

A world map composed of small black dots, centered on the Atlantic Ocean, spanning the top and bottom of the slide. A solid green horizontal band runs across the middle of the slide, behind the 'playtrue' text.

playtrue

Anti-Doping e-Learning (ADeL) Platform Webinar

Montreal, Canada

30 January 2018





Overview of Presentation

- Background to ADeL
- Key features of ADeL
- Benefits for ADOs
- What resources are available?
- Future

WADA's Role in Education

DUAL ROLE:

POLICY/ OVERSIGHT

- Code Compliance
- International Standard (in progress)

DEVELOPMENT

- Education Tools
- Evidence Base
- Advocacy for education
- Conferences
- Partnership
- Assistance and guidance

Not a
provider



eLearning's Place in Education



ADeL's Place in eLearning

- A central hub for anti-doping resources
- Primarily a platform for ADOs
- Not a competitor for existing tools
- Fulfills a need for ADOs who do not have the capacity to develop their own eLearning tools



Project Background

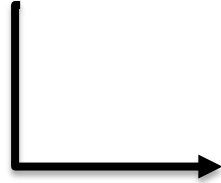
- Need for new tool for anti-doping administrators
- Current eLearning tools were in different environments
- ADOs did not have access to data
- Translation was prohibitively expensive
- Time for everything to come under one roof...



ADeL Overview

- Consolidation of all WADA eLearning programs
- Single account and one sign-in for all users
- Tailored experience for users
- User management functionality for ADOs
- Mobile Friendly
- Ease of Translation

ADeL Technology – Open Source



Framework


**Learning Management
System (LMS)**


Application




ADeL Home

[English](#) [French](#) [Other languages](#)

**WORLD
ANTI-DOPING
AGENCY**



WELCOME TO




The anti-doping e-learning platform (ADeL) offers access to all topics related to clean sport and anti-doping. It offers courses for athletes, coaches, doctors, administrators and anyone interested in learning more about anti-doping and protecting the values of clean sport.





[Log in](#)


[Register](#)

[Forgot your password?](#)

[Need help?](#)

 **WADA**

/ 9 

Tailored Experience for Users

First name *

Last name *

Country *

United States ▼

City *

State *

- Select - ▼

Role *

- Select a value - ▼

- Select a value -

Athlete

Coach

ADO Employee

Sport Physician

Other Medical Personnel

Parent



YOUR COURSES



CoachTrue

CoachTrue provides anti-doping education for coaches of elite and recreational-level athletes. It has different modules covering all anti-doping processes as well as tutorials, scenario-based activities and quizzes.

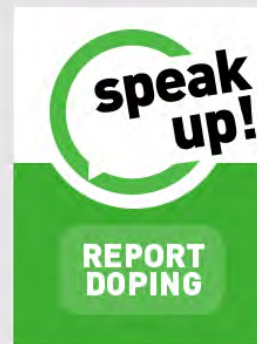
EN

ES


FR

PL




RESOURCES



RESOURCES FOR YOU

 Coach's Toolkit

CLEAN SPORT AT-A-GLANCE

 About Anti-Doping Athlete Whereabouts The Doping Control Process

TWITTER



WADA @wada_ama

WADA launches new anti-doping eLearning platform (ADeL)

The platform will serve as a central hub for all of WADA's eLearning courses and resources.

Find out more: ow.ly/HjV130hVKta



WADA launches new anti-doping eLearning platform ...
Join us for a webinar on 30 January Today, the World Anti-Doping Agency announces the release of a new eLearning platform, ADeL (Anti-Doping eLearning), which will serve
wada-ama.org



Jan 22, 2018



WADA Retweeted



Beckie Scott @BeckieScott4

A welcome opportunity to present and speak with athletes of the GCC and Yemen at their Athlete Forum in Muscat, Oman. [@wada_ama](https://wada_ama)



FACEBOOK



World Anti-Doping Agency

WADA launches new anti-doping eLearning platform (ADeL) WADA announces the release of a new eLearning platform, ADeL (Anti-Doping eLearning), which will serve as a central hub for all of WADA's eLearning courses and resources. A webinar to introduce the platform and all its functionalities relevant to Anti-Doping Organizations (ADOs) will be held on 30 January as detailed below: Join us for a webinar on 30 January Today, the World Anti-Doping Agency announces the release of a new eLearning platform, ADeL (Anti-Doping eLearning), which will serve as a central hub for all of WADA's eLearning courses and resources. A webinar to introduce the platform and all its functionalit... [WADA launches new anti-doping eLearning platform \(ADeL\)](#) (22 January 2018)
4 days 2 hours ago.



World Anti-Doping Agency

Save the Date! WADA's fifth World Conference on Doping in Sport to be held in November 2019. The Conference will take place from 5 to 7 November 2019 in Katowice, Poland. Find out more: The World Anti-Doping Agency (WADA) asks its stakeholders to 'save the date' for the Agency's Fifth World Conference on Doping in Sport that will take place from 5 to 7 November 2019 in Katowice, Poland. While Katowice was selected as the Conference's host city during WADA's May 2017 Found... [Save the date: WADA's fifth World Conference on Doping in Sport to be held in November 2019](#) (17 January 2018)
1 week 2 days ago.



World Anti-Doping Agency

WADA announces that 2018 List of Prohibited Substances and Methods is now in force. The World Anti-Doping Agency (WADA)

LIBRARY



Sport Physician's Tool Kit

EN



ADO Kickstart

EN



Alpha

EN

ES

FR



Parents' Guide

EN

ES

FR

ACHIEVEMENTS



ALPHA

Passed, well done!

Score

92

Total time

0:01:40

YOUR CERTIFICATE



COACHTRUE

Passed, well done!

Score

94

Total time

0:00:50

YOUR CERTIFICATE



User Management for ADOs

The screenshot shows the WADA website with a green header bar. On the right side of the header, there is a 'Languages' link and icons for a user profile and a power button. In the center of the header is the WADA logo, which consists of two green stylized figures and the text 'WORLD ANTI-DOPING AGENCY'. Below the header is a large banner image featuring a tennis player in a green jacket and a yellow tennis ball. A white search bar with a green magnifying glass icon is overlaid on the banner. Below the banner is a dark navigation bar with the following links: 'HOME', 'LIBRARY', 'ACHIEVEMENTS', 'USER ADMINISTRATION', 'COUNTRY STATS', and 'SPORT STATS'. The 'USER ADMINISTRATION' link is highlighted with a red rectangular box, and a red arrow points to it from below. Below the navigation bar, the page is divided into two main sections: 'YOUR COURSES' on the left and 'RESOURCES' on the right. The 'YOUR COURSES' section shows a blue graphic of a building. The 'RESOURCES' section shows a logo for 'speak' with a green circular arrow. In the bottom right corner, there is a page number '/ 15'.

WORLD ANTI-DOPING AGENCY

Languages

HOME LIBRARY ACHIEVEMENTS **USER ADMINISTRATION** COUNTRY STATS SPORT STATS

YOUR COURSES

RESOURCES

speak

/ 15

User Management for ADOs (Cont.)

SPORT STATISTICS

Sport

Football

Course

All

[Export in excel](#)

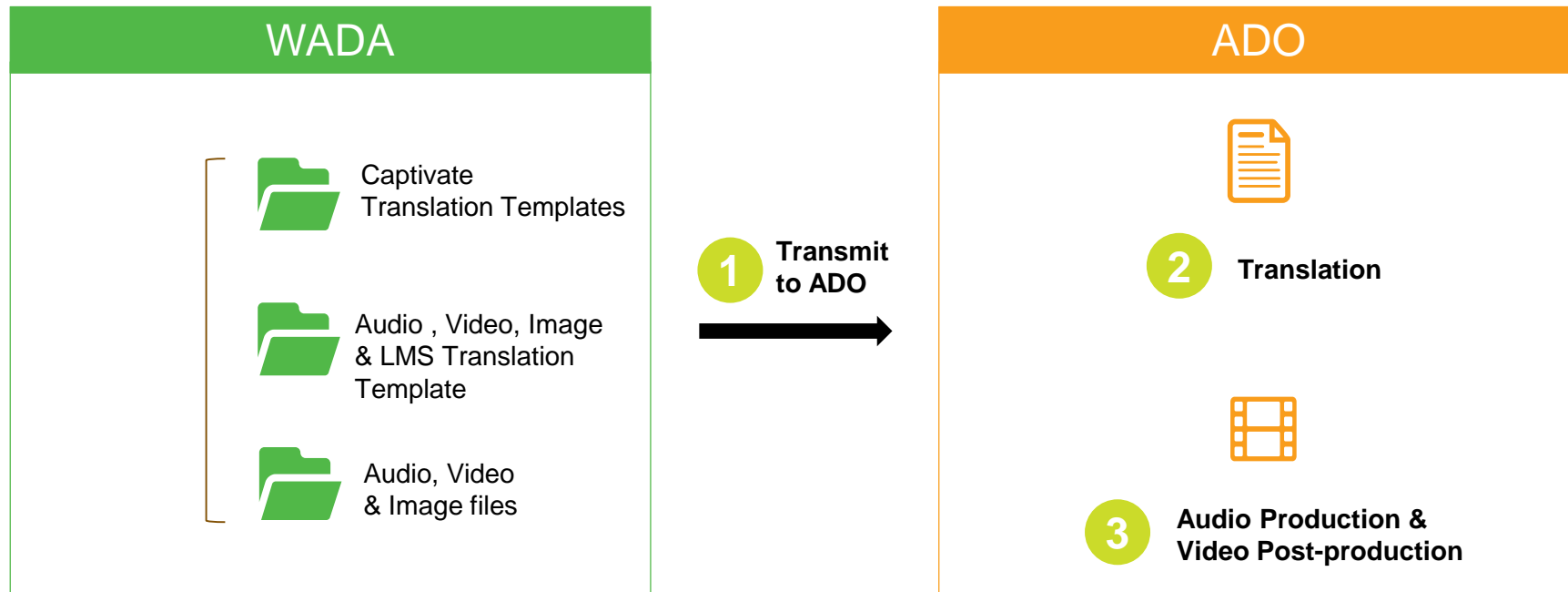
Football

There are currently 3 Football athletes enrolled

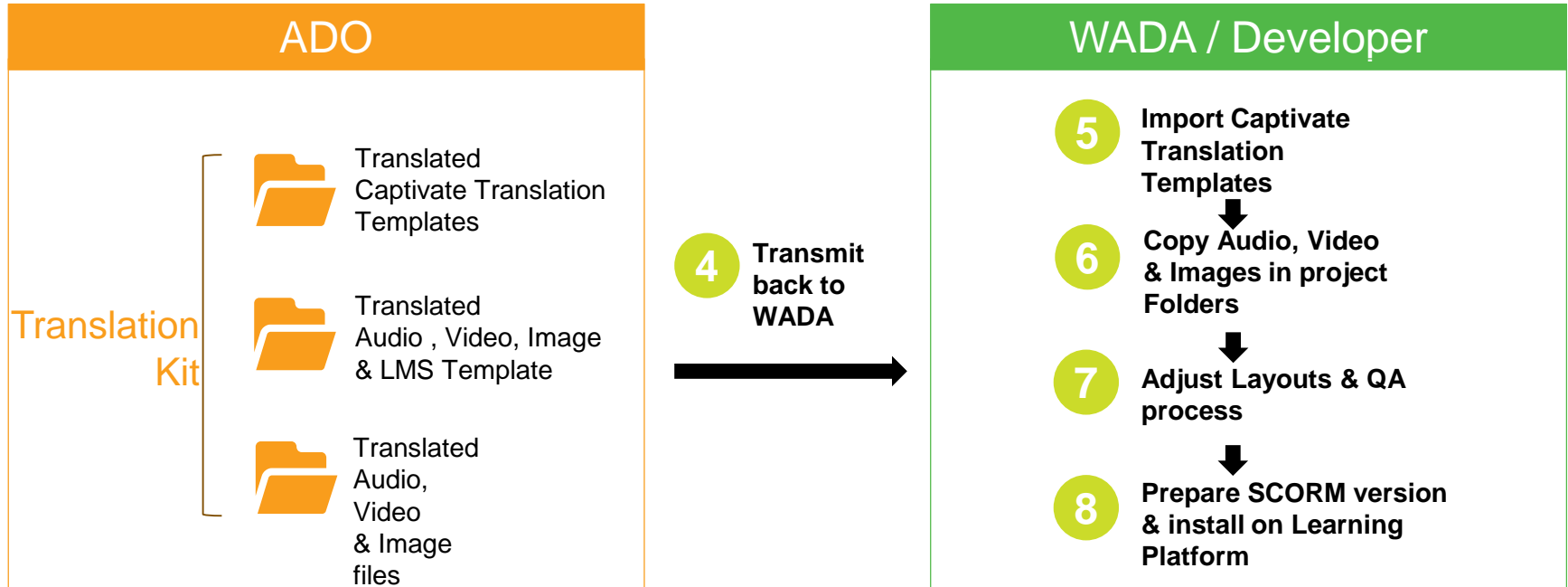
Country	Number of athletes	Number of athlete course subscriptions		Passed	Completed
Canada	2	5		4	5
Switzerland	1	2		0	1
Total	3	7		4	6



ADeL – Translation Process



ADeL – Translation Process (Cont.)

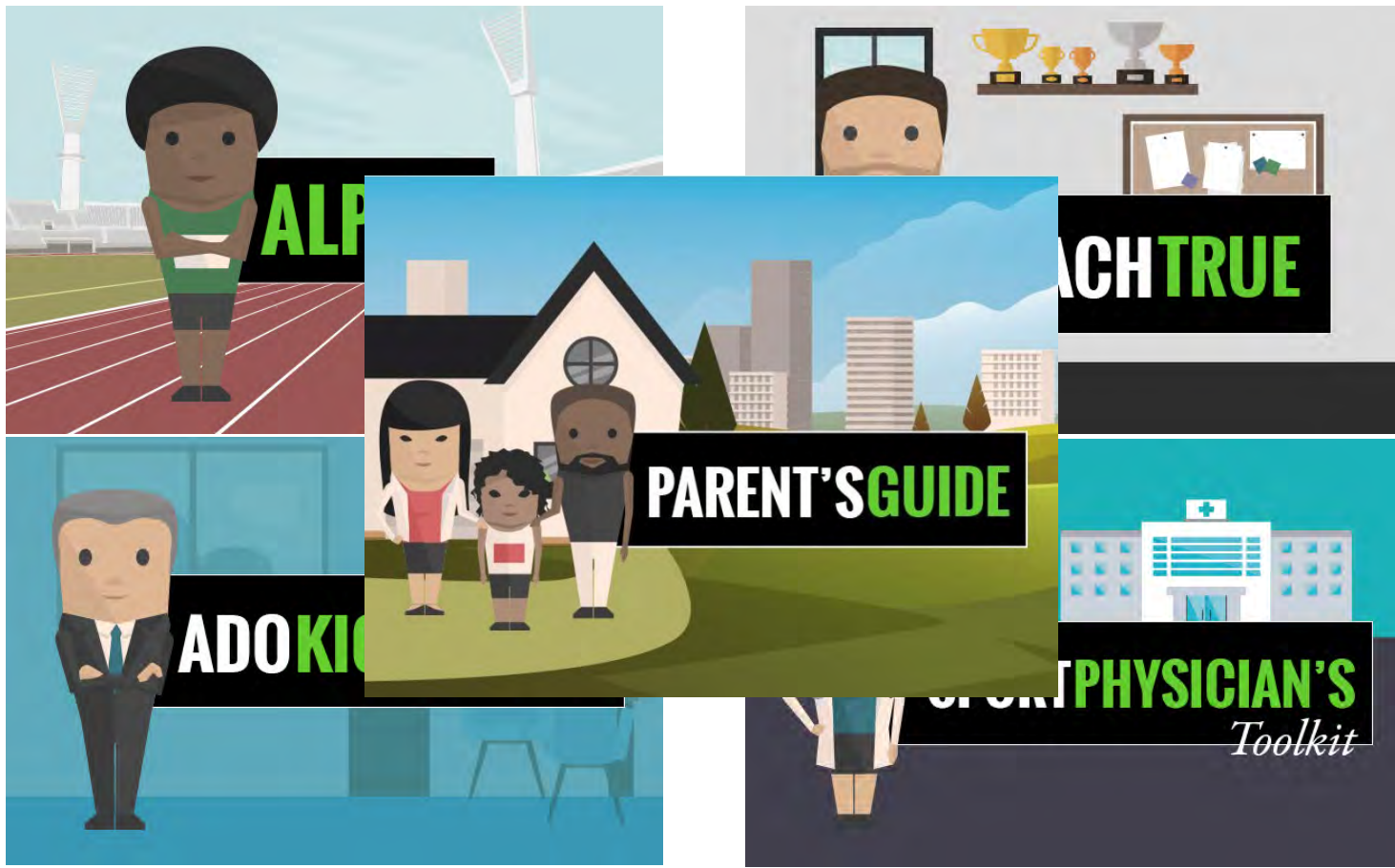


ADeL – Translation Process (Cont.)

Slide Id	Item Id	Original Text Caption Data	Updated Text Caption Data	Slide
14555	14543-5	ALPHA	ALPHA	1
14555	14543-2	ALPHA	ALPHA	1
14555	14543	ALPHA	ALPHA	1
14555	35368-3	1 \ 8	1 \ 8	1
14555	35368-5	1 \ 8	1 \ 8	1
14555	35368-2	1 \ 8	1 \ 8	1
14555	35368-4	1 \ 8	1 \ 8	1
14555	35368	1 \ 8	1 \ 8	1
13724	13707-3	In this course, you will first learn about the following anti-doping processes:	In this course, you will first learn about the following anti-doping processes:	2
		The doping control process	• The doping control process	
		Whereabouts requirements	• Whereabouts requirements	
		Therapeutic Use Exemptions	• Therapeutic Use Exemptions	
		The results management process	• The results management process	
		You will then know what to expect and what to do when it comes to anti-doping.	You will then know what to expect and what to do when it comes to anti-doping.	
13724	13707-5	In this course, you will first learn about the following	In this course, you will first learn about the following	2



E-Learning Courses on ADeL Platform





Introduction



Facts 1

The Doping Control Process



Decisions 1

Medical Reasons to Stay Clean



Facts 2

Whereabouts



Decisions 2

Ethical Reasons to Stay Clean



Facts 3

Therapeutic Use Exemptions



Decisions 3

Practical Help to Stay Clean



Facts 4

Results Management



Decisions 4

How to Deal With Pressure



Conclusion

On your marks, get set...

COACHTRUE



Game



Health Consequences

Tutorial

PDF : Recognizing doping



Accountability

Tutorial

Coaching session 1

Coaching session 2



Results Management

Tutorial

Coaching session 1

Playbook



Therapeutic Use Exemptions

Tutorial

Coaching session 1

Playbook



Whereabouts

Tutorial

Coaching session 1



Decision Making

Tutorial

Coaching session 1

v1.2 - 20180114a



Introduction



Doping and Sports Medicine Ethics

Health Consequence of Doping

The Doping Control Process

The Prohibited List and TUEs

The Athlete's Biological Passport

Introduction to Gene Doping

Identifying and Prescribing Prohibited
Drugs

IOC Needle Policy

Bringing Medication to the Games

The Final Assessment



PARENTS' GUIDE TO SUPPORT
CLEAN SPORT

Anti-Doping Education for Parents

**YOUR ROLE
AS PARENT**



As parents or guardians, you know that the pressure to train hard, compete and achieve at a high level can lead athletes to entertain dangerous options presented as shortcuts, such as extreme dieting, excessive training, taking supplements and doping.

The importance of your role as parents to help your children achieve their sporting goals, while also teaching them respect for and appreciation of the true spirit of sport, cannot be over-emphasized. You must be the consistent voice promoting safety, good health, integrity, balance and enjoyment of clean sport throughout their pursuit of excellence. This resource is designed to help you enhance your children's knowledge of how to protect themselves in their sport or career.

- Research shows that parents are the one constant, and perhaps most consistent, influence in an athlete's life
- 2015 Code highlights the importance of educating athlete support personnel



PROMOTING GOOD VALUES

Sport can enhance work ethic, respect, friendship, joy, resilience and healthy lifestyles. However, if these values are not ingrained, sport can also encourage cheating, lying, arrogance and winning at the expense of personal health and integrity. Here is a list of things you can do to promote good values:



Teach children to respect their opponents and themselves, to value skill development above winning, to win and lose with dignity, and respect the true spirit of sport.



Model these values for your children by encouraging and praising them regardless of the outcome of their competition; by keeping positive in the stands as you watch their match; and by speaking positively about their opponents once the competition is over.



Rank respect, personal improvement, integrity and equity above winning. Remind your child of these priorities regularly.



Open up a dialogue with your child to discuss the values promoted in their sport / club / training centre.



Emphasize that participation in sport is most importantly about personal growth and development into the best version of themselves.



Notice when children take shortcuts or cheat to win and use the situation as an opportunity for learning. Start a conversation about ethics and the dangers of performance enhancing drugs. Make it clear that you expect your child to avoid them and compete with integrity.

FURTHER INFORMATION



The Ride Home, True Sport, 2016

True Sport Parent Handbook, US Anti-Doping Agency, 2016



IDENTIFYING A HEALTHY SPORT CULTURE

The sport culture or environment your children spend significant time in will have an impact on their thinking. Assess whether it is a beneficial one that will enhance their growth and development. Here is a list of ways you can identify a healthy sport culture:



Look for key support personnel and assess whether they create a supportive culture – one that values respect, personal growth and equity.



Does the coach lead with integrity and good character? Is the coach invested in continual learning?



Determine if perceived failures are seen as opportunities for learning.



Find out if peers are encouraging of others while striving to better themselves.



Monitor stress levels.

Consider removing your child from an unhealthy sport culture.

FINDING BALANCE



Teach them to be organized with schedules, calendars and agendas.



Teach children to seek help and ask for what they need when they are feeling overwhelmed.



Prioritize health, enough sleep and proper nutrition.

Young athletes need your guidance to learn how to balance their many responsibilities, from demanding training schedules to schoolwork to time with family and friends. These are ways you can help your child find balance.

FURTHER INFORMATION



Supporting Your Child's Development, UK Anti-Doping, 2016
Canadian Sport for Life – A Sport Parent's Guide

NUTRITION

The right food and hydration choices increase the odds of optimal athletic performance and lifelong health. Here is a list of ways you can promote proper nutrition:



Model good nutrition and hydration choices for your child.



Promote body positivity and encourage a healthy relationship with food.



Teach your child to read ingredient lists and how to read food labels.



Inform yourself about the appropriate diet for your child and consult a nutritionist / dietician for specific advice and menus if possible.



Plan meals ahead and keep your kitchen stocked with healthy food choices.



Try to ensure your child never gets too hungry, as this is when poor selections happen.

FURTHER INFORMATION



For more detailed information about making the best nutrition choices, please consult:

United States Anti-Doping Agency – Nutrition Guide

Sport Nutrition for Young Athletes – Canadian Paediatric Society

Nutrition – Australian Sports Commission

The Nutrition Source - Harvard

THE RISKS OF SUPPLEMENTS

A planned and balanced diet can meet all of a competitive athlete's nutritional needs. There is little if any evidence indicating that supplements are needed to complement a healthy diet, and they can pose a risk to both the health and career of athletes. Here are some key pieces of information you need to know:



The supplements industry is **highly unregulated**.



There is **NO GUARANTEE** that supplements are free of prohibited substances!



Excellent nutrition is the safest and best way to facilitate peak athletic performance, promote clean sport and establish healthy life-long eating habits.



There are safety issues with certain supplements – some present serious risks to health and anti-doping.



No organization can guarantee the safety of supplements. Be an informed consumer and recognize “too good to be true” marketing promises.



Research shows that use of **supplements can be a gateway to doping**.



If your child insists on using dietary supplements, **know how to recognize the risks** and reduce the chance of testing positive by seeking professional advice.



Ensure that you and your child understand the principle of **‘Strict Liability’**.

FURTHER INFORMATION



U.S. Anti-Doping Agency's Supplement Safety Guide

Australian Sports Anti-Doping Authority – Supplements

Drug Free Sport New Zealand – Supplements



DOPING RISK FACTORS

Identifying athletes who are more at risk and vulnerable to doping behaviours is important for parents as it allows for proactive action and prevention.

The following personal characteristics, personality traits, and attitudes may make an individual more vulnerable to doping:

- Low self-esteem
- Results / achievement-driven
- Perceived parental pressure to be perfect
- Body image dissatisfaction / concern about weight maintenance
- Type of sport (weight categories, endurance, pure speed or strength)
- Success judged largely by comparison with others rather than on mastery of skills
- Impatience with obtaining results
- Propensity for cheating / bending the rules
- Belief that everyone else is doping
- Disbelief in harmful effects of doping
- History of substance abuse in family
- Admiration for achievements of known doped athletes

PERIODS WHEN ATHLETES ARE MORE VULNERABLE TO DOPING

The following are moments when any athlete may be more at risk of doping:

- Return from injury
- Change in clubs / environment
- Change in level (entering a high performance centre, elite level)
- Recent competitive failure

Career related circumstances

- External pressures to perform / high stakes placed on performance (by sponsors, agents, family members, sports organizations, etc.)
- Overtraining or insufficient recovery time
- Recovering from injury
- Absence or weakness of deterrents (such as doping controls, severe sanctions, etc.)
- Lack of resources (such as competent training professionals, sports training information and technology)

Temporary situations

- Breakdown of personal relationships (with parents, peers, etc.)
- Emotional instability caused by life transitions (puberty, graduation to higher education levels, dropping out of school, geographical moves, severed relationships, death of significant other)
- Upcoming career-determining events (team selection, major competition, scouting or recruitment activities)
- Performance setback or plateau



PARENTS' GUIDE TO SUPPORT CLEAN SPORT



PROTECTING THE CLEAN ATHLETE - DOPING CONTROL PROCESS



Understand the principle of 'Strict Liability' and ensure that your child is familiar with what constitutes doping.



Ensure that you and your child understand all 10 anti-doping rule violations (ADRVs).



Ensure that your child understand that competitive athletes are tested for doping substances regularly, in and out of competition, in order to protect clean sport and clean athletes.



Review and discuss information on the stages of doping control together with your child. Consult the WADA website for resources to assist you: At-A-Glance - The Doping Control Process.



Make sure your children know their rights and responsibilities when it comes to the doping control process.

FURTHER INFORMATION



Here is a video that explains each step:
The Doping Control Process for Athletes.



ADO Kickstart

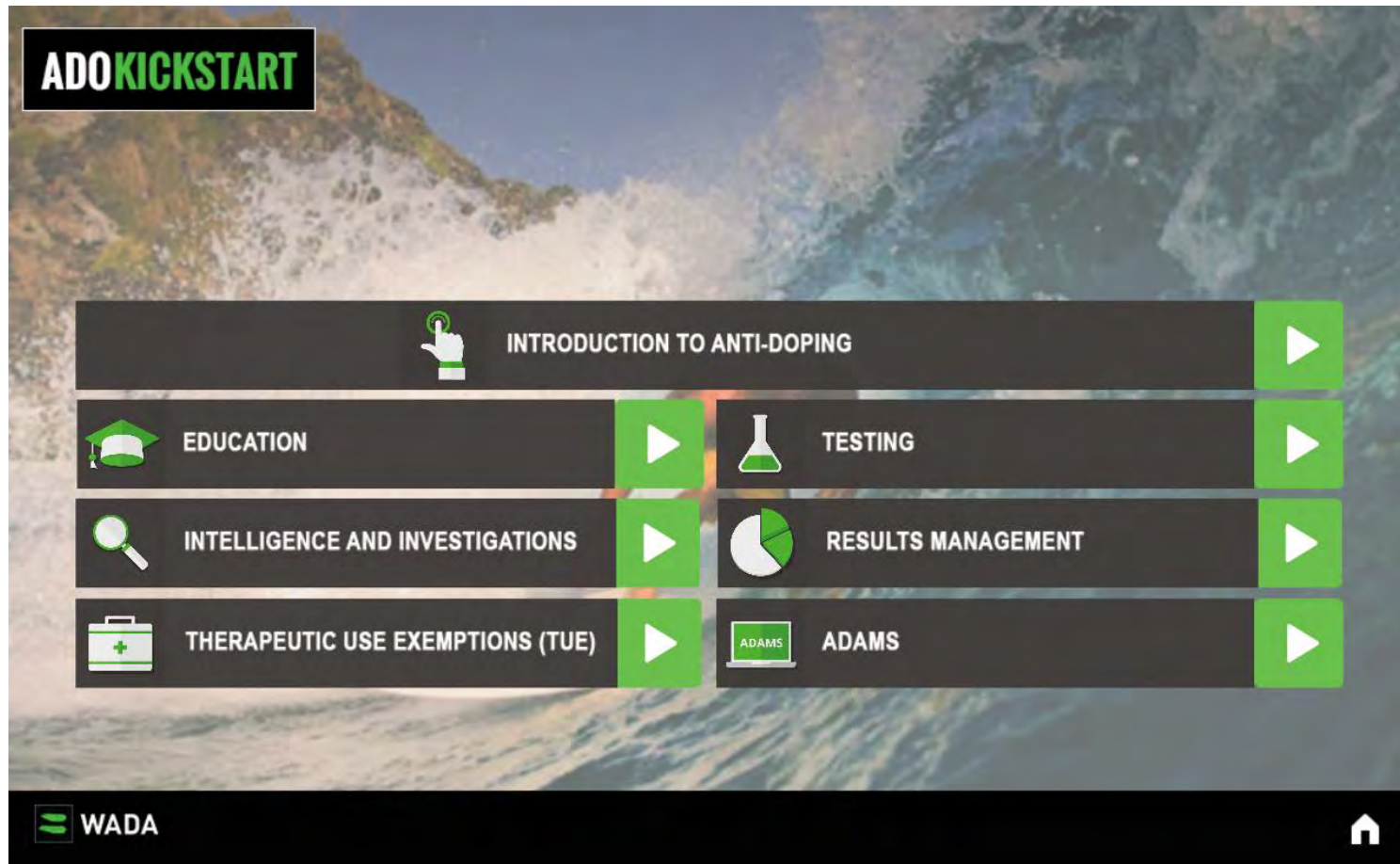


ADO Kickstart Overview

- Targets administrators to understand main anti-doping processes, roles and responsibilities
- Step-by-step process
- Reference tool for daily tasks
- **Main features:** Resources, Reference Matrix, Acronyms, Glossary, Checklist




















ADO Kickstart Overview (Cont.)



The image shows a menu for the ADO Kickstart program. The background is a satellite view of a coastline. The menu is a dark grey bar with a grid of options. Each option has an icon, a text label, and a green play button. The options are: INTRODUCTION TO ANTI-DOPING (hand icon), EDUCATION (graduation cap icon), TESTING (flask icon), INTELLIGENCE AND INVESTIGATIONS (magnifying glass icon), RESULTS MANAGEMENT (pie chart icon), THERAPEUTIC USE EXEMPTIONS (TUE) (first aid kit icon), and ADAMS (laptop icon). The ADAMS icon has the word 'ADAMS' on the screen. The WADA logo is in the bottom left, and a home icon is in the bottom right.

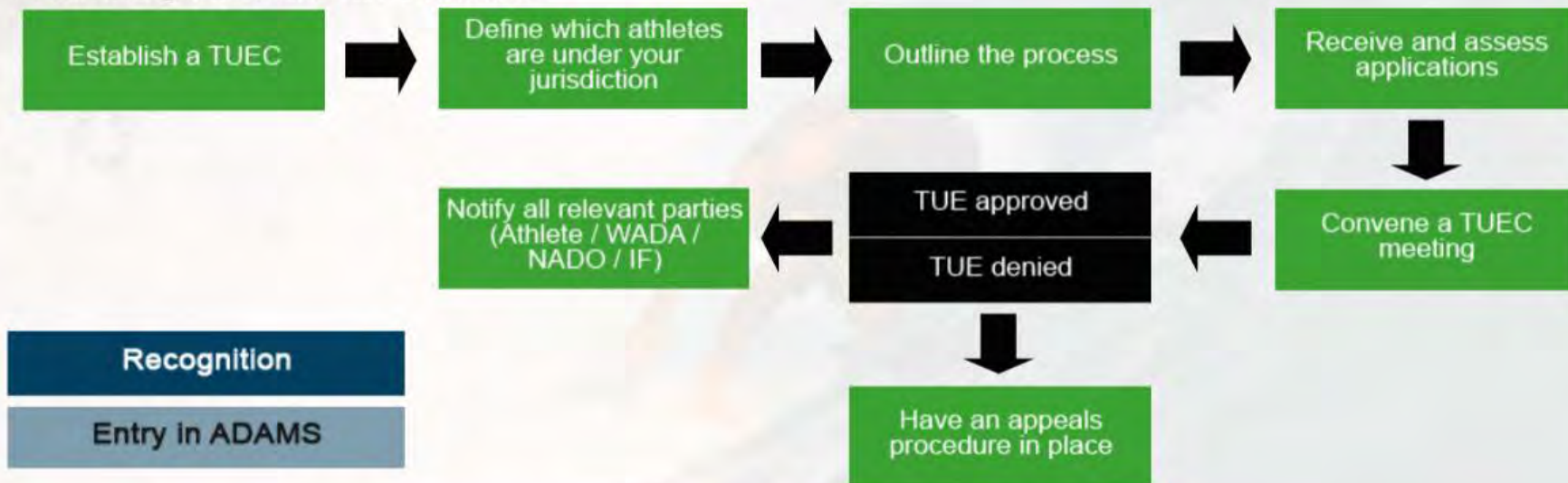
ADOKICKSTART

-  **INTRODUCTION TO ANTI-DOPING** 
-  **EDUCATION**   **TESTING** 
-  **INTELLIGENCE AND INVESTIGATIONS**   **RESULTS MANAGEMENT** 
-  **THERAPEUTIC USE EXEMPTIONS (TUE)**   **ADAMS** 

 **WADA**  / 33 

TUE Process Overview (ADO's Perspective)

> Click on the green and blue boxes to learn more.



PREVIOUS

NEXT

INTRODUCTION TO ANTI-DOPING

What is Doping ?

Key Players and their Roles and Responsibilities

Fundamental Anti-Doping Documents

Basic Elements of an Anti-Doping Program

Module	Process	Code Reference		International Standards Reference		Technical Documents	Implementing an Effective Testing Program Guidelines Reference
		Main	Secondary	Main	Secondary		Main
Testing	Risk Assessment	WADC 5.4		ISTI 4.1.1, 4.1.2, 4.1.3, 4.1.4		TDSSA	Guidelines 2.0
	1. Identify risk factors	WADC 5.4.1		ISTI 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5			Guidelines 2.4, 2.5
	2. Data Collection	WADC 5.4.1		ISTI 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5			
	3. Risk Evaluation	WADC 5.4.1		ISTI 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5			
	Test Distribution Plan	WADC 5.4		ISTI 4.1.3, 4.1.4	ISTI 4.2.1, 4.2.2, 4.2.4, 4.2.5		Guidelines 5.0
	1. Establish a Pool of athletes in coordination with other ADOs	WADC 5.4.2		ISTI 4.3	ISTI 4.9.1		Guidelines 4.2.1
	2-1. Prioritize between sports and/or disciplines	WADC 5.4.2		ISTI 4.4			Guidelines 4.2.2
	2-2. Prioritize between athletes	WADC 5.4.2		ISTI 4.5			Guidelines 4.2.3
	2-3. Prioritize between different types of testing	WADC 5.4.1		ISTI 4.6			Guidelines 4.2.4
	3. Develop and Document a TDP	WADC 5.4.1, 5.4.3		ISTI 4.0			Guidelines 5.0
	4. Monitor and evaluate the TDP	WADC 5.4.3	WADC 5.5, 14.4	ISTI 4.1.4			Guidelines 6.5
	Collecting Information for Intelligence	WADC 5.8	WADC 5.8.1, 5.8.2, 5.8.3	ISTI 11	ISTI 4.1.4		Guidelines 3.2, 6.0
	Registered Testing Pool	WADC 5.4.2, APPENDIX 1 (Definitions)		ISTI 4.8.4			Guidelines 8.0
	1. Develop criteria for inclusion to RTP	WADC 5.4.2		ISTI 4.8.6, 4.8.7	ISTI 4.8.8		Guidelines 7.2, 8.1.2
	2. Publish RTP criteria		WADC 5.4.2	ISTI 4.8.6			Guidelines 8.2.1
	3. Notify athletes of RTP inclusion/removal	WADC 5.6		ISTI 1.2.1	ISTI 1.2.2, , 1.2.4		Guidelines 8.2.3
	4. Ensure Athletes are familiar with Whereabouts requirements	Article 5.7.1		ISTI 1.2.1.B, 1.2.1.C	ISTI 1.2.4		Guidelines 8.3.3
	5. Review and update criteria/list of RTP periodically		WADC 5.4.2	ISTI 4.8.7, 4.8.8			Guidelines 8.2.4
	Whereabouts	WADC 5.6	Article 2.4, 5.7.1, 5.7.2	ISTI 4.8, Annex I			Guidelines 8.3
	Pre-test Administration	WADC 5.0, 6.0		ISTI 6.0			
	1-1. Conduct test planning and determine athlete selection	WADC 5.3, 5.4.2		ISTI 6.3, 7.0			

List of Acronyms in the Anti-Doping Movement

A

- AAF: Adverse Analytical Finding
- ABCD: Brazilian Anti-Doping Agency
- ABP: Athlete Biological Passport
- ABPS: Abnormal Blood Profile Score (ABPS)
- AD: Anti-Doping
- ADAMS: Anti-Doping Administration and Management System
- ADAMAS: Anti-Doping Agency of Malaysia
- ADAS: Anti-Doping Agency of Serbia
- ADD: Anti-Doping Denmark
- ADN: Anti-Doping Norway
- ADO: Anti-Doping Organisation/Organization
- ADoP: Anti-Doping Authority Portugal
- ADOP: Anti-Doping Organisation of Pakistan
- ADRs: Anti-Doping Rules
- ADRQ : Anti-Doping Results Questionnaire
- ADRV: Anti-Doping Rules Violation
- AEA: Spanish National Anti-Doping Agency
- AEP: Athlete Endocrinological Passport
- AFLD: French Agency for the Fight Against Doping
- AGM: Annual General Meeting
- AHP: Athlete Hematological Passport
- AIBA: International Boxing Association

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Recherche :

A

ADAMS

Adaptive Model

Administration

Admiralty Scale

Adverse Analytical Finding

Adverse Passport Finding

Air Blank

Alcohol Concentration

Aliquot

Analysis

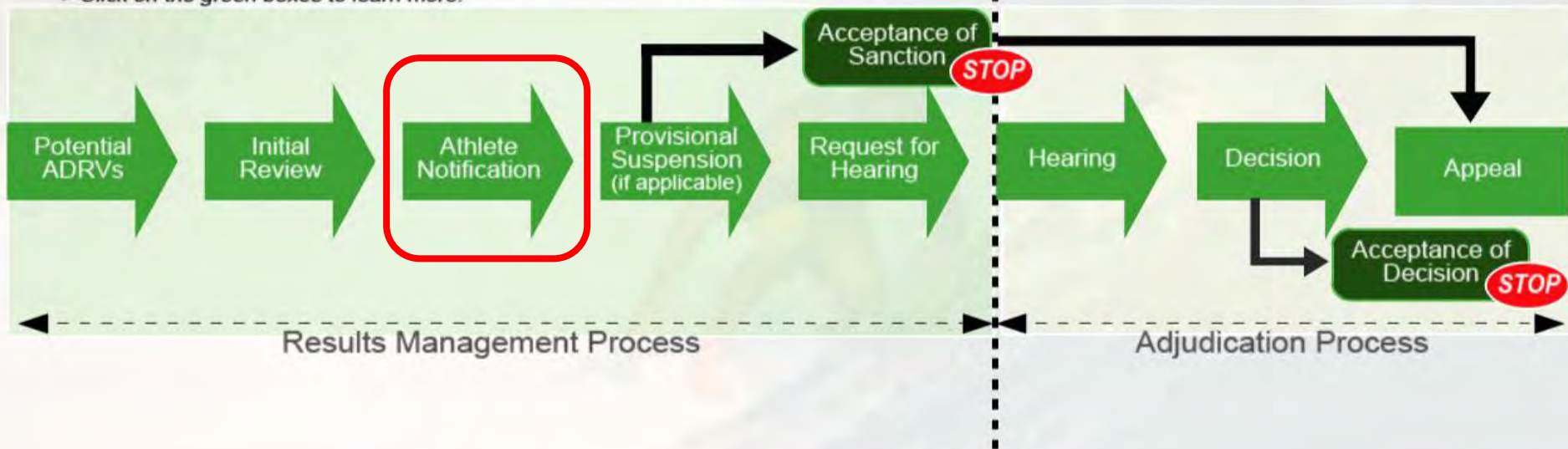
Analytical Testing

Adverse Analytical Finding (AAF)

A report from a WADA-accredited laboratory or other WADA-approved laboratory that, consistent with the International Standard for Laboratories and related Technical Documents, identifies in a Sample the presence of a Prohibited Substance or its Metabolites or Markers (including elevated quantities of endogenous substances) or evidence of the Use of a Prohibited Method.

General Process Overview

> Click on the green boxes to learn more.



PREVIOUS

NEXT

Notification and Case File Building (1/3)



Adverse Analytical Findings (AAF)

1. Notification when the case is not brought forward after the initial review

- The RMA notifies the athlete, their NADO, the responsible IF and WADA
 - a. If there is a valid TUE in place consistent with the use and dosage, or
 - b. There is a departure from an International Standard that may have caused the AAF, with a brief summary of the decision and supporting reasons stating why the case hasn't proceeded.

2. Athlete notification of asserted ADRV

- a. Notify the athlete of (a) the AAF; (b) the anti-doping rule violated; (c) the athlete's right to promptly request the analysis of the B Sample or, failing such request, that the B sample analysis may be deemed waived; [\[Read more...\]](#)
- b. Depending on the prohibited substance (non-specified/specified), a provisional suspension is imposed.
- c. The RMA also notifies the athlete's NADO, the responsible IF and WADA.



Page Specific Resources

[\[Template A\] AAF Notice of charge and Mandatory Provisional Suspension \(Non-Specified Substances\)](#)

[\[Template B\] AAF Notice of Charge with optional Provisional Suspension \(Specified Substances\)](#)

[\[Template C\] Prohibited Association \(first letter\)](#)

[\[Template D\] Athlete Passport: Notification of potential ADRV](#)

[\[Template E\] Notice of hCG Finding](#)

[\[Template F\] Notice of Charge \(non-analytical ADRVs\)](#)

Core Resources for Results Management and Adjudication

[World Anti-Doping Code \(Code\)](#)

[\[Guidelines\] Results Management, Hearings and Decisions](#)

[\[Webinar\] Results Management: NADO and RADO](#)

[\[Webinar\] Results Management: IF and MEO](#)


THERAPEUTIC USE EXEMPTIONS (TUE)

Test your Knowledge

PREVIOUS

NEXT

This is the end of the THERAPEUTIC USE EXEMPTIONS (TUE) module.

- If you wish to go to the next module ADAMS, please click on NEXT.
- If you wish to return to the Home menu, please click on the  button on the bottom right side of the screen.

PREVIOUS

NEXT

TUE Checklist

- ✓ Establish a TUE Committee (TUEC)
- ✓ Check if the TUEC includes at least 3 physicians with experience in the care and treatment of Athletes and a sound knowledge of clinical, sports and exercise medicine. Also, all are free of all conflict of interest or political responsibility in the ADO
- ✓ In applications involving athletes with disabilities, at least one TUEC member should possess specific experience in relation to the athlete's particular impairment
- ✓ Keep in mind that the TUEC shall render a decision as soon as possible within no more than 21 days of receipt of a complete application (unless exceptional circumstances apply)
- ✓ Check if the TUE application is signed and dated by both the athlete and his physician
- ✓ Check if the application includes sufficient information, have the supporting documents and a summary in English/French (Physician notes, Laboratory and/or test results etc)

➤ *Please note that for WADA to fulfill its monitoring mandate as per Code, all medical information necessary for the grant of a TUE must be submitted by the athlete in either French or English and uploaded in ADAMS. It is acceptable to have only a summary in English or French although all the other infor-*

the critical diagnostic tests, laboratory results and values. We strongly suggest that the summary be prepared by a physician or someone who has adequate medical knowledge to properly interpret and summarize the athlete's medical results.

- *Please note that should the translation provided be insufficient or WADA decides to investigate further, we may request the translation of all the medical information presented by the athlete to the TUE Committee and on which they based their decision to grant the TUE.*
- ✓ Check if the application has been submitted by the athlete at least 30 days in advance of competition or before he/she needs the approval
- ✓ Identify and publish those categories of athletes or International events within the jurisdiction of the ADO who require a TUE
- ✓ Define how an athlete under the jurisdiction of the ADO should apply for a TUE and outline the process involved through ADAMS
- ✓ Have a process for receiving applications, communicating to TUEC and convening the TUEC to assess the application.
- ✓ Communicate the decision of the TUEC to all relevant parties including the athlete, WADA, NF, IF and NADO (automatically done when registered in ADAMS)
- ✓ Have a process for recognizing TUE decisions of other ADOs

The Future for

ADeL

- Continued maintenance and development
- Customization for ADOs
- New roles for users
- Bitesize and microlearning
- Connection to users' digital and real worlds
- Please share your ideas with us...This is a community endeavor!



Q & A

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play true

Thank you