



Checklist for Therapeutic Use Exemption (TUE) Application:

Acne Vulgaris

Prohibited Substances: Spironolactone, glucocorticoids



This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant [International Standard for Therapeutic Exemptions \(ISTUE\)](#) Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations an acceptable application may not include every element on the checklist.

<input type="checkbox"/> TUE Application form must include:	
<input type="checkbox"/>	All sections completed legibly
<input type="checkbox"/>	All information submitted in [language(s) as per ADO preferences]
<input type="checkbox"/>	A signature from the applying physician
<input type="checkbox"/>	The Athlete's signature
<input type="checkbox"/> Medical report should include details of:	
<input type="checkbox"/>	Medical history: date of first and/or recurrent manifestations. Activity or acne grading scales would be helpful, if available. List all current and past treatments, including medications. Any related co-morbidities should also be documented.
<input type="checkbox"/>	Physical examination: description and distribution of lesions. Images/pictures would be helpful, if available.
<input type="checkbox"/>	All medications should have dosage, frequency, and route of administration. Please note that glucocorticoids are prohibited solely during the in-competition period and only when administered by certain routes, e.g. oral or injectable formulations. Other prohibited (e.g. androgens) or non-prohibited (e.g. oral contraceptives, B-12) substances that may be related to the condition should also be included
<input type="checkbox"/>	Response to other (non-prohibited) treatments where applicable
<input type="checkbox"/> Diagnostic test results, if applicable, should include copies of:	
<input type="checkbox"/>	Laboratory tests: no specific laboratory investigations are required to make the diagnosis of acne, but they may be helpful to assess underlying conditions. For example, for athletes with potential PCOS or androgenization features, such as hirsutism, may have an endocrine work-up.
<input type="checkbox"/> Additional information (if necessary)	
<input type="checkbox"/>	[As per ADO specifications]