

Document number:	ISL TD2027ATP	Version number:	1.0
Written by:	WADA Science		
		Approved by:	WADA Executive Committee
Reviewed by:	WADA Laboratory Expert Advisory Group		
Date:	02 December 2025	Effective date:	01 January 2027

### **Analytical Testing Procedures**

#### 1.0 Introduction

This *Technical Document (TD)*, which constitutes an integral part of the *International Standard* for Laboratories (ISL <sup>[1]</sup>), establishes the framework for the application of <u>Analytical Testing Procedures (ATPs)</u> for *Doping Control*. The intent is to ensure consistency and transparency in the implementation of <u>ATPs</u> across all Laboratories, including *WADA*-accredited Laboratories (*i.e.*, <u>Laboratories</u>) and, where applicable, Laboratories approved to analyze whole blood *Samples* for the *Markers* of the Hematological Module of the *Athlete Biological Passport (ABP)* (*i.e.*, <u>ABP Laboratories</u>). <u>ATPs</u> include mandatory and non-mandatory <u>Analytical Methods</u>.

### 2.0 <u>Analytical Testing Procedures</u>

<u>ATPs</u> are a fundamental part of *Doping Control*, enabling the Laboratories to reliably detect, identify, and/or quantify specific <u>Analytes</u> in <u>Samples</u>. <u>ATPs</u>, also referred to as <u>Analytical Methods</u> or <u>Test Methods</u>, are carried out in accordance with the requirements established in the <u>WADA International Standard</u> for Laboratories (ISL) [1] and its associated ISL <u>TDs</u> (e.g., see ISL <u>TD</u> VAL [2]) and ISL <u>Technical Letters</u> (TLs).

#### 2.1 Fitness-for-Purpose: Validation and ISO Accreditation of ATPs

The <u>Fitness-for-Purpose</u> of <u>ATPs</u> shall be demonstrated through method validation in conformity with ISO/IEC 17025  $^{[3]}$  (or ISO 15189  $^{[4]}$ , as applicable to <u>ABP Laboratories</u>) and ISL  $^{[1]}$  requirements, including its applicable ISL  $^{[1]}$ Ds and ISL  $^{[1]}$ Ls.

Irrespective of whether an <u>ATP</u> is mandatory or not, it shall be validated and should be included within the Laboratory's Scope of ISO/IEC 17025 Accreditation <sup>[3]</sup> (or ISO 15189 <sup>[4]</sup>, as applicable to <u>ABP Laboratories</u>) before it can be applied for the analysis and reporting of analytical results [either as <u>Negative Findings</u>, *Adverse Analytical Findings* (*AAFs*) or *Atypical Findings* (*ATFs*)] for *Samples*. Whenever possible, the <u>ATP</u> should be subjected to the evaluation of method performance through the Laboratory's participation in the *WADA* <u>External Quality Assessment Scheme</u> (<u>EQAS</u>) or other inter-Laboratory collaborative studies.

[Comment to Article 2.1: <u>Laboratories</u> may analyze Samples using open-profiling screening assays (untargeted screening strategies) without having completed the validation of the procedures according to the requirements of ISL TD VAL. However, results can only be reported as an AAF or ATF after being confirmed using a <u>CP</u> that has been validated in accordance with ISL TD VAL.

As established in the ISL <sup>[1]</sup>, under exceptional circumstances, and upon informing *WADA*, a <u>Laboratory</u> may apply a validated <u>ATP</u> to the analysis of *Samples* before its inclusion into the <u>Laboratory</u>'s Scope of ISO/IEC 17025 Accreditation. However, in such cases, the <u>Laboratory</u> would not automatically benefit from the presumption that the <u>Test Method</u> is <u>valid</u> and, consequently, the <u>Laboratory</u> may be required to provide <u>Test Method</u> validation documentation or <u>EQAS</u> performance data in support of a reported *AAF* or *ATF*.



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#### 2.2 Classification of Analytical Testing Procedures

#### 2.2.1 Mandatory <u>ATPs</u> (see <u>Table 1</u>)

All Laboratories shall have the mandatory <u>ATPs</u> (<u>Initial Testing Procedures</u> (<u>ITPs</u>) and <u>Confirmation Procedures</u> (<u>CPs</u>), where applicable) included within their Scope of ISO/IEC 17025 Accreditation <sup>[3]</sup> (or ISO 15189 <sup>[4]</sup>, as applicable to <u>ABP Laboratories</u>).

Mandatory ATPs shall be applied to:

- a) All Samples collected, both In-Competition (IC) and Out-of-Competition (OOC) (i.e., for the analysis of Prohibited Substance(s) and/or Prohibited Method(s) that are prohibited at all times) (see Table 1A), or
- b) All Samples collected IC only (for Prohibited Substances that are prohibited IC only) (see Table 1B), or
- c) All *Samples* collected in specific sports (for *Prohibited Substances* that are banned only in those sports) (see <u>Table 1C</u>).
- d) In cases of temporary disruption of <u>Laboratory</u> analytical capacity, these mandatory <u>ATPs</u> may be subcontracted to other <u>Laboratories</u>.

#### 2.2.2 Additional Mandatory ATPs (see Table 2)

- a) These <u>ATPs</u> shall be applied upon request by the <u>Testing Authority</u> (<u>TA</u>) or <u>Results</u> <u>Management Authority</u> (<u>RMA</u>, if different)/ <u>Athlete Passport Management Unit</u> (<u>APMU</u>) or <u>WADA</u>, or shall be applied as mandatory CPs, as required.
- b) All <u>Laboratories</u> shall have the additional mandatory <u>ATPs</u> (<u>ITPs</u> and <u>CPs</u>, where applicable), included within their Scope of ISO/IEC 17025 Accreditation <sup>[3]</sup>.
- c) In cases of temporary disruption of <u>Laboratory</u> analytical capacity, these mandatory <u>ATPs</u> may be subcontracted to other Laboratories.

#### 2.2.3 Non-mandatory <u>ATPs</u> (see <u>Table 3</u>).

- a) The implementation of a non-mandatory <u>ATP</u> by a <u>Laboratory</u> is optional. Therefore, not all <u>Laboratories</u> would have the non-mandatory <u>ATPs</u> within their Scope of ISO/IEC 17025 Accreditation <sup>[3]</sup>.
- b) These <u>Analytical Methods</u> may be subcontracted to other <u>Laboratories</u> or to <u>WADA-approved</u> laboratories (except for the analysis of the <u>Markers</u> of the Hematological Module of the <u>ABP</u>, due to the limited time requirements for such analysis see also ISL <sup>[1]</sup> and ISL <u>TD</u> HEM <sup>[5]</sup>).



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The classification of an <u>ATP</u> as either mandatory or non-mandatory is not static. A non-mandatory <u>ATP</u> can become mandatory (or *vice versa*) depending on several factors, including but not limited to, the prevalence of *Use* of the *Prohibited Substance*(s) or *Prohibited Method*(s), numbers of *Samples* collected for analysis by *Anti-doping Organizations* (*ADOs*), ease of <u>Laboratory</u> access to instrumentation/technology or <u>Reference Materials</u> (<u>RMs</u>), technological and/or analytical complexity of the <u>Test Method</u>, availability of national/regional access to the <u>Test Method</u>, or analytical costs.

Therefore, considering the developments in the <u>Laboratory</u>'s capacity to implement non-mandatory <u>ATPs</u>, the <u>Laboratory</u> shall report and maintain in *ADAMS* an up-to-date list of available <u>ATPs</u> and services <sup>[1]</sup>. In addition, upon request by an *ADO*, the <u>Laboratory</u> should cooperate by providing other relevant information (e.g., <u>Laboratory</u> analytical capabilities or prices for analytical services) to assist the *ADO* with their *Testing* plans.

[Comment to Article 2.2: Given the dynamic nature of the classification of <u>ATPs</u> as either mandatory or non-mandatory, as well as the continuous development of new <u>ATPs</u> for Doping Control, this ISL TD <u>ATP</u> may require frequent updates. For avoidance of doubt, <u>Laboratories</u> are not constrained from implementing a new non-mandatory <u>ATP</u> or from applying an approved <u>ATP</u> in a new matrix of analysis not listed in this ISL TD <u>ATP</u> as long as that new <u>ATP</u> / matrix of analysis has been demonstrated to be <u>Fit-for-Purpose</u> through method validation (in conformity with ISO/IEC 17025 and ISL requirements, including its applicable ISL TDs and ISL TLs). Under exceptional circumstances, and upon informing WADA, the <u>Laboratory</u> may apply the validated new <u>ATP</u> / matrix to the analysis of Samples before its inclusion into the Laboratory's Scope of ISO/IEC 17025 Accreditation (see also Article 2.1 and ISL Article 4.1.4.2.4.]

#### 2.3 Temporary Disruptions to Analytical Capacity

Where a Laboratory cannot apply an <u>ATP</u> to the analysis of *Samples* due to, for example, a temporary disruption of its analytical capacity (e.g., instrumental or staffing issues) that may affect test results reporting timelines, the Laboratory shall inform its customers and *WADA*.

Where a <u>Laboratory</u>'s inability to apply a mandatory <u>ATP</u> leads to the subcontracting of the analysis for *Samples* already received at the <u>Laboratory</u>, the <u>Laboratory</u> shall bear the costs of *Sample* transportation to the subcontracted <u>Laboratory</u>(-ies) as well as any additional analytical costs, unless otherwise agreed with the responsible <u>TA</u>.

### 3.0 WADA-specific Analytical Testing Procedures

WADA-specific <u>ATPs</u> (see <u>Table 4)</u>, which are applied by <u>Laboratories</u> for the analysis of certain Prohibited Substances and Prohibited Methods, require specific implementation steps prior to their application to Samples (see <u>Appendix 1</u>):

- a) Application of Flexible Scope of ISO/IEC 17025 Accreditation is not allowed for the WADA-specific ATPs, even if the addition of the proposed Test Method would fall within the boundaries of allowed flexibility [6].
- b) Therefore, in such cases, the <u>Laboratory</u> shall validate the *WADA*-specific <u>ATP</u> and inform *WADA* before requesting an extension to their Scope of ISO/IEC 17025 Accreditation by the relevant



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Accreditation Body (AB). The <u>Laboratory</u> may also be required to successfully participate in an interlaboratory collaborative study or *WADA*-organized EQAS round (see ISL*TD* EQAS <sup>[6]</sup>).

- c) An assessment of *WADA*-specific <u>ATPs</u> by an AB is required for an extension of the Scope of ISO/IEC 17025 [3] Accreditation before application of the <u>Test Method</u> to the analysis of *Samples*.
- d) However, once included within the Scope of ISO/IEC 17025 Accreditation, limited changes to these <u>Test Methods</u> can be made within the allowed boundaries of flexibility.

#### For example:

- i. A <u>Laboratory</u> that has an accredited method (e.g., LC-MS<sup>n</sup>) for the quantification of <u>Threshold Substances</u> may include a new <u>Threshold Substance</u> within the <u>Flexible Scope of ISO/IEC 17025</u> <u>Accreditation</u> if this new <u>Threshold Substance</u> and its applicable <u>Decision Limit</u> (DL) is defined in the ISL <u>TD</u> DL [7] or another relevant ISL <u>TD</u> or ISL <u>TL</u>.
- ii. A <u>Laboratory</u> that has an accredited <u>WADA</u>-specific <u>Test Method</u> for the analysis of a specific type of substances (e.g., LC-MS<sup>n</sup> for the analysis of insulins), may include additional analogs of the substance into the <u>Test Method</u> within the <u>Flexible Scope of ISO/IEC 17025 Accreditation</u>.
- e) Nonetheless, this flexibility does not allow the <u>Laboratory</u> to introduce new <u>Analytes</u> into these <u>Test Methods</u> if specific compliance decision criteria (applicable to these new <u>Analytes</u>) are required but are not yet defined in an applicable ISL *TD* or ISL *TL*.

#### For example:

- i. New Target Compounds (TCs) or Endogenous Reference Compounds (ERCs) for GC/C/IRMS analysis shall not be flexibly included within the accredited GC/C/IRMS <u>Test Method</u> if specific method performance characteristics [e.g., <u>Limit of Quantification (LOQ)</u>, <u>Measurement Uncertainty (MU)</u>] and compliance decision criteria (e.g., DL) for the new <u>Analyte</u> have not been established in the ISL *TD* IRMS <sup>[8]</sup> or another relevant ISL *TD* or ISL *TL*. In such cases, the <u>Laboratory</u> shall request the AB for an extension to the method's scope to include the new <u>Analyte</u> within the Scope of ISO/IEC 17025 Accreditation <sup>[3]</sup>.
- ii. In contrast, if analytical and compliance requirements for these <u>Analytes</u> have been defined in a ISL *TD* or ISL *TL*, then the <u>Laboratory</u> may include them into the accredited GC/C/IRMS <u>Test Method</u> within the allowed boundaries of flexibility.



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### Table 1. List of Mandatory Analytical Testing Procedures

MANDATORY <u>TEST METHODS</u>						
A. APPLICABLE TO ALL S	AMPLES: IN- and OUT-OF-COMPETITION					
Prohibited Substance Prohibited Substance Subclass / Matrix Exceptions  (not mandatory)						
Class	Specific Examples		Qualitative Procedure	Quantitative Procedure		
S1. Anabolic Agents	S1.1 Anabolic Androgenic Steroids (AAS) • Exogenous AAS • 19-NA; 19-NE	Urine	ITP and <u>CP</u> : GC-MS <sup>n</sup> or LC-MS <sup>n</sup>	n/a	n/a <sup>4</sup>	
	Urinary <i>Markers</i> of the Steroidal Module of the <i>ABP</i> <sup>5</sup>		CP: GC-MSn	ITP and CP: GC-MS <sup>n</sup>		
	S1.2 Other Anabolic Agents	Urine	ITP and CP: GC-MS <sup>n</sup> or LC-MS <sup>n</sup>	n/a	n/a	

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<sup>&</sup>lt;sup>1</sup> Where an "n" is indicated for mass spectrometric (MS) methods,  $n \ge 1$ .

<sup>&</sup>lt;sup>2</sup> The listing of chromatographic-mass spectrometric <u>Test Methods</u> (e.g., GC-MS<sup>n</sup>, LC-MS<sup>n</sup>) shall not be interpreted as a restriction to the use of gas- (GC) or liquid chromatography (LC) methods. Other chromatographic <u>Test Methods</u>, such as, for example, Supercritical Fluid Chromatography (SFC) may also be applied if they have been validated and included in the <u>Laboratory</u>'s Scope of ISO/IEC 17025 Accreditation.

<sup>&</sup>lt;sup>3</sup> If not specified, the <u>Test Method</u> applies to both <u>ITP</u> and <u>CP</u>.

<sup>&</sup>lt;sup>4</sup> n/a: Not applicable

<sup>&</sup>lt;sup>5</sup> This <u>ATP</u> is also considered a *WADA*-specific <u>ATP</u>. Refer to Table 4 - *WADA*-specific <u>ATPs</u>.



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Prohibited Substance	Prohibited Substance Subclass /	Matrix	Test Method(s) 1, 2, 3		Exceptions
Class	Specific Examples		Qualitative Procedure	Quantitative Procedure	(not mandatory)
CO. Dantida Harrana Consulta	S2.1.2 Hypoxia-inducible Factor (HIF) Activating Agents	Urine	ITP and <u>CP</u> : LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	Xenon (GC-MS) Cobalt (ICP-MS)
S2. Peptide Hormones, Growth Factors, Related Substances, and Mimetics	S2.2.1 Chorionic gonadotrophin (CG) <sup>5, 6</sup>	Urine	n/a	ITP for hCG: Immunoassay or LC-MS <sup>n</sup>	CP for hCG (Quantitative Procedure): Immunoassay <sup>7</sup> or LC-MS <sup>n</sup>
S3. Beta-2 Agonists		Urine	Non-Threshold Substances (ITP, CP) LC-MS <sup>n</sup> , or GC-MS <sup>n</sup>	n/a	n/a
OO. Deta-2 Agonists		Office	Threshold Substances (ITP, CP) LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	Threshold Substances (CP) LC-MSn or GC-MSn	IIVa

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<sup>&</sup>lt;sup>6</sup> Testing for hCG is applicable only to Samples from male Athletes or when a test for pregnancy is needed on Samples from female Athletes in accordance with the ISL TD NA [9].

<sup>&</sup>lt;sup>7</sup> If the <u>Laboratory</u> uses immunoassays specific for the  $\alpha/\beta$  heterodimer of hCG for both the <u>ITP</u> and the <u>CP</u>, then the confirmation immunoassay shall be different from the immunoassay applied for the <u>ITP</u> [10].



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Prohibited Substance	Prohibited Substance Subclass /	Matrix	Test Method(s) 1, 2, 3		Exceptions (not mandatory)
Class	Specific Examples		Qualitative Procedure	Quantitative Procedure	
	S4.1 Aromatase Inhibitors	Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	n/a
	S4.2 Anti-estrogenic Substances	Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	n/a
S4. Hormone and Metabolic Modulators	S4.4.1 Activators of the AMP-activated protein kinase (AMPK) and Peroxisome Proliferator Activated Receptor $\delta$ (PPAR $\delta$ ) agonists	Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	n/a
	S4.4.3 Meldonium	Urine	ITP and CP: LC-MS <sup>n</sup>	n/a	n/a
	S4.4.4 Trimetazidine	Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	n/a
S5. Diuretics and Masking	Diuretics	Urine	ITP and CP:	,	n/a
Agents	Masking Agents		Urine LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	Other plasma expanders
рН		Urine	Electrochemistry pH strips	n/a	n/a
Specific Gravity (SG)		Urine	n/a	ITP: Densitometry  ITP and CP: Refractometry	n/a

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Drahihitad Cuhatanaa	Prohibited Substance Subclass / Specific Examples		Test Method(s) 1, 2, 3		Exceptions
Prohibited Substance Class		Matrix	Qualitative Procedure	Quantitative Procedure	(not mandatory)
B. APPLICABLE TO IN-COMPE	TITION SAMPLES				
			ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>		
S6. Stimulants		Urine	Threshold Substances (ITP, CP) LC-MS <sup>n</sup> , or GC-MS <sup>n</sup>	Threshold Substances (CP) GC-NPD, or LC-MS <sup>n</sup> , or GC-MS <sup>n</sup>	n/a
S7. Narcotics		Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup> Threshold Substances (ITP, CP) LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	Threshold Substances CP) LC-MSn or GC-MSn	n/a
S8. Cannabinoids		Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup> Threshold Substances (ITP, CP) LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	Threshold Substances CP) LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a
S9. Glucocorticoids		Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	n/a

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Prohibited Substance	Prohibited Substance Subclass /		Test Metho	<u>od</u> (s) <sup>1, 2, 3</sup>	Exceptions	
Class	Specific Examples	Matrix	<u>Qualitative</u> <u>Procedure</u>	Quantitative Procedure	(not mandatory)	
C. APPLICABLE TO SPECIFIC	C SPORTS	•				
P1. Beta-blockers		Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	n/a	
For some specific sports, beta-bloothe <i>Prohibited List</i> [11].	ckers are prohibited at all times (In- and Out-of-Competition), w	hereas for	some other sports, they a	re prohibited only <i>In-Co</i>	ompetition. Refer to	

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 Table 2. List of Additional Mandatory
 Analytical Testing Procedures

#### **ADDITIONAL MANDATORY TEST METHODS** (WHEN REQUESTED BY TESTING AUTHORITIES / APMU or AS MANDATORY CONFIRMATION PROCEDURES) Test Method(s) 1, 2, 3 Prohibited Substance Subclass / **Exceptions Prohibited Substance Class Matrix** (not mandatory) \* **Specific Examples** Qualitative Quantitative **Procedure Procedure** <u>CP</u>: GC/C/IRMS <sup>5</sup> S1.1 Anabolic Androgenic Steroids (AAS) S1. Anabolic Agents Urine n/a n/a • Urinary Markers of the Steroidal Module of the ABP Urine **EPO-mimetic** S2.1.1 Erythropoietin Receptor Agonists (ERAs) 5 Plasma ITP and CP: agents n/a • Recombinant EPOs. NESP. CERA. EPO-Fc. Serum PAGE Method [12] (e.g., CNTO-530, Peginesatide) ITP and CP: S2.2.1 GnRH \*,8 and its agonist analogues Urine n/a n/a LC-MSn S2. Peptide Hormones, Growth Factors, Related Substances, S2.2.3 Growth Hormone and Mimetics hGH Isoforms Test 5 Serum n/a **Immunoassay** n/a S2.2.3 Growth Hormone Urine ITP and CP: n/a n/a LC-MSn Fragments (AOD-9604, hGH 176-191) \*

<sup>&</sup>lt;sup>8</sup> Testing for GnRHs is applicable only to Samples from male Athletes.



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But it it is a factor of the	Prohibited Substance Subclass /	B# - 4 - 5 -	Test Method(s) 1, 2, 3		Exceptions	
Prohibited Substance Class	Specific Examples	Matrix	Qualitative Procedure	Quantitative Procedure	(not mandatory) *	
S2. Peptide Hormones, Growth Factors, Related Substances,	S2.2.4 Growth Hormone Releasing Factors Growth Hormone Secretagogues (GHS) and Growth Hormone Releasing Peptides (GHRPs) *	Urine	ITP and <u>CP</u> : LC-MS <sup>n</sup>	n/a	n/a	
and Mimetics (continued)	S2.3 Growth Factors and Growth Factor Modulators TB-500 *					
S5. Diuretics and Masking Agents	Masking Agent(s)  • Desmopressin *, Felypressin *	Urine	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a	n/a	
* These are often referred to as "sr	nall peptides"		•			



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 Table 3. List of Non-Mandatory
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NON-MANDATORY (OPTIONAL) <u>TEST METHODS</u>				
Prohibited Substance	Prohibited Substance Subclass / Specific Examples		Test Method(s) 1, 2, 3	
Class		Matrix	Qualitative Procedure	Quantitative Procedure
Relevant Target <u>Analytes</u>	<ul> <li>6α-Hydroxy-androstenedione (6α-OH-AD)</li> <li>19-NA, 19-NE</li> <li>Boldenone and Boldenone <i>Metabolite</i>(s)</li> <li>Epiandrosterone sulfate</li> <li>Formestane</li> </ul>	Urine	n/a	<u>CP</u> : GC/C/IRMS <sup>5</sup>
	S1.1 Anabolic Androgenic Steroids (AAS)			
	Steroid Esters	Serum, Plasma DBS	ITP and <u>CP</u> : LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a
S1. Anabolic Agents	Blood <i>Markers</i> of the Steroidal Module of the <i>ABP</i> <sup>5</sup>	Serum DBS	CP: LC-MS <sup>n</sup>	ITP/CP: LC-MS <sup>n</sup>
	Exogenous AAS	DBS <sup>9</sup>	ITP and <u>CP</u> : LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a

<sup>&</sup>lt;sup>9</sup> DBS *Testing* can only be applied to <u>Non-Threshold Substances</u> without *MRL* <sup>[13]</sup>



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Prohibited Substance	Prohibited Substance Subclass / Specific Examples		Test Method(s) 1, 2, 3	
Class		Matrix	Qualitative Procedure	Quantitative Procedure
	S2.1.1 Erythropoietin Receptor Agonists (ERAs) <sup>5</sup>	Urine DBS	ITP and <u>CP</u> : PAGE Methods <sup>[12]</sup> or LC-MS <sup>n</sup>	n/a
	S2.1.2 Hypoxia-inducible Factor (HIF) Activating Agents	DBS	ITP and CP: LC-MS <sup>n</sup>	n/a
S2. Peptide Hormones, Growth Factors, Related Substances, and Mimetics	S2.1.2 Hypoxia-inducible Factor (HIF) Activating Agents  Cobalt  Xenon	Urine	n/a	ITP and CP: ICP-MS or GC-MS
	S2.1.4 TGFβ Signaling Inhibitors	Urine Serum, Plasma DBS	ITP and <u>CP</u> : PAGE Methods <sup>[12]</sup> or LC-MS <sup>n</sup>	n/a
	S2.1.5 Innate Repair Receptor Agonists  • Asialo EPO  • Carbamylated EPO	Urine	ITP and <u>CP</u> : PAGE Methods	n/a
	S2.2.1 • Intact hCG <sup>5, 6, 7</sup>	Urine	n/a	CP: Immunoassay or LC-MS <sup>n</sup>
	• LH <sup>5, 10</sup>		n/a	<u>ITP</u> : Immunoassay
	S2.2.1 GnRH *,8 and its agonist analogues	DBS	ITP and CP: LC-MS <sup>n</sup>	

<sup>&</sup>lt;sup>10</sup> Testing for LH is applicable only to Samples from male Athletes.



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Prohibited Substance Class			Test Method(s) 1, 2, 3		
	Prohibited Substance Subclass / Specific Examples	Matrix	Qualitative Procedure	Quantitative Procedure	
	S2.2.2 Corticorelin, Tetracosactide	Urine, DBS	ITP and CP: LC-MS <sup>n</sup>	n/a	
	S2.2.3 Growth Hormone, its Analogues and Fragments hGH Biomarkers Test <sup>5</sup>	Serum	IGF-I ( <u>CP</u> ): LC-MS <sup>n</sup>	P-III-NP ( <u>ITP</u> , <u>CP</u> ): immunoassay IGF-I ( <u>ITP</u> , <u>CP</u> ): Immunoassay or LC-MS <sup>n</sup> (bottom-up)	
	hGH Analogues (Somatrogon)	Urine Serum, Plasma	CP: LC-MS <sup>n</sup>	ITP: hGH isoforms test kit 2	
S2. Peptide Hormones, Growth Factors, Related Substances, and Mimetics (Continued)	Blood <i>Markers</i> of the Endocrine Module of the <i>ABP</i> <sup>5</sup>	Serum	IGF-I ( <u>CP</u> ): LC-MS <sup>n</sup>	P-III-NP ( <u>ITP</u> , <u>CP</u> ): Siemens Centaur Immunoassay IGF-I ( <u>ITP</u> , <u>CP</u> ): LC-MS <sup>n</sup> (top down)	
	S2.2.4 Growth Hormone-Releasing Factors Growth Hormone-Releasing Hormone (GHRH) and its analogues ** 5	Urine Serum, Plasma	ITP and CP: LC-MS <sup>n</sup>	n/a	
	Growth Hormone Secretagogues (GHS) and Growth Hormone Releasing Peptides (GHRPs) *	Serum, Plasma DBS	ITP and CP: LC-MS <sup>n</sup>	n/a	
	S2.3 Growth Factors and Growth Factor Modulators <sup>5</sup> • IGF-I and its analogues ** • Mechano Growth Factors	Urine Serum, Plasma DBS	ITP and CP: LC-MS <sup>n</sup>	n/a	
	• TB-500 *	DBS	ITP and CP: LC-MS <sup>n</sup>	n/a	



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Prohibited Substance			Test Method(s) 1, 2, 3	
Class	Prohibited Substance Subclass / Specific Examples   Matrix		Qualitative Procedure	Quantitative Procedure
S3. Beta-2 Agonists		DBS	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a
	S4.1 Aromatase Inhibitors	DBS	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a
	S4.2 Anti-estrogenic Substances	DBS	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a
S4. Hormone and Metabolic Modulators	S4.3 Agents Preventing Activin Receptor IIB Activation e.g., Bimagrumab	Urine Serum, Plasma	ITP and CP: LC-MSn or PAGE Methods	n/a
	S4.4.1 Activators of the AMP-activated Protein Kinase (AMPK) and Peroxisome Proliferator Activated Receptor δ (PPARδ) Agonists	DBS	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a
	S4.4.2 Metabolic Modulators Insulins and insulin-mimetics **, 5	Urine Serum, Plasma DBS	ITP and CP: LC-MS <sup>n</sup>	n/a
	S4.4.4 Trimetazidine	DBS	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a
	Diuretics	DBS		n/a
S5. Diuretics and Masking Agents	Masking Agent(s)  • Desmopressin *, Felypressin *	DBS	ITP and CP: LC-MS <sup>n</sup> or GC-MS <sup>n</sup>	n/a
	Plasma Expanders  • Dextran, HES, Mannitol	Urine		n/a



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Drahihitad Subatanaa			Test Method(s) 1, 2, 3	
Prohibited Substance Class	Prohibited Substance Subclass / Specific Examples	Matrix	Qualitative Procedure	Quantitative Procedure
	M1.1 • Homologous Blood Transfusion (HBT) <sup>5</sup>	Whole blood	n/a	ITP and CP: Flow Cytometry
	Markers of the Hematological Module of the ABP 5, 11	Whole blood	n/a	ITP and <u>CP</u> : Flow Cytometry
	Phthalates (DEHP <i>Metabolites</i> )	Urine	ITP and CP: LC-MS <sup>n</sup>	n/a
	M1.2 • Efaproxiral (RSR 13)	Urine, DBS	ITP and CP: LC-MS <sup>n</sup>	n/a
M1. Manipulation of Blood and Blood Components	• HBOCs <sup>5</sup>	Serum, Plasma Whole blood	ITP: Visual inspection Spectrophotometry (serum/plasma)  ITP and CP: Native-PAGE; or Capillary Electrophoresis; or Flow Cytometry; or LC-MSn	n/a
	Myo-inositol Trispyrophosphate (ITPP)	Urine Serum, Plasma DBS	ITP and <u>CP</u> : LC-MS <sup>n</sup>	n/a

<sup>&</sup>lt;sup>11</sup> Due to the requirements to analyze *ABP Samples* within timelines that meet the Blood Stability Score (BSS) criteria, the analysis of the *Markers* of the Hematological Module of the *ABP* is an <u>ATP</u> that cannot be subcontracted.



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Prohibited Substance			Test Method(s) 1, 2, 3	
Class	Prohibited Substance Subclass / Specific Examples	Matrix	Qualitative Procedure	Quantitative Procedure
M1. Manipulation of Blood and Blood Components (Continued)	Voxelotor	Urine DBS	ITP and CP: LC-MS <sup>n</sup>	n/a
	M2.1 Tampering or Attempting to Tamper  • Proteases	Urine	ITP: SDS-PAGE,  ITP and CP: LC-MS <sup>n</sup>	n/a
M2. Chemical and Physical Manipulation	Sample Substitution	Urine Serum, Plasma Whole blood DBS	ITP and CP: DNA sequencing, DNA Profiling, e.g., Short Tandem Repeat (STR)	n/a
	Sample Adulteration		n/a	ITP and <u>CP</u> : Urinalysis Hemograms <sup>12</sup>
	M3.1 Use of Nucleic Acids or Nucleic Acid Analogues • cDNA transfer (e.g., cDNA-EPO)	Whole blood DBS	ITP and CP: PCR based methods <sup>5</sup>	n/a
M3. Gene and Cell Doping	• siRNA (e.g., myostatin siRNA)	Urine Whole blood DBS	ITP and CP: PAGE Methods or LC-MS <sup>n</sup>	n/a
* These are often referred to as "*  ** These are often referred to as				

<sup>12</sup> The urinalysis and hematograms may include the measurement of pH, creatinine, salt concentrations, glucose, ketones, endogenous hormones, red blood cells, etc.



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### Table 4. WADA-specific Analytical Testing Procedures

Prohibited Substances and Prohibited Methods Class	Approved Matrix	Analytical Method <sup>a</sup>
	Urine	GC-MS <sup>n</sup>
S1.1 (Blood and Urine) <i>Markers</i> of the Steroidal Module of the <i>ABP</i>	Serum	LC-MS <sup>n</sup>
	Urine	
S2.1.1 Erythropoietin Receptor Agonists (ERAs)	Plasma	PAGE methods (IEF-PAGE, SDS-
32.1.1 Etytillopoletiil Receptol Agollists (ERAS)	Serum	PAGE, SAR-PAGE) or LC-MS <sup>n</sup>
	DBS <sup>b</sup>	
S2.2.1 Intact Human Chorionic Gonadotrophin (hCG)	Urine	LC-MS <sup>n</sup> , Immunoassay
S2.2.1 Luteinizing Hormone (LH)	Urine	Immunoassay
S2.2.3 Human Growth Hormone (hGH) Isoforms	Serum	Isoforms Differential Immunoassays
S2.2.3 Blood <i>Markers</i> of the Endocrine Module of the <i>ABP</i> IGF-I & P-III-NP	Serum	LC-MS <sup>n</sup> (top-down) for IGF-I Siemens Centaur Immunoassay for P-III-NP
Large peptides e.g.,	Urine	
S2.2.4 GHRH analogues,	Plasma	10.110
S2.3 IGF-I analogues	Serum	LC-MS <sup>n</sup>
S4.4.2 Insulins	DBS <sup>b</sup>	
Relevant classes °:	Urine	GC/C/IRMS
Determination of origin by GC/C/IRMS	Offile	
Relevant classes °:	Lirina	GC-MS <sup>n</sup> , LC-MS <sup>n</sup> , GC-NPD
Confirmation of Threshold Substances by Quantitative Procedure	Urine	GO-IVIO , LO-IVIO , GO-IVI D
M1. Homologous Blood Transfusion (HBT)	Whole Blood	Flow cytometry
M1. Markers of the Hematological Module of the ABP	Whole Blood	Flow cytometry



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M1. Haemoglobin-based Oxygen Carriers (HBOCs)	Plasma Serum	Native-PAGE
M3. Gene and Cell Doping	Whole Blood DBS <sup>b</sup>	PCR based methods

<sup>&</sup>lt;sup>a</sup> Examples of <u>Analytical Methods</u>, which are currently applied to the analysis of these *Prohibited Substances* and *Prohibited Methods*. Any other analytical techniques not specifically mentioned in Table 4 also require *WADA* to be informed before the analysis of the listed *Prohibited Substances* and *Prohibited Methods*.

#### 4.0 References

- [1] The World Anti-Doping Code International Standard for Laboratories (ISL).
- [2] WADA Technical Document ISL TD VAL: Minimum Requirements for Validation of <u>Analytical Testing</u>

  <u>Procedures</u> for Doping Control.
- [3] ISO/IEC 17025:2017 General Requirements for the Competence of Testing and Calibration Laboratories.
- [4] ISO 15189:2022 Medical laboratories Requirements for Quality and Competence.
- [5] WADA Technical Document ISL TD HEM: Analytical and Reporting Requirements for the Markers of the Hematological Module of the Athlete Biological Passport.
- [6] WADA Technical Document ISL TD EQAS: WADA External Quality Assessment Scheme.
- [7] WADA Technical Document ISL TD DL: Decision Limits for the Confirmatory Quantification of Exogenous Threshold Substances.
- [8] WADA Technical Document ISL TD IRMS: Detection of Synthetic Forms of Prohibited Substances by GC/C/IRMS.
- [9] WADA Technical Document ISL TD NA: Harmonization of Analysis and Reporting of 19-Norsteroids.
- [10] WADA Technical Document ISL TD CG/LH: Analysis, Reporting & Management of Urinary Human Chorionic Gonadotrophin (hCG) and Luteinizing Hormone (LH) Findings in Male Athletes.
- [11] The World Anti-Doping Code Prohibited List.
- [12] WADA Technical Document ISL TD EPO: Harmonization of Analysis and Reporting of Erythropoietin (EPO) and other EPO-Receptor Agonists (ERAs) by Polyacrylamide Gel Electrophoretic (PAGE) Analytical Methods.
- [13] WADA Technical Document ISL TD DBS: Dried Blood Spots (DBS) for Doping Control Requirements and Procedures for Analytical Testing and Sample Storage.

[Current versions of WADA's ISL and Technical Documents may be found at <a href="https://www.wada-ama.org/en/what-we-do/international-standards">https://www.wada-ama.org/en/what-we-do/international-standards</a>]

<sup>&</sup>lt;sup>b</sup> DBS: Dried Blood Spots

<sup>&</sup>lt;sup>c</sup> As determined in a relevant WADA ISL TD or ISL TL.



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Step	Action to be performed by the <u>Laboratories</u> and Accreditation Bodies (ABs)
1	The new WADA-specific ATP shall be validated and determined as Fit-for Purpose by the Laboratory;
2	The <u>Laboratory</u> shall inform <i>WADA</i> that a new <i>WADA</i> -specific <u>ATP</u> has been validated and determined as <u>Fitfor-Purpose</u> .
_	[Comment: It is not necessary to inform WADA of changes in procedures that are already included in the <u>Laboratory</u> 's Scope of ISO/IEC 17025 Accreditation.]
3	The <u>Laboratory</u> may be required to successfully participate in a <u>WADA</u> educational <u>EQAS</u> (specific to this <u>Test Method</u> ) or another relevant inter-laboratory collaborative study – to be determined by <u>WADA</u> .
4	The <u>Laboratory</u> shall contact the Accreditation Body (AB) to request an ISO/IEC 17025 scope extension for the <u>Test Method</u>
5	The WADA-specific ATP shall be assessed by the relevant AB, and the <u>Laboratory</u> shall inform WADA of the outcome of the assessment.
6	The WADA-specific ATP may only be applied to Samples after it is included within the Laboratory's Scope of ISO/IEC 17025 Accreditation. Then limited changes can be made to the WADA-specific ATP within the allowed boundaries of flexibility.