Checklist for Therapeutic Use Exemption (TUE) Application:

Musculoskeletal Conditions

Prohibited Substances: Glucocorticoids by oral, rectal or injectable routes
(for narcotics or cannabis see Pain Management Checklist)

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant International Standard for TUE criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. A completed application and checklist do NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

Although prohibited in-competition only, glucocorticoids taken prior to the competition, and particularly during the washout period (2022 List Explanatory Note), may result in a positive anti-doping test in-competition. Athletes may apply for TUE retroactively following a positive test.

☐ TUE Application form must include:
  ☐ All sections completed legibly
  ☐ All information submitted in [language(s) as per ADO preferences]
  ☐ A signature from the applying physician
  ☐ The athlete’s signature

☐ Medical report should include details of:
  ☐ Medical history: symptoms; first or recurrent manifestation including dates; course of disease including disease activity scores, if applicable
  ☐ Findings on examination
  ☐ Interpretation of symptoms, signs and test results by the physician
  ☐ Diagnosis
  ☐ Medication prescribed including dosage, frequency, administration route; (Note that glucocorticoids are prohibited by some routes and in-competition only)*
  ☐ Response to other (non-prohibited) treatments, where applicable
  ☐ Explain why glucocorticoid was the appropriate treatment considering the functional consequences of the injury or disease

☐ Diagnostic test results, if applicable, should include copies of:
  ☐ Imaging findings (X-ray, CT, ultrasound, MRI). For simple acute injuries (e.g., bursitis), it is recognized that imaging may not be necessary or readily available.
  ☐ Laboratory tests

☐ Additional information included
  ☐ [As per ADO specifications]