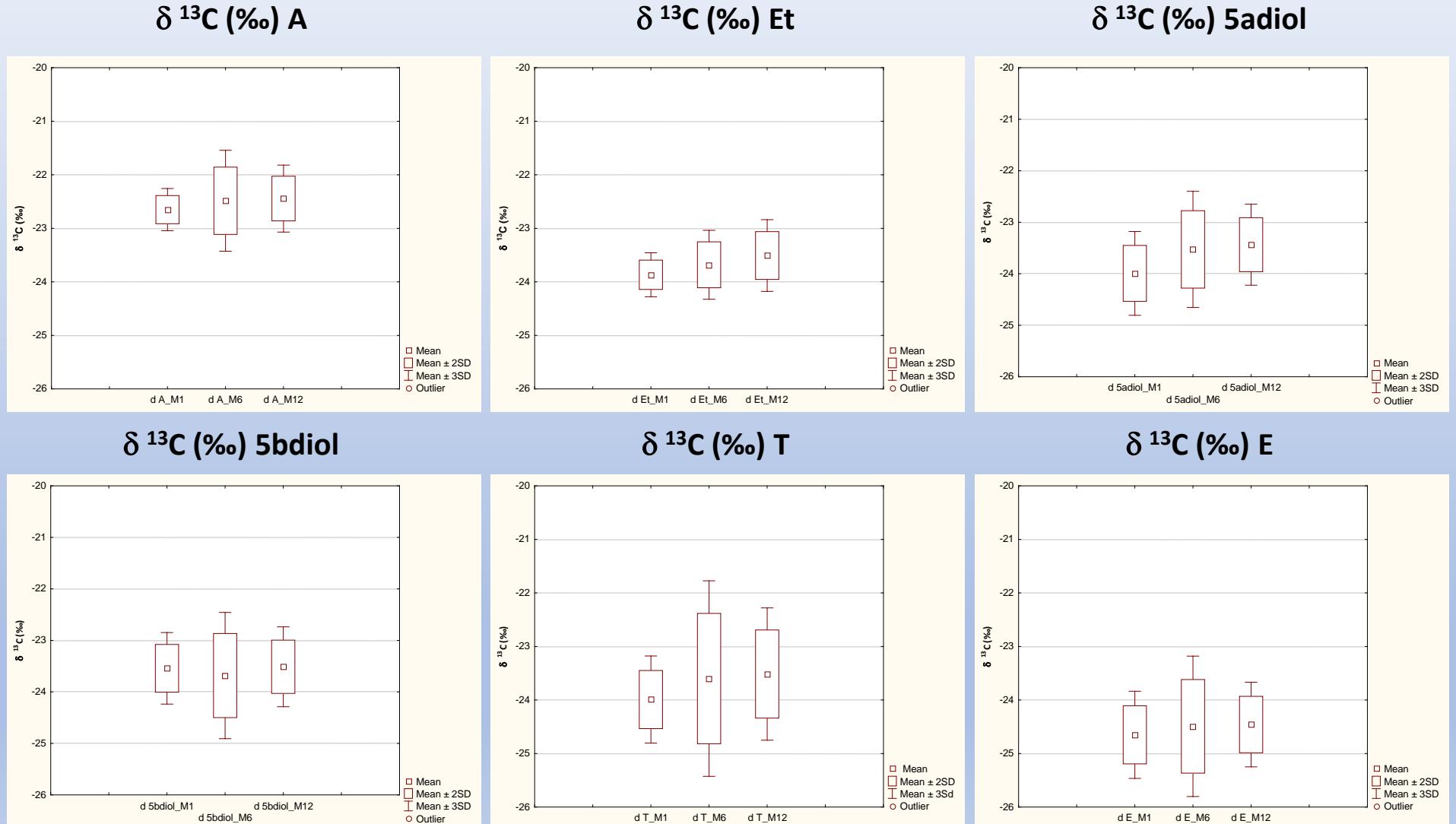
CV% = 30



SD = 0,4

# Variability of $\delta^{13}\text{C}$ (‰) values (TCs)

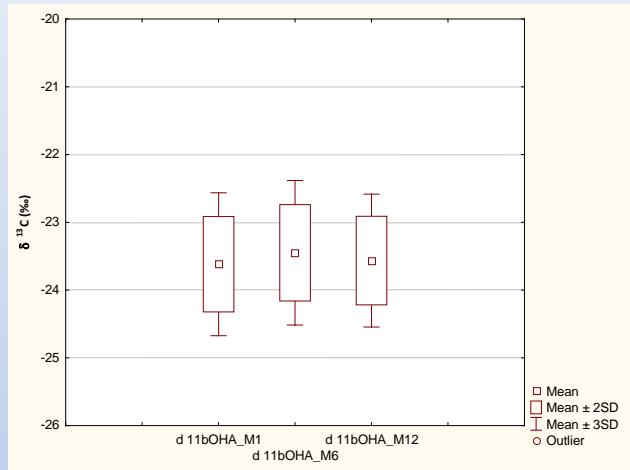
## Short, mid an long term period



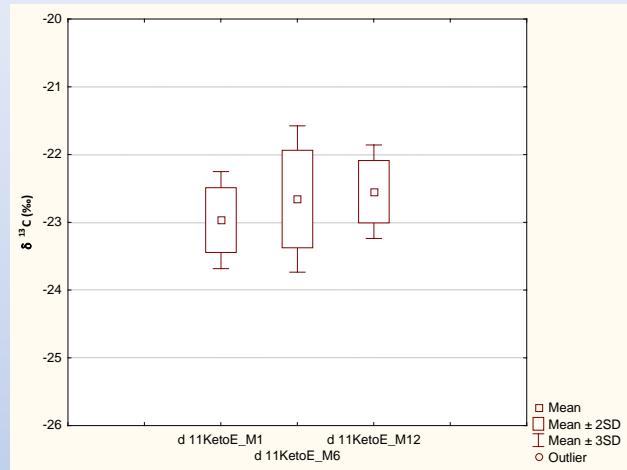
# Variability of $\delta^{13}\text{C}$ (‰) values (ERCs) Short, mid an long term period

Vol #1

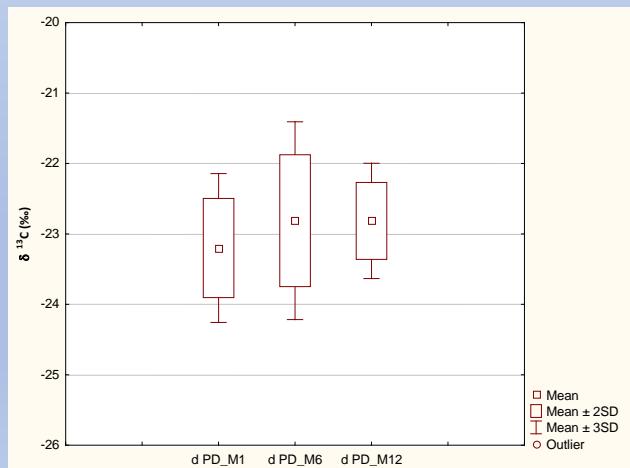
$\delta^{13}\text{C}$  (‰) 11OHA



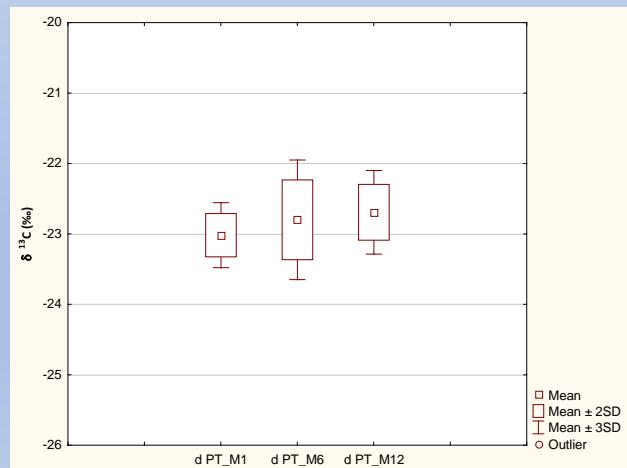
$\delta^{13}\text{C}$  (‰) 11KetoE



$\delta^{13}\text{C}$  (‰) PD

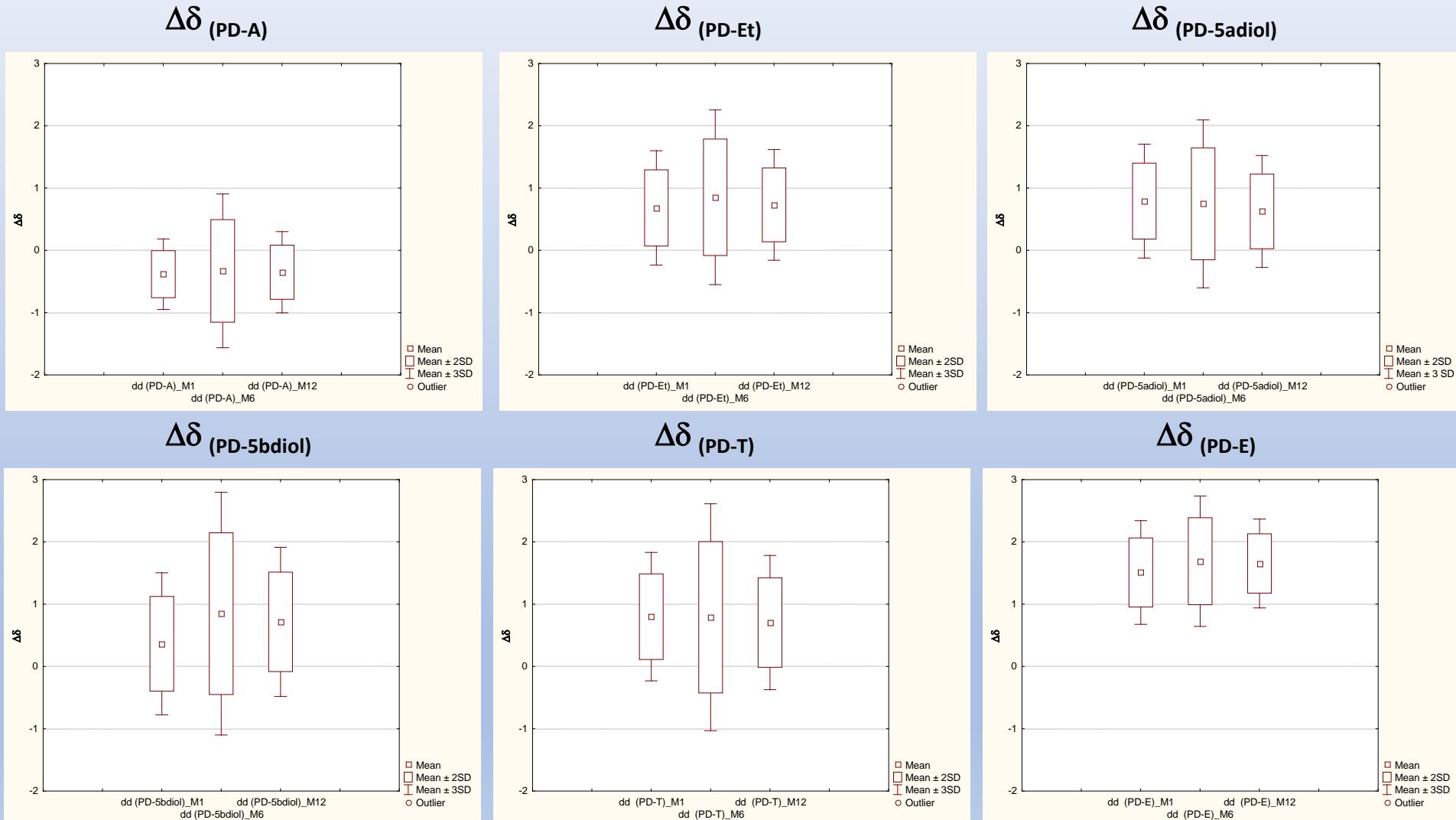


$\delta^{13}\text{C}$  (‰) PT



# Variability of $\Delta\delta$ values Short, mid an long term period

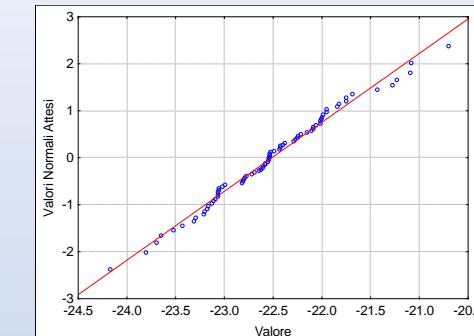
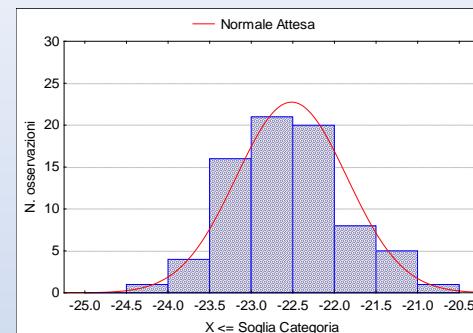
Vol #1



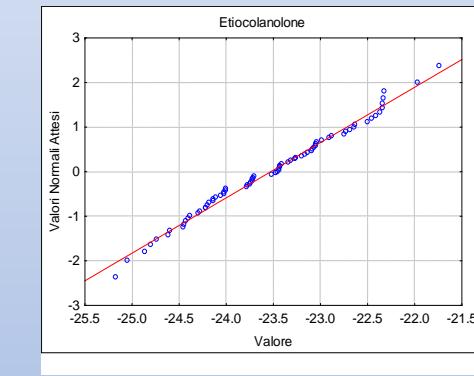
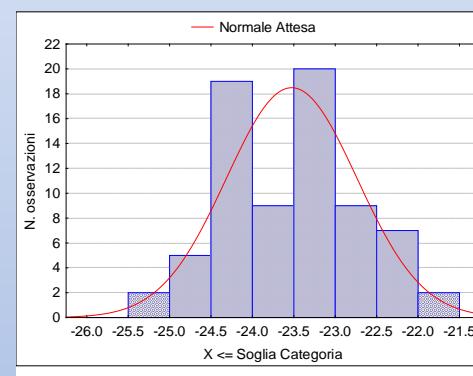
# Distribution of $\delta^{13}\text{C}$ (%) in the Population

## Normal distribution and P-P plots

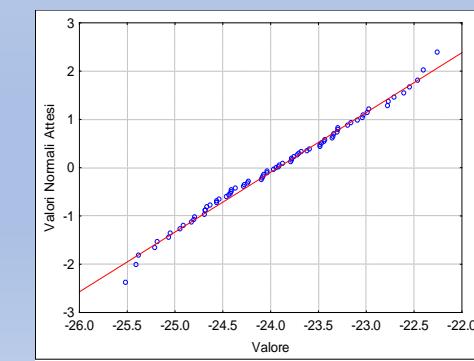
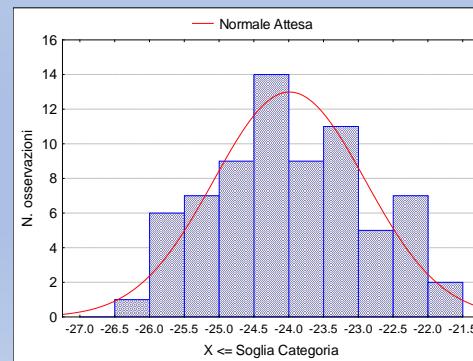
A (n=76)



Et (n=73)



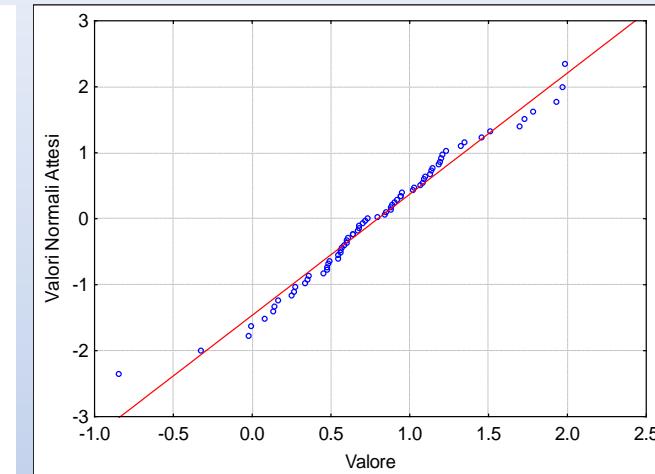
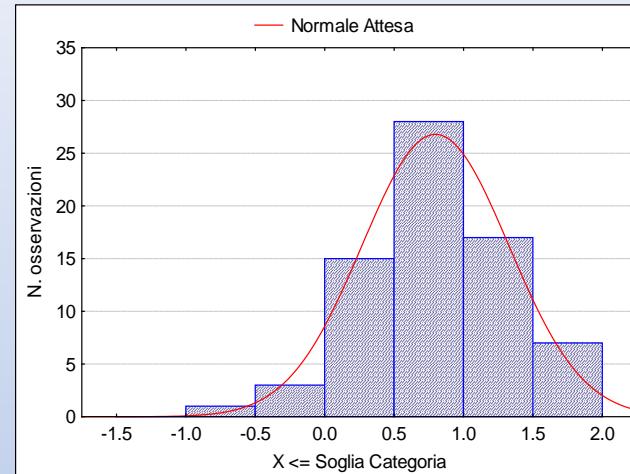
5bdiol (n=71)



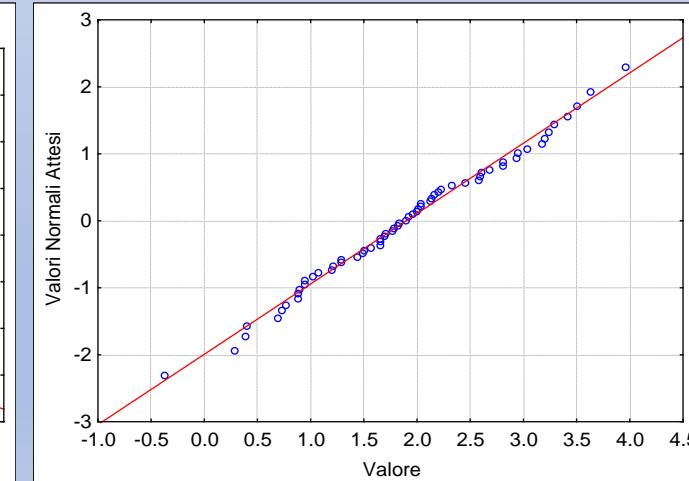
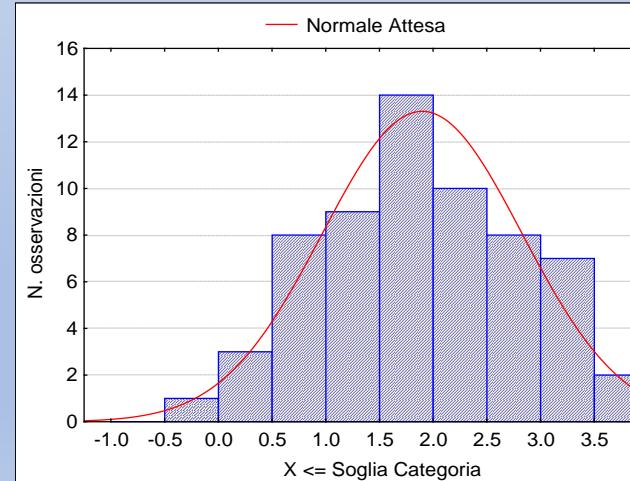
# Distribution of $\Delta\delta$ in the Population

## Normal distribution and P-P plots

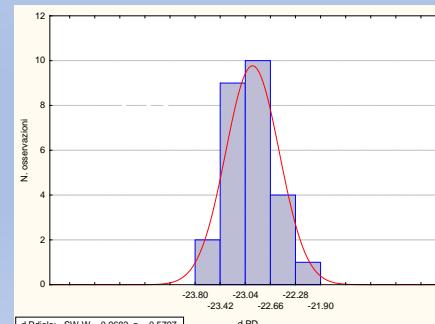
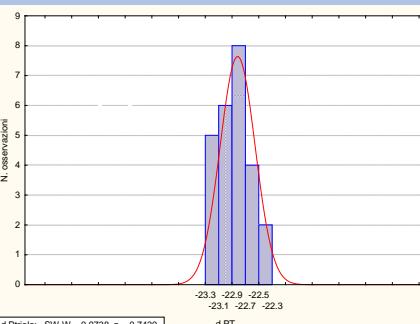
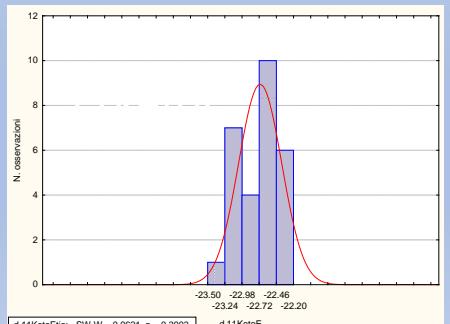
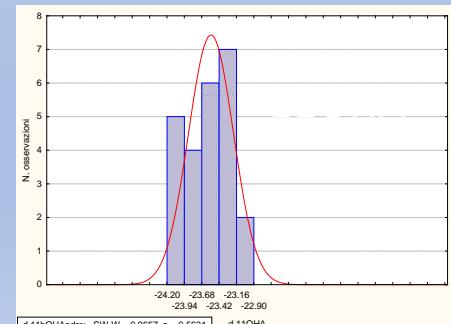
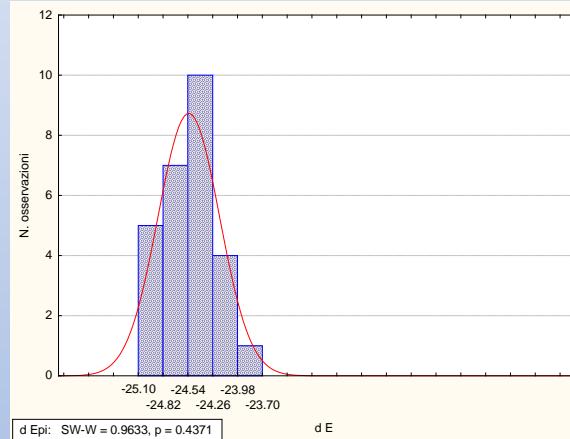
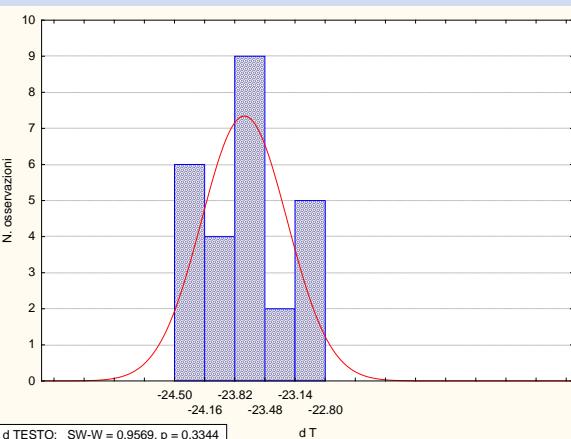
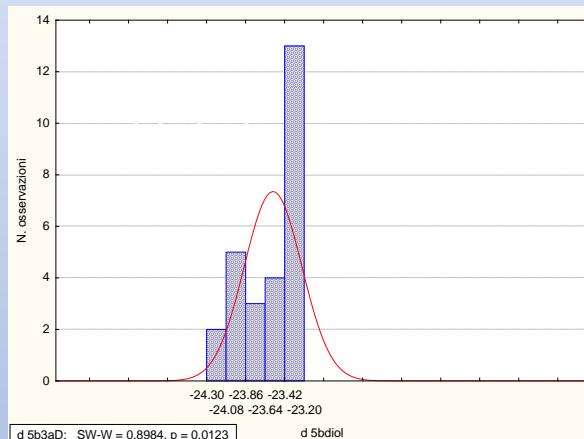
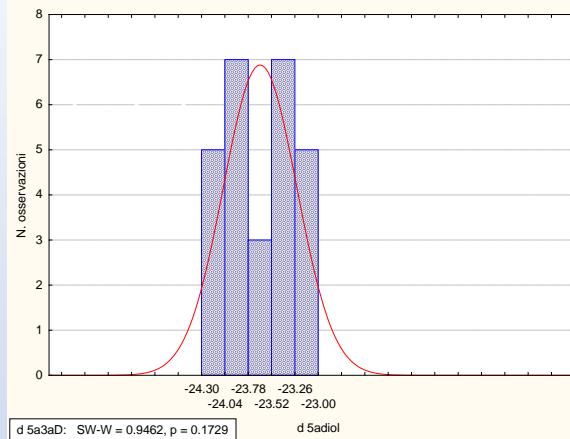
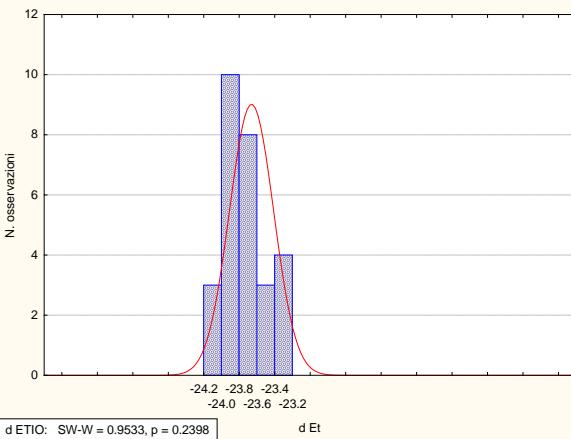
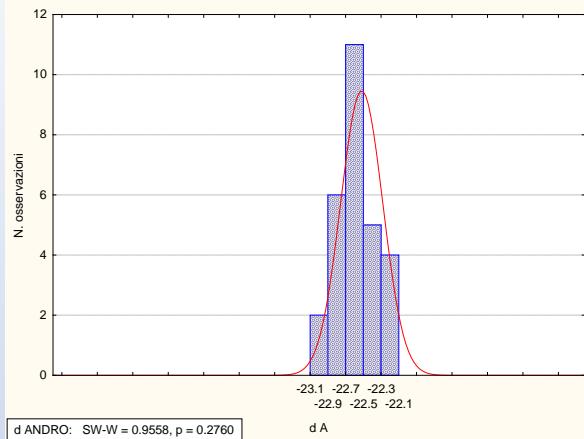
PD-Et (n=71)



PD-E (n=62)

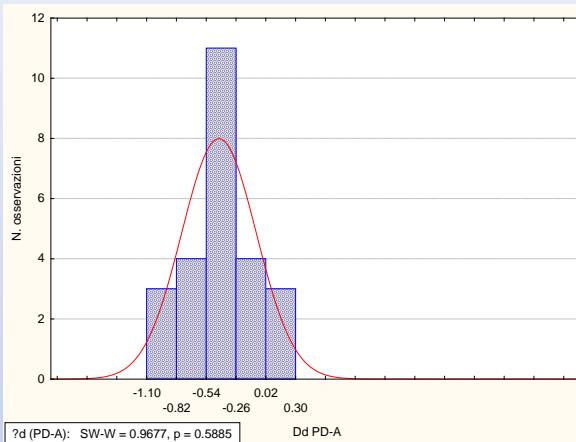


# Distribution of $\delta^{13}\text{C}$ (%) in Vol #1 (n=28) (Shapiro Wilk Normality test; P>0,05)

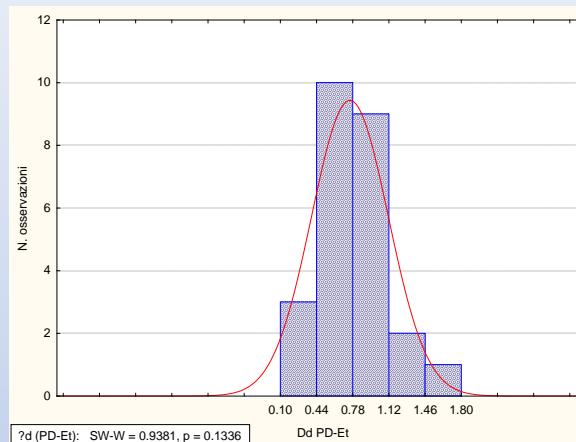


# Distribution of $\Delta\delta$ (PD-TC) Vol #1 (n=28)

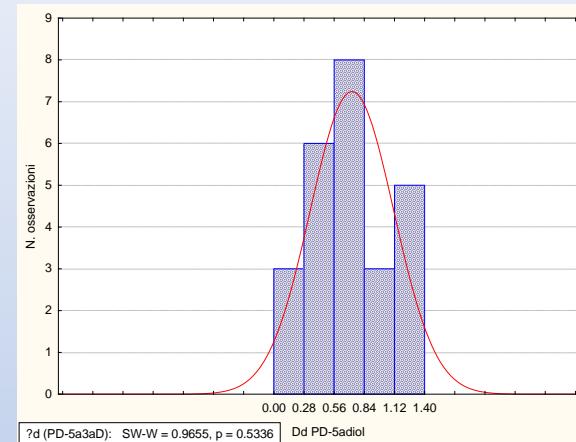
$\Delta\delta$  (PD-A)



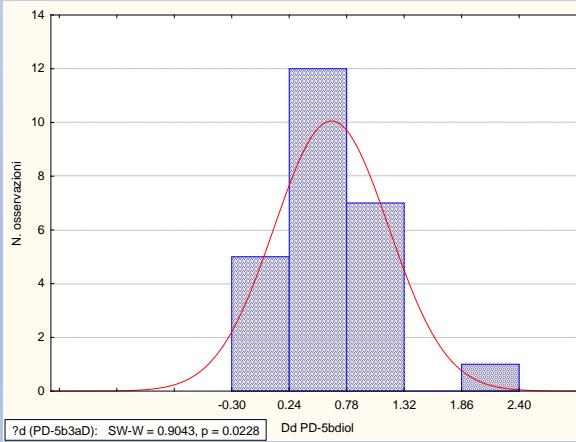
$\Delta\delta$  (PD-Et)



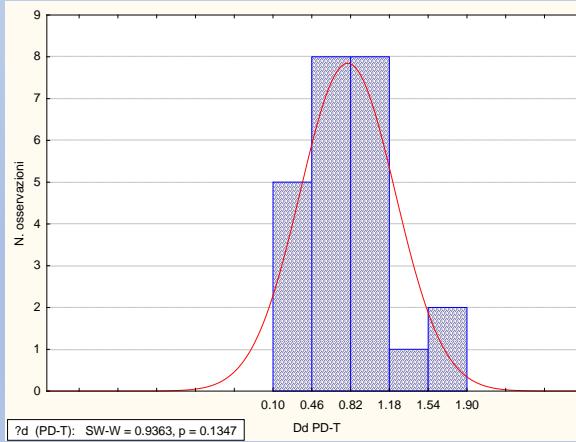
$\Delta\delta$  (PD-5adiol)



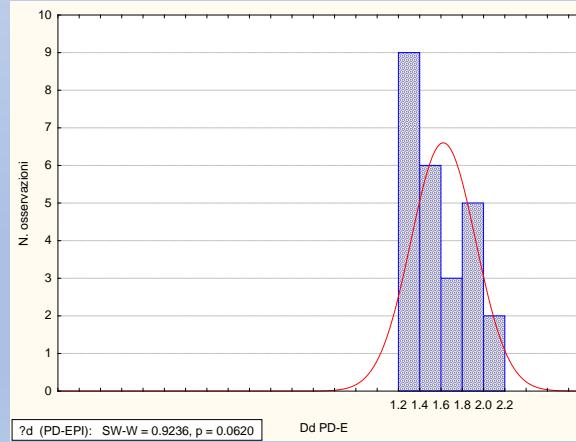
$\Delta\delta$  (PD-5bdiol)



$\Delta\delta$  (PD-T)

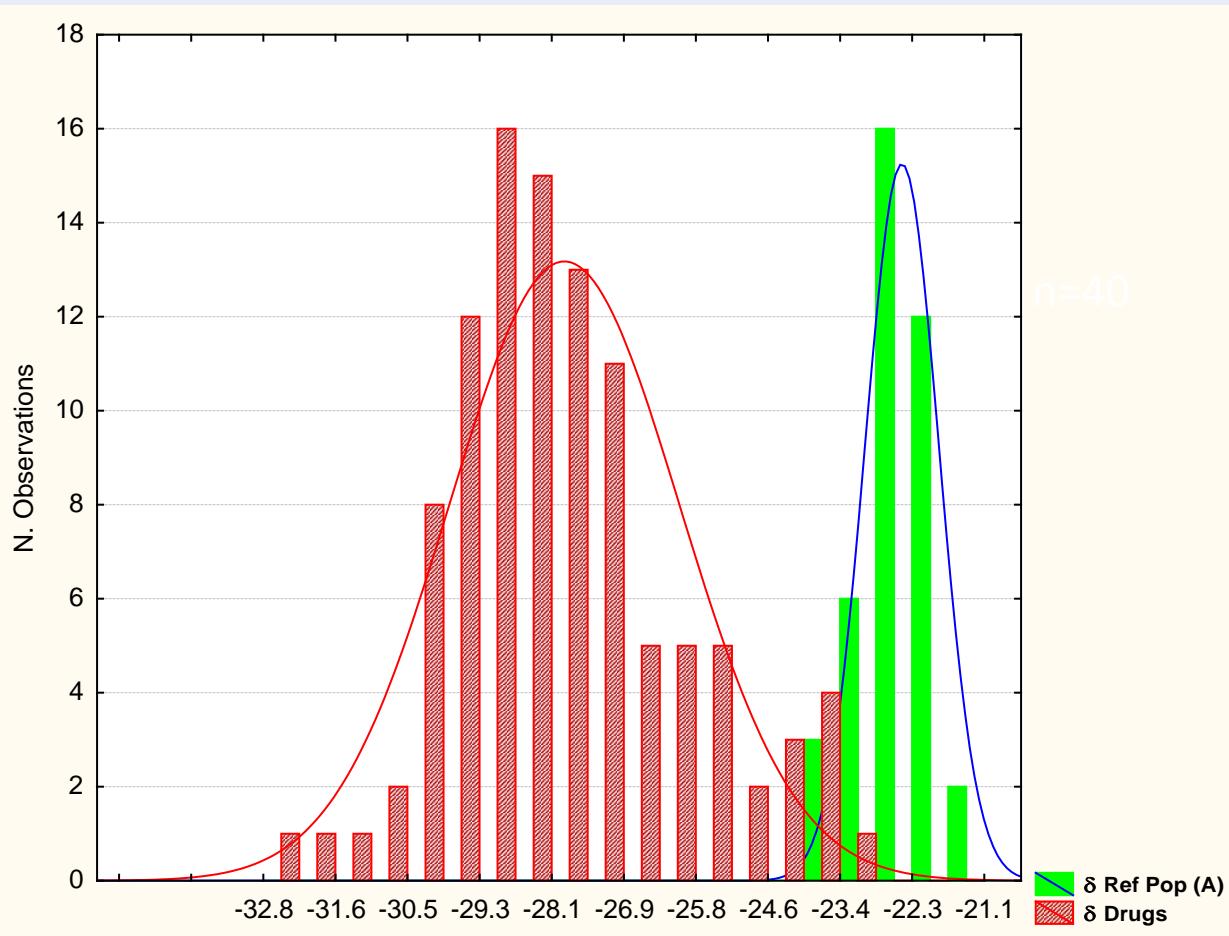


$\Delta\delta$  (PD-E)



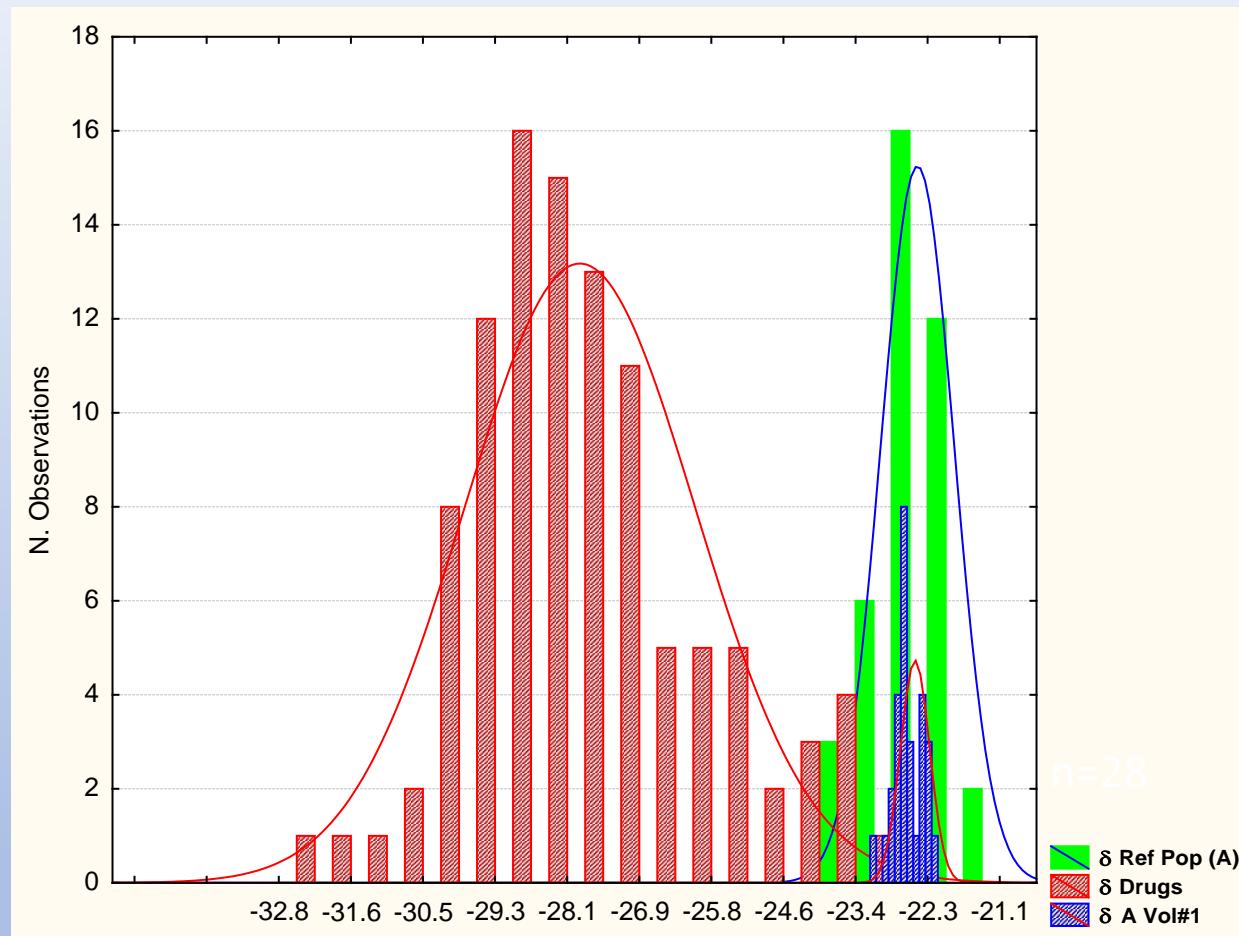
## Reference Population vs. Pharmaceutical Preparations

N=105

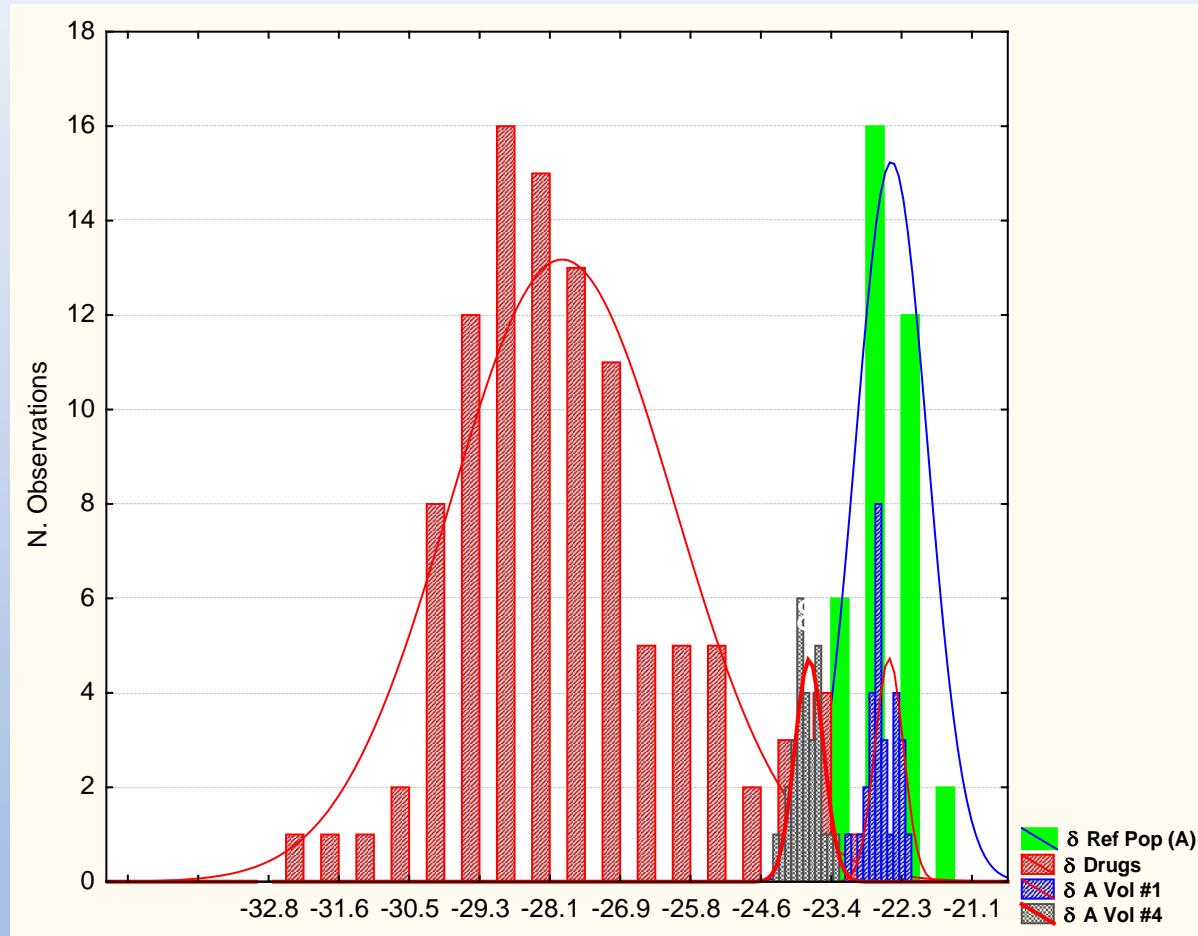


- [1] Ueki M. et al. *Rapid Commun. Mass Spectrom.*, **1999**, 13, 2237–2243.
- [2] de la Torre X. et al. *J. Pharm. Biomed. Anal.*, **2001**, 24, 645–650.
- [3] Cawley A. et al. *Drug Test. Anal.*, **2010**, 2, 557–567.
- [4] Forsdahl G. *Drug Test. Anal.*, **2011**, 3, 814–819.
- [5] Brooker L. *Drug Test. Anal.*, **2014**, 6, 996–1001.
- [6] Pharmaceutical seized by the Carabinieri (NAS) 2014

## Individual Reference vs. Pharmaceutical Preparations & Population



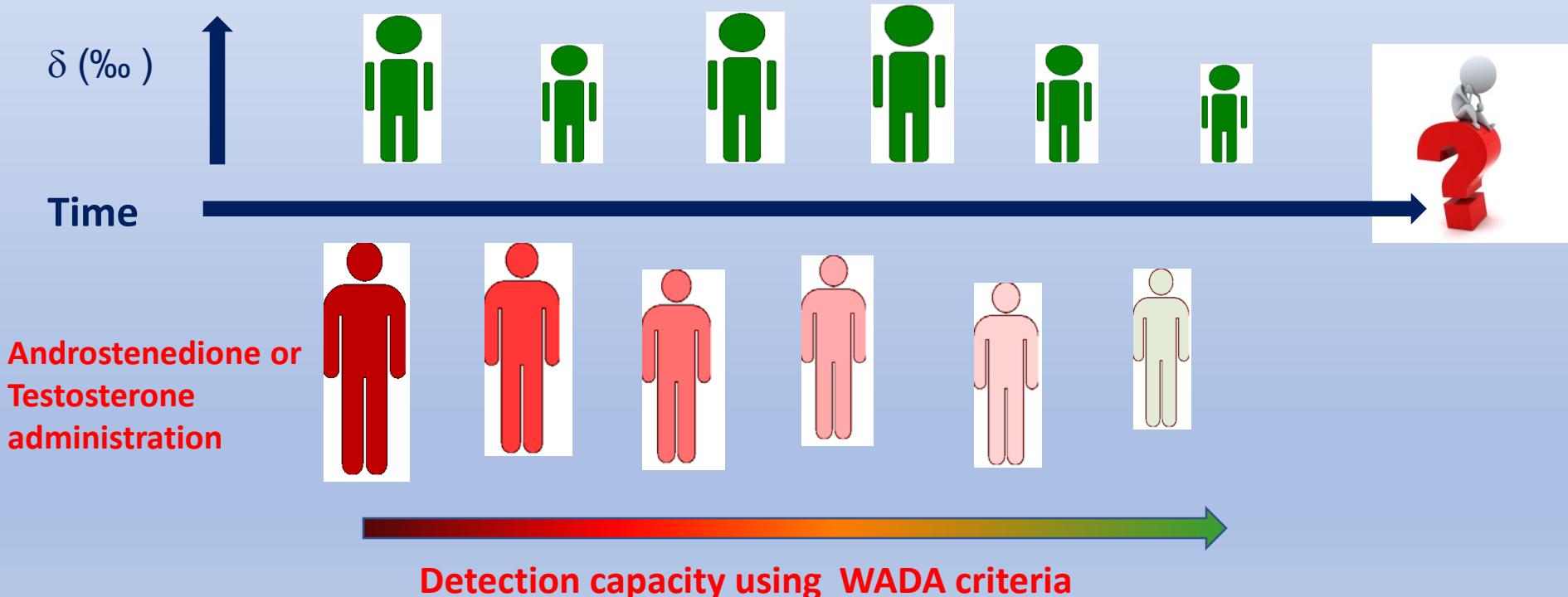
## Individual Reference vs. Pharmaceutical Preparations & Population



# **Longitudinal application**

# Objective

To test the sensitivity of the IRMS Bayesian Model where the ABP Steroid module and the positive criteria for IRMS based on population references fail.



# Experimental and Methods

SP	IRMS
Enzymatic hydrolysis, liquid-liquid extraction with TMS derivate and measure in multi-target screenings GC/MS/MS	Enzymatic hydrolysis, liquid-liquid extraction, HPLC purification and GC-C-IRMS detection

## Urine samples collection, longitudinal study

3 samples/week for 1 month  
2 Samples/month for 6 months  
1 Sample/month for 1 year } 28 samples/volunteer

Mazzarino, M. et al. Anal. Chim. Acta 683, 221–6 (2011).  
de la Torre, X., et al. Anal. Chim. Acta 756, 23–29 (2012).

# Administration studies

## Oral Androstenedione

3 Male Caucasian volunteers ( $41 \pm 8$  yrs)

100 mg androstenedione (AED) p.o. (ASN Androstene 100<sup>TM</sup>, Hood River, OR, USA)

Urine samples collected before and for 5 days after the administration

The androstenedione capsule composition was verified and the  $\delta^{13}\text{C}$  (‰) value determined ( $-30.5 \pm 0.3$ ; n=5)

## Transdermal testosterone

1 Male Caucasian volunteer (43 yrs)

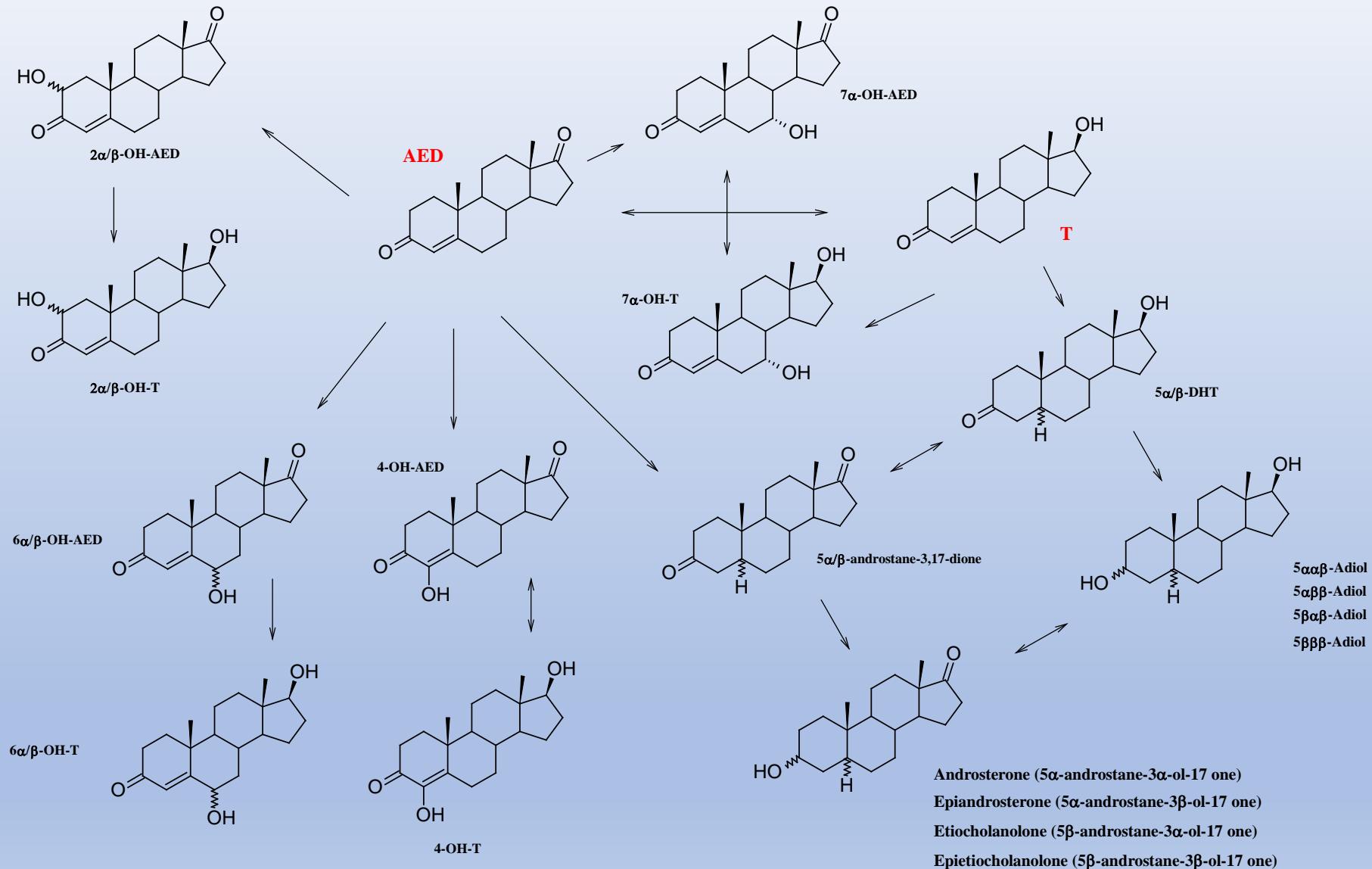
Gel (Testogel<sup>®</sup>, Schering), 50 mg/day (eq. to 5 mg T), every 24 h for 4 days

Urine samples collected before and for 36 h after the last administration

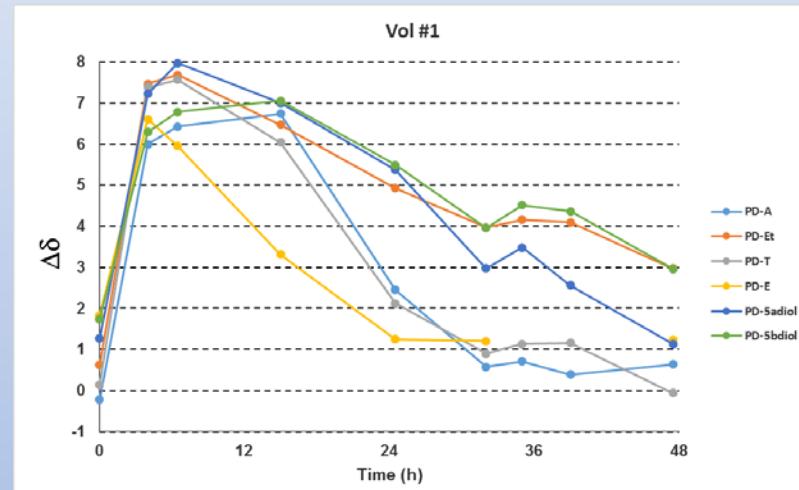
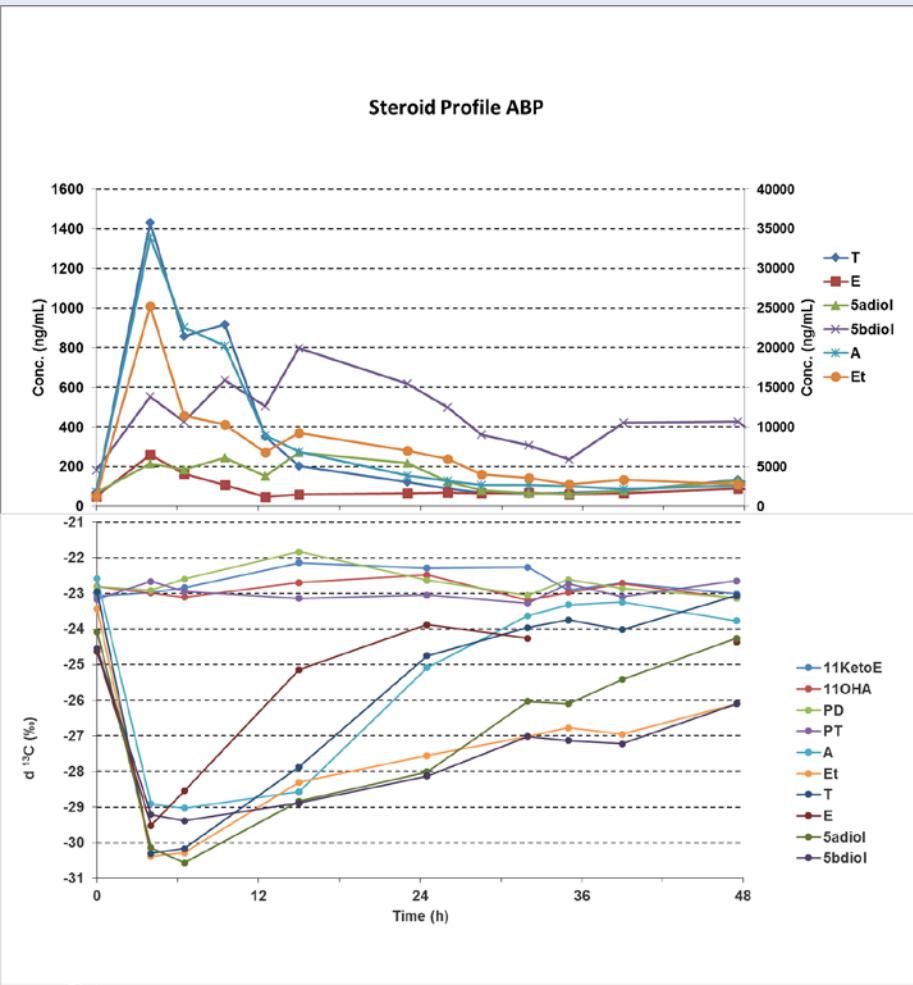
The testosterone  $\delta^{13}\text{C}$  (‰) value was determined ( $-29.6 \pm 0.3$ ; n=5)

# **Oral Androstenedione**

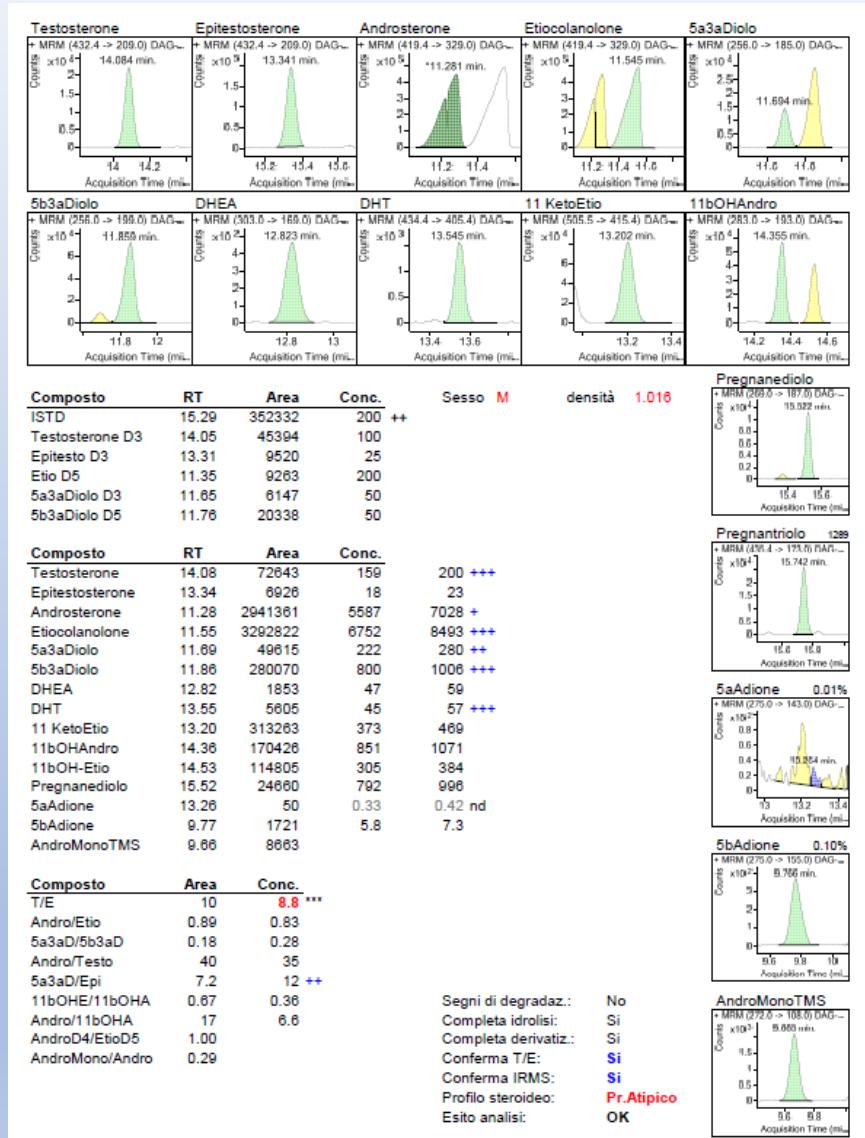
# AED metabolism and marker



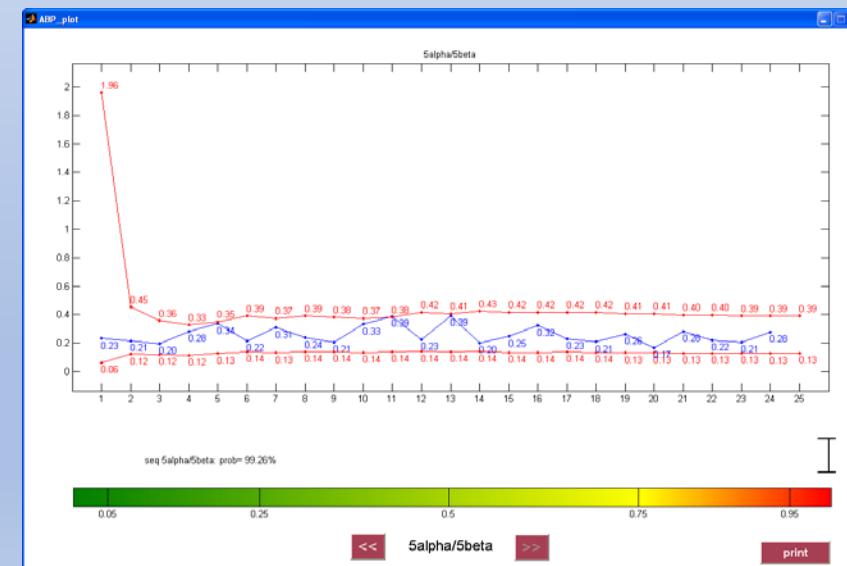
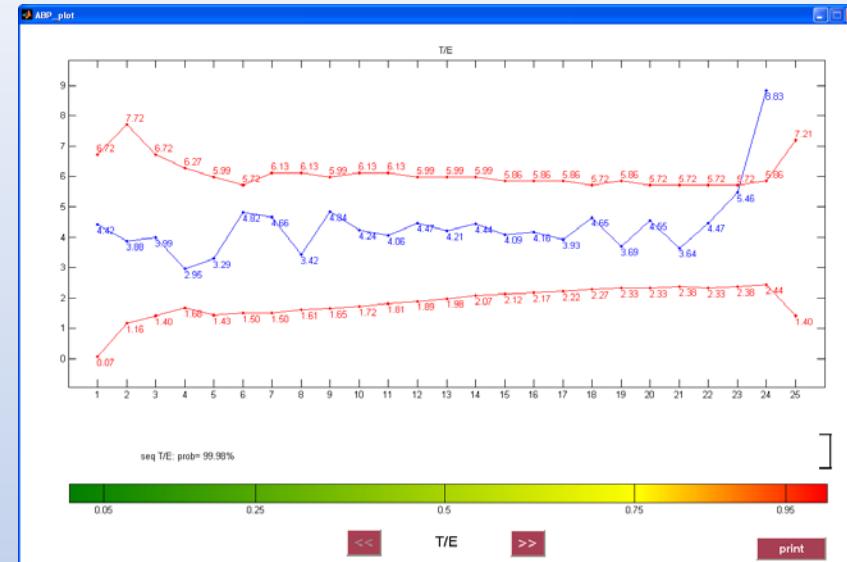
# IRMS Results



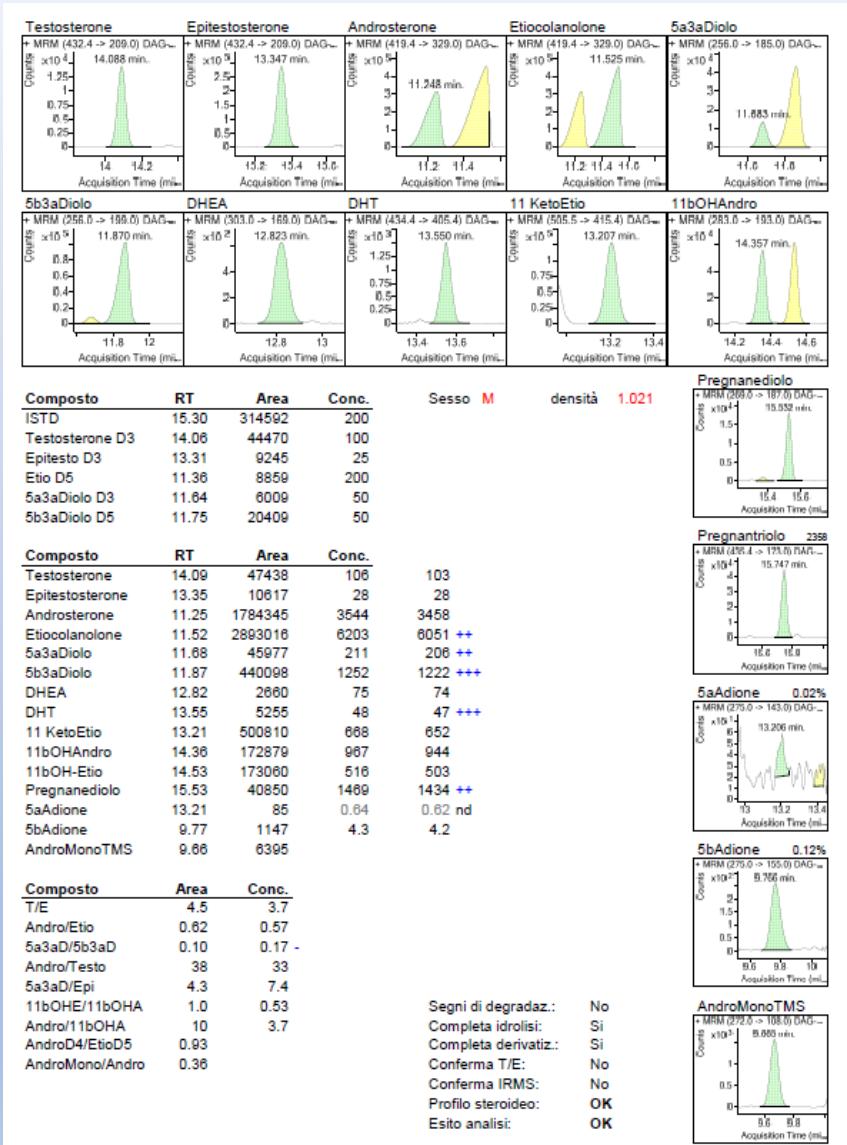
## Case #1 (Sample at 11.5 h)



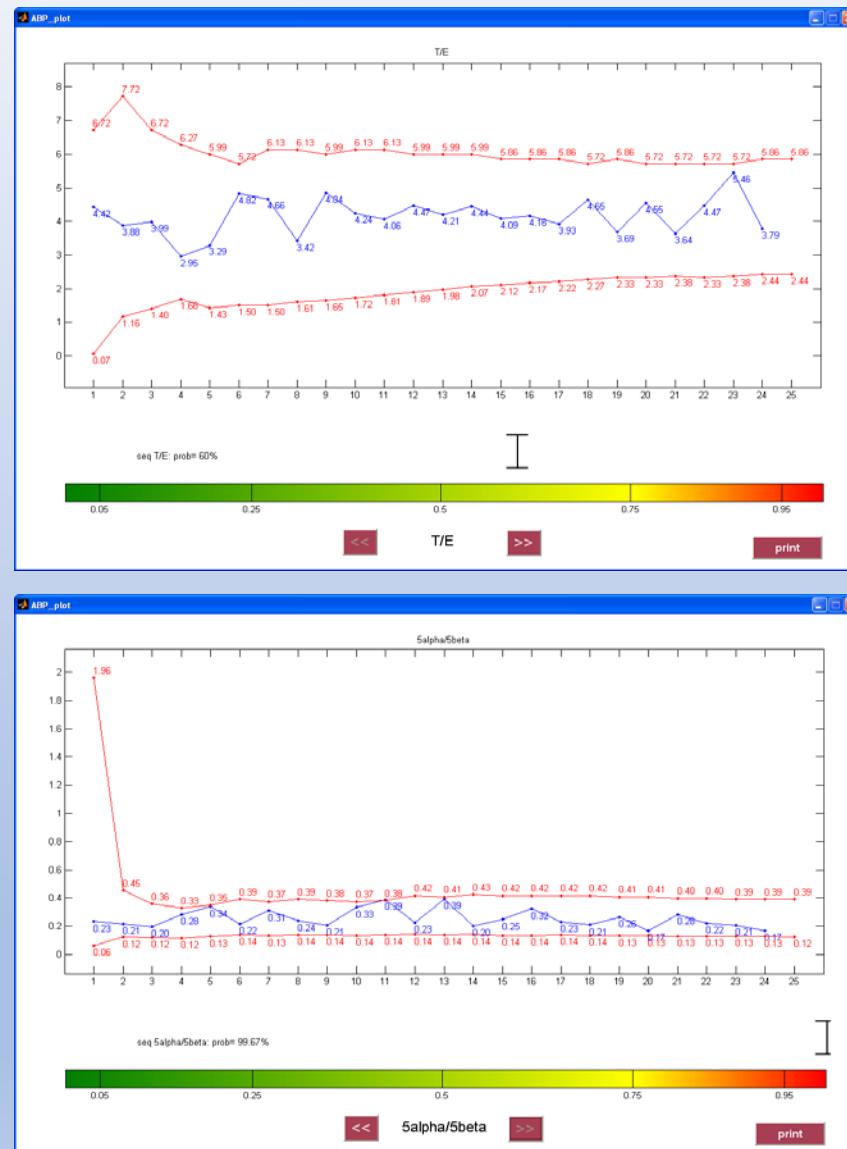
## SP ABP module

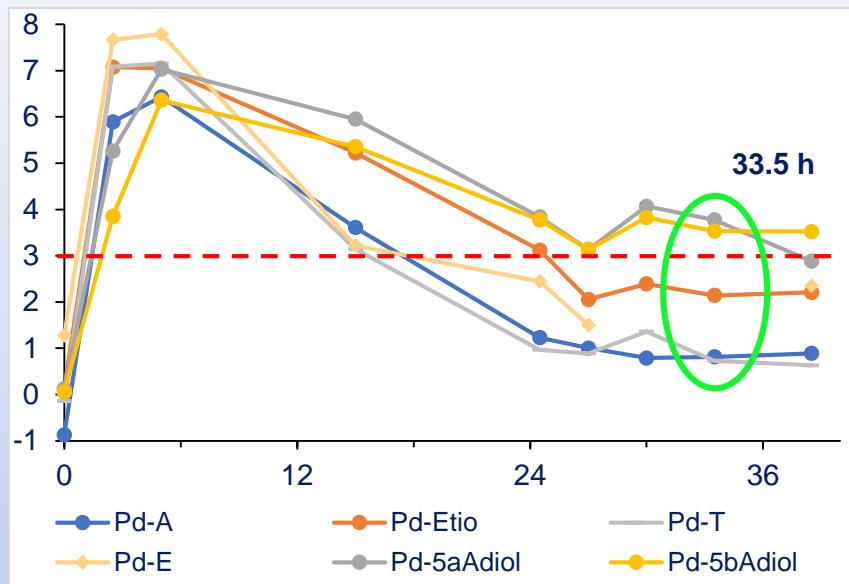
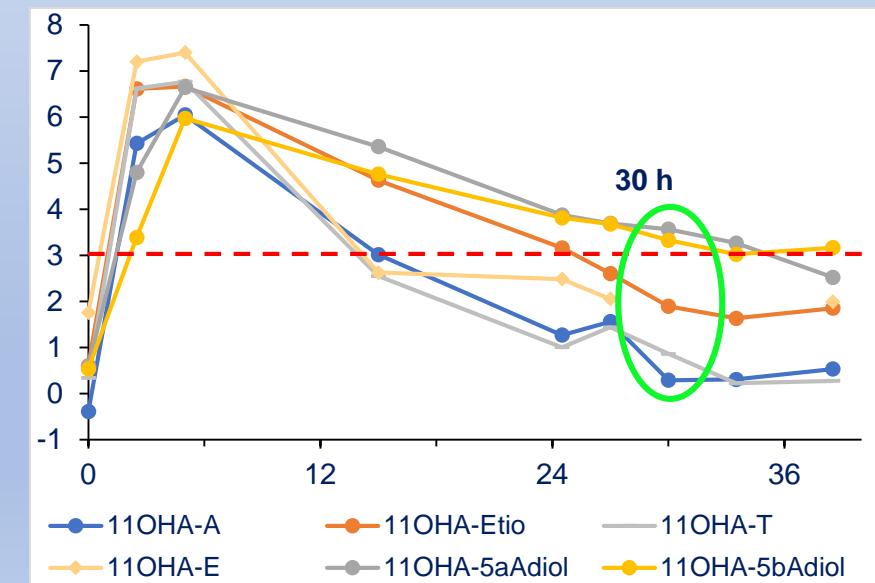
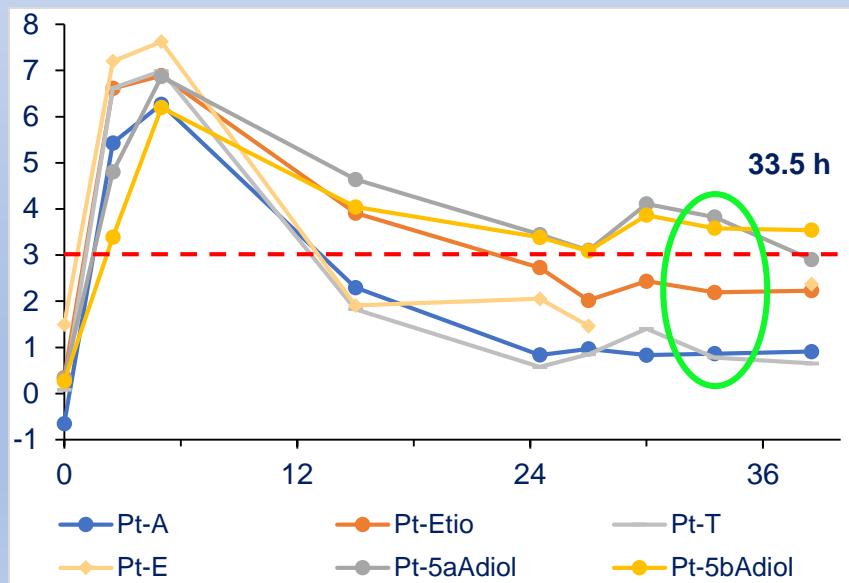
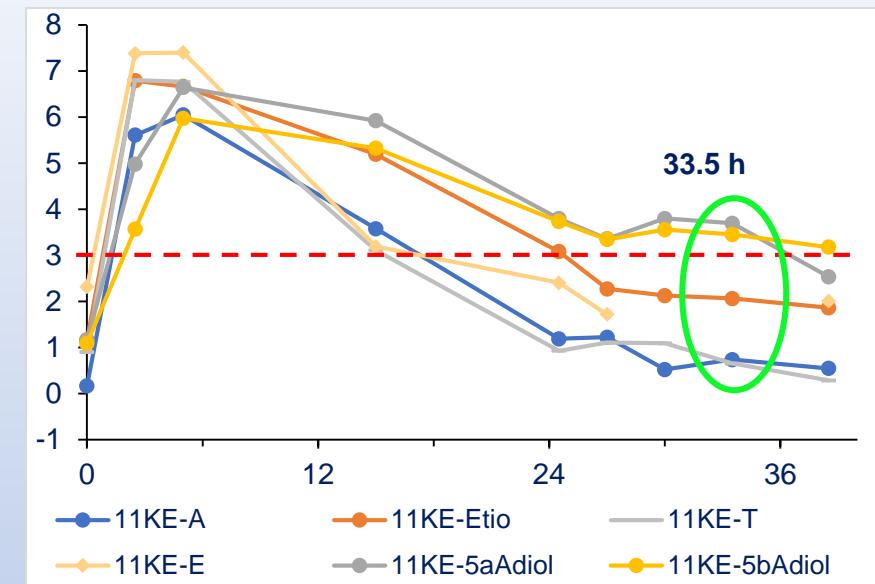


# Case #1 (Sample at 21.5 h)



# SP ABP module

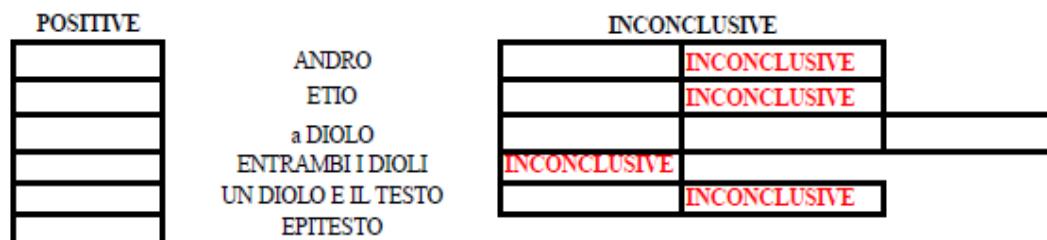


**Case #1****IRMS population-based:  $\Delta\delta_{ERC-TC}$ (‰) vs Time (h)**

## Case #1 (Sample at 38.5 h)

## IRMS population-based

	11bOH-Andro	11KetoEtio	Pregnatriolo	Pregnandiolo
Andro	0,5	0,5	0,9	0,9
Etio	1,9	1,9	2,2	2,2
5a3aA	2,5	2,5	2,9	2,9
5b3aA	3,2	3,2	3,5	3,5
Testo	0,3	0,3	0,7	0,6
Epitesto	2,0	2,0	2,4	2,3
DHEA	-1,3	-1,3	-0,9	-0,9



Appendix 1. Interpretation criteria for GC/C/IRMS positive test

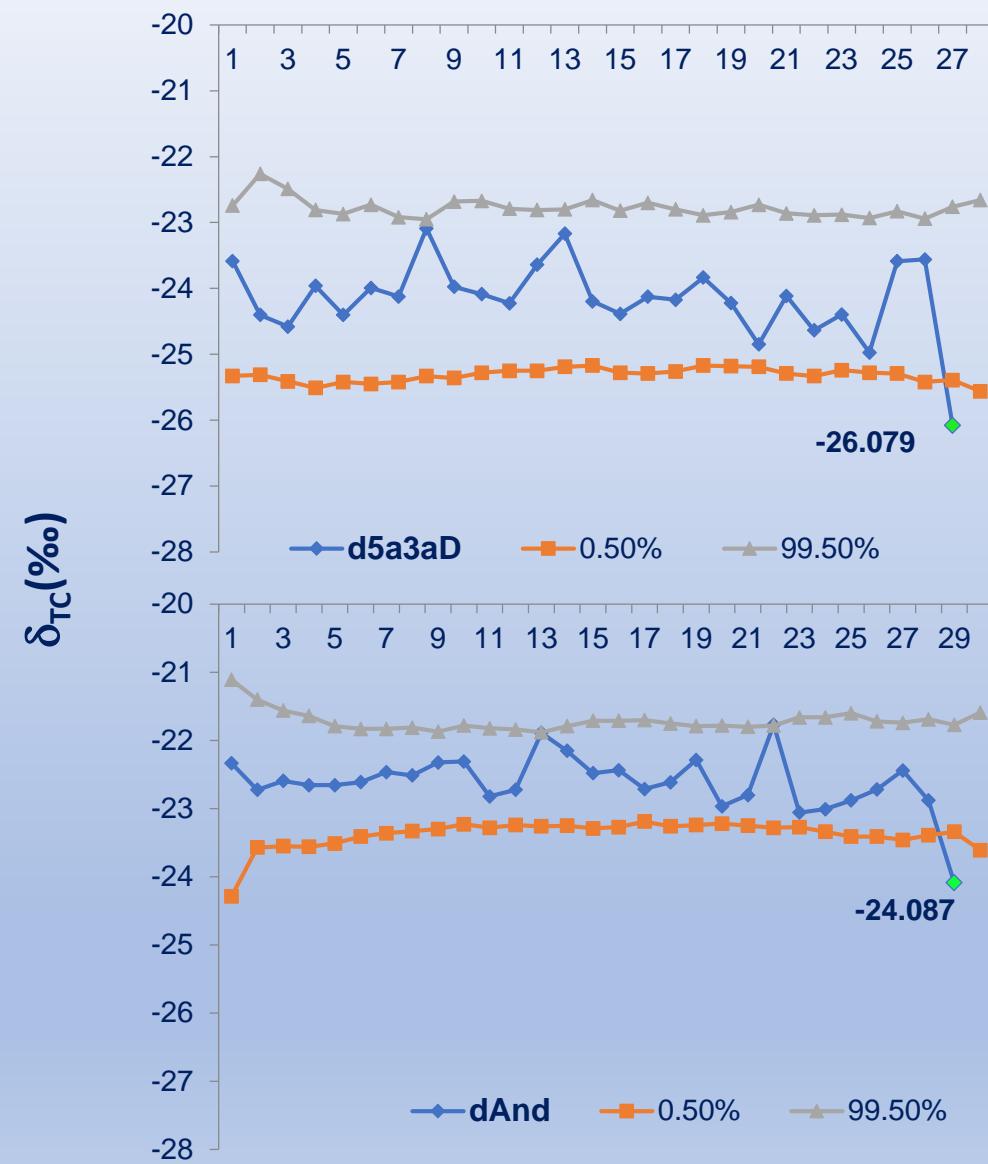
	$\delta$ 13C/12C	$u_c$	Ampl 44 (mV)	Range di linearità (mV)
<b>Frazione 1-7-8</b>				
Etio	-25,4	0,15	2053	350-7000
Andro	-24,1	0,09	1723	350-7000
11bOH-Andro	-23,6	0,23	1202	350-7000
<b>Frazione 2-6</b>				
5a3aA	-26,1	0,29	2252	350-7000
11KetoEtio	-23,5	0,09	1075	350-7000
<b>Frazione 5-9</b>				
5b3aA	-26,7	0,24	1861	350-7000
Pregnandiolo	-23,2	0,21	2266	350-7000
<b>Frazione 3-6-pt</b>				
Testo	-23,8	0,03	1529	350-7000
Pregnatriolo	-23,2	0,31	1052	350-7000
<b>Frazione 4</b>				
DHEA	-22,3	0,11	2207	350-7000
<b>Frazione 4Epi</b>				
Epitesto	-25,5	0,11	1054	340-7000

Inconclusive sample

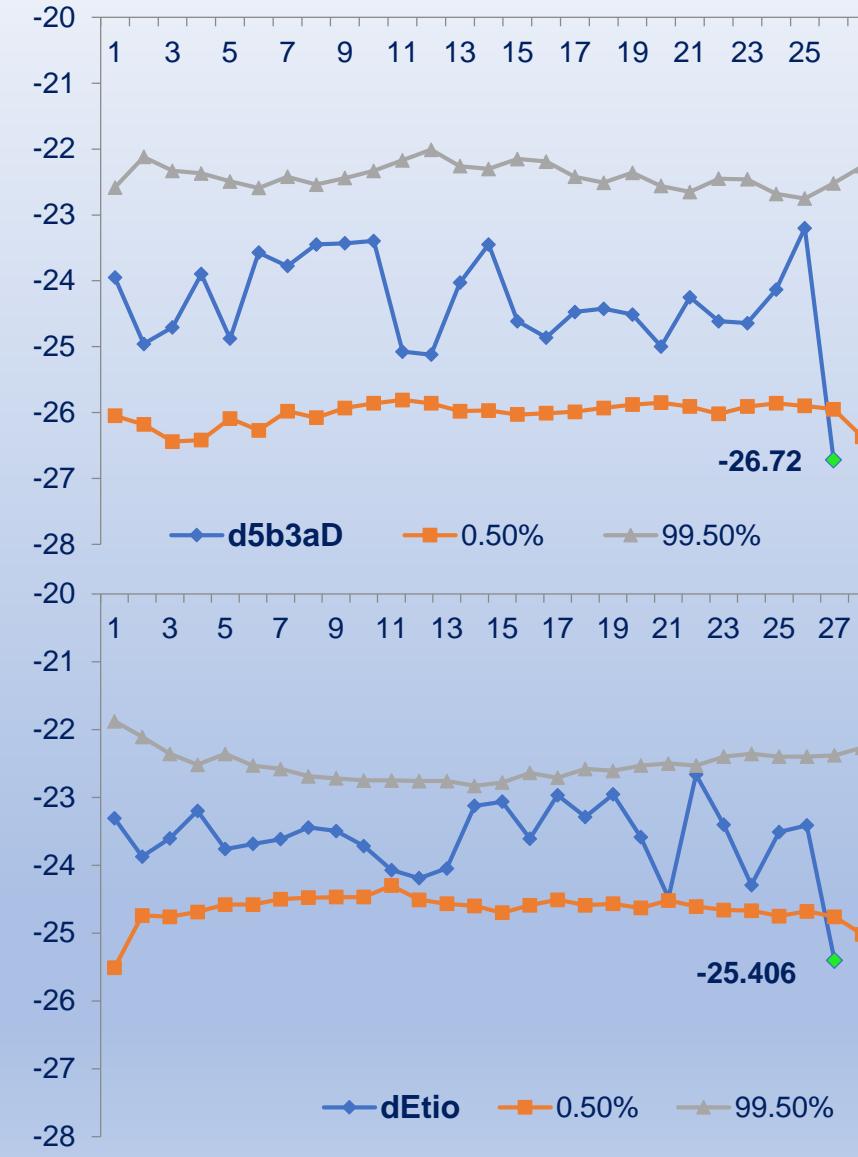
Positive Criteria Section 2.3	$\Delta\delta$ ERC-TC					
	T	E <sup>#</sup>	A	Etio	5 $\alpha$ Adiol, 5 $\beta$ Adiol	Formestane, Boldenone, Boldenone Metabolites
i.	> 3 ‰				> 3 ‰ (either Adiol)	
ii.					> 3 ‰ (both Adiols)	
iii.		> 4 ‰				
iv.				> 3 ‰		
				> 4 ‰		
v.			2-3 ‰		> 3 ‰ (either Adiol)	
				3-4 ‰	> 3 ‰ (either Adiol)	
vi.					$\Delta\delta$ (ERC-5 $\alpha$ ) > 4 ‰ and $\delta(5\alpha) \leq -27 ‰$	
vii.						> 4 ‰

<sup>#</sup> Concentration (SG-adjusted <sup>3</sup>) greater than 50 ng/mL in females or greater than 200 ng/mL in males.

### Case #1 (Sample at 38.5 h)

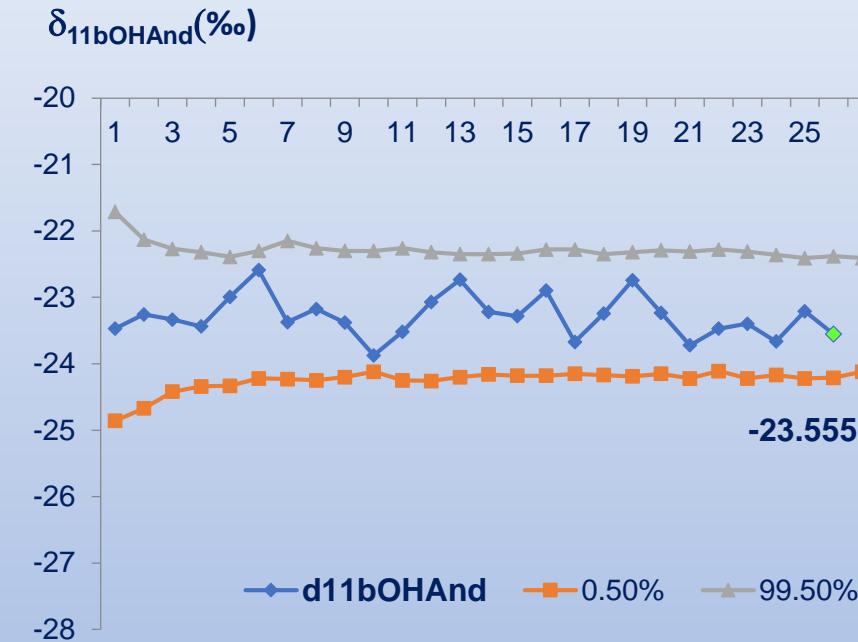
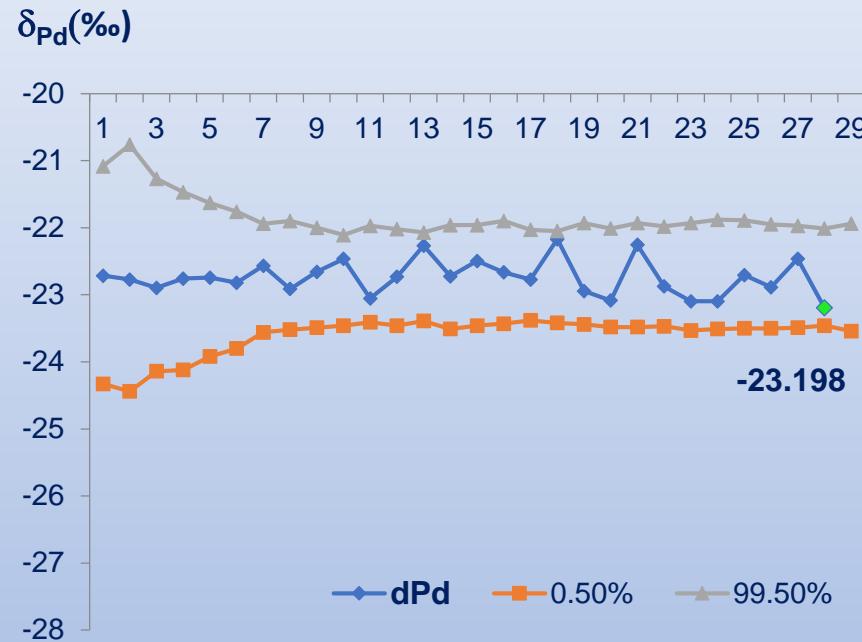


### IRMS Bayesian approach $\delta_{TC}(\text{\%})$

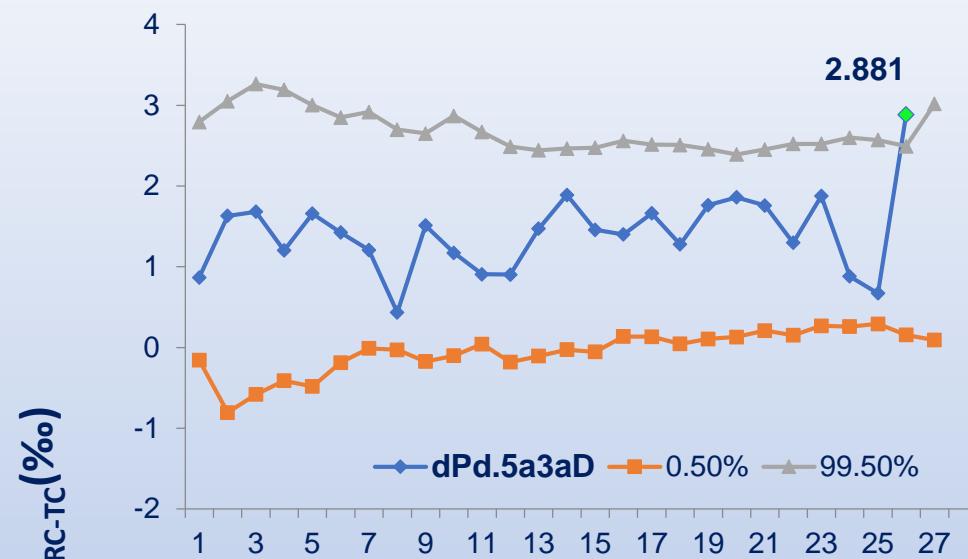


### Case #1 (Sample at 38.5 h)

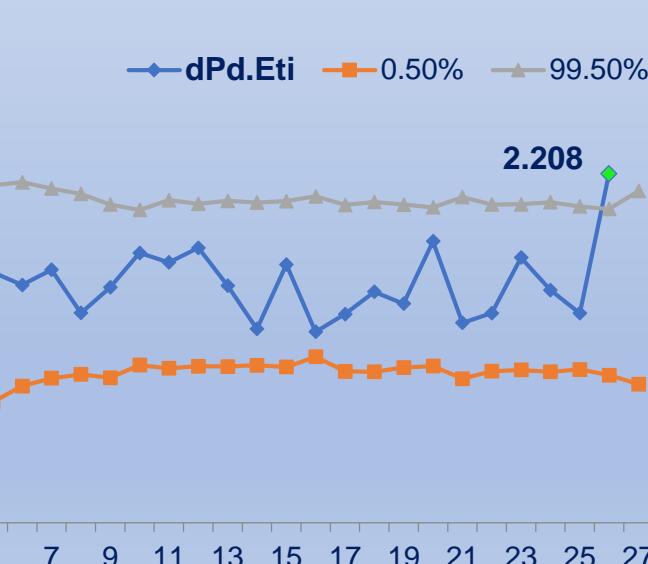
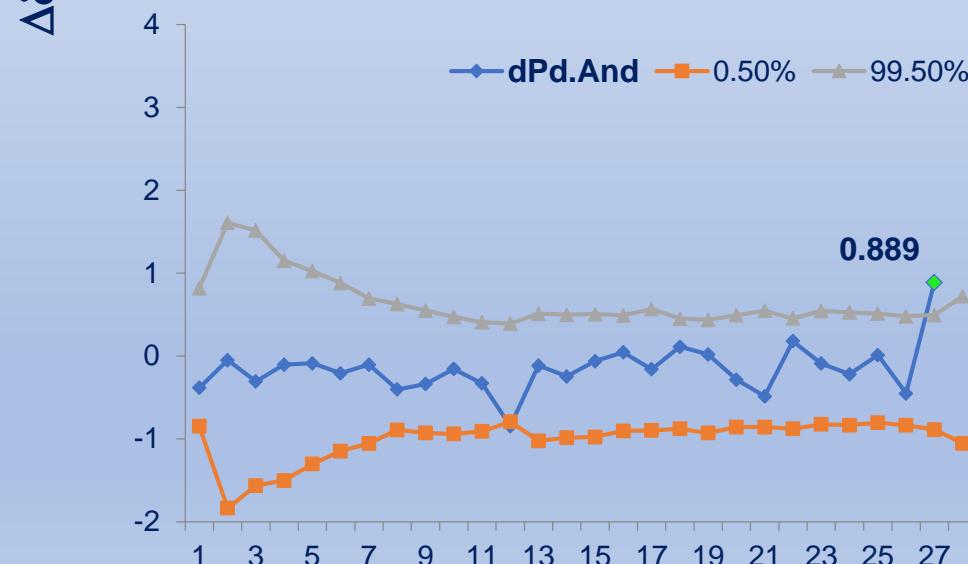
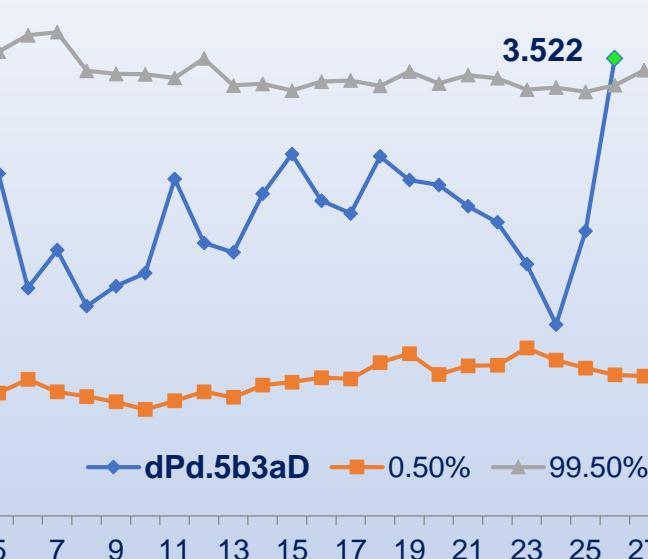
### IRMS Bayesian approach $\delta_{\text{ERC}}(\text{\%})$



**Case #1 (Sample at 38.5 h)**



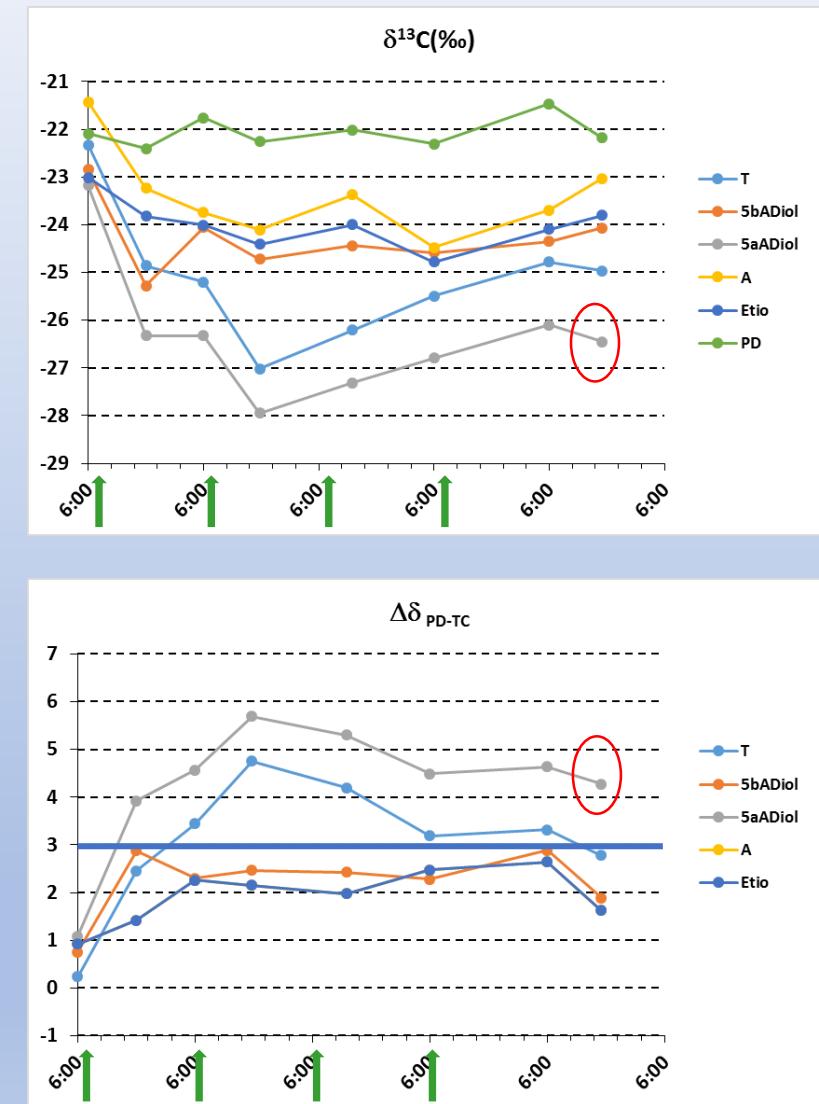
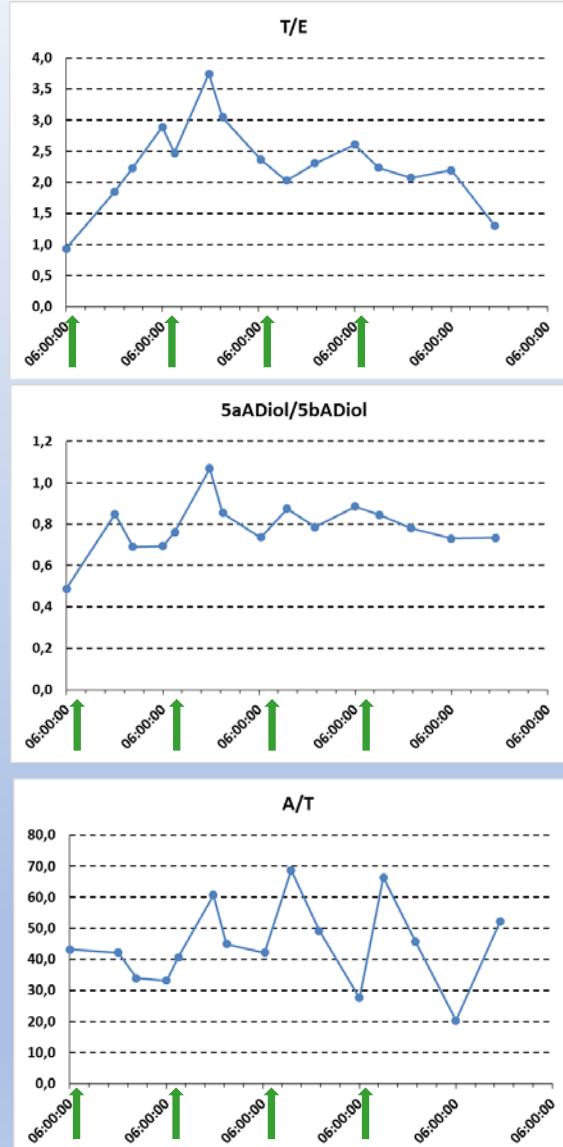
**IRMS Bayesian approach  $\Delta\delta_{\text{ERC-TC}} (\text{\textperthousand})$**



# **Transdermal Testosterone**

# Transdermal T administration

Gel (Testogel®, Schering)  
50 mg / day (eq. to 5mg T)  
Every 24 h x 4 days



Campione n°	T-Gel 14
-------------	----------

	11bOH-Andro	11KetoEtio	Pregnatriolo	Pregnandiolo
Andro	0,2	-0,6	0,1	0,8
Etio	1,0	0,2	0,9	1,6
5a3aA	3,6	2,9	3,6	4,3
5b3aA	1,2	0,5	1,2	1,9
Testo	2,1	1,4	2,1	2,8
Epitesto	0,9	0,1	0,9	1,6
DHEA	-0,2	-1,0	-0,3	0,5

**CRITERI DI VALUTAZIONE**

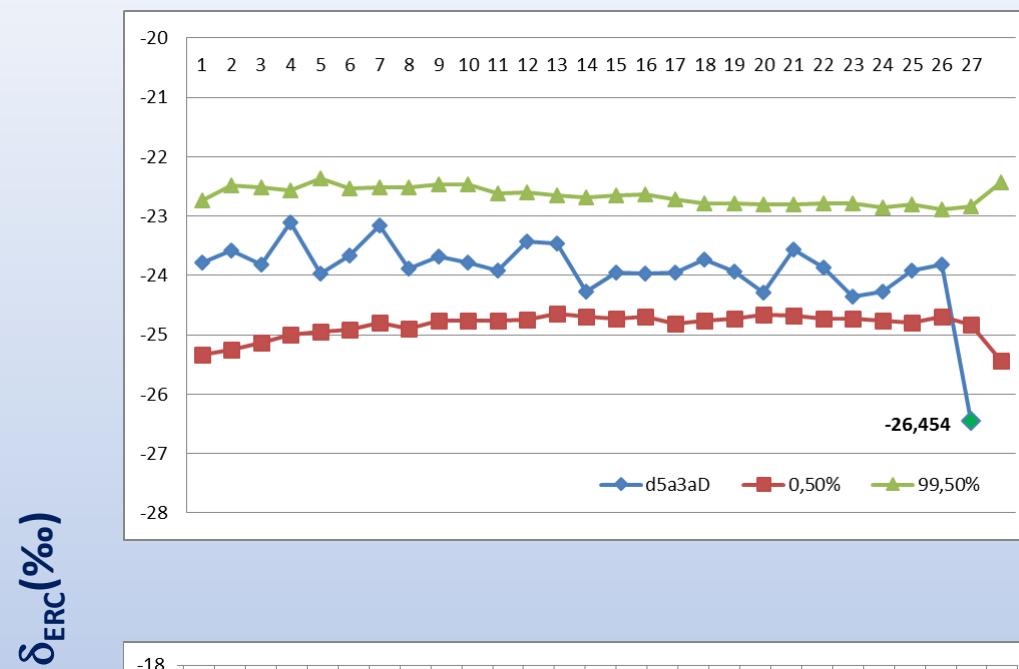
POSITIVE	INCONCLUSIVE	
ANDRO	INCONCLUSIVE	
ETIO	INCONCLUSIVE	
a DIOLO	INCONCLUSIVE	INCONCLUSIVE!
ENTRAMBI I DIOLI		
UN DIOLO E IL TESTO		
EPITESTO	INCONCLUSIVE	

**Appendix 1. Interpretation criteria for GC/C/IRMS positive test**

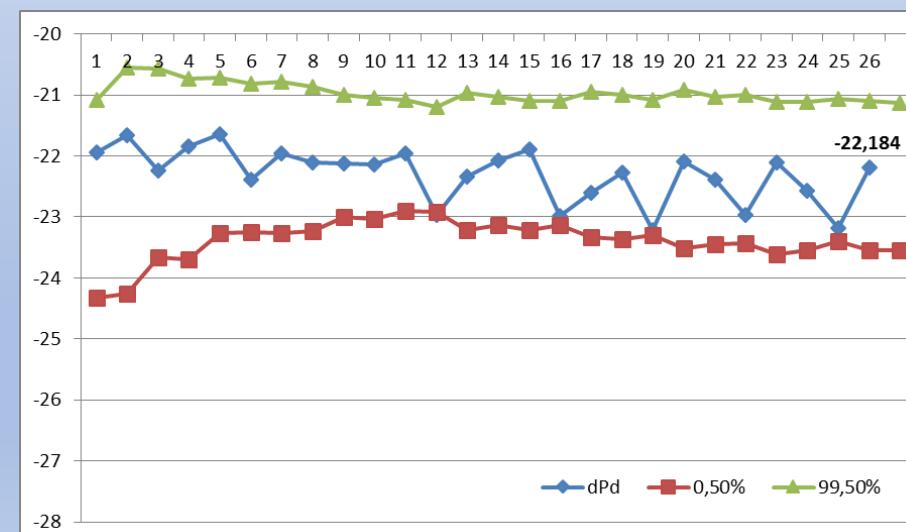
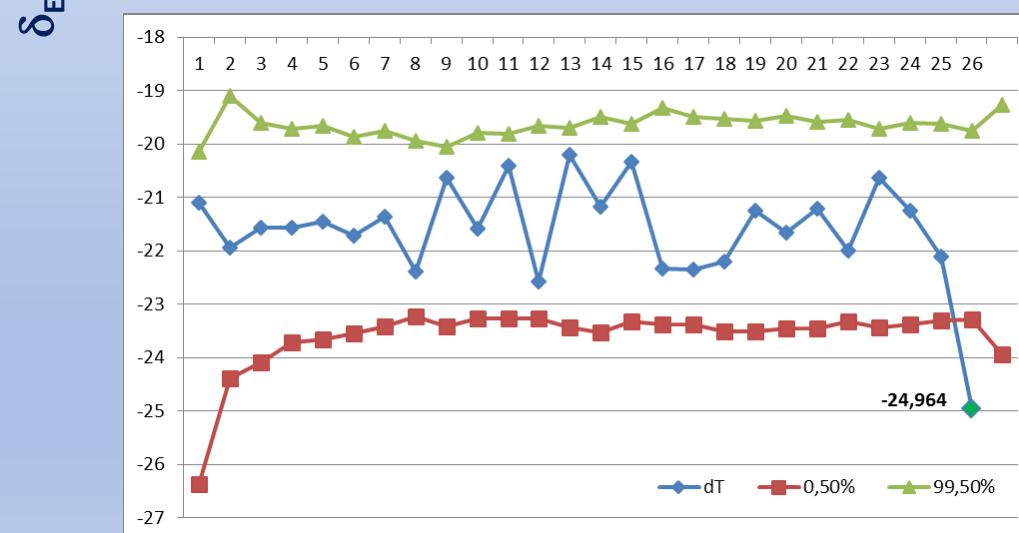
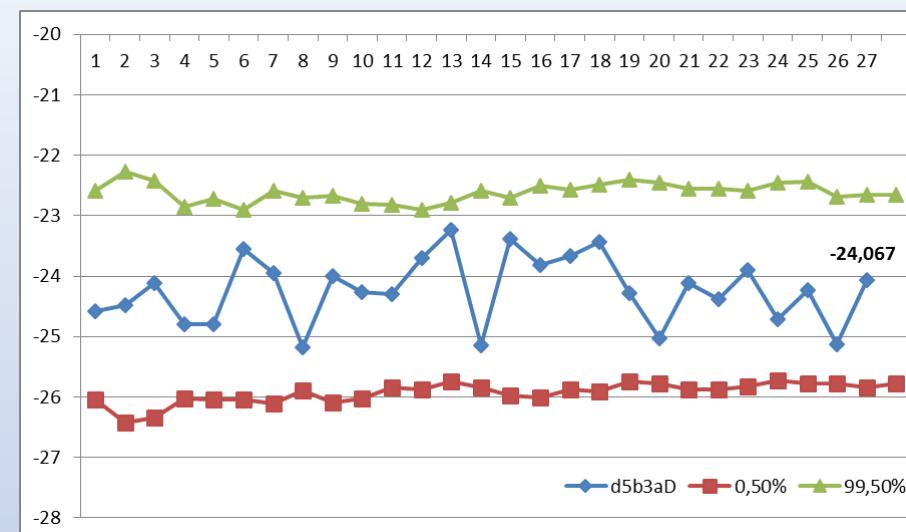
Positive Criteria Section 2.3	$\Delta\delta_{ERC-TC}$				
	T	E*	A	Etio	5 $\alpha$ Adiol, 5 $\beta$ Adiol
i.	> 3 ‰				> 3 ‰ (either Adiol)
ii.					> 3 ‰ (both Adiols)
iii.		> 4 ‰			
iv.			> 3 ‰		
v.			2-3 ‰		> 3 ‰ (either Adiol)
				3-4 ‰	> 3 ‰ (either Adiol)
vi.					$\Delta\delta(ERC-5\alpha) > 4 ‰$ and $\delta(5\alpha) \leq -27 ‰$
vii.					> 4 ‰

\* Concentration (SG-adjusted<sup>3</sup>) greater than 50 ng/mL in females or greater than 200 ng/mL in males.

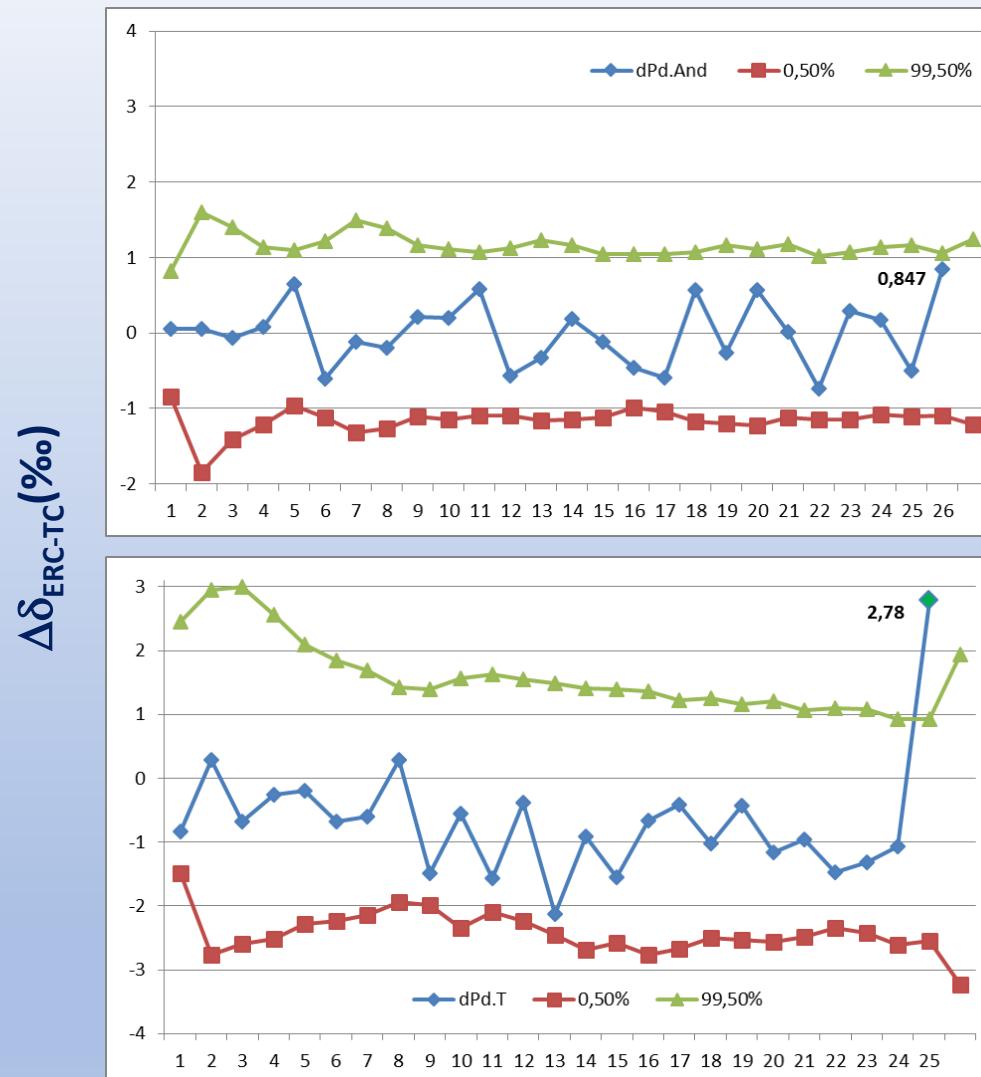
(Sample at 12 h last adm)



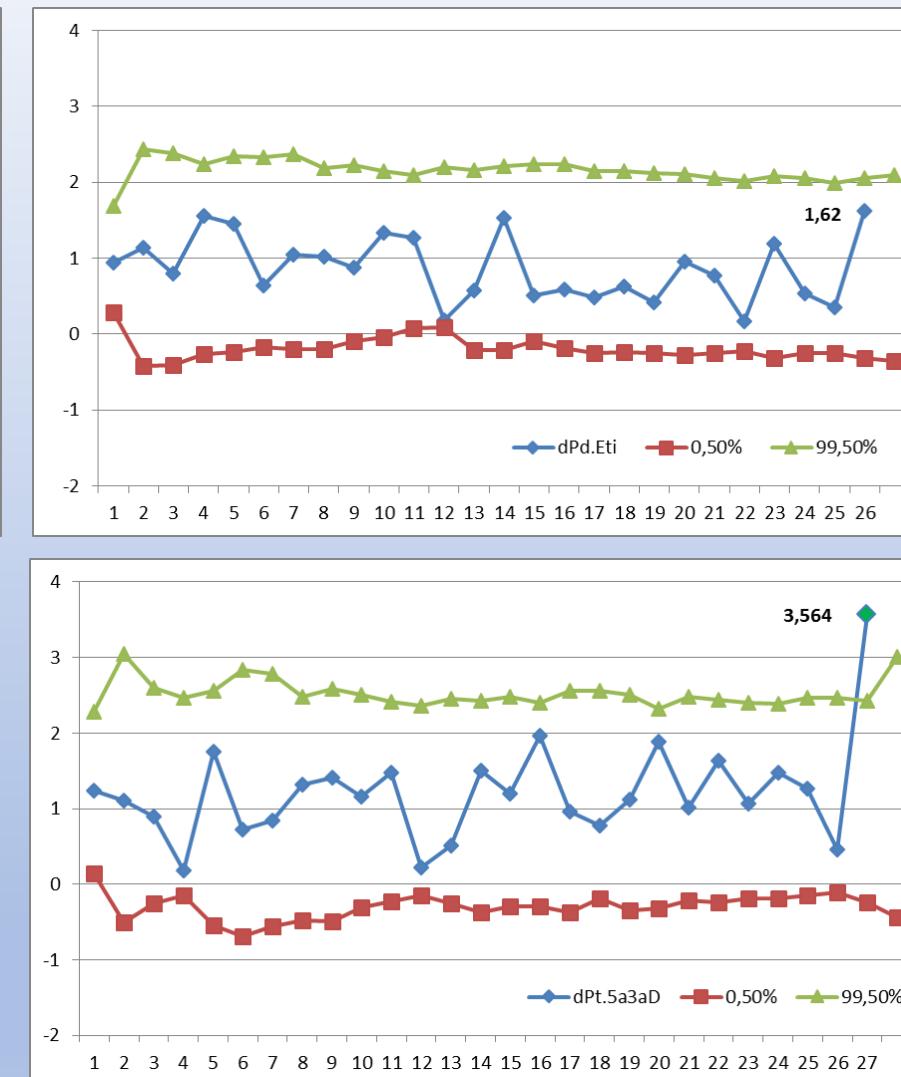
IRMS Bayesian approach  $\delta_{ERC} (\text{‰})$



(Sample at 12 h last adm)



IRMS Bayesian approach  $\Delta\delta_{ERC-TC}(\text{\%})$



PPV = 99,9999991 %

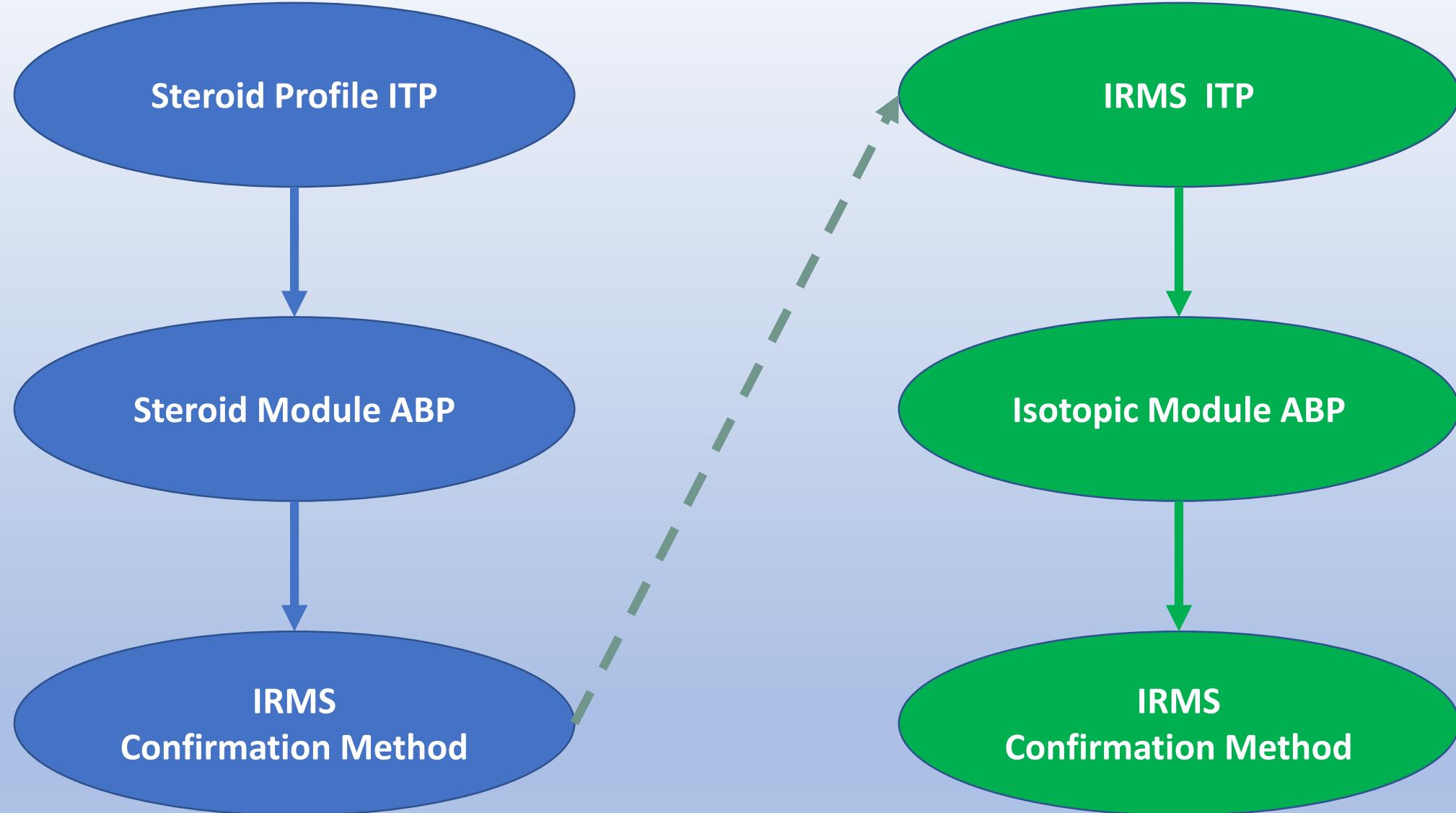
PPV = 99,999998 %

# Methods comparison

Time window of detection (h)

		Methods			
	Case	WADA Lab	ABP SP module	WADA TD2016IRMS	IRMS Bayesian
Androstenedione 100 mg p.o.	1	25.5	11.5	33.5	<b>38.5</b>
	2	23.75	13.5	28.7	<b>37.5</b>
	3	32	15	54.0	<b>59.5</b>
T gel 4 x 50 mg (every 24 h)	1	0	72 (??)	96	<b>&gt; 104</b>

It is evident that IRMS values evaluated with a Bayesian approach, increase the sensitivity of the technique



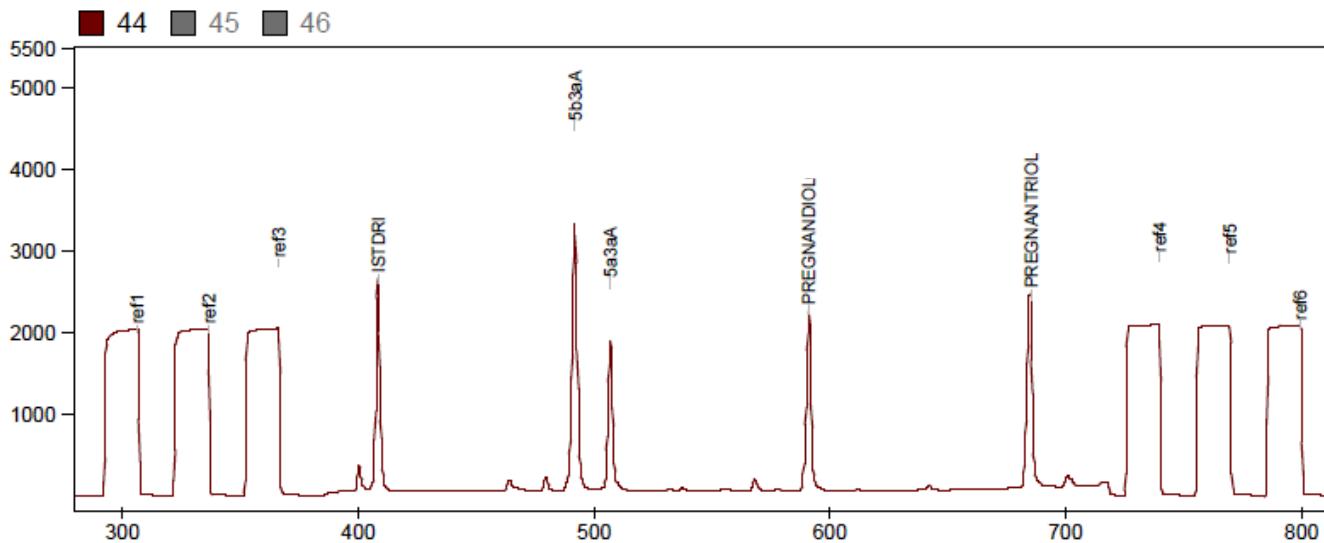
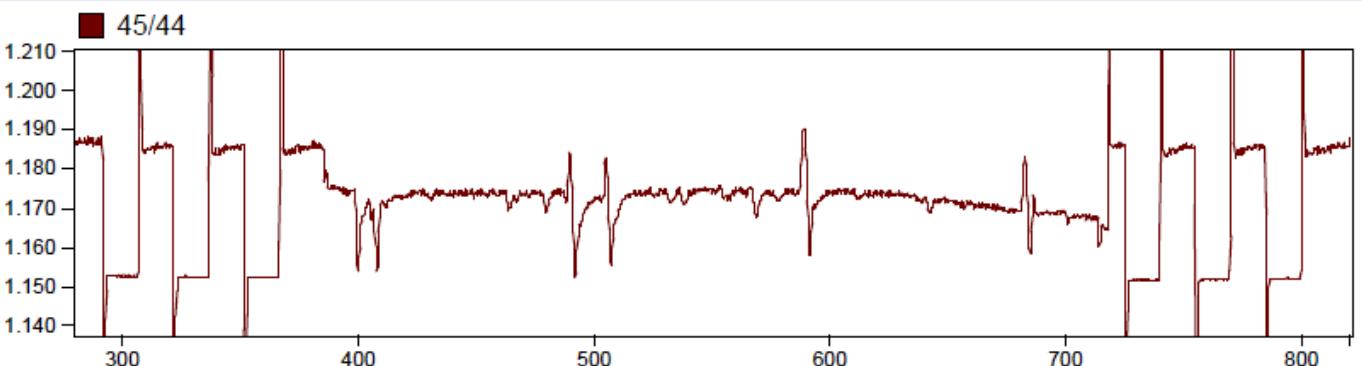
# One GC/C/IRMS analysis per Sample

## Positive QC

**GC:** Agilent 6890;  
Column :  
HP-5MS : 5% Phenylmethylsilicone  
Injector T: 280°C  
Oven program:  
150°C (1')-  
@25°C/min- 260°C (3')-  
@ 40°C/min-310°C (2.7 min)

Injection: 2  $\mu$ L Splitless

**GC/C/IRMS**  
Thermo Delta Advantage



Run time 15' / sample

# Analysis Sequence

## Confirmation

Z:\RI-002\sequenze\160212.seq

Row	Peak Center	GC Method	Identifier 1	Identifier 2	Method
1	X	RI.6890	USPRI-002	1-7-8	RI.met
2	X	RI.6890	USPRI-002	2-6	RI 2-6.met
3	X	RI.6890	USPRI-002	5-9	RI 5-9.met
4	X	RI.6890	USPRI-002	3-6PT	RI 3-6PT.met
5	X	RI.6890	BURRI-003	1-7-8	RI.met
6	X	RI.6890	BURRI-003	2-6	RI 2-6.met
7	X	RI.6890	BURRI-003	5-9	RI 5-9.met
8	X	RI.6890	BURRI-003	3-6PT	RI 3-6PT.met
9	X	RI.6890	16A00561	1-7-8	RI.met
10	X	RI.6890	16A00561	2-6	RI 2-6.met
11	X	RI.6890	16A00561	5-9	RI 5-9.met
12	X	RI.6890	16A00561	3-6PT	RI 3-6PT.met
13	X	RI.6890	16A01061	1-7-8	RI.met
14	X	RI.6890	16A01061	2-6	RI 2-6.met
15	X	RI.6890	16A01061	5-9	RI 5-9.met
16	X	RI.6890	16A01061	3-6PT	RI 3-6PT.met
17	X	RI.6890	16A01075	1-7-8	RI.met
18	X	RI.6890	16A01075	2-6	RI 2-6.met
19	X	RI.6890	16A01075	5-9	RI 5-9.met
20	X	RI.6890	16A01075	3-6PT	RI 3-6PT.met
21	X	RI.6890	16A01082	1-7-8	RI.met
22	X	RI.6890	16A01082	2-6	RI 2-6.met
23	X	RI.6890	16A01082	5-9	RI 5-9.met
24	X	RI.6890	16A01082	3-6PT	RI 3-6PT.met
25	X	RI.6890	16A01227	1-7-8	RI.met
26	X	RI.6890	16A01227	2-6	RI 2-6.met
27	X	RI.6890	16A01227	5-9	RI 5-9.met
28	X	RI.6890	16A01227	3-6PT	RI 3-6PT.met
29	X	RI.6890	MIXdCERT-CONTR	FIN	RI delta certif.met
30	X	RI.6890	MIXRI2		RI 2.met
31	X	RI.6890	MIXRI		RI.met
32		Disabled	OSSIDAZIONE 3 ORE		Ox 3h.met

## Screening

Z:\RI-002\sequenze\2015\150525A.seq

Row	Peak Center	GC Method	Identifier 1	Identifier 2	Method
1	X	RI.6890	USPRI	1-2	RI 2.met
2	X	RI.6890	BURRI	1-2	RI 2.met
3	X	RI.6890	15L0934 15A02618	NQC	1-2
4	X	RI.6890	15L0934 15A02619		1-2
5	X	RI.6890	15L0934 15A02620		1-2
6	X	RI.6890	15L0934 15A02621		1-2
7	X	RI.6890	15L0934 15A02622		1-2
8	X	RI.6890	15L0936 15A02628		1-2
9	X	RI.6890	15L0936 15A02629		1-2
10	X	RI.6890	15L0936 15A02630		1-2
11	X	RI.6890	15L0936 15A02631		1-2
12	X	RI.6890	15L0936 15A02632		1-2
13	X	RI.6890	15L0936 15A02633		1-2
14	X	RI.6890	15L0934 15A02634		1-2
15	X	RI.6890	15L0934 15A02635		1-2
16	X	RI.6890	15L0944 15A02651		1-2
17	X	RI.6890	15L0944 15A02652		1-2
18	X	RI.6890	15L0944 15A02653		1-2
19	X	RI.6890	15L0944 15A02654		1-2
20	X	RI.6890	15L0944 15A02655		1-2
21	X	RI.6890	15L0944 15A02656		1-2
22	X	RI.6890	15L0944 15A02657		1-2
23	X	RI.6890	15L0944 15A02658		1-2
24	X	RI.6890	15L0944 15A02659		1-2
25	X	RI.6890	15L1011 15A02860		1-2
26	X	RI.6890	15L1011 15A02861		1-2
27	X	RI.6890	15L1011 15A02862		1-2
28	X	RI.6890	MIXdCERT-CONTR	FIN	RI delta certif.met
29		Disabled	OSSIDAZIONE 3 ORE		Ox 3h.met

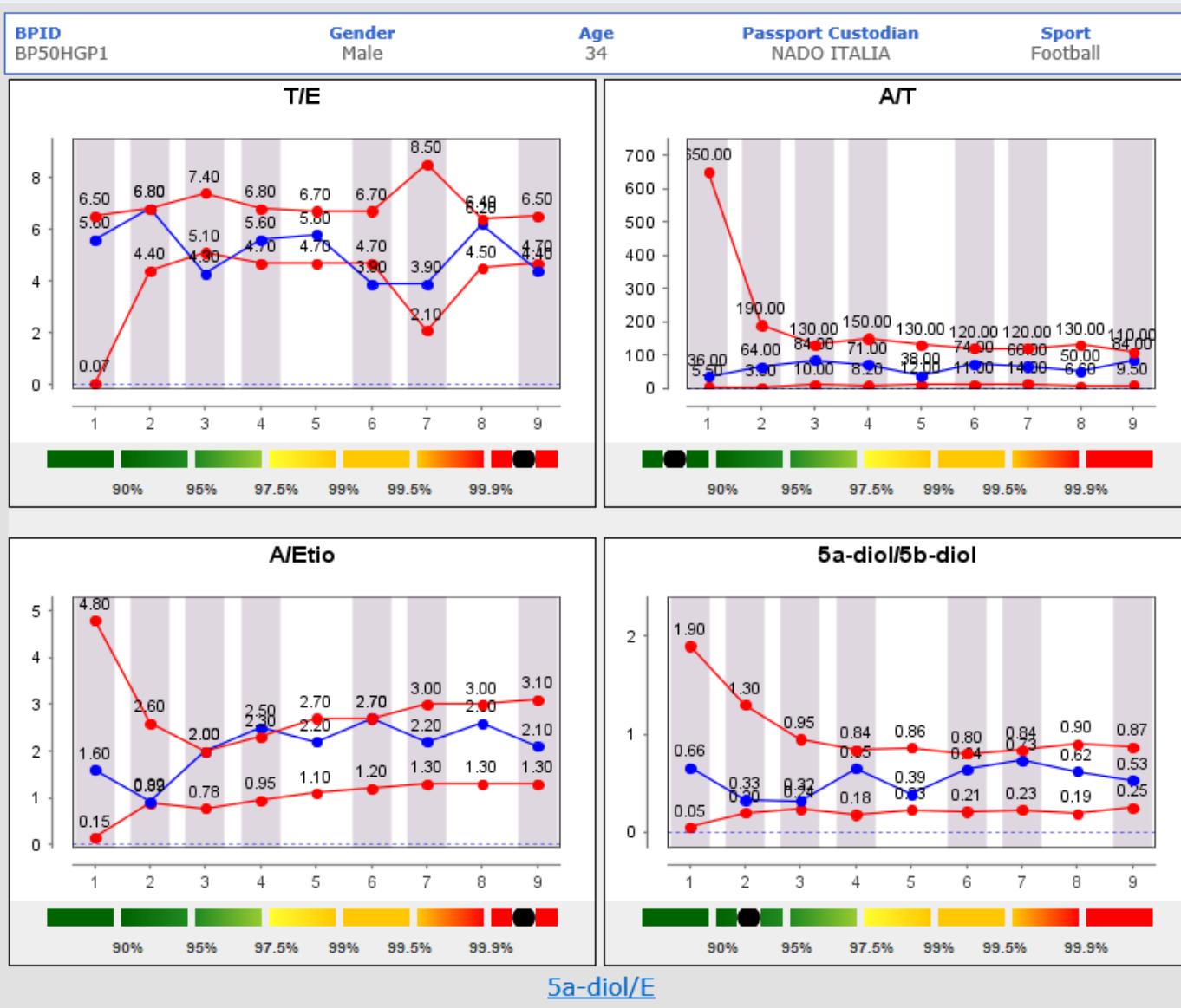
# Increasing workload capacity

Step	h	
3-12 mL Urine	3	
Free fraction removal		
Hydrolysis + L/L		
HPLC / sample	0,7	1,7
4-5 Injections / sample	1	
Total time for 30 samples		54
Injections per sequence		> 120

Step	h	
6 mL Urine	2	
No Free fraction removal		
Hydrolysis + L/L		
HPLC / sample	0,3	0,6
1 Injection / sample	0,3	
Total time for 30 samples		19,4
Injections per sequence		< 35

# **Real passports**

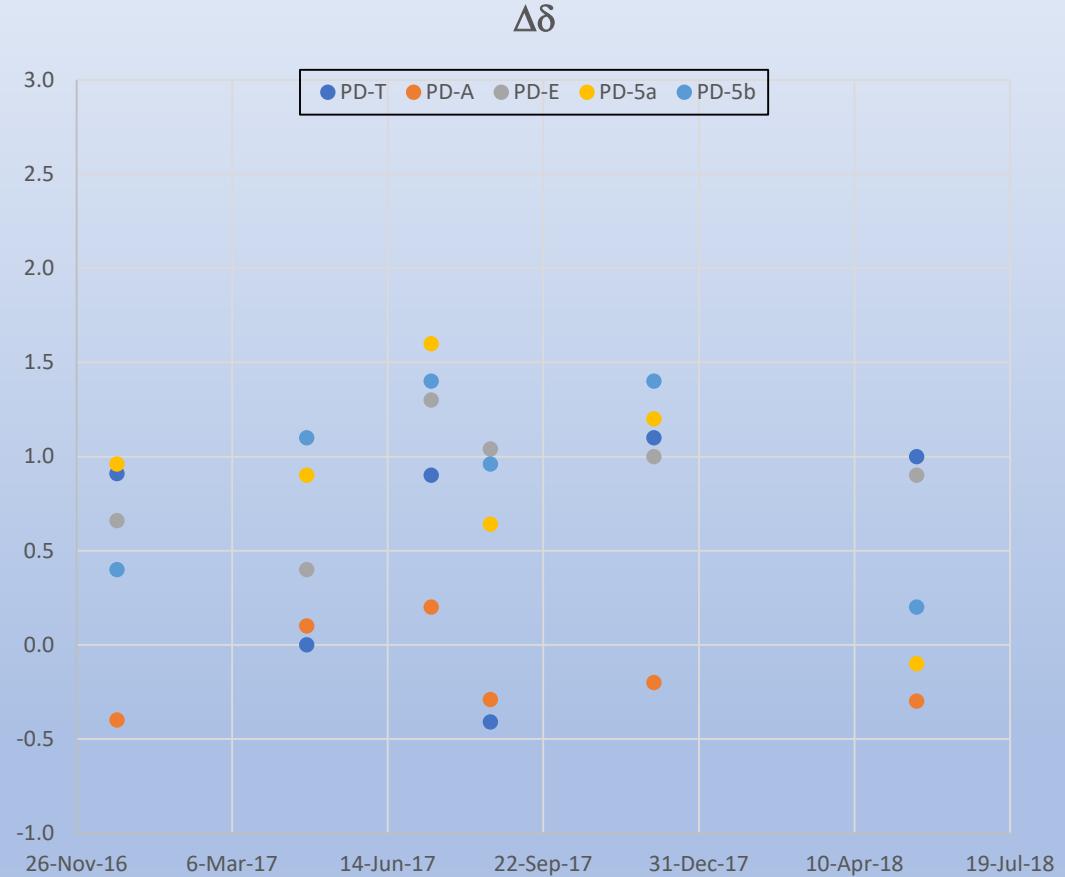
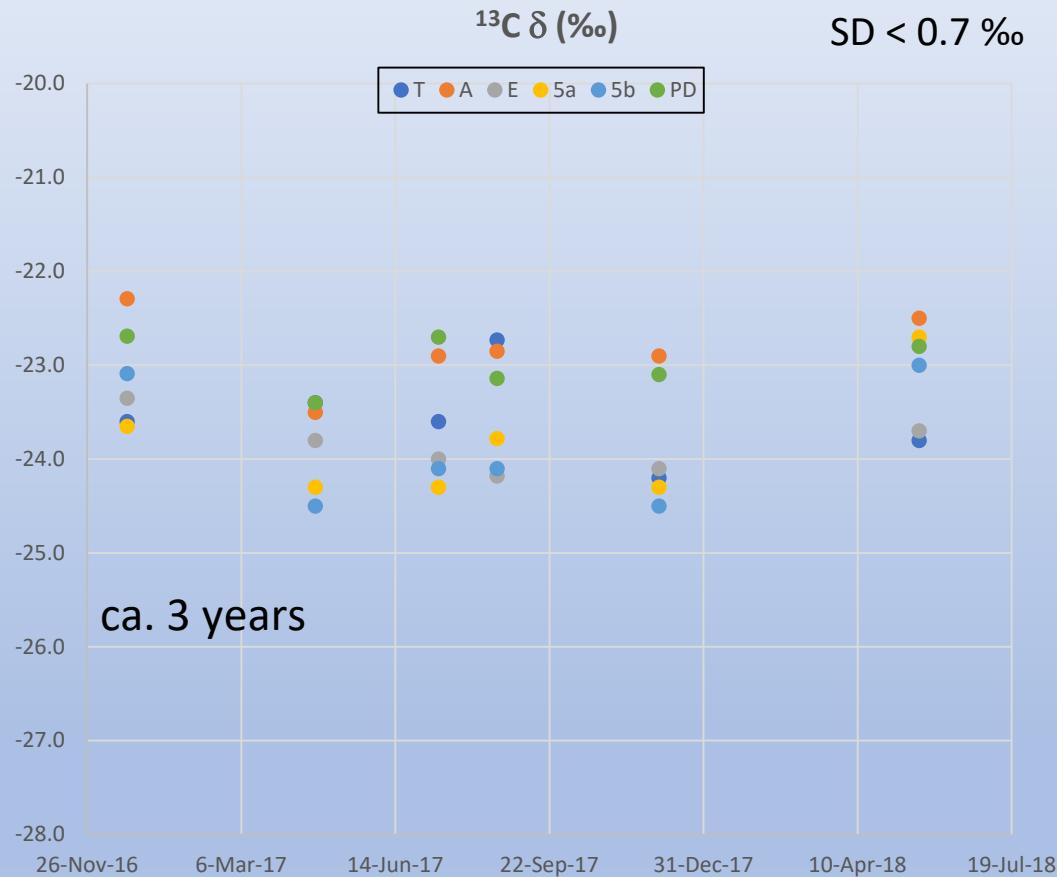
# Steroid Module



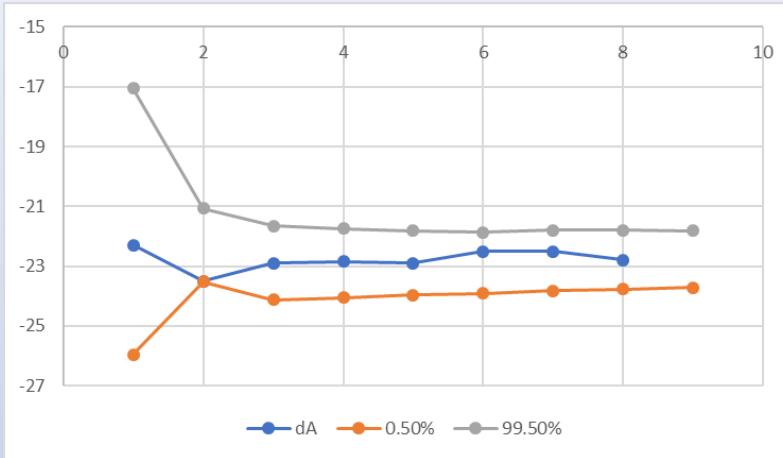
Samples collected 2015-2018

# Isotopic Module

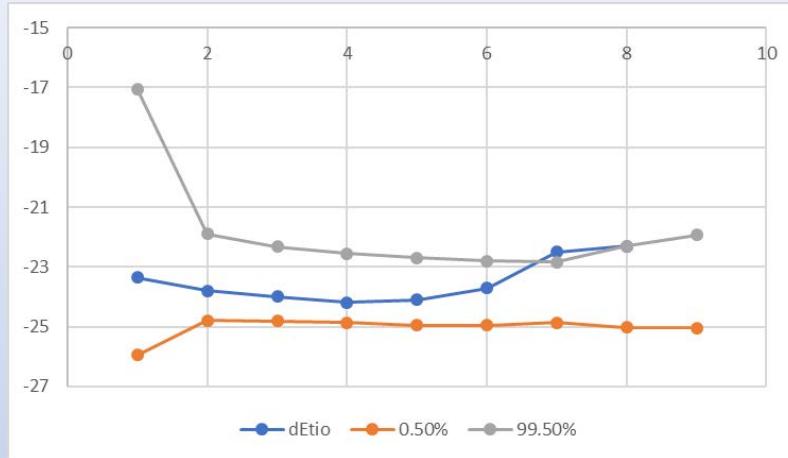
IRMS data are stable



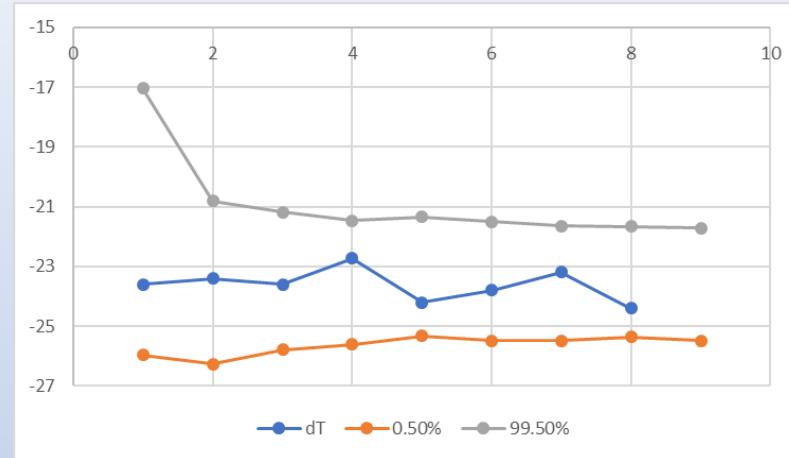
# Isotopic Module



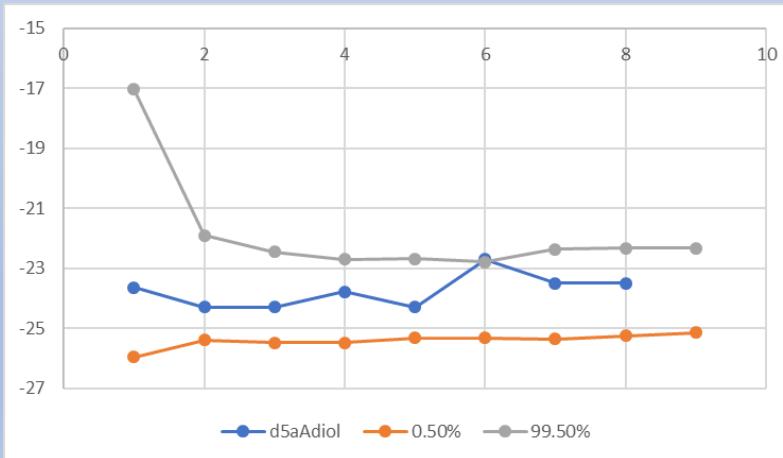
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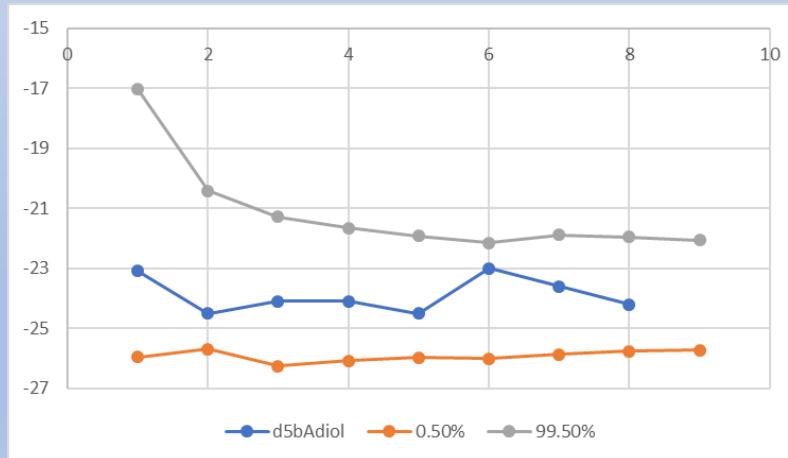
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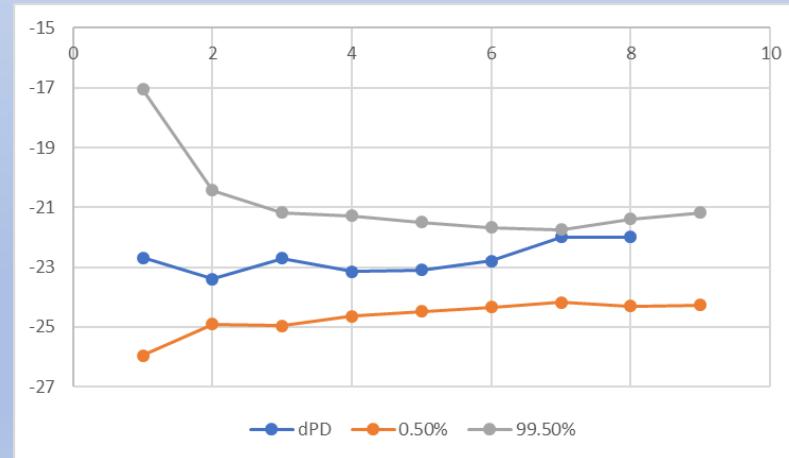
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5aAdiol

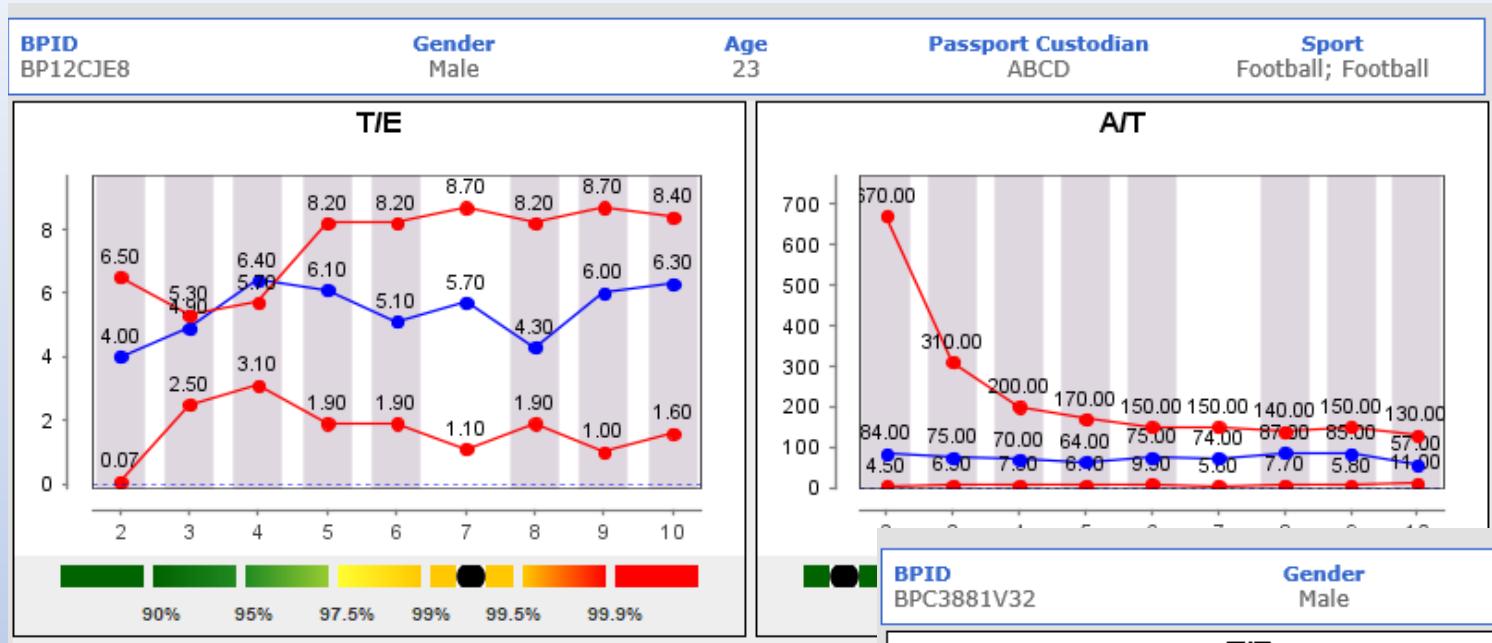


5bAdiol

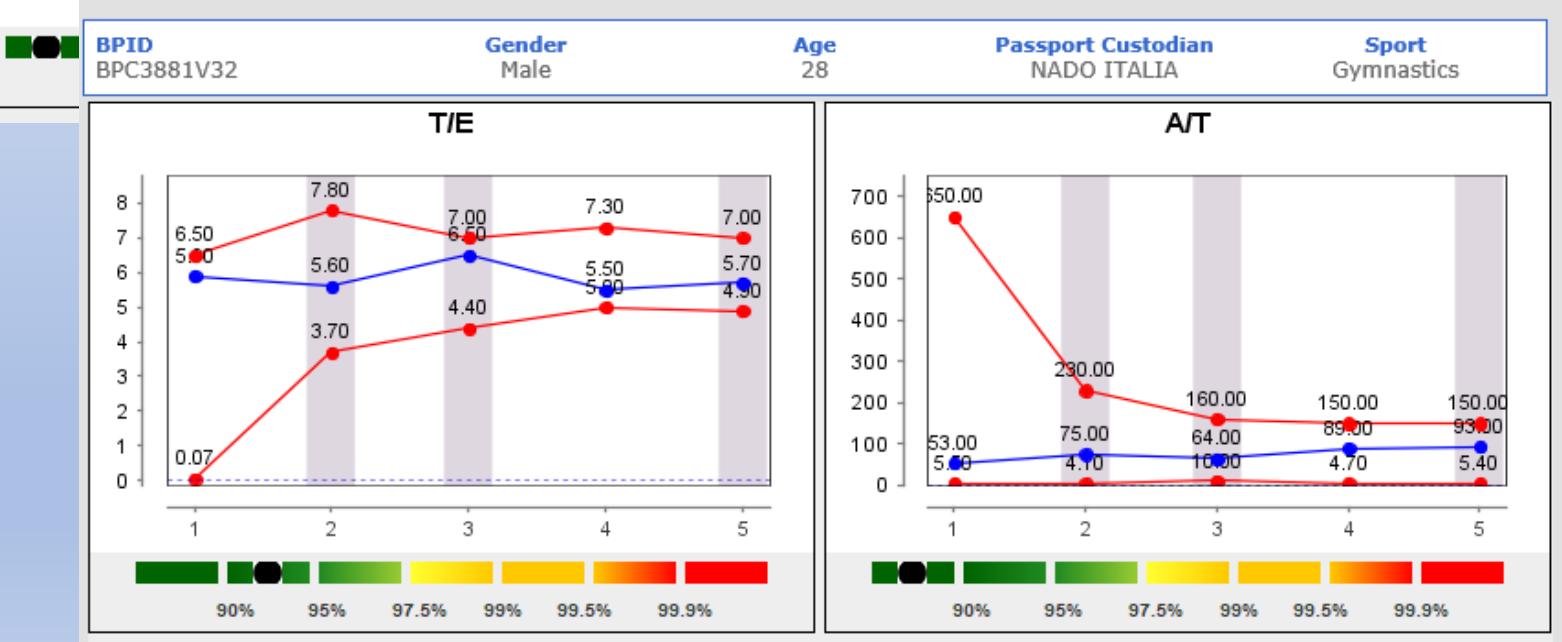


PD

# Steroid Module

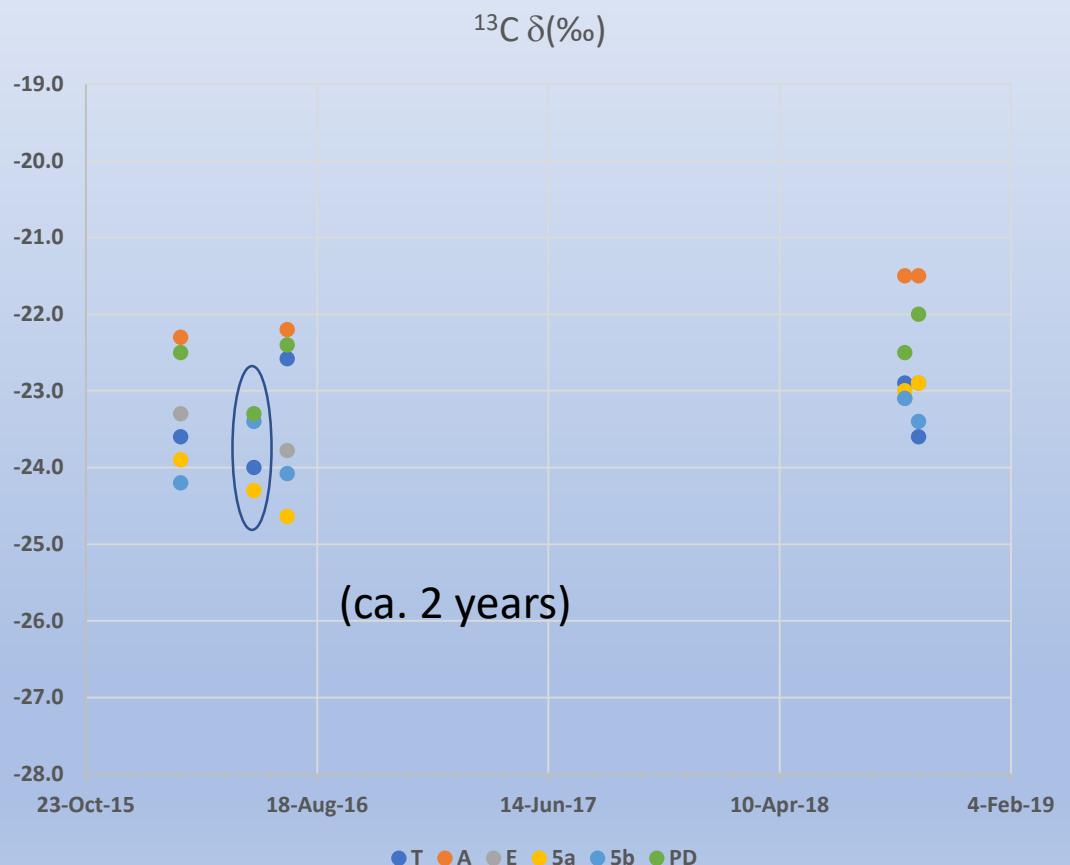
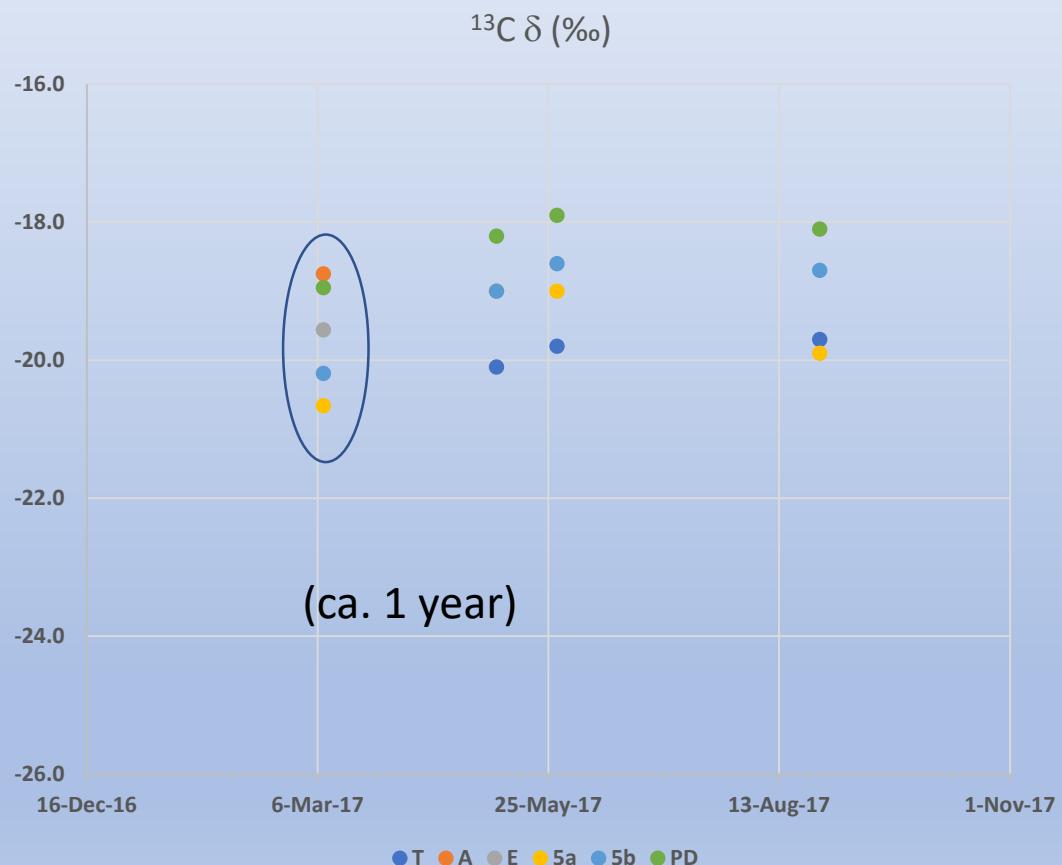


2 Laboratories involved

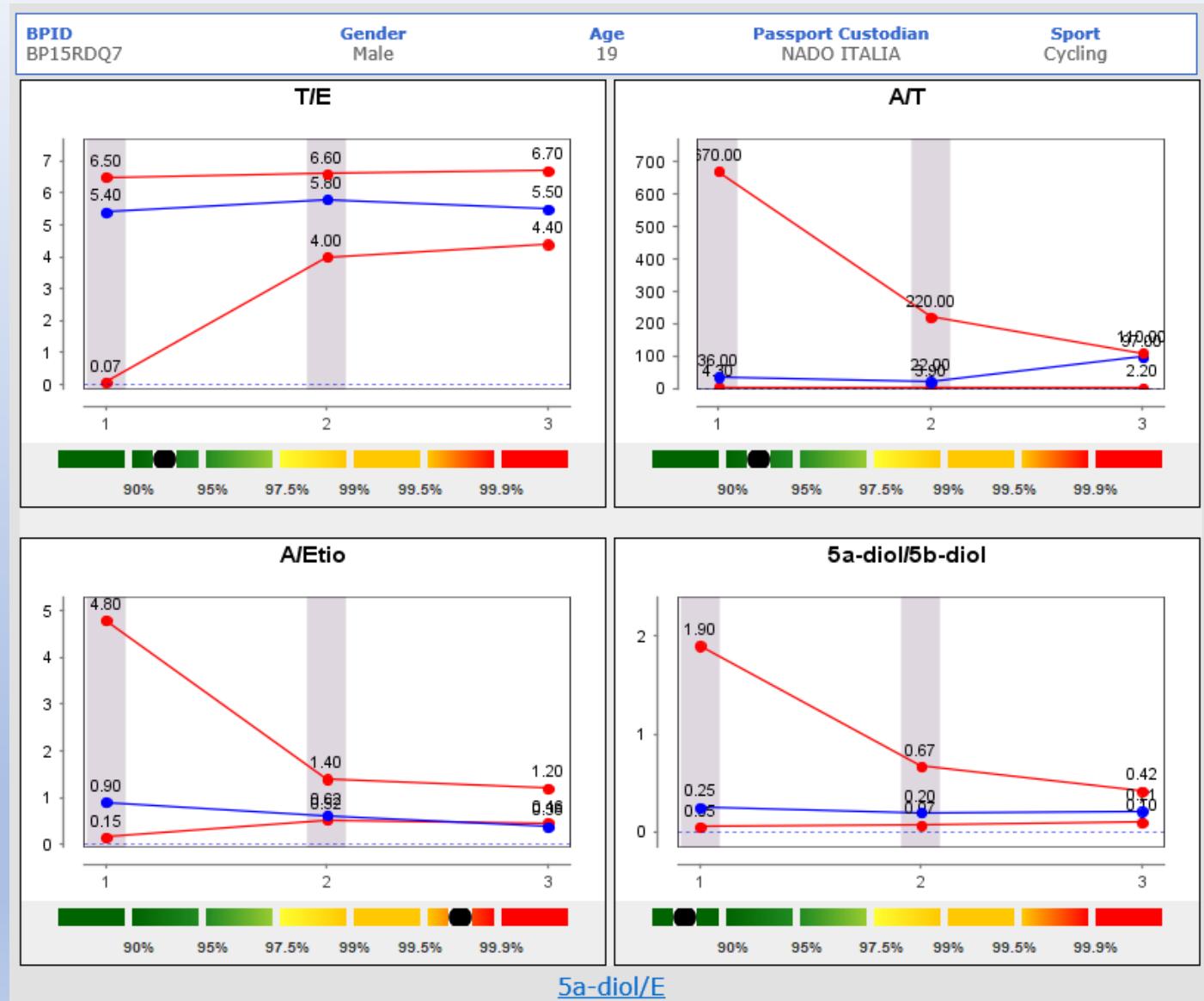


# Isotopic Module

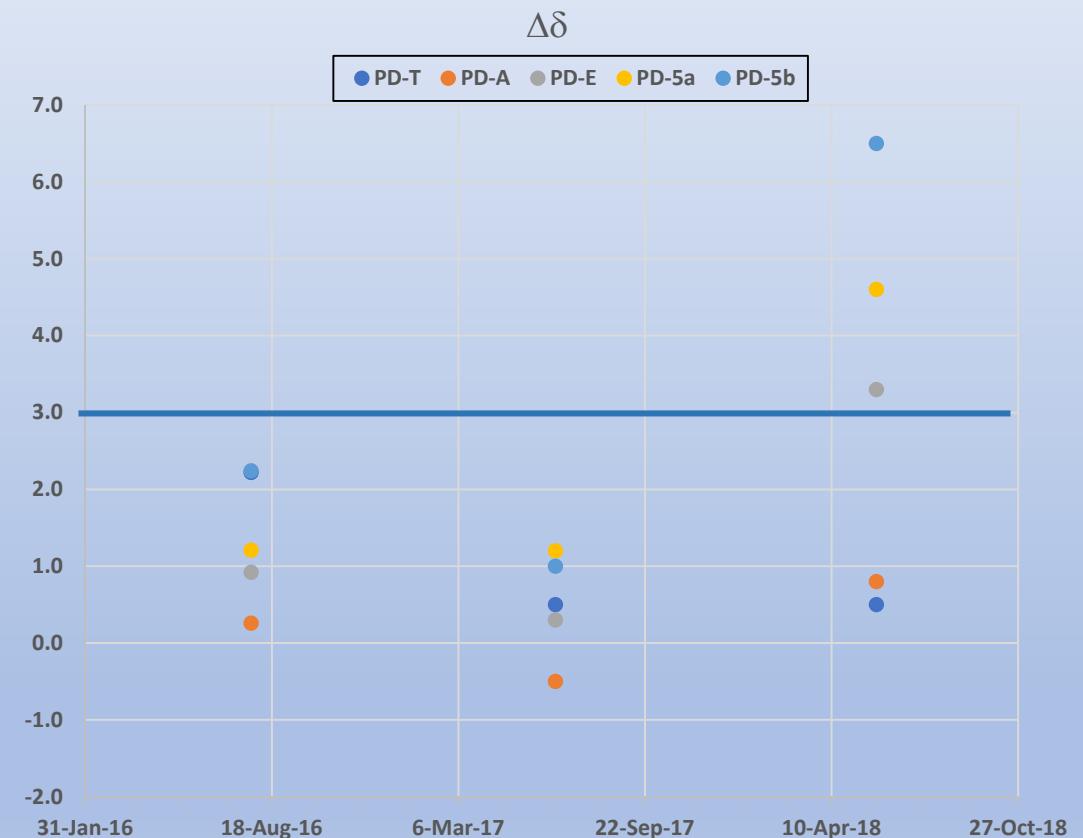
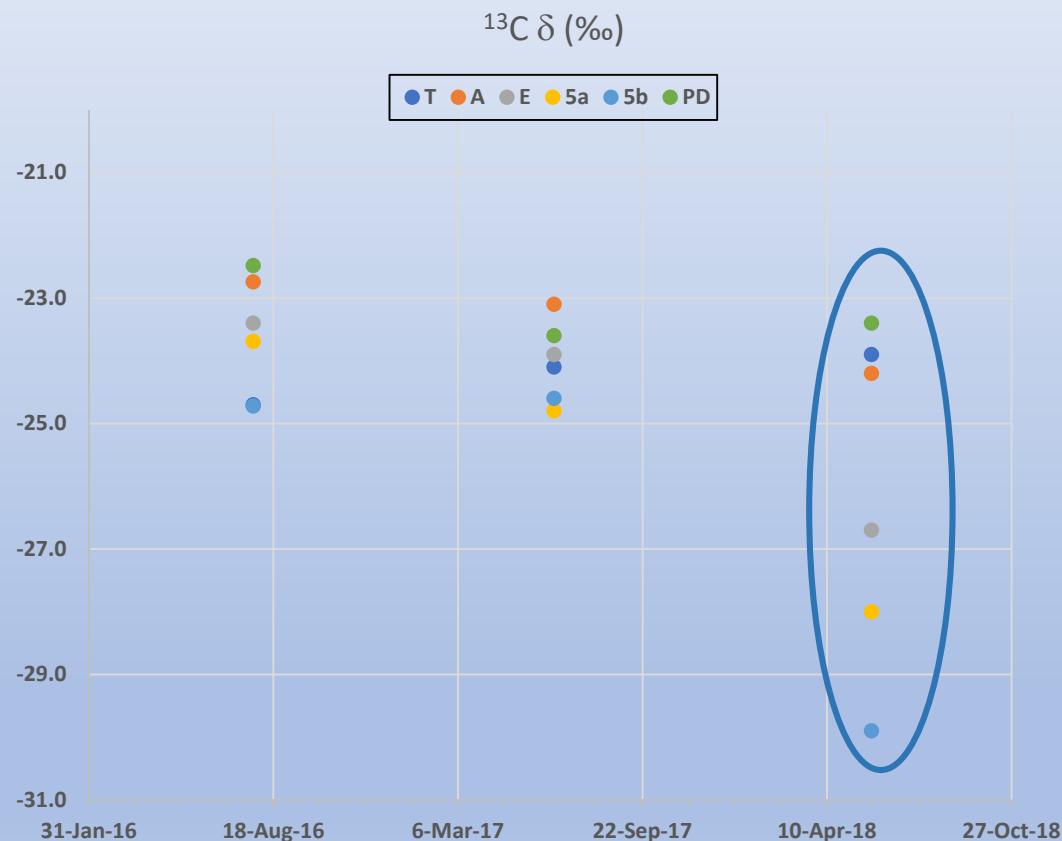
2 Laboratories involved



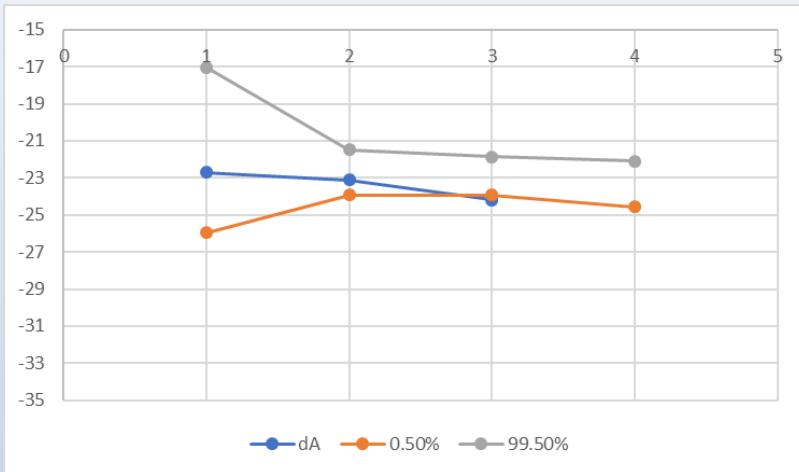
# Steroid Module



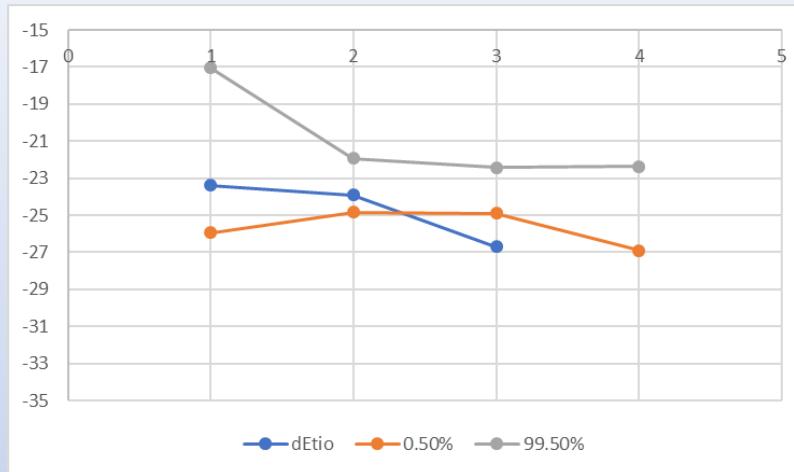
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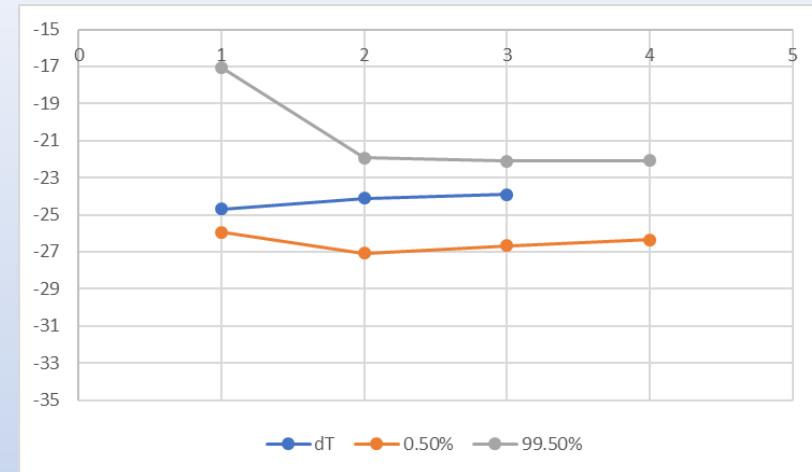
# Isotopic Module



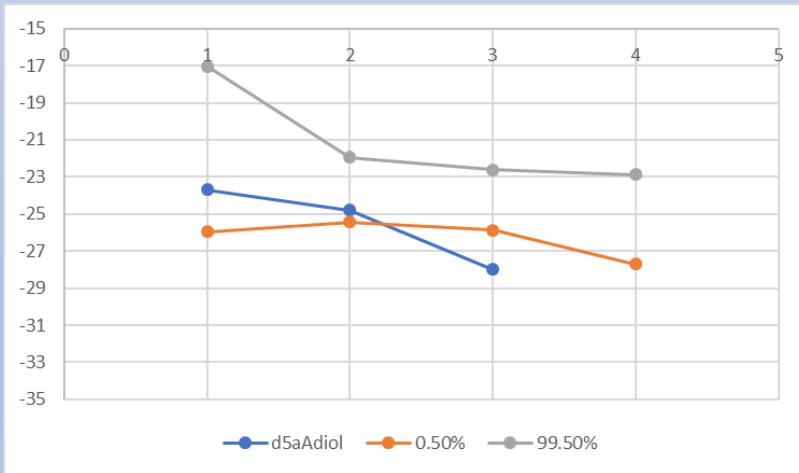
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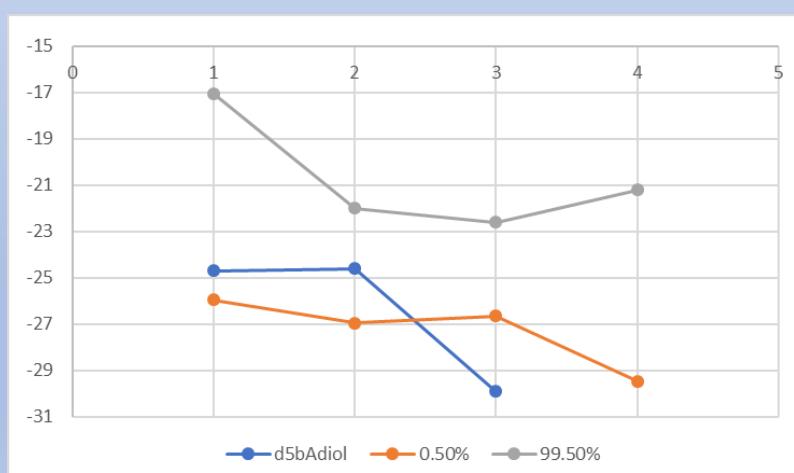
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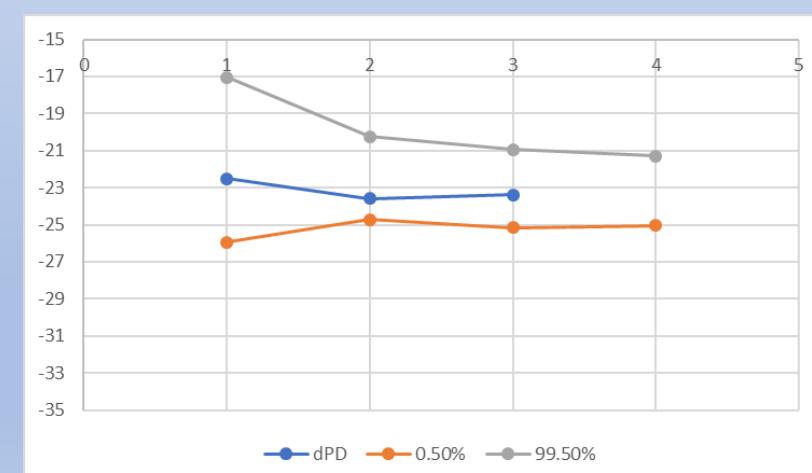
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5aAdiol

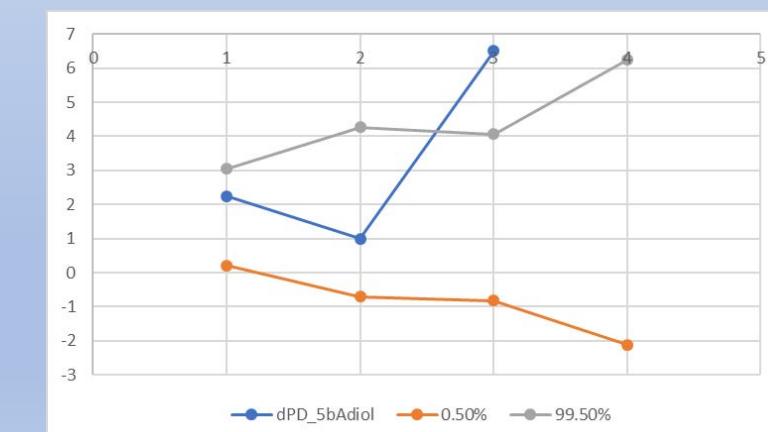
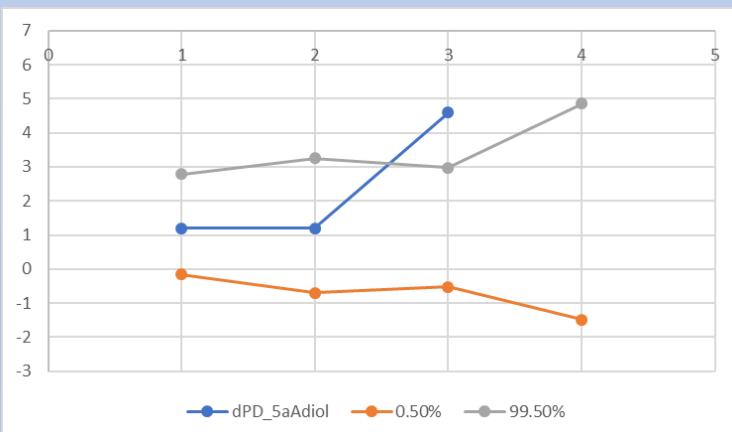
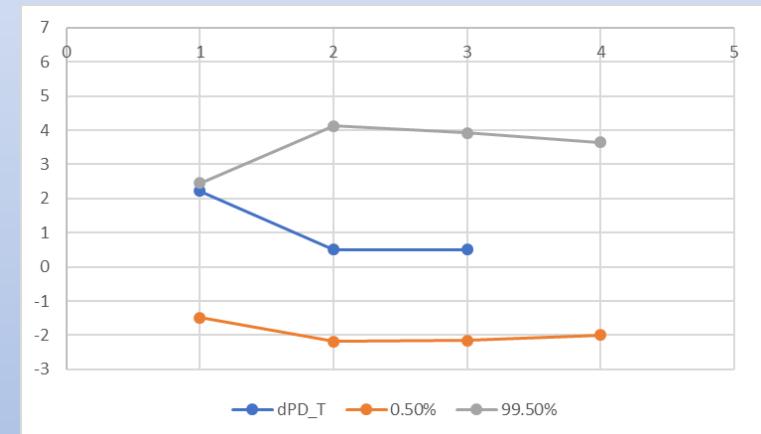
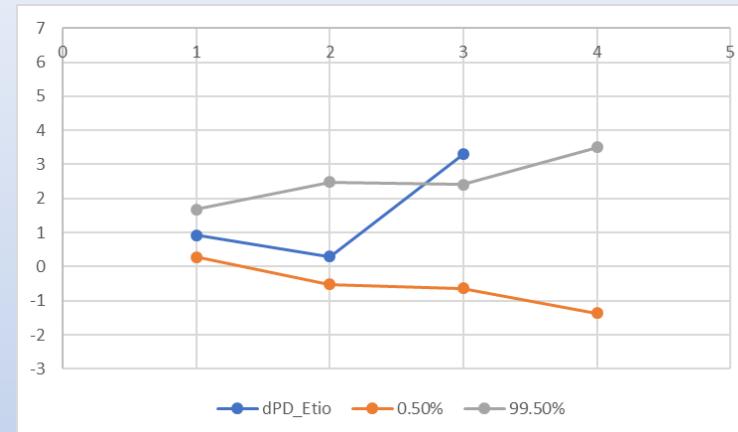
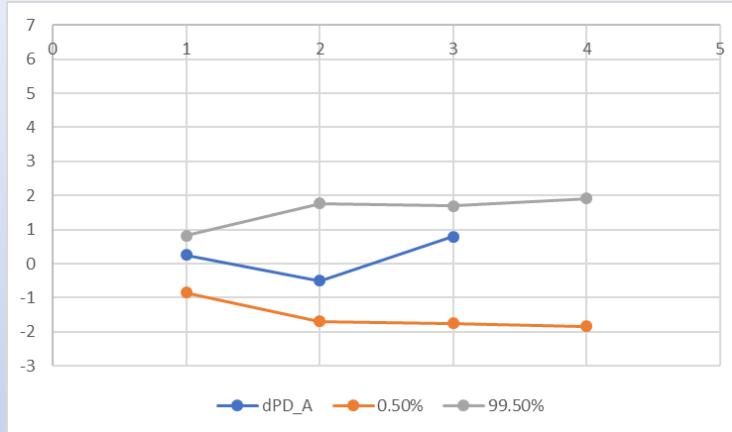


5bAdiol

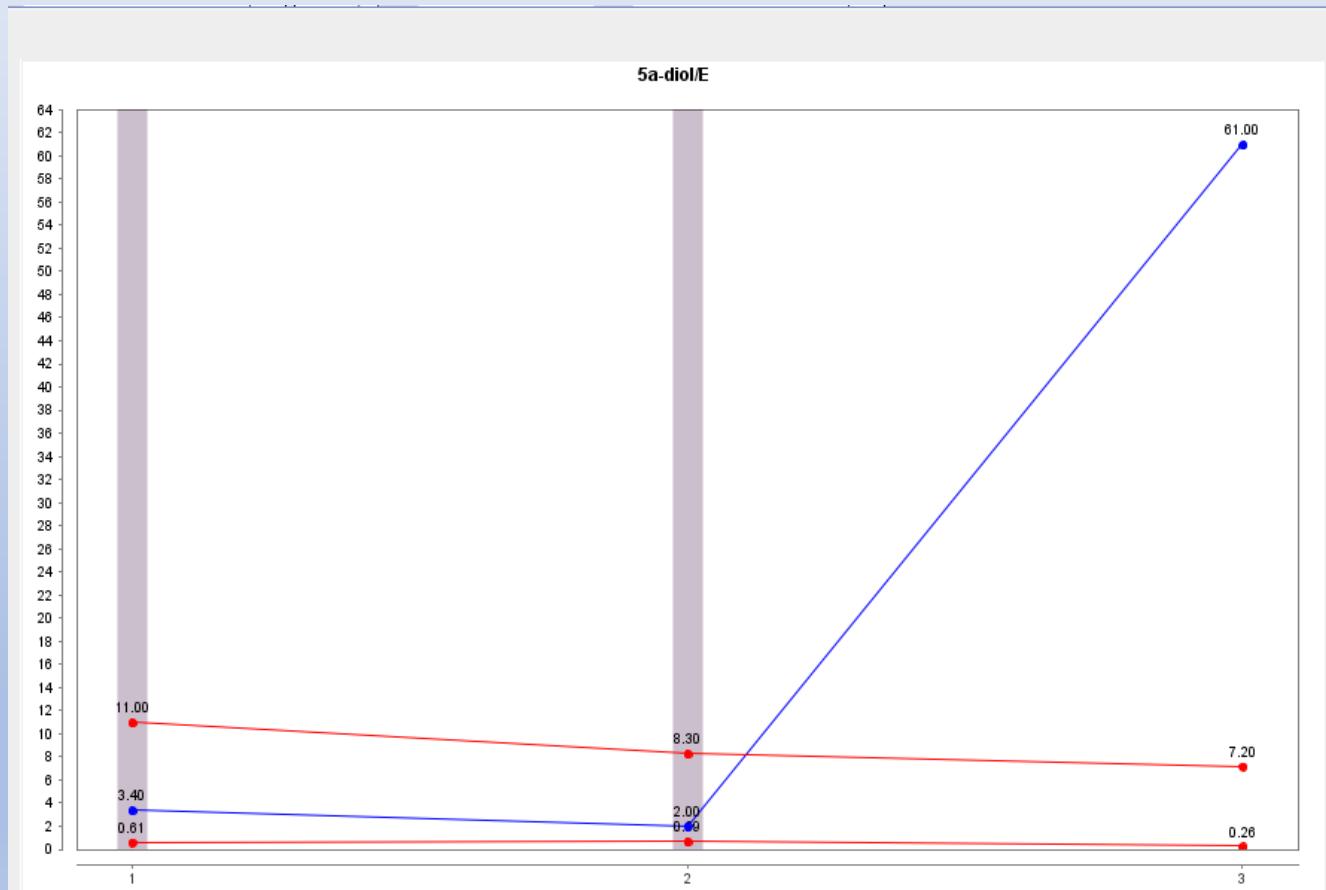


PD

# Isotopic Module



..... But the steroid module of the ABP has some additional information



## Conclusions and Future Perspectives

IRMS Bayesian model:

- Δδ Improves the sensitivity for the detection of doping with pseudo endogenous steroids
- Δδ The simplicity and the same approach used for the Steroid Profile Adaptive Model should allow an easy inclusion in the Athlete Biological Passport
- Δδ The use of IRMS should be extended not only to confirmations

### Future

- Δδ Greater harmonization among Laboratories is needed
- Δδ Study of potential confounding factors needed

# Acknowledgments

- My IRMS colleagues @ the Laboratorio Antidoping FMSI
- Italian Ministry of Health ("Ministero della Salute, Commissione per la vigilanza sul doping e sulla tutela sanitaria delle attività sportive") for the financial support of the initial part of the project
- World Antidoping Agency (WADA) for financial support

