

# INTERNATIONAL STANDARD FOR TESTING AND INVESTIGATIONS (ISTI) SUMMARY OF MAJOR CHANGES

#### **Definitions**

Two new definitions have been added to the ISTI.

- Doping Control Coordinator (DCC)
  - This has been introduced to address those organizations that are coordinating any aspect of Doping Control on behalf of a Signatory but who are not the Testing Authority or Sample Collection Authority. This may include private service providers or a Signatory i.e. a NADO who coordinates certain parts of an IF's anti-doping program.
  - A reference will be built into ADAMS to record the DCC as having been involved in the coordinating such program.
- Testing Authority (TA)
  - A Signatory may delegate its authority to test to other organizations (i.e. DCC's) but the TA always remains the TA and responsible for ensuring that the organization conducting such testing does so in compliance with the ISTI. Any such authorization of testing shall be documented and may be captured in an agreement between the two parties

## Risk Assessment and Test Distribution Plans

 Greater clarity added on the framework to develop a Risk Assessment and produce an effective Test Distribution Plan

#### Technical Document for Sports Specific Analysis (TDSSA)

- Feedback identified concerns around a lack of flexibility
- In response, WADA launched stakeholder consultation process in late March 2019
- Initial proposals from TDSSA Expert Group to promote greater flexibility, were circulated as part
  of consultation process for comment
- TDSSA Expert Group will consider comments received from stakeholders at its meeting in May 2019
- Revised TDSSA for WADA Executive Committee approval September 2019, effective 1 January 2020

# Athlete Whereabouts

- Clarification around use of other whereabouts pools based on 'pyramid model'
  - Registered Testing Pool
  - Testing Pool
  - General/Other Pool
- Consequences for Testing Pools outside of Code Article 2.4
- Minimum of one OOC test for Athletes in a Testing Pool



play true

- Athletes should only be in one whereabouts pool and only file one set of whereabouts information
- Greater collaboration between IFs and NADOs and Major Event Organizations
- Team Whereabouts discussion with a number of NADOs and IFs regarding possible enhancements to functionality within ADAMS
- Signatories may request that Athletes file their whereabouts on the 15<sup>th</sup> of the month prior to each quarter
  - this allows a two-week period to allow Athletes to file in advance of the deadline to allows
     ADO to plan testing and start in the first week of the quarter
  - Filing Failure deadline remains as the first day of the quarter
- Athletes no longer meeting criteria for RTP shall be removed from RTP consider including in a Testing Pool
- Process for a Filing Failure for incorrect / not updated whereabouts outside 1hr slot and location identified during quarter (regular activities)
  - Based upon circumstances
  - Guidance on this can be found in the Guidelines for 'Implementing an Effective Testing Program'

#### Sample Collection

- Clarification around Athlete consumption of alcohol
- Recommendation that no alcohol to be provided or consumed within the Doping Control Station;
   for:
  - health and safety;
  - consent and conduct; and
  - analytical reasons

## Sample Collection Equipment

- After the sample collection equipment issues faced in early 2018, a working group was established to develop new criteria for Sample Collection Equipment in the ISTI
- Revised and new criteria circulated as part of first consultation of the ISTI in 2018
- Criteria amended and approved November 2018, in force 1 March 2019
- ADOs responsible for ensuring that the equipment they use meets the requirements of the ISTI

#### Intelligence and Investigations

- Addition of new reference that ADOs should develop and implement policies to facilitate and encourage whistleblowers as outlined in WADA's Whistleblower policy
- Addition of investigating circumstances around an Adverse Analytical Finding to gain further intelligence (e.g. interviewing athlete)



# Specific Gravity (SG)

- Clarification sought around:
  - How many additional samples are required to be collected when dilute?
- WADA Lab Expert Group recommended that a SG of 1:003 if 150mls is collected would be considered as acceptable while maintaining the SG of 1:005 for samples of 90ml. Otherwise the recommendation to continue to collect until samples until the acceptable SG is reached.
- Concerns were raised regarding the impact this may have on calculations used for the steroid module and ability to detect all prohibited substances, however the Lab Expert Group confirmed that this reduction is scientifically sound
- Based on previous testing figures in 2018 this could save the time and cost associated with the collection of 8,000 dilute samples globally

## Sample Collection Personnel (SCP)

- Request for greater requirements around training, accreditation, re-accreditation and monitoring of SCP including Chaperones
- Enhanced conflict of interest criteria added
- Requirement for an agreement with SCPs that covers confidentiality, code of conduct and conflicts
- Requirement to have a performance monitoring system of the SCPs