

WADA Technical Document – ~~TD2021EAAS~~ ISL TD2027USM

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Written by:	WADA Science/EAAS Working Group	Approved by:	WADA Executive Committee
Reviewed by:	WADA Steroidal ABP WG/ <u>Laboratory Expert Advisory Group</u>	Effective Date:	1 June 2021 <u>January 2027</u>
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~~Measurement Analytical and Reporting of Endogenous Anabolic Androgenic Steroid (EAAS) Requirements for the Urinary Markers of the Urinary Steroid Profile Steroidal Module of the Athlete Biological Passport~~

1.0 Introduction

The purpose of this *Technical Document (TD)*, which constitutes an integral part of the *International Standard for Laboratories (ISL)*^[1], is to harmonize the measurement analysis and reporting of the “steroid profile” of urine Samples in support of *Urinary Markers* of the *Steroidal Module* of the *Athlete Biological Passport (ABP)* (to uncover the *Steroidal Passport*).

1.1 The Steroid Profile

The measurement Use of *Steroidal Markers* (concentrations and ratios synthetic forms of defined Endogenous Anabolic Androgenic Steroids (EAAS)) in a urine Sample form the steroid profile for that Sample (see Table 1).

The steroid profiles of a series of urine Samples collected from an Athlete over a period of time constitute the *Steroidal Passport* of that Athlete.

~~The administration of synthetic forms of EAAS can alter one or more of the Markers of the urinary steroid profile, resulting in increased or decreased concentrations and/or ratios of specific pairs of steroid Markers^[1-3]. This effect forms the basis for the use of the Steroidal Passport as a tool for the detection of doping with EAAS, in particular testosterone (T), and its precursors (for example, 4-androstenediol, androstenedione and prasterone), its active Metabolite [dihydrotestosterone (DHT)], or its epimer epitestosterone (E).~~

The *Steroidal Module* of the *ABP* utilizes the *Adaptive Model* in *ADAMS* to trigger *Atypical Passport Findings (ATPFs)*, which can lead to the performance of *Confirmation Procedures (CP)*, *Target Testing* of an Athlete, or to establish Use of a *Prohibited Substance* and/or *Prohibited Method* as per Code Article 2.2 (see *International Standard for Results Management, Annex C*^[4]).

1.21.1 Procedure for Determination Analysis of the Urinary Steroid Profile Markers

Each urine Sample shall be analyzed to determine its steroid profile. The determination and reporting of a Sample’s steroid profile follows a two-step procedure:

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-The Analytical Testing Procedure (ATP) applied to the analysis of the urinary steroid Markers involves the measurement of the urinary concentrations of six (6) naturally occurring EAAS, namely Testosterone (T), its Metabolites [Androsterone (A), Etiocholanolone (Etio), 5 α -Androstane-3 α ,17 β -diol (5 α Adiol) and 5 β -Androstane-3 α ,17 β -diol (5 β Adiol)], and its epimer epitestosterone (E). The ratios of the urinary steroid Markers concentrations (see Table 1) are automatically calculated in ADAMS, with the exception of the T/E ratio, which is reported directly by the Laboratory.

a) The ATP for the urinary steroid Markers is a mandatory ATP (see ISL TD ATP ^[2]) and, therefore, it is applied to all urine Samples.

b) The analysis of the urinary steroid Markers follows a two (2)-step procedure:

i. An Initial Testing Procedure (ITP) is conducted to estimate based on the steroid profile of the Sample, and

i. A subsequent CP is performed when Gas Chromatography-Mass Spectrometric (GC-MSⁿ) quantification of the urinary steroid Markers (see Article 2.1). Substances which may impact the reported steroid profile constitutes an ATPF, as determined by the Adaptive Model, or upon request from urinary steroid Markers (see Article 2.1.2) shall also be included in the relevant ITP to support steroidal Passport interpretation by the Athlete Passport Management Unit (APMU), the Testing Authority or WADA, and

ii. A subsequent Confirmation Procedure (CP) (see Article 2.2), which consists of the GC-MSⁿ quantification and identification (as per ISL TD IDCR ^[3]) of the urinary steroid Markers and the eventual performance of Gas Chromatography/Combustion/Isotope Ratio Mass Spectrometry (GC/C/IRMS) analysis (see ISL TD IRMS ^[4]). The CP is performed when an elevated T/E ratio in the Sample constitutes an outlier in the corresponding Passport, as determined by the Adaptive Model, triggering an Atypical Passport Finding – Confirmation Procedure Request (ATPF-CPR) in ADAMS. A CP may also be performed upon request to the Laboratory (see Article 2.2.1 b).

[Comment to Article 1.1: When analyses specific to the ABP are requested, only the "A" Sample shall be considered for the ITP and CP. In cases where the "A" Sample is not suitable for the performance of the ABP Markers analysis (e.g., there is insufficient Sample volume; the Sample container has not been properly sealed or has been broken; the Sample's integrity has been compromised in any way; the "A" Sample is missing), a splitting procedure of the "B" Sample could be performed, as detailed in the ISL ^[1].]

Table 1. Urinary Markers of the Urinary Steroid Profile Steroidal Module of the ABP.

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Type of Marker	Urinary Steroid Profile Markers	Determination
Concentrations of Steroids <u>EAAS concentrations</u>	<ul style="list-style-type: none"> - Testosterone (T) - Epitestosterone (E) - Androsterone (A); - Etiocholanolone (Etio); - 5α-Androstane-3α,17β-diol (5αAdiol); and - 5β-Androstane-3α,17β-diol (5βAdiol); - Testosterone (T); and - Epitestosterone (E); 	Determined by the <u>Laboratory</u> by GC-MS ⁿ from the combination of the free steroid fraction and the conjugated fraction and glucuronidated steroids (released after hydrolysis with <u>an enzyme with substrate specificity for β-D-glucuronide linkages, such as purified β-glucuronidase from <i>E. coli</i> or other Fit-for-Purpose enzymes with the same substrate specificity, as determined by the <u>Laboratory</u> during Test Method validation).</u>
Ratios of Steroids <u>EAAS concentrations</u>	<ul style="list-style-type: none"> - T/E ratio - A/T; - 5αAdiol/E - A/Etio; - 5αAdiol/5βAdiol; and - 5αAdiol/E 	<p>As reported <u>Determined by the <u>Laboratory</u> in ADAMS based on T and E concentrations.</u></p> <p>Automatically computed in ADAMS from respective steroid measured and reported <u>EAAS concentrations after the reporting of the steroid profile by the <u>Laboratory</u>.</u></p>

1.3 Factors Impacting the Steroid Profile

In addition to the effects mediated by the administration of EAAS, alteration of the urinary steroid profile can occur for a number of other reasons including, but not limited to, the following factors¹¹⁻³¹:

- Intake of alcohol (ethanol);
- The administration of other anabolic androgenic steroids (e.g. stanozolol);
- The administration of human chorionic gonadotrophin (hCG) in males;
- The administration of aromatase inhibitors and anti-estrogenic substances;

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- ~~The administration of inhibitors of 5 α reductase (e.g. finasteride, dutasteride);~~
- ~~The administration of ketoconazole or other similar compounds (e.g. fluconazole, miconazole);~~
- ~~The use of masking agents (e.g. probenecid) and diuretics;~~
- ~~Microbial activity;~~
- ~~Sample manipulation.~~

2.0 Analytical Testing Procedure Requirements

4.2.1 Initial Testing Procedure (ITP) Requirements

4.5 The ITP Method Requirements

~~The quantification of analysis for the urinary steroid Markers of the steroid profile shall be based on gas chromatography combined with mass spectrometry (a GC-MSⁿ; n \geq 1).~~

~~Table 2. Requirements of the ITP for Quantification of the Markers of the Steroid Profile Quantitative Procedure.~~

2.1.1 <u>2.1.1</u> <u>ITP Validation Requirements (see also ISL TD VAL [5])</u>	
Working Range of the Method	Shall cover The working range of the ranges of Marker Quantitative Procedure shall be investigated at the concentrations of the urinary steroid Markers normally found in males and females Athletes' Samples.
Enzymatic Hydrolysis	Assess the efficiency of the enzymatic hydrolysis using β-glucuronidase from <i>E. coli</i>
Derivatization	Assess the efficiency of the trimethylsilyl (TMS) derivatization
Limits Limit of Quantification (LOQ)	The <u>LOQ</u> shall be determined during method <u>Test Method</u> validation as the lowest concentration that can be measured with an <i>u.c.</i> (%) not greater than (\leq) 30% and shall meet the following criteria: <ul style="list-style-type: none"> • T, E \leq 1 ng/mL;

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	<ul style="list-style-type: none"> • 5αAdiol, 5βAdiol ≤ 10 ng/mL; • A, Etio ≤ 500 ng/mL 																																										
Maximum allowed Relative Combined Standard Measurement Uncertainty, $u_{c, Max}$ (%)	<table border="1"> <thead> <tr> <th>Level</th> <th>A</th> <th>Etio</th> <th>T</th> <th>E</th> <th>Adiols (5α-α-5β-β-)</th> <th>T/E</th> </tr> </thead> <tbody> <tr> <td colspan="7">The estimated $u_{c, Max}$ (%) shall be not greater than (\leq) the $u_{c, Max}$ (%) value given below</td> </tr> <tr> <td>at LOQ</td> <td colspan="5">$\leq 30\%$</td> <td></td> </tr> <tr> <td>at $\geq 5 \times$ LOQ</td> <td colspan="4">$\leq 20\%$</td> <td>$\leq 25\%$</td> <td></td> </tr> <tr> <td>$\{[T_r]$ and $[E]\} > 5$ ng/mL</td> <td colspan="5"></td> <td>$\leq 15\%$</td> </tr> <tr> <td>$\{[T_r]$ and/or $[E]\} \leq 5$ ng/mL</td> <td colspan="5"></td> <td>$\leq 30\%$</td> </tr> </tbody> </table>	Level	A	Etio	T	E	Adiols (5α - α - 5β - β -)	T/E	The estimated $u_{c, Max}$ (%) shall be not greater than (\leq) the $u_{c, Max}$ (%) value given below							at LOQ	$\leq 30\%$						at $\geq 5 \times$ LOQ	$\leq 20\%$				$\leq 25\%$		$\{[T_r]$ and $[E]\} > 5$ ng/mL						$\leq 15\%$	$\{[T_r]$ and/or $[E]\} \leq 5$ ng/mL						$\leq 30\%$
	Level	A	Etio	T	E	Adiols (5α - α - 5β - β -)	T/E																																				
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2.1.2 2.1.2 <u>ITP</u> Analysis Requirements																																											
Sample Quantitative Procedure	<p>a) The <u>ITP</u> for the quantification concentrations of the <u>Markers</u> of the urinary steroid profile <u>Markers</u> shall be conducted on a single measured in one (1) <u>Aliquot</u> by a GC-MSⁿ Quantitative Procedure. Appropriate isotopically-labelled preparations of urinary steroid <u>Marker(s)</u> shall be used as internal standards.</p> <p>b) When needed, the volume of the <u>Aliquot</u> may be adjusted, for example, as a function of its <u>specific gravity</u> Specific Gravity (SG) and).</p> <p>c) In each sequence of analysis, calibration standard(s) shall be included.</p> <p>a)d) At least one (1) urine QC sample representative of the low part of the working range (e.g., within the sex first quartile of the <u>Athlete</u> working range) and one (1) urine QC sample representative of the high part of the working range (e.g., within the fourth quartile of the working range) shall be used.</p>																																										
Calibration	Calibration standard(s) or a calibration curve shall be included in each sequence of analysis.																																										
Quality Control	At least two (2) quality control (QC) urine samples containing representative low and high concentrations of the <u>Markers</u> of the steroid profile shall be included in each sequence of analysis.																																										

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Enzymatic Hydrolysis	Purified <u>An enzyme with substrate specificity for β-D-glucuronide conjugates and minimizing the risk of conversion of endogenous steroids (e.g., purified β-glucuronidase from E. coli)</u> shall be used for the hydrolysis of the glucuroconjugated <u>glucuronide-conjugated</u> urinary steroids, and the completeness. The efficiency of hydrolysis shall be monitored <u>controlled</u> in each Aliquot <u>with</u> isotopically labeled <u>A-glucuronide (or an equivalent scientifically recognized alternative). H. pomatia mixtures shall not be used.</u>
Derivatization	The Markers of urinary steroid profile <u>Markers</u> shall be analyzed <u>determined</u> as TMS derivatives (TMS enol ethers and/or TMS ethers). Completeness <u>The efficiency</u> of the derivatization shall be controlled in each Aliquot through the monitoring of mono-O-TMS vs. di-O-TMS derivative of A.
T/E Ratio	The T/E ratios shall be determined from the ratios of chromatographic peak areas or peak heights after correction against a calibrator or a calibration curve.
Factors Impacting the Steroid Profile <u>urinary steroid Markers</u>	The <u>Laboratory</u> shall: a) Monitor for signs of microbial activity [e.g. presence of indicators of 3α-α- <u>hydroxysteroid dehydrogenase (HSD) activity</u>]; <i>[Comment: The <u>effect of microbial contamination may increase when direct enzymatic hydrolysis of is applied to urine Samples may increase the effects of microbial contamination.</u>]</i> b) Test for the presence of conjugated <u>the following non-prohibited substances:</u> <u>i. Conjugated Metabolite(s) of ethanol [e.g., ethanol glucuronide (EtG)], and</u> <u>ii. 5α-α-reductase inhibitors (e.g., Metabolites of finasteride, and dutasteride) and ketoconazole (and similar substances).</u>

2.1.3 Reporting Initial Testing Procedure Results for the Sample's Urinary Steroid Profile from the ITP Markers

Following the performance of the ITP, the Laboratory shall report in ADAMS the measured concentrations of the urinary steroid profile Markers and the T/E ratio for each Sample analyzed.

The Laboratory shall report ~~in ADAMS:~~

- a) The SG of the Sample, as determined by the Laboratory (see ISL TD DL ^{(6), (6)}).

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- b) The uncorrected concentrations of T, E, A, Etio, 5α -Adiol and 5β -Adiol, ~~and the T/E ratio expressed in nanograms per milliliter (ng/mL).~~

[Comment: to Article 2.1.3 b): When the ITP measurement analysis of a urinary steroid profile-Marker is not possible due to, for example, dilution, unusual matrix interferences, signs of microbial contamination, inhibition of the enzymatic hydrolysis or incomplete derivatization, the Laboratory should/shall repeat the analysis with an alternative Sample preparation procedure (e.g., changing Aliquot volumes, application of ~~solid-phase extraction~~, Solid Phase Extraction (SPE), or extraction with a different solvent).

If, however, a Marker of the steroid profile cannot be quantified, if the concentration of cannot be determined, the affected urinary steroid Marker shall be reported as "-1". The Laboratory shall make a corresponding comment in the Test Report on why this Marker could not be quantified. Lab Results in ADAMS (e.g., < LOQ, incomplete derivatization).

When the chromatographic peak signal for a Marker cannot be detected (i.e. is below the detection capability of the assay), the concentration of the Marker shall be reported as "-2" (See Table 3 for reporting of specific situations for [T], [E], and T/E).

The Laboratory may also provide information on other steroidal parameters/steroids such as prasterone (DHEA), dihydrotestosterone (DHEA and DHT) and 6α -hydroxy-androstenedione (6α -OH-AD) at the request of the Testing Authority, Results Management Authority or (TA), the Passport Custodian (PC), the APMU or WADA.]

- c) ~~Any signs~~ The T/E ratio (calculated from measured T and E concentrations).
- d) The concentrations of the indicators of microbial activity in the Sample, e.g. ratios of 5α - 5α -androstenedione (5α -AND) to A and 5β -androstenedione (5β -AND) to E, expressed in ng/mL. The ratios 5α -AND/A and 5β -AND/Etio, as determined from the respective steroid concentrations, will be automatically calculated in ADAMS.
- e) The presence or absence in the Sample of non-prohibited substance(s) that may alter the urinary steroid profile (see Article 1.3)-Markers. The Laboratory shall report the estimated levels of concentrations of the following substances:
- i. EtG if ≥ 5 μ g/mL; (in micrograms per milliliter, μ g/mL).
 - Carboxy-finasteride if ≥ 5 ng/mL;
 - ii. 4-hydroxy- and/or 6-hydroxy-dutasteride if ≥ 5 (in ng/mL);
 - Ketoconazole if ≥ 100 ng/mL;
 - Fluconazole if ≥ 500 ng/mL;

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• ~~Miconazole if \geq 1,000 ng/mL.~~

2.2.4 [Comment to Article 2.1.3 e) ii.: For harmonization purposes, an MRPL at 5 ng/mL is established for these 5 α -reductase inhibitors; however, the MRPL is not a reporting limit and, therefore, the Laboratory may report these compounds at concentrations below the MRPL if detected in a Sample.]

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2.1.4 Sample Validity for the Steroidal Module of the ~~Sample Steroid Profile~~ ABP

The validity of the urine Sample for the Steroidal Module of the ABP will be determined automatically upon reporting the measured concentrations of the urinary steroid profile Markers in ADAMS. A urine Sample will be invalid for the ABP only when ~~the Sample shows~~ signs of extensive degradation are observed, as determined by:

- a) ~~5 α~~ AND/A ≥ 0.1 , and/or
- b) 5 β AND/Etio ≥ 0.1

[Comment to Article 2.1.4: In addition, following the reporting of the urinary steroid profile Markers in ADAMS by the Laboratory, the validity of the Sample may be ~~evaluated as "invalid"~~ modified by the APMU upon review of the steroid profile data, ~~for~~ For example, the APMU could invalidate a Sample for the ABP by considering the presence of substances that may alter the concentrations of the urinary steroid profile Markers in the Sample.] (see ISL TD APMU (7)).]

Table 32. Summary of conditions for reporting [T] and [E] ~~concentrations and T/E ratio.~~

<u>Marker(s)</u>	<u>Concentration of T Reported [T]</u>	<u>Concentration of E Reported [E]</u>	<u>Reported T/E ratio</u>
<u>[T] and [E] higher than or equal to (\geq) LOQ_(T) and LOQ_(E), respectively</u>	Chromatographic peak signal of T measured at or above (\geq) the LOQ. [T] \geq LOQ _(T) Report [T] as measured	Chromatographic peak signal of E measured at or above (\geq) LOQ. [E] \geq LOQ _(E) Report [E] as measured.	Report T/E (as determined by the <u>Laboratory</u> from corrected peak heights/areas) based on measured [T] and [E]
	Chromatographic peak signal of E detected, but below ($<$) LOQ. LOQ _(E) $<$ [E] $<$ LOQ _(E) Report E as "1"		
	Chromatographic peak signal of E not detected. [E] $<$ LOQ _(E) Report E as "2"	Report T/E as "1" Report the LOQ _(E) <i>Comment in ADAMS: T/E ratio could not be measured accurately because E could not be detected.</i>	

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Chromatographic peak signal of [T] detected, but below (<) LOQ and/or [E] not measured in the Sample

[T] lower than (<) LOQ:

$$\text{LOQ}_{(T)} \leq [T] < \text{LOQ}_{(T)}$$

- Report T as “-1”

-1

Chromatographic peak signal of E measured at or above (>=) LOQ:

$$[E] \geq \text{LOQ}_{(E)}$$

Report [E] as measured

Report T/E (as determined by the Laboratory from corrected peak heights/areas)

-1

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	Chromatographic peak signal of E detected, but below (<) <u>LOQ</u> . $\text{LOQ}_{(E)} \leq [E] < \text{LOQ}_{(E)}$ Report E as “-1”	
	Chromatographic peak signal of E not detected. $[E] < \text{LOQ}_{(E)}$ Report E as “-2”	Report T/E as “-1” <i>Comment in ADAMS: T/E ratio could not be measured accurately because the concentration of T could not be measured, and E could not be detected</i>

Chromatographic peak signal of T not detected.

$$[T] < \text{LOQ}_{(T)}$$

- Report T as “-2” [E] lower than (<) LOQ(E)

Chromatographic peak signal of E measured at or above (>=) LOQ.

$$[E] \geq \text{LOQ}_{(E)}$$

Report E [E] as measured

Report T/E as “-4”

Report the LOQ(T)

-1

*Comment in ADAMS:
T/E ratio could not be based on measured accurately because T could not be detected [T] and LOQ of E (T/LOQ_E)*

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Chromatographic peak signal of [T] and [E] detected but below lower than (<) LOQ.

$$\text{LOQ}_{(E)} \leq [E] < \text{LOQ}_{(T)} \text{ and } \text{LOQ}_{(E)}$$

- Report E as “-1”,
respectively

Report T/E as “-4”

Report the LOQ(T)

*Comment in ADAMS:
T/E ratio could not be measured because T could not be detected, and E could not be measured. -1*

-1

-1

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	Chromatographic peak signal of E not detected.	Report T/E as “-2” Report the <u>LOQ</u> (E) and <u>LOQ</u> (T)
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	[E] < LOD_(E) Report E as "2"	<i>Comment in ADAMS: T/E ratio could not be measured because T and E could not be detected.</i>
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4.6.2.2 Confirmation Procedures (CP) Procedure Requirements

The CP for the EAAS Markers include the GC-MSⁿ ($n \geq 1$) identification (in compliance with the TD-IDCR^[6]) and quantification, as well as the GC/C/IRMS analysis^[7] of the Marker(s) of the steroid profile.

In addition, the Laboratory shall confirm the presence or absence of factors impacting the steroid profile (see Article 1.3).

2.2.1 CP Confirmation Procedure Requests (CPRs)

- a) ~~3.1.1 CPRs~~ Confirmation Procedure Requests triggered by Atypical Passport Findings (ATPF) through ADAMS
 - i. Once the ~~Sample's steroid profile~~TP data ~~are~~ of the urinary steroid Markers is entered in ADAMS and matched with an ~~Athlete~~the corresponding Doping Control Form (DCF) in ADAMS, the Adaptive Model automatically updates the steroidal Passport. If an ATPF is identified based on an abnormally high T/E value, ~~a CP request (an ATPF-CPR)~~ is triggered and sent automatically to ~~Laboratories~~the Laboratory through ADAMS. The Laboratory shall ensure the reception and management of ATPF-CPR notifications using a dedicated ADAMS account(s).
 - ii. ~~Upon receipt of an ATPF-CPR,~~The TA¹ shall inform the Laboratory ~~shall~~whether to proceed ~~or not~~ with the CP of the urinary steroid ~~profile~~Markers, as soon as possible, ~~unless the presence of ethanol or other factors impacting the steroid profile has been detected in the Sample. In such cases, the Laboratory shall receive, within fifteen (15) and no later than fourteen (14) days from the receipt of the ATPF-CPR notification,~~an advice from the ~~Passport Custodian or the Testing~~

¹ The APMU or PC, where the PC is not the TA, may contact, in writing, the Laboratory regarding performance of a CP of the urinary steroid Markers on behalf of the TA. In such cases, the APMU (which may have been bestowed such authority by the PC) or the PC shall copy the relevant TA.

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Written by: Reviewed by:	WADA Science/EAAS Working Group WADA Steroidal ABP WG/ <u>Laboratory Expert Advisory Group</u>	Approved by:	WADA Executive Committee
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~~Authority (or Results Management Authority, if different) on whether to proceed or not with the CP of the Sample's steroid profile.~~

- ~~[Comment: In the absence of communication from the Passport Custodian or the Testing Authority (or Results Management Authority) within fifteen (15) days from the ATPF-CPR notification Upon receipt of the confirmation to proceed with the CP, the Laboratory shall proceed with the CP of the urinary steroid profile (see Article 3.2)] Markers as soon as possible.~~

Any justification from the ~~Passport Custodian~~ TA or the ~~Testing Authority (or Results Management Authority) PC¹ to not to proceed with the CP~~ shall be provided in writing ~~and in compliance with the~~ according to Article 8.6 of the ISL TD APMU ^[8].

- ~~[Comment: ⁷]. In such cases when the Laboratory is instructed by the Passport Custodian or the Testing Authority (or Results Management Authority) not to perform the CP, the Laboratory shall update the Lab Results in ADAMS Test Report for the Sample with a comment stating that the Passport Custodian, Testing Authority (or Results Management Authority) TA or the PC¹, as applicable, requested to not to perform the CP, and the reasons given.]~~
 - ~~In the absence of communication from the TA or the PC¹ within fourteen (14) days from the ATPF-CPR notification, the Laboratory shall proceed with the CP of the urinary steroid Markers.~~
- iii. When the Laboratory receives an ATPF-CPR for a Sample for which Adverse Analytical Finding(s) (AAF) have been reported for other Prohibited Substance(s) or Prohibited Method(s), the Laboratory shall consult the ~~Testing Authority~~ TA (or ~~Results Management Authority~~ RMA, if different) about the need to conduct the CP for the ~~Markers of the urinary steroid profile~~ Markers.
- b) ~~3.1.2 CPRs Confirmation Procedure Requests~~ from the ~~APMU, the Testing Authority (or Results), the Passport Custodian, the Athlete Passport Management Authority, as applicable)~~ Unit or WADA.

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The Adaptive Model will also ~~determine~~ identify abnormal values ~~or sequences~~ of the other ~~ratios of the “urinary steroid profile” (A/T Markers ratios (5 α Adiol/E, A/Etio, and 5 α Adiol/5 β Adiol, 5 α Adiol/E)).~~ However, in such cases the Laboratory will not receive an automatic “ATPF-CPR” notification through ADAMS. Instead, the APMU will advise the ~~Testing Authority (or Results Management Authority)~~ PC (who will advise the TA, if different) on whether the Sample shall be subjected to ~~CP~~. ~~Therefore, in these a CP for the urinary steroid Markers. In such cases, the Laboratory shall receive a written request from the Testing Authority (or Results Management Authority, if different) TA¹, or WADA, before proceeding with the CP.~~

In the absence of an ATPF-CPR, requests for CP can be made also by the ~~Testing Authority (or Results Management Authority, if different), the APMU*, or WADA.~~

* where the respective client of the APMU has agreed to bestow such authority to the APMU.

3.1 CP Test Methods

3.2.1 CP of Steroid Profile Markers by GC-MSⁿ

2.2.2 Confirmation Procedure

a) ~~The CP for the urinary steroid Markers includes the GC-MSⁿ quantification and identification (in compliance with the ISL TD IDCR ^[3]), as well as the possible GC/C/IRMS analysis (see ISL TD IRMS ^[4]), of the urinary steroid Markers.~~

~~In addition, the CP shall include the estimation of the EtG concentration. Upon request from the TA¹ or WADA, the presence of 5 α -reductase inhibitors shall also be confirmed.~~

The Laboratory shall ~~quantify all the Markers of the steroid profile in one Aliquot by a validated Fit for Purpose GC-MSⁿ (n \geq 1) quantification method. Identification (in compliance with the TD IDCR ^[6]) of the Markers that triggered the CP shall be performed as well.~~

a) ~~b) In every case, the Laboratory shall confirm quantitatively all the Markers of the urinary steroid profile Markers before proceeding with the GC/C/IRMS analysis; except if:~~

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~~i. [Comment: This requirement does not apply if the Testing Authority (or Results Management Authority, as applicable) The TA has authorized the Laboratory to proceed with the confirmation analysis of the urinary steroid Markers and the GC/C/IRMS regardless of the ITP results, or~~

~~i.ii. The TA has exceptionally authorized the Laboratory to proceed directly to GC/C/IRMS analysis without a need for a the quantitative confirmation of the urinary steroid Markers (for example, in cases of limited Sample volume).~~

~~For T/E values, only T needs to be confirmed if E is not detected or the volume of the Sample is not sufficient.]~~

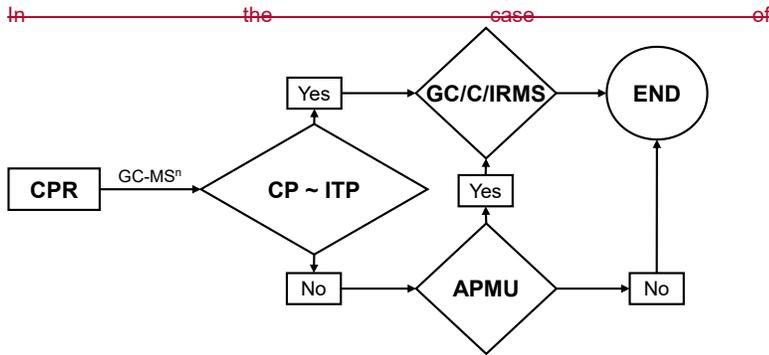


Figure 1: Steps for the GC-MSⁿ Confirmation Procedure and GC/C/IRMS analysis of the urinary steroid Markers.

However, GC/C/IRMS analysis is not mandatory when, following an A^{TPF}-CPR for an abnormally high T/E ratio, ~~GC/C/IRMS analysis is not mandatory when~~ the confirmed T/E value is below the confirmation T/E cut-off upper tolerance limit calculated by the Adaptive Model and provided within the A^{TPF}-CPR notification received from ADAMS.

• For other CP requests, when the steroid profile CP does not confirm the ITP values that triggered the CP (e.g. 5α-Andio/E value), taking into consideration the expanded uncertainty of the measurement ($U_{95\%,k=2}$), the Laboratory shall consult the Testing Authority to determine if the GC/C/IRMS analysis is necessary. In

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~~the event that GC/C/IRMS analysis is deemed unnecessary, the Laboratory shall update the ADAMS report for the Sample with the confirmed values of all the Markers of the steroid profile and include a comment that GC/C/IRMS analysis was not necessary.~~

~~[Comment: for ratios other than the T/E, the u_c (%) of the ratio shall be calculated by propagation of uncertainties of the corresponding Marker concentrations.]~~

~~b)c) The same The validation and analytical requirements presented in Table Article 2.1 for the GC-MSⁿ ITP shall also apply for the GC-MSⁿ CP, with the following modifications: described in Articles 2.2.2.1 and 2.2.2.2 below.~~

~~• GC-MSⁿ CP Validation Requirements~~

- ~~— For determinations of A, Etio, 5 α Adiol and 5 β Adiol, the u_c (%) shall be not greater than (\leq) 15% when the concentrations are five times (5x) the respective LQO;~~
- ~~— For determinations of T, E and T/E ratios, the u_c (%) shall be not greater than (\leq) 15% when the concentrations of T and E are greater than ($>$) 5 ng/mL.~~

~~• GC-MSⁿ CP Analysis Requirements~~

- ~~— A Solid Phase Extraction (SPE) shall be performed prior to the enzymatic hydrolysis of the Sample;~~
- ~~— Calibration standard(s) and at least two (2) QC urine samples containing representative low and high levels of the Markers of the steroid profile shall be included.~~

~~3.2.2 GC/C/IRMS CP~~

~~Technical and reporting requirements for the GC/C/IRMS CP are specified in the TD-IRMS¹⁷¹.~~

~~When an AAF is reported for the Marker(s) of the steroid profile based on the results of a GC/C/IRMS analysis performed on the "A" Sample, only the GC/C/IRMS analysis, including the identification of the relevant Markers (target compounds and endogenous reference compounds) shall be repeated during the "B" Sample CP.~~

2.2.2.1 CP Validation Requirements (see also ISL TD VAL^[5])

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Identification of Markers	The Laboratory shall validate the Qualitative Procedure for confirmation of the identity of the urinary steroid <i>Markers</i> in accordance with the requirements of the ISL TD IDCR ^[3] and ISL TD VAL ^[5] .						
Maximum allowed Relative Combined Standard Measurement Uncertainty <i>U_c Max (%)</i>	Level	A	Etio	Adiols (5α-, 5β-)	I	E	T/E
	at 5 x LOQ	$\leq 15\%$					
	[I] and [E] > 5 ng/mL				$\leq 15\%$		
2.2.2.2 CP Analysis Requirements							
Quantitative Procedure	<p>a) <u>The concentrations of the urinary steroid <i>Markers</i> shall be confirmed in a single measurement by applying a GC-MSⁿ Quantitative Procedure. Appropriate isotopically-labelled preparations of urinary steroid <i>Marker(s)</i> shall be used as internal standards.</u></p> <p>b) <u>The Analytical Method shall be capable of measuring the total content of the urinary steroid <i>Markers</i>, i.e., the sum of the measured concentrations of the free steroids released after hydrolysis of their glucuronide-conjugated phase-II <i>Metabolites</i> and the free steroid fraction excreted as unconjugated. The same or different Aliquot(s) may be used for these determinations, in accordance with Test Method validation results.</u></p> <p>c) <u>The concentration of T in the free fraction (T_{free}) shall be used to assess the validity of the <i>Sample</i> for the ABP (see Article 2.2.3 e).</u></p> <p>d) <u>In each sequence of analysis, a calibration curve shall be included.</u></p> <p>e) <u>At least one QC sample, depending on the ITP quantification results for the <i>Markers</i>, shall be included in each confirmatory analytical batch.</u></p>						
Qualitative Procedure	The identification of the urinary steroid <i>Markers</i> that triggered the CP shall be confirmed by a GC-MS ⁿ Qualitative Procedure (in compliance with the ISL TD IDCR ^[3]).						
Enzymatic Hydrolysis	a) <u>An enzyme with substrate specificity for β-D-glucuronide conjugates and minimizing the risk of conversion of endogenous steroids (e.g., purified β-glucuronidase from <i>E. coli</i>) shall be used for the hydrolysis of the glucuronide-conjugated urinary steroids.</u>						

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	<p><u>b) An SPE procedure shall be performed prior to the enzymatic hydrolysis of the Sample to minimize the impact of potential microbial activity.</u></p> <p><u>c) The efficiency of hydrolysis shall be controlled in each Aliquot, according to CP validation data, with isotopically labeled A-glucuronide (or an equivalent scientifically recognized alternative).</u></p>
<p>Factors impacting the urinary steroid Markers</p>	<p><u>The Laboratory shall:</u></p> <p><u>a) Monitor for signs of microbial activity (e.g. presence of indicators of HSD activity and presence of the urinary steroid Markers in the free fraction).</u></p> <p><u>b) Test for the presence of the following non-prohibited substances:</u></p> <p><u>i. Conjugated Metabolite(s) of ethanol [e.g., ethanol glucuronide (EtG)], and</u></p> <p><u>ii. 5α-reductase inhibitors (e.g., finasteride, dutasteride), if requested.</u></p>

3.2 Reporting Confirmation Procedure Results from for the CP

2.2.22.2.3 3.3.1 "A" Sample Urinary Steroid Markers

Following the CP performed for the steroid profile on the "A" Sample performance of the CP, the Laboratory shall report in ADAMS:

- a) The confirmed SG of the Sample (determined from a new Aliquot of the "A" Sample);
- i. The confirmed value total concentrations, expressed in ng/mL, of the urinary steroid Markers (i.e., the combination of the steroid profile (concentrations, T/E value), without adjustment for the SG free steroid fraction released after hydrolysis of its glucuronide-conjugated phase-II Metabolite and the Sample;
- b) The unconjugated free steroid) and the associated Measurement Uncertainty (u_c , expressed in units); ng/mL).

[Comment to Article 2.2.3 b): If the concentration(s) cannot be determined (e.g., the estimated concentration is lower than (<) the LOQ) or the urinary steroid Marker(s) cannot be identified during the CP, the affected Marker(s) shall be reported as "-1" and the Laboratory shall make a corresponding comment in the Lab Results in ADAMS (e.g., matrix interferences).]
- c) The confirmed T/E ratio (calculated from the confirmed T and E concentrations).
- e)d) The GC/C/IRMS confirmation results, if (as per ISL TD IRMS ⁽⁴⁾), where applicable, or add a comment that the GC/C/IRMS analysis was not performed (see TD IRMS ⁽⁷⁾). The Laboratory shall update the Test Report for the Sample in ADAMS (as AAF,

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~~Atypical Finding (ATF), or Negative Finding) based on the results at the request of the GC/C/IRMS CP; TA.~~

- e) The confirmed ~~results (presence/absence) for signs~~ concentrations of the indicators of microbial activity ~~-, expressed in ng/mL:~~
- i. ~~5 α AND~~
 - ii. ~~5 β AND, and~~
 - iii. ~~T in the free fraction (T_{free}).~~

~~The ratios 5 α AND/A, 5 β AND/Etio_T and T_{free}/T_{total}; based on concentrations; will be automatically calculated in ADAMS.~~

[Comment: to Article 2.2.3 e): In addition to the determination of the 5 α AND/A and 5 β AND/Etio ratios as signs/indicators of microbial contamination, the determination during the CP of an elevated ratio of free Testosterone to total Testosterone (T_{free}/T_{total} / T_{total} ratio > 0.05) will also invalidate ~~(the steroid profile of) the Sample. However, this shall not preclude the performance of the GC/C/IRMS CP or invalidate its results~~ the urine Sample for the ABP.]

- ii. ~~The presence or absence in the Sample of substance(s) that do not constitute an AAF but~~ may alter the urinary steroid profile (see Article 1.3); Markers: if detected in the Sample, the Laboratory shall report the confirmed estimated levels of EtG, 5 α reductase inhibitors and azoles concentrations as specified in Article 2.2 ~~(without the need to report the u_c for these determinations).~~

3.3.2 "B" Sample

Following the performance of the GC/C/IRMS CP for the steroid profile on the "B" Sample, the Laboratory shall report the GC/C/IRMS confirmation results ~~(see TD IRMS^[7])~~ in ADAMS.

[Comment: If the Sample has not been reported as an AAF for the Marker(s) of the steroid profile based on the results of the GC/C/IRMS analysis, but the steroid profile CP by GC-MS^a has been requested for the "B" Sample, then the Laboratory shall report in ADAMS the results of the "B" confirmation of the steroid profile as described for the "A" Sample in Article 3.3.1.]

2.0 Reporting Sample Manipulation (Tampering or Attempted Tampering)

~~Tampering or Attempted Tampering aims to alter the integrity and validity of Samples collected during Doping Control, including, but not limited to Sample substitution with another fluid and urine exchange and/or adulteration (e.g. addition of proteases to Sample).~~

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[Comment: the substitution of an Athlete's urine Sample with the urine of another individual (urine exchange) can be uncovered using the steroidal Passport and confirmed by DNA analysis across multiple Samples, as described in the TD APMU^[9].]

~~d) In cases when a Sample is not consistent with human urine (e.g. SG \leq 1.001, creatinine \leq 5 mg/dL^[9], non-physiological salt concentration, abnormal pH values, absence or abnormally low levels of endogenous steroids, corticosteroids, proteins, etc.), the Laboratory shall:~~ 3.e).

~~a) Report the finding as an AAF for Tampering or Attempted Tampering (class M2.1 of the Prohibited List) if the Laboratory can determine the general nature/type of the adulterated Sample, which is not consistent with human urine (e.g. water, liquor, synthetic urine);~~

OR

~~b) Report the finding as an ATF for Tampering or Attempted Tampering and include a comment in ADAMS advising the Testing Authority to perform further investigations (e.g. additional analyses on the Sample, Target Testing the Athlete).~~

3.0 ~~5.0~~ References

- [1] Marek U et al. Factors influencing the steroid profile in doping control analysis. *J Mass Spectrom.* **43**(7):877-91, 2008.
- [2] Ayotte C. Detecting the administration of endogenous anabolic androgenic steroids. *Handb Exp Pharmacol.* **195**:77-98, 2010.
- [3] Kuuranne T, Saugy M, Baume N. Confounding factors and genetic polymorphism in the evaluation of individual steroid profiling. *Br J Sports Med.* **48**(10): 848-55, 2014.

[4][1] The World Anti-Doping Code International Standard for ~~Results Management~~ Laboratories.

[2] WADA Technical Document ISL TD ATP: Analytical Testing Procedures.

[5] ~~WADA Technical Document TD-DL: Decision Limits for the Confirmatory Quantification of Exogenous Threshold Substances by Chromatography-based Analytical Methods.~~

[6][3] ~~WADA Technical Document~~ ISL TD IDCR: Minimum Criteria for Chromatographic-Mass Spectrometric Confirmation of the Identity of Analytes for Doping Control Purposes.

[7][4] WADA Technical Document ISL TD IRMS: Detection of Synthetic Forms of Prohibited Substances by GC/IRMS.



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~~[8]~~ [5] WADA Technical Document ISL TD APMU: Athlete Passport Management Unit – VAL: Minimum Requirements and for Validation of Analytical Testing Procedures for Doping Control.

~~[9]~~ Cook J-D et al. The Characterization of Human Urine for Specimen Validity Determination in Workplace Drug Testing: A Review. *J Anal Toxicol* **24**: 579-588, 2000

[6] WADA Technical Document ISL TD DL: Decision Limits for the Confirmatory Quantification of Exogenous Threshold Substances.

[7] WADA Technical Document ISL TD APMU: Athlete Passport Management Unit Requirements and Procedures.

[Comment to Article 3.0: Current versions of WADA International Standards and Technical Documents may be found at <https://www.wada-ama.org/en/what-we-do/science-medical/laboratories>]

<https://www.wada-ama.org/en/what-we-do/international-standards>]